

HEARTBURN A SEVERE CASE

Many people are troubled with heartburn who really do not realize what it is.

In cases of this trouble there is a gnawing and burning pain in the stomach attended by disturbed appetite. It is generally caused by great acidity of the stomach, and never too much food taken, it is able to ferment, and becomes extremely sour, causing heartburn. In such cases vomiting often occurs, and that is thrown up is sour and sometimes bitter.

The one way to get rid of heartburn is to keep your liver active by using

MILBURN'S LAXA-LIVER PILLS and you will have no heartburn or other liver troubles such as constipation, jaundice, water brash, floating pebbles before the eyes, coated tongue, bad breath, etc.

Miss Agnes Cutting, Shallow Lake, Ont., writes: "I have had heartburn for a long time. There were gnawing and burning pains in my stomach, and then when I vomited there was sour and bitter taste. I used two boxes of Milburn's Laxa-Liver Pills, and they have cleared me of my heartburn. I don't think they can be beaten by any other medicine."

Price, 25c. a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

ACIDS IN STOMACH CAUSE INDIGESTION

Create Gas, Sourness and Pain How To Treat.

Medical authorities state that nearly nine-tenths of the cases of stomach trouble, indigestion, sourness, burning, gas, bloating, nausea, etc., are due to an excess of hydrochloric acid in the stomach and not as some believe to a lack of digestive juices. The delicate stomach lining is irritated, digestion is delayed and food ferments, causing the disagreeable symptoms which every stomach sufferer knows so well.

Artificial digesters are not needed in such cases and may do real harm. Try laying aside all digestive aids and instead get from any druggist a few ounces of Bisurated Magnesia and take a teaspoonful in a quarter glass of water right after eating. This sweetens the stomach, prevents the formation of excess acid and there is no sourness, gas or pain. Bisurated Magnesia (in powder or tablet form—never liquid or milk) is harmless to the stomach, inexpensive to take and is the most efficient form of magnesia for stomach purposes. It is used by thousands of people who enjoy their meals with no more fear of indigestion.

Nature's Remedy TABLETS BETTER THAN PILLS GET A For Liver Ills. 25c Box Mahood Drug Store.

DON'T DO THIS! LEONARD EAR OIL RELIEVES DEAFNESS AND STOPS HEAD NOISES "Rub it in Back of the Ears" (Never Put in Ears) Insert in Nostrils Deafness is quickly relieved by a simple treatment with Leonard Ear Oil. Special instructions by a noted Ear Specialist for different kinds of Deafness and Head Noises contained in each Package. Leonard Ear Oil is not an experiment, but has had a successful record since 1897. You cannot afford to be deaf. Try Leonard Ear Oil. It has helped thousands of people. Why not now? Descriptive literature upon request. MADE IN CANADA L. H. Bellingham Co., Sales Agents, Toronto A. & LEONARD, Inc., Mfrs., 70 St. St., N.Y. City For sale in Kingston by Ausst's Drug Store, Mahood's Drug Store, Sargent's Drug Store and all good druggists.

TIRED AND RUN DOWN

Lydia E. Pinkham's Vegetable Compound Helped Where Other Medicines Failed

Vancouver, B. C.—"I took Lydia E. Pinkham's Vegetable Compound because I was tired and run down. I had headaches and no appetite and was troubled for two years with sleeplessness. I tried many medicines but nothing did me any real good. While I was living in Washington I was recommended by a friend to take the Vegetable Compound. I am stronger and feel fine since then and am able to do my housework. I am willing for you to use these facts as a testimonial."—Miss J. C. GUYVER, 771 Hornby St., Vancouver, British Columbia.

Many women keep about their work when it is a great effort because the work must be done. Lydia E. Pinkham's Vegetable Compound has brought relief to thousands of tired housewives by removing the troubles which cause annoying symptoms. If you are suffering from nervousness, headache and backache, pains in right or left side, tired and run-down feelings, take Lydia E. Pinkham's Vegetable Compound. Just bear in mind this medicine has been used by women for nearly fifty years. That is a long record of service, and stands upon the foundation of merit.

Today's waste is tomorrow's need.

KINGSTON WILL CELEBRATE 250th ANNIVERSARY OF ITS FOUNDING

A Committee Appointed to Make Preliminary Arrangements—A Mass Meeting of Citizens to Be Held Shortly in Ontario Hall.

A large, representative gathering of citizens in the city council chamber on Tuesday evening placed themselves on record as favoring the celebration of the 250th anniversary of the founding of the city of Kingston sometime in the summer of 1923. The meeting was called by Mayor S. S. Corbett, who introduced Major-Gen. Sir A. C. Macdonell, president of the Kingston Historical Society, and after splendid addresses given by him and several prominent citizens, a strong committee was appointed on the motion of ex-Mayor H. C. Nickle to investigate the whole proposition and report to a mass meeting of citizens that will be held in Ontario Hall at a later date for the purpose of enlisting the enthusiasm and support of every resident of the city.

The committee is as follows: The mayor, Ald. W. P. Peters, E. Davis, president of the board of trade, J. M. Farrell, president of the Canadian Club, B. N. Steacy, president of the Kiwanis Club, J. J. Stewart, Rotary Club, Brig-Gen. King, Sir Archibald Macdonell, Brig-Gen. A. E. Ross, M.P., W. F. Nickle, M.P.P., W. S. Reed, M.P., A. M. Rankin, M.P.P., W. Y. Mills, president of the Retail Merchants' Association, Daily British Whig, Standard, Principal Bruce Taylor, chairman separate school board, Chairman Board of Education, Army and Navy Veterans, G.W.V.A., William Casey, president Kingston Yacht Club, Kingston Trades and Labor Council, and the presidents and vice-presidents of all of the public, social and military organizations of the city.

