

# THE BRIDGE

A Story of the Great Lakes by  
M. L. C. PICKTHALL

"The Bridge" is a love story of exceptional distinction—a novel so unusual, so powerful and so beautiful that it will find very few competitors in its own line.

FOR SALE

## R. Uglow & Co.

### STEWART'S SATISFACTORY EYE SERVICE

Our eye examination without drops, leaves no chance of error, and no after discomfort. With our "Quality" Glasses your eye troubles vanish.

CONSULT.



Registered Optometrist  
140 Wellington St. Opp. Post Office

TEN ROOMED CEMENT BLOCK HOUSE with garage, on corner of Patrick and Charles streets, for sale or to let. Immediate possession. Apply:

Kingston Cement Products  
H. F. NORMAN, Manager  
OFFICE: 60 Patrick Street  
Phone 730w.

Little said is soon mended, and little money is soon spent. Better say here it is than here it was.

### Venetian Glass

This beautiful European Glass comes in colors of Blue and Green, and we have a big range of pieces, including:

- COMFORTS
- BOWLS
- PLATES
- FLOWER HOLDERS,

and the prices are reasonable, ranging from \$1.50 to \$3.75

### Kinnear & d'Esterre

JEWELERS  
100 Princess Street, Kingston

### Dr. Nash's DENTAL PARLORS

188 PRINCESS ST., KINGSTON  
We specialize on Painless Extractions, Latest Pyorrhea Treatment and X-Ray work.

### ENCOURAGING SPORTS AMONG YOUNG PEOPLE

#### The Sunday School Athletics Do Much For Their Development.

Now that the season for Sunday School basketball has closed for another year, it seems an opportune time to review some of the reasons for the significant development, in recent years, of church athletics. It is not so many years ago, when the majority of church-workers, at the suggestion of encouraging organized sports in connection with the Sunday Schools, held up their hands in horror. At the same time these well-meaning people couldn't understand, much less attempt to explain, the lack of interest, and the gradual drifting away from the church, of the young men and women who were endowed with Twentieth Century ideas. But now everything is different, and thanks to a larger vision attained in recent years, and if a slang term may be permitted, "Them days is gone for ever." Recognizing the fact that the young people under their care have a fourfold nature to be developed, the churches and Sunday schools of Kingston, as of every city in Canada and the United States, have encouraged their young men and women, their boys and girls, to engage in healthful games, in friendly competition with the youngsters of other Sunday schools.

From this, dates the birth of the Sunday School Amateur Athletic Association, which is in line with the needs of the young people of our churches. It is interesting to note, that in Kingston, in addition to the outdoor games in the summer, the youngsters have excellent facilities for indoor games and practices, through the courtesy, and co-operation of the local Y.M.C.A. Here are provided a well-equipped gymnasium, swimming tank, showers and other conveniences, and it is needless to mention that these are used to the "limit." Those who have never witnessed these teams of boys or girls at work, for the girls are also keenly interested, may ask, "What is the value of it all?" In answer to this—there is good fellowship for the young folks collectively, under Christian auspices; a little taste of church union in operation; and for the individual church, there is that which promotes a splendid "esprit d'corps," which must be of value. The older members attend the games in large numbers, to root for and encourage their teams, and they insist on the contestants always "playing the game," who thereby learn the valuable lesson of the necessity of "playing the game" in the great game of life.

Those people who still retain the old and narrow idea that the sole purpose of the church is to simply cater to the definitely spiritual development, leaving the entire field of physical, mental and social program to agencies outside the Christian church, which are indeed in many cases entirely out of touch with Christian influences, may well bear in mind one or two facts regarding boy-life alone. An authority on boy psychology has given the following careful, if humorous definition of the average boy, stating that this interesting animal is made up as follows: 60 per cent. fun; 20 per cent. curiosity; 10 per cent. fight; 5 per cent. work and 5 per cent. religion, totalling 100 per cent. real boy. With the foregoing definition in mind, Sunday school teachers, and others interested in boys' work, must not expect the same type, and certainly not the same volume, of religious expression from the average boy, as would be

manifested, for instance, by his grandmother. In conclusion, it is interesting to note that the Canadian Religious Educational Council has shaped a departmental programme for boys and girls "in training." This programme, while not reducing any of the customary religious training, provides amply for physical, mental and social activities; it recognizes the needs of the normal growing boy and girl; and it has its full basis in Holy Writ, the pattern verse being Luke II, 52, "And Jesus increased in wisdom and stature, and in favor with God, and man." or in other words it takes the four-fold development of Jesus for its guide.

