

# NEWS AND VIEWS FOR WOMEN READERS

## Life's Social Side

Editor of Women's Page, Telephone 229; Private phone 857w.

Mrs. H. W. Richardson, "Arlington," entertained delightfully at the tea hour on Thursday for her daughter, Mrs. Graham Bertram, Dundas, when lovely flowers decked the rooms and centred the tea table, where tall lilies reared their snowy heads from the smaller flowers in shades of yellow filling a silver bowl. Here Mrs. T. A. McGinnis and Mrs. W. T. Connell poured tea and coffee and Mrs. Henry Richardson cut the fcs, assisted by Mrs. T. A. Kidd, Miss Evelyn Ford, Miss Phyllis Knight and Miss Clely Rutherford.

Mrs. T. Callander entertained at luncheon at the Country Club on Thursday in honor of Mrs. John MacNaughten, Toronto. Marguerites and feathery ferns were in tall silver vases set in green tulle on the attractive table and the guests included Mrs. Douglas Young, Mrs. R. W. Rutherford, Mrs. Frank Strange, Mrs. James Cappon, Mrs. Thomas Scocombe, Mrs. Campbell Strange, Mrs. Halloway Waddell, Mrs. Norman Leslie, Miss Gilderaleve and Miss Hora.

Mrs. Leman A. Guild, Kingston, was among the guests at a charming tea given for the ladies accompanying the out-of-town members of the Canadian Daily Newspapers Association, by the Montreal Branch of the Canadian Woman's Press Club in the Blue Tea Room of the Ritz-Carlton, Montreal, on Wednesday.

Mrs. J. C. Ponsford entertained delightfully at bridge at the Warden's Residence on Thursday afternoon when four tables were in play. Mrs. F. B. Phillips and Mrs. W. H. Doyle

being the prize winners. Hyacinths, tulips and ferns made the large room fragrant and beautiful and candles shed a soft light on the players.

Mrs. Bruce Taylor, the Principal's Residence, Queen's University, had many visitors on Thursday afternoon when Mrs. Hector Hall, Troy, N.Y., who is visiting her brother, Principal Taylor, received with her. Mrs. Hall, who has a beautiful voice, sang several times during the afternoon, to everyone's pleasure.

Mrs. E. L. Vanliven, Alfred street, was the hostess of a bright little dance on Wednesday evening.

Mrs. W. J. Fair, "Roland Place," is giving a small dance on Saturday evening for Cadet Howard Fair.

Mr. and Mrs. J. G. Elliott have returned from Montreal after attending the many functions of the Canadian Daily Newspapers Association. Dr. and Mrs. John MacNaughten, who have been staying with Col. and Mrs. Douglas Young, King street, returned to Toronto today.

Lady Byng of Vimy will be the guest of Dr. and Mrs. Frederick Etherington, University avenue, during her visit to Kingston next week.

Miss Agnes Stanton, Barrfield, and her niece, Miss Letty Saunders, Kingston, have returned home after having visited Mr. and Mrs. J. Smith, Toronto.

Miss MacPherson and Miss Edith MacPherson, Ottawa, are en pension at the Y.W.C.A., Johnson street.

Mrs. Charles McKay, Mrs. J. F. Sparks, Mrs. George Bawden and Miss Lena Wilson, returned from Watertown, N.Y., on Wednesday.

Miss Alison Macdonell, who has been visiting her aunt, Mrs. T. E. Merrett, Montreal, returned to the Commandant's Quarters, Royal Military College, on Wednesday.

Prof. Symons, Prof. Roy and Prof. Prince, Queen's University, will sail for England on May 12th.

Rev. Dr. and Mrs. John Mackie, who returned from Bermuda some weeks ago are enjoying the beauties of a Canadian spring time at "The Ramparts," Loughboro Lake. Miss R. Carew, Lindsay, is visiting Mrs. W. G. Minnes, Collingwood street.

### What the Editor Hears

That M. Victor Morin has left for France to make arrangements for a memorial to be erected at Brest or Quimp in honor of the late Louis Hemon, the famous author of "Marie Chapeleine." The idea was originated by Hon. Mr. Justice Faubusurveyer, and the societies interested are St. John the Baptist society, the Canadian Club and Women's Canadian Club, the sisters of McGill and Montreal, and the Author's Association.

That Lady Astor says the problem of the housing of the poor members of the community is one for the women who have the vote to solve.

That Miss Lillian Mowat was elected one of their number by the provincial executive of the I.O.E.E. at their recent meeting at Hamilton.

That the gardeners both in the country and the city were made happy by the fine warm rain of Wednesday night.

That an armful of Easter lilies is a favorite bridal bouquet in England. For a tall girl, nothing could be more graceful, and the fact that lilies were among the flowers carried by Britain's princess has increased their popularity.

### POST-WAR EPIDEMIC OF GERMAN DIVORCE

Decreases in 1920 Numbered 26,530. Double Those of Previous Year. Germany is having a post-war divorce epidemic. In 1920 26,530 divorces were granted in Germany this being twice the number granted in the previous year. In the years 1919 and 1920, out of every 100 divorces 76 were charged against the husbands. In the majority of cases marriages were shipwrecked because wives sought to live beyond the depreciated incomes of their husbands.

### As Usual They Blame Women

Prof. McCollum, of Johns Hopkins University, states that deaths from premature old age—heart, artery and kidney diseases—have doubled in 30 years, carrying off 60,000 people under 40 and 165,000 under 60, in the States, yearly. All authorities agree that this is largely a result of faulty food. Women are blamed, because as household purveyors they have not studied to provide the diet essential to human health, as farmers have studied the requirements for stock. The great need is for green vegetables, fruits, milk and whole grain cereals, foods richly alkaline. The most alkaline food available is Roman Meal Porridge, taken with milk. Milk is rich in alkaline calcium. Roman Meal is rich in calcium, sodium, potassium and magnesium, all strong alkalis which correct the deficiencies and excess of acid in modern refined diet. Sold by grocers.

