NEWS AND VIEWS FOR WOMEN READERS

Life's Social Side

Editor of Women's Page, Telehone 229; Private phone 857w.

Mrs. H. W. Richardson, "Alwington," enterained delightfully at the tea hour on Thursday for her daughter, Mrs. Graham Bertram, Dundas, when lovely flowers decked the rooms and centred the tea table where tall lilies reared their snowy heads from the smaller flowers in shades of yellow filling a silver bowl. Here Mrs. T. A. McGinnis and Mrs. W. T. Connell poured tea and coffee and Mrs. Henry Richardson cut the ices, assisted by Mrs. T. A. Kidd Miss Evelyn Ford, Miss Phyllis Knight and Miss Cicily Rutherford.

Mrs. T. Callander entertained at luncheon at the Country Club on Thursday in honor of Mrs. John Mac-Naughten, Toronto, Marguerites and tractive table and the guests includ- ian Daily Newspapers Association. Rutherford, Mrs. Frank Strange, Mrs. James Cappon, Mrs. Thomas Seccombe, Mrs. Campbell Strange, Mrs. Halloway Waddell, Mrs. Norman Leslie, Miss Gildersleeve and Miss

Mrs. Leman A. Guild, Kingston, was among the guests at a charming tea given for the ladies accompanying the out-of-town members of the Canadian Daily Newspapers Association, by the Montreal Branch of the Canadian Woman's Press Club in the Blue Tea Room of the Ritz-Carlton, Montreal, on Wednesday.

Mrs. J. C. Ponsford entertained delightfully at bridge at the Warden's Residence on Thursday afternoon when four tables were in play. Mrs. F. B. Phillips and Mrs. W .H. Dyde



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If you have something especially nice and dainty that you do not feel like sending with the regular washing, you can easily and quickly cleanse it with Lux. The thin, white, satinlike flakes of Lux are made by our own exclusive process, and readily dissolve into a rich, bubbling lather, as harmless to fine fabrics as pure water itself.

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MARCUS AURELIUS ON INSURANCE **PREPAREDNESS**

Thus wrote Marcus Aurelius almost 2,000 years ago:-

"Since it is possible that thou mayest depart from life this very moment, regulate every act and thought accordingly." The advice of the philosopher is as sound today as it was then. A business man falls ill and becomes unable to create an estate for his old age and dependants.

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S. Roughton

Phone 610. 60 Brock St., Kingston

being the prize winners. Hyacinths, tulips and ferns made the large room fragrant and beautiful and candles shed a soft light on the players.

Mrs. Bruce Taylor, the Principal's Residence, Queen's University, had many visitors on Thursday afternoon when Mrs. Hector Hall, Troy, N.Y., who is visiting her brother, Principal Taylor, received with her. Mrs. Hall, who has a beautiful voice, sang several times during the afternoon, to everyone's pleasure.

Mrs. E. L. Vanluven, Alfred street, was the hostess of a bright little dance on Wednesday evening.

Mrs. W. J. Fair, "Roland Place." is giving a small dance on Saturday evening for Cadet Howard Fair.

Mr. and Mrs. J. G. Elliott have refeathery ferns were in tall silver turned from Montreal after attendvases set in green tulle on the at- ing the many functions of the Canaded Mrs. Douglas Young, Mrs. R. W. Dr. and Mrs. John MacNaughten. who have been staying with Col. and Mrs. Douglas Young, King street, re-

> Lady Byng of Vimy will be the guest of Dr. and Mrs. Frederick Etherington, University avenue, during her visit to Kingston next week. Miss Agnes Stanton, Barriefield,

turned to Toronto today.

and her niece, Miss Letty Saunders, Kingston, have returned home after having visited Mr. and Mrs. J. Smith, Toronto.

Miss MacPherson and Miss Edith at the Y.W.C.A., Johnson street.

Sparks, Mrs. George Bawden and stage and screen stars. Miss Lena Wilson, returned from Watertown, N.Y., on Wednesday.

tary College, on Wednesday.

Prof. Symons, Prof. Roy and Prof. on the part of wives is small. Prince, Queen's University, will sail Before the war a husband who for England on May 12th.

who returned from Bermuda some prove that she frequented night weeks ago are enjoying the beauties clubs and gay resorts. To-day even Ramparts," Loughboro Lake.

Mrs. W. G. Minnes, Collingwood the divorce laws and complete equal-

What the Editor Hears

That M. Victor Morin has left for France to make arrangements for a memorial to be erected at Brest or Quimpr in honor of the late Louis Hemon, the famous author "Marie Chapdelaine." The idea was originated by Hon. Mr. Justice Fabresurveyer, and the societies interested are St. John the Baptist society, the Canadian Clai and Women's Canadian Club, the pristles of McGill and Montreal and he Author's Association.

members of the community is one for the women who have the vote to

That Miss Lillian Mowat was elected one of their number by the provincial executive of the I.O.D.E. at their recent meeting at Hamilton.

country and the city were made happy by the fine warm rain of Wednesday night.