### THIN, WATERY BLOOD MEANS ILL HEALTH

#### Rich, Red Blood Brings Bright Eyes and Rosy Cheeks.

The girl who returns home from school or from work thoroughly tired out will be fortunate if she escapes a physical breakdown, because this getting tired so easily is probably the first warning symptom of a thinning blood that must not be disregarded if her health is to be preserved. When the blood becomes thin and impure the patient becomes pale. She not only tires out easily but often suffers from headaches, palpitation of the heart, dizzy spells and a loss of appetite.

In this condition Dr. Williams' Pink Pills will be found to have a beneficial action on the blood. Miss Delima Lafreniere, St. Ambrose, Man., has proved this in her own case, and advises others to use these pills. She says: "Before I began the use of Dr. Williams' Pink Pills I felt like a complete wreck of my former self. My blood was poor and thin. I suffered from faint and dizzy spells, and had backaches and headaches almost every day. I decided to give Dr. Williams' Pink Pills a trial, and by the time I had used three boxes I felt much better and I continued taking the pills until I felt as well as I ever did. For what they did in my case I cannot recommend these pills too highly."

Dr. Williams' Pink Pills can be obtained from any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

### NO NEW PAVING AREAS

#### Are to Be Undertaken Till Last Year's Schedule Is Completed.

At a meeting of the Board of Works on Wednesday afternoon it was decided to proceed with the paving schedule laid down last year and for which the preparatory work has been done by the utilities commission. No new areas will be undertaken until the present work has been disposed of.

This announcement was made at the request of the utilities commission, whose manager was present in connection with the matter. H. C. Nickle, superintendent of the street railway company, was assured that there would be no interruption with the work now going ahead on Ontario and Brock streets. Sandstone blocks will be used at the tracks and a tender for these was accepted, upon the advice of the engineer.

A request from the Kingston township clerk for the loan of the road grader was granted.

An application from George A. Palmer for the removal of stand pipe, permission to install a gasoline tank and runway to his property, was approved.

A claim from Cunningham and Smith's barristers for damages amounting to \$59 for injury to Dr. McCae's car on Stuart street was referred to the city solicitor.

Members present were: Ald. H. T. Sargent, acting-chairman; Mayor Corbett, Aids. Cohen, Richardson, Smith and Driscoll.

### Leach-Seale Wedding.

A pretty wedding was solemnized in St. Paul's Church on Wednesday morning at 11 o'clock, where Canon W. F. Fitzgerald united in marriage Marion V. Seale, Kingston, to Ross J. Leach, Guelph. The bride, who looked very charming, was attired in a sand shade tulle suit, with hat to match, and wore a corsage bouquet of Ophelia roses. Mr. and Mrs. Leach left on the noon train for New York and on their return will reside in Guelph, where the groom is on the staff of the Royal Bank.

### Still on the Move.

The band of gypsies, who were in Kingston on Wednesday morning, travelling in motors, reached Brockville during the afternoon, and were ordered out of the city and continued on their way east. The women invaded several of the stores on their arrival there.

### Interment at Brockville.

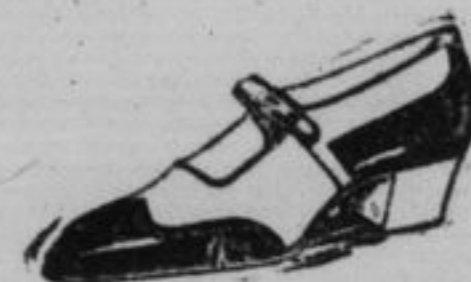
Rev. Gore A. Bell, of Kingston, was in Brockville on Wednesday attending to the removal of his wife's remains from the vault to the family plot in Brockville cemetery.

### Made a Prison Guard.

C. Holland, Brook street, has been appointed to the Portsmouth penitentiary as a guard. He is a returned soldier, and was at one time a member of the Imperial Army.

Following a conference of committees of the Town Planning Commission, the Brockville Rotary Club and the Brockville Rowing Club, the Rotary Club decided to plant 20 maple trees, as a beginning, subject to the approval of the Department of Public Works, on the east side of Block House Island, from the gateway to the outer edge of the island.

### EASTER FOOTWEAR



STRAP SHOES, BUCKLE SHOES AND OXFORDS

in many up-to-date patterns.

We have almost every style any lady could wish for.

## Abernethy's Shoe Store

### INVESTIGATE

The Special Policy ISSUED BY THE EXCELSIOR INS. LIFE COY SOLD BY H. D. WIGHTMAN 151 WELLINGTON ST.

High Guarantee Low Premium

Illustration: Age 30 ..... \$5,000.00 Premium \$130.20, Guarantees to return in Cash in 21 years \$2,500.00 or \$5,000.00 paid-up insurance.

### Helpful Hair Hints

You can easily clean your head of dandruff, prevent the hair from falling out and beautify it, if you use Parisian Sage.

A lady visiting friends says "Parisian Sage is the best thing I ever used to make my hair wavy, lustrous and abundant. It also keeps away all dandruff and immediately stops itching scalp."