Major-Gen. Macdonell Major-Gen. Macdonell in opening his address stated that the subject had been forced upon his attention as president of the Kingston Historical Society, and as a Canadian he was proud of Kingston's notable place in the history of Canada. He was conscious of the fact that Canadians were backward in showing their appreciation of things they have a right to be proud of. This was not due to any lack of strong sentimental attachment to their great traditions, or of patriotic emotions. "They were always true to those whom they entrusted with their affairs."

The speaker gave a graphic outline of some of the great historical events in which Kingston figured as the central point. Beginning with July 12th, 1673, the date on which Count Frontenac landed, Gen. Macdonell awakened great interest in his listeners. De Courcelles sent Frontenac to establish a fort at Kingston and Frontenac came up the St. Lawrence with a flotilla of canoes, and barges carrying guns. His party consisted of Canadian militia and Algonquin Indians. To appreciate the length of time Kingston was known as Fort Frontenac the general showed that a man born at the time of Frontenac's first visit would be eighty-six years old at the time of the Battle of Plains of Abraham. The foundation of the walls of old Fort Frontenac are still to be seen within the enclosure of Tete de Pont Barracks. It was from Kingston that LaSalle, then governor, started on his great expedition to the west and thence to the Mississippi. In 1758 Gen. Bradstreet captured Fort Frontenac and his cannon were placed just at the site of the city hall. The first steam boat to ply the waters of the great lake was launched at Kingston. In 1812 Kingston was the most important place in Upper Canada, and there was a naval dock yard across the bay. Kingston was the first capital up to 1844 when it was moved to Montreal. Kingston played an important part in the long war of 1775 to 1784 and in 1783 the town was obliterated. It was established permanently as Kingston by the coming of the United Empire Loyalists in 1783 when the name was changed from Cataract to Kingston. In 1791 Governor Simcoe was sworn in as Governor-General of Canada at Kingston. My grandfather was his A.D.C. and his brother was drowned here from the yacht "Speedy." He was Attorney-General of Canada at the time.

"The question before us is whether we will celebrate the 250 anniversary and, if we decide to do so, whether we shall put on historical pageants depicting the events that so enrich our past, such as the landing of Frontenac; Landing of LaSalle; Landing of the U. E. Loyalists; first parliament; events during the great war such as departure and return of famous Kingston battalions, etc.

Possesses Splendid Facilities. "No town in the whole of Canada is so favorably situated or possesses such facilities for the successful presentation of historical pageants. Take our buildings. They were the admiration of Sir Edmund Walker on occasion of one of his visits here as my guest. The city hall and the court house are declared to be two of the finest examples of architecture to be found in Canada, while your memorial hall cannot be surpassed. Then you have Queen's University and St. George's Cathedral and St. Mary's Cathedral, the first Roman Catholic bishopric in Upper Canada. How can we let this event go by? I felt that it was up to me to look into the matter. It is not wise to permit sentiment to run away with us, but sentiment is the thing that men die for in the last analysis. You must look at it as a cold-blooded business proposition, and some figures have been presented as an approximate cost of the undertaking. The different items of expenditure total some \$20,000, but these are subject to revision after full consideration. What is the best time, and can a good manager be obtained? How can the interest of all classes of citizens be aroused. Professors at Queen's are ready to give us their support and will draw plays from history appropriate to the occasion. The time might be in July or September."

General Macdonell was warmly applauded at the conclusion of his splendid address.

Excellent Advertisement. J. M. Campbell agreed with Gen. Macdonell. He felt that the celebration should be taken up. It would be an excellent advertisement for the city. He thought that the dominion and provincial governments should be asked to co-operate. We were fortunate in having the assistance of the garrison troops. He thought that the best time was July 1st, the best time as it was impossible to do anything in the fall. July saw the excursion season in full swing, and people would then be able to attend a great celebration such as that under contemplation.

Dean Starr told of the interest shown in Kingston's proposed celebration at the convention of the Ontario historical societies held at Niagara Falls last year, and he was assured that such societies would give it their patronage. The matter of cost he thought was under-estimated, and the committee should be prepared to consider a possible expenditure of \$50,000.

R. J. Carson proposed the immediate appointment of a representative committee. W. Y. Mills, speaking for the Retail Merchants' Association, said he felt that the merchants would be solidly behind the celebration. L. A. Gault, of the Rotary Club said the club had pledged support.

A. N. Lyster, who was a resident of Quebec City at the time of the celebration of the Tercentenary told of the unbounded enthusiasm of all the people. "It was not confined to any classes but was the people's celebration, and during the entire week those taking part never took off their costumes during the day, even at their business, except at night. Men, women and young people were constantly to be seen about the streets in costume. In one pageant alone 1,000 persons took part. The places of business including offices, shops and factories closed at noon each day. Quebec spent money like water and the total amount ran into hundreds of thousands of dollars. The provincial government voted about \$75,000 to square everything up at last. All visitors were entertained

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Homespun Dresses

The Season's Newest Sport Dresses!

From this display of charming new Dresses, one can choose almost any style desired. All the new shades are represented, such as Orchid, Henna, Green, Tan, Rose, Heli and Grey. Sizes range from 16 to 20. Reasonably priced.

\$14.75



Homespun Suits

For Sport Wear

This season's latest style for sport wear. Come in the various shades that make them so attractive. Made in tailored models, with inverted pleats at back, or in three-piece models with Jumper Dress. Dress is of same material with small check pattern, making them attractive.

\$35.00 to 45.00

Tricotine Suits Coats, Wraps