That an armful of Easter lilies is a favorite bridal bouquet in England. For & tall girl, nothing could be more graceful, and the fact that lilies were among the flowers carried by Britain's princess has increased their popularity.

POST-WAR EPIDEMIC OF GERMAN DIVORCE

Decrees in 1920 Numbered 26,530, "knuttiest" manifestations is dis-Double Those of Previous Year. vorce epidemic. In 1920 26,500 di- or, at the Royal Agricultural Hall, vorces were granted in Germany this Islington. being twics the number granted in Among the most daring noveltles bands. In the majority of cases black silk cushions. But not every marriages were shipwrecked be- man would have the courage of his cause wives sought to live beyond male vanity The inventor says they

As Usual They Blame Women

Prof. McCollum, of Johns Hopkins University, states that deaths from premature old age—heart, artery and and marvellous some of the dressing kidney diseases—have doubled in 30 gowns. years, carrying off 60,000 people under 40 and 165,000 under 60, in the States, yearly. All authorities agree that this is largely a result of faulty food. Women are blamed, because as household purveyors they have not studied to provide the diet essential to human health, as farmers have studied the requirements for stock.

The great need is for green vegetables, fruits, milk and whole grain cereals, foods richly alkaline. The most alkaline food available is Roman Meal Porridge, taken with milk.

Milk is rich in alkaline calcium.

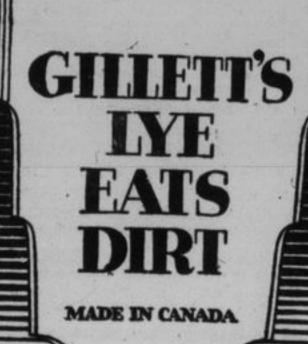
Roman Meal is rich in calcium, sodium, potassium and magnesium, all strong alkalis which correct the deficiencies and excess of acid in modern refined diet. Sold by grocers. a cracked nut.

CLEANLINESS IS HEALTH

GILLETT'S IYE most useful and economical articles on the market.

"Let Gillett's Lye doit"is a common expression among those that are familiar with its many uses.

Read the directions under the wrapper.



number of divorces due to infidelity

sued for divorce on the ground that Rev. Dr. and Mrs. John Mackie, his wife was extravagant had to of a Canadian spring time at "The big outlay for dress is sufficient for a husband to get a decree. German Miss R. Carew, Lindsay, is visiting women are demanding a change in ity with men in this respect.

Morning Dresses and Hats.

Navy blue gabardine embroidered With the luminaries in trine, there with black varnished braid is a clas- should be all manner of advantage sic costume for Paris; tan-colored for those in the employment of othserge, also trimmed with black var- ers and for those holding places "in nished braid, is useful and smart; a the sun." Honors, preferment and black and grey striped skirt with a distinction, with fulfilled ambitions, plain black coat, trimmed with pock- may be read from this sign. It may ets, and collar of the striped mater- be decidedly hazardous, however, to fal, has style, and grey homespun attempt important change, removal with touches of scarlet or royal blue or journey as these are under the is young and cheerful. The loose-fit- baneful transit of Luna to Uranus. ting coat with belted hips is popular with youth. Older women are glad to return to a more defined lina about the waist. This line is not moulded to the figure, but it emphasizes slimness of limb. All skirts That Lady Astor says the proil are reasonably long and wide. Some

Morning hats are miracles of smart simplicity. They depend for their smartness on line more than color. The way they are worn makes or mars them. The little straw hats are trimmed with ribbon, flowers, and wings. One milliner has a fancy to line a straw brim with crepe de Chine or georgette, A black That the gardeners both in the straw may be lined with royal blue crepe and have blue leather flowers as a trimming. A plain black satin has a rolled brim dipping on one side to meet two pom-poms, one black and one white, one set on the brim, the other lying just beneath it. A tan leather hat has the brim lined with black crepe marocain. All hats are made to wear with special dresses. It is a hard-and-fast rule in modern dress that the hat must go with the costume.

Men's "Prettins."

Men's wear in all its latest and played at the Clothing Exhibtion, Germany is having a post-war di- which was opened by the Lord May-

the previous year. In the years 1919 are a golden evening dress waistand 1920, out of every 100 divorces coat, and some golden pyjamas. 76 were charged against the hus- They are cunningly displayed on the depreciated incomes of their hus- are "eye-catchers" only, but it takes a very little thing to start a fashion. and there are brave men among the

Wonderful are the newest ties,

There are silk ties with brilliant lacquer effects, on which Chinese dragons and many-tailed tigers disport themselves. Other lacquer ties show little garden scenes, country lanes, trees, and running brooks, and moon-lit glimpses.

But the wonder of wonders is a man's silken dressing gown fantastically flowered, worked with little pictures and with fussy tassels, like an inverted thistle-head in seed.

If you have eaten the morsel on Wednesday, do not look for it on

An untried friend is like an un-

Efficient

calls for only one egg?"

milk slowly and stir constantly while Mrs. E. W.: "Will some of the

liefes?"