This inexpensive invigorator is sold by McLeod's Drug Store and at all good drug and toilet counters. Be sure you get the genuine Parisian Sage (Gironx's) as that has the money back guarantee printed on every bottle.

### FEET HURT?

Are You Corn and Bunion Crazy? Do Your Feet Ache, Burn, Sting and Draw? Here's Instant Relief!

Torturing, joy-killing Corns and Bunions or sore, hot, tired, tender, swollen feet are unnecessary now for folks who know about Georo Wormwood Balm—the new foot joy. Why be irritable, cross and peevish, limping and dodging about the street—every step an agony? Try this: Before you go to bed to-night just rub on a little cooling, soothing, penetrating Wormwood Balm. Ah, what relief! Instantly your feet will feel cool and fine. It draws out all the itching, stinging, burning soreness like magic until your feet could dance for joy. No more dangerous corn-cutting or peeling, no more sticky, burning messes that eat off half your toe. No more casts or plasters. Just relief, comfort day in and day out. Simple, safe, easy and pleasant to use and not at all expensive. At all druggists. Get the genuine Georo Wormwood Balm.

### Simple Application That Dissolves Blackheads

No more squeezing and pinching to get rid of those unsightly blemishes, blackheads. There is one simple, safe and sure way to get them out and that is to dissolve them. To do this just get about two ounces of peroxide powder from your druggist—sprinkle a little on a hot, wet sponge—rub briskly over the blackheads for a few seconds—wash the parts and every blackhead will be gone. Pinching and squeezing out blackheads make large pores and you cannot get all of the blackheads out this way—while this simple application of peroxide powder and water dissolves every particle of them and leaves the skin and pores in their natural condition. Any druggist will sell you the Perote powder for about two ounces will be all you will ever need.