## CLEANLINESS IS HEALTH

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"Let Gillett's IYE do it" is a common expression among those that are familiar with its many uses.

Read the directions under the wrapper.



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## Efficient Housekeeping

MORE ANSWERED LETTERS. Young Housewife: "Can you give me a recipe for Butterscotch Pie that calls for only one egg?"

Answer: I could not print a better one than the following, sent in by Mrs. G. H. R.: "Mix together 2 cups of brown sugar, 1 egg-yolk, 2 table-spoons of butter, 2 table-spoons of flour, 1 1-2 cups sweet milk. Add milk slowly and stir constantly while cooking. Make a meringue with the egg-white."

Mrs. R.: "Please tell me how to clean wall, brighten carpets, and remove old fly-specks from my electro-lit?"

Answer: Two days ago I gave directions for brightening carpets, which I have no doubt you saw when it appeared. A little gasoline or kerosene will remove the fly-specks. Walls are cleaned by wiping them down thoroughly with a flannel cloth. Some women buy a wool mop for this purpose, which saves mousing a step-ladder.

A Reader: "How can I remove white spots from a parlor table caused by placing upon it a defective vase through which water leaked? A friend wishes me to ask you how to rid her house from moths, which seem to be in everything and are flying about everywhere. In return for this information, I wish to give this hint to other readers: if you drop a marble into your tea-kettle after cleaning it out, the hardness will collect on the marble in the future, instead of on the inside of the kettle."

Answer: Thank you for your hint about the marble. Tell your friend to close up each room in her house separately and burn a sulphur candle in it. You can remove the water spots from your table by rubbing them lightly with a piece of flannel dampened with either spirits of cam-

phor or essence of peppermint, followed after a few minutes by the application of any good furniture-polish. Camphor and peppermint have the effect of softening the surface of the varnish temporarily; so, a few minutes must elapse between the application of the camphor or peppermint and the furniture-polish—in order to give the varnish time to harden again.

Mrs. E. W.: "Will some of the readers of your department please send directions for making crocketed Rick Rack trimming, insertion and edging to that you can publish it?"

Answer: I shall take pleasure in publishing such directions if any come in to me.

Anxious Housewife: "Please repeat the formula for bed bugs which you recently published."

Answer: One-half pint each of turpentine and alcohol and one ounce of ammonia; mix all together, let stand in a warm place for a few days, and it is ready for use.

M. W.: "I have a new ice box and there seems to be something wrong with it, as large black ants get into it and I cannot get rid of them, though I use borax and black pepper. What shall I do?"

Answer: Make the man who sold it to you give you a better one in place of it. For, there must be cracks and crevices through which the ants enter it.

## To-morrow's HOROSCOPE

By Genevieve Kemble

SATURDAY, MAY 6. Very interesting business conditions are forecast for this day's planetary movements, although domestic, social and romantic affairs are under somewhat malefic aspects. With the luminaries in trine, there should be all manner of advantage for those in the employment of others and for those holding places "in the sun." Honors, preferment and distinction, with fulfilled ambitions, may be read from this sign. It may be decidedly hazardous, however, to attempt important change, removal or journey as these are under the baneful transit of Luna to Uranus. Those whose birthday it is may

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gives the perfect appearance of her complexion. Permanent and temporary skin troubles are effectively concealed. Reduces unnatural color and corrects greasy skin. Highly antiseptic. Send 15c for Trial Size.

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It's Good —for your shoes! Give them frequent applications of "Nugget." They'll last longer.

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### Withstand More Moisture

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"Maple Leaf" Matches withstand more moisture than any other match. They are the new and better matches—made in the new Canadian match factory. Ask for them.

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THE HOME OF CHOICE CAKES AND PASTRY

fully trained in early life, but it may make a fine success particularly in the employment of others. You can help out by using the classified advertisement.

Nature is too busy to turn out beautiful men. I have an idea that the Lord does not pay much attention to the prayers of the man who abuses his horse.



# LUX

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Lux is supreme for washing fine garments. It is sold only in sealed packets—dust-proof!

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## MARCUS AURELIUS ON INSURANCE PREPAREDNESS

This wrote Marcus Aurelius almost 2,000 years ago—"Since it is possible that thou mayest depart from life this very moment, regulate every act and thought accordingly." The advice of the philosopher is as sound today as it was then. A business man falls ill and becomes unable to create an estate for his old age and dependents. Our disability policy does both—by eliminating all risks and guaranteeing a man a monthly instalment as long as he or the beneficiary lives. You will find great advantage by entrusting your insurance to the Mutual Life of Canada. Let us discuss the matter with you. S. Roughton

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is a matter of retaining the health of youth—and that comes from proper food and proper exercise. Health is always buoyant, always hopeful, always on the jump. The real health food is Shredded Wheat

Eat more whole wheat with green vegetables and fruits—that's the secret of youth and strength—but be sure it is the whole wheat prepared in a digestible form. Shredded Wheat Biscuit is 100 per cent. whole wheat, made digestible by steam cooking, shredding and baking. Two Biscuits make a good, nourishing meal.

Shredded Wheat Biscuit is delicious with hot or cold milk, sliced bananas, prunes or canned fruits. Trisuit is the Shredded Wheat wafer and is eaten with butter; cheese or marmalade.

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