Answer: Two days ago I gave dir- come in to me. ections for brightening carpets, it appeared. A little gasoline or ker- you recently published." this purpose, which saves mounting a and it is ready for use. step-ladder.

white spots from a parlor table caus- with it, as large black ants get into ed by placing upon it a defective vase it and I cannot get rid of them, tho through which water leaked? A I use borax and black pepper. What friend wishes me to ask you how to shall I do?" rid her house from moths, which Answer: Make the man who sold hint to other readers: If you drop a enter it. marble into your tea-kettle after MacPherson, Ottawa, are en pension bands. The complaints of husbands cleaning it out, the hardness will col-

In the divorce courts wives made about the marble. Tell your friend turn. This requires considerable it plain that they lay great stress on to close up each room in her house time, however, owing to the great thoughtfulness and nice manners in separately and burn a sulphur can-number received. So if a personal or Miss Alison Macdonell, who has their husbands. This is indicated dle in it. You can remove the water quicker reply is desired, a stamped been visiting her aunt, Mrs. T. E. by the fact that one-third of all div- spots from your table by rubbing and self-addressed envelope must be Merrett, Montreal, returned to the orce decrees were granted because of them lightly with a piece of flannel enclosed with the question-The Commandant's Quarters, Royal Mill- the harsh manners of husbands. The dampened with either spirits of cam- Editor.

To-morrow's

HOROSCOPE

By Genevieve Kemble

SATURDAY, MAY 6.

planetary movements, although do-

are under somewhat malefic aspects.

Those whose birthday it is may

Waters

The Safe Laxative

Packed to suit your needs

The Ten Wafer Package

Vest pocket size

The Thirty Wafer Package

The One Hundred Fifty

Wafer Package

mestic, social and romantic affairs

phor or essence of peppermint, fol-Young Housewife: 'Can you give lowed after a few minutes by the apme a recipe for Butterscotch Pie that | plication of any good furniture polish Camphor and peppermint have the ef-Answer: I could not print a better fect of softening the surface of the one than the following, sent in by varnish temporarily; so, a few minu-Mrs. G. H. R.: "Mix together 2 cups tes must elapse between the applicaof brown sugar, 1 egg-yolk, 2 table- tion of the camphor or peppermint spoons of butter, 2 tablespoons of and the furniture polish-in order t flour, 1 1-2 curs sweet milk. Add give the varnish time to harden again

cooking. Make a meringue with the readers of your department please send directions for making crocketed Mrs. R.: "Please tell me how to Rick Rack trimming, insertion and clean walls, brighten carpets, and re- edging to that you can publish it?" move old fly-specks from my electro- Answer: I shall take pleasure in publishing such directions if any

Anxious Housewife: "Please rewhich I have no doubt you saw when peat the formula for bed bugs which

osene will remove the fly-specks. Answer: One-half pint each of Walls are cleaned by wiping them turpintine and alcohol and one ounce down thoroughly with a flannel cloth. of ammoniac; mix all together, let Some women buy a wool mop for stand in a warm place for a few days,

M. W.: "I have a new ice box and A Reader: "How can I remove there seems to be something wrong

seems to be in everything and are fly- it to you give you a better one in ing about everywhere. In return for place of it. For, there must be cracks this information, I wish to give this and crevices through which the ants

All inquiries addressed to Miss of actresses show that there is no lect on the marble in the future, in- Kirkman in care of the "Efficient Mrs. Charles McKay, Mrs. J. F. glamor about the private life of stead of on the inside of the kettle." Housekeeping" department will be Answer: Thank you for your hint answered in these columns in their



flook forward to interesting business conditions and those in the employment of others should qualify for promotion, preferment or recogni tion. Change or removal may be attended by disappointment. The domestic circle would seem to be under favorable forecast. A child born on this day may be prone to be careless, Very interesting business condi- unreliable and erratic unless caretions are forecast from this day's



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On damp, rainy days and hot humiddays, ordinary matches "lose their heads." Moisture softens the heads and match after match crumbles without lighting. That's waste.

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fully trained in early life, but it may | Nature is too busy to turn out make a fine success particularly in beautiful men. the employment of others.

I have an idea that the Lord does You can help out by using the not pay much attention to the prayclassified advertisements. ers of the man who abuses his horse

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Well made Ladies' Oxfords in good taste for all out-of-door occasions-just the type of Shoe for well-dressed women.

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Being a Boy at Sixty



is a matter of retaining the health of youthand that comes from proper food and proper exercise. Health is always buoyant, always hopeful, always on the jump. The real health food is

Shredded Wheat

Eat more whole wheat with green vegetables and fruits—that's the secret of youth and strength-but be sure it is the whole wheat prepared in a digestible form. Shredded Wheat Biscuit is 100 per cent.

whole wheat, made digestible by steam cooking, shredding and baking. Two Biscuits make a good, nourishing meal.

Shredded Wheat Biscuit is deliciou with hot or cold milk, sliced banance, prunes or cannot fruits. Triscuit is the Shredded Wheat wafer and is caten with butter; cheese of marmalade.