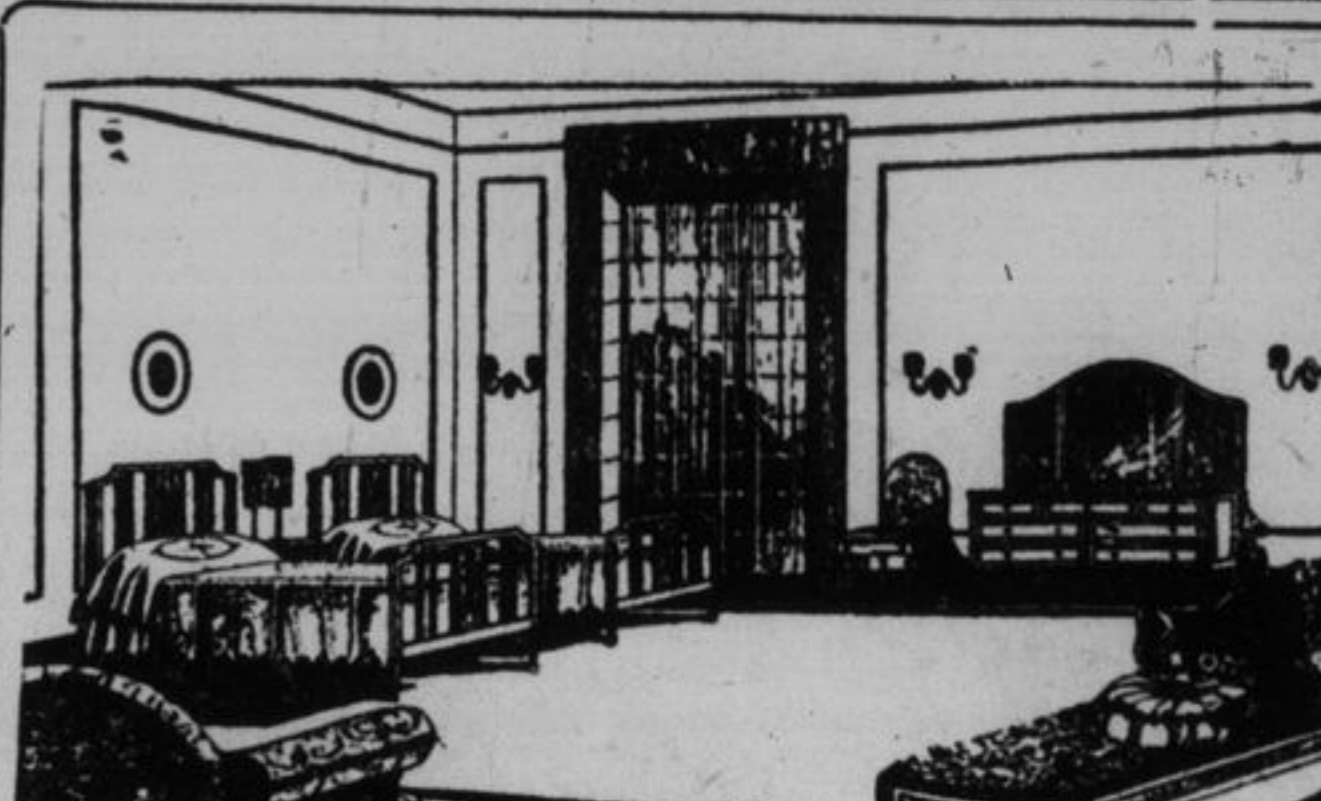
### Piles! Pyramid Brings Relief

Yes, the Relief Afforded by Pyramid Pile Suppositories is Truly a Blessing

Maybe you are suffering with itching, bleeding or protruding piles or hemorrhoids, and if you have never



tried Pyramid Pile Suppositories, by all means do so at once. Get a 50 cent box at any drug store. Avoid the pain and distress, get quick relief and a new lease of comfort. Take no substitute. If you would like to try them first please send name and address to Pyramid Drug Co., 611 Pyramid Bldg., Marshall, Mich.



### SIMMONS BEDS

BUILT FOR SLEEP

Buy a Simmons Bed and Simmons Spring and be sure of that deep, restful sleep which makes for renewed vigor, enthusiasm and efficiency. Simmons outfit cost no more than you are prepared to pay for honest comfort and service.

### JAMES REID

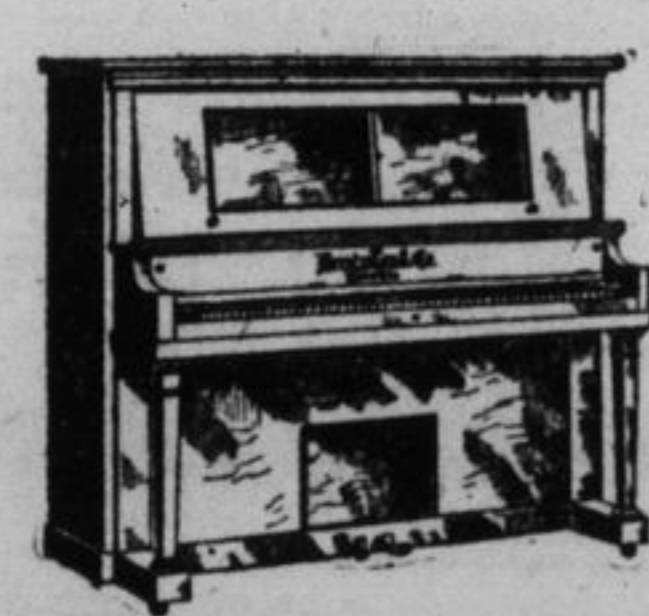
Phone 147 for Service. The Leading Undertaker.

### Announcement to Ice Cream Dealers

Masoud's plant is now running full capacity and we are able to supply all Ice Cream Dealers with the same delicious flavors and the same quality as before.

### Geo. Masoud

238 Princess Street - - - Phone 980.



PLAYER PIANO WEEK

### A Player Piano

Selected from our stock is not alone a Player Piano, but also an instrument which the family pianist will be glad to play upon.

The simplicity with which the Player Piano is converted into a Piano for ordinary, or we might say, and more correctly, expert playing, is remarkable and gratifying, which proves that the Player Piano will satisfy the whole family, expert and otherwise.

This brings to mind another point. The Player Piano is also a demonstrator of pianists, who have long left the novice stage and whose works so reproduced, are highly educative for those entering the advanced field. Sold on exceptionally easy terms.

## LINDSAY'S

C. W. LINDSAY, LIMITED

121 PRINCESS STREET KINGSTON

### Our 25% Discount Sale ends

MONDAY, APRIL 24th

Take advantage of the few remaining days and buy that DINNER or TEA SET that you need so badly and save—

## 25% DISCOUNT

OUR SALES ARE REAL SALES

## Robertson's Limited

73 Princess St.

## SPECIAL

Women's Brown Calf Oxfords and Strap Slippers, perforated toe caps and low heels. Women's Black Kid Pumps and Oxfords in odd sizes.

TO CLEAR ..... \$3.75

## Allan M. Reid

SHOE STORE



A few minutes at night putting the family wash to soak in the rich, cleansing Rinso suds saves hours of rubbing next day.

Do not put the Rinso direct from the package into the tub. Make the Rinso liquid first.

Mix half a package of Rinso in a little cool water until it is like cream. Then add two quarts of boiling water and when the froth subsides you will have a clear, amber coloured liquid; put it in a tub of cool or lukewarm water and you have enough for a batch of clothes. If the clothes are extra soiled, use more Rinso.

## Rinso

Made by the makers of LUX R. 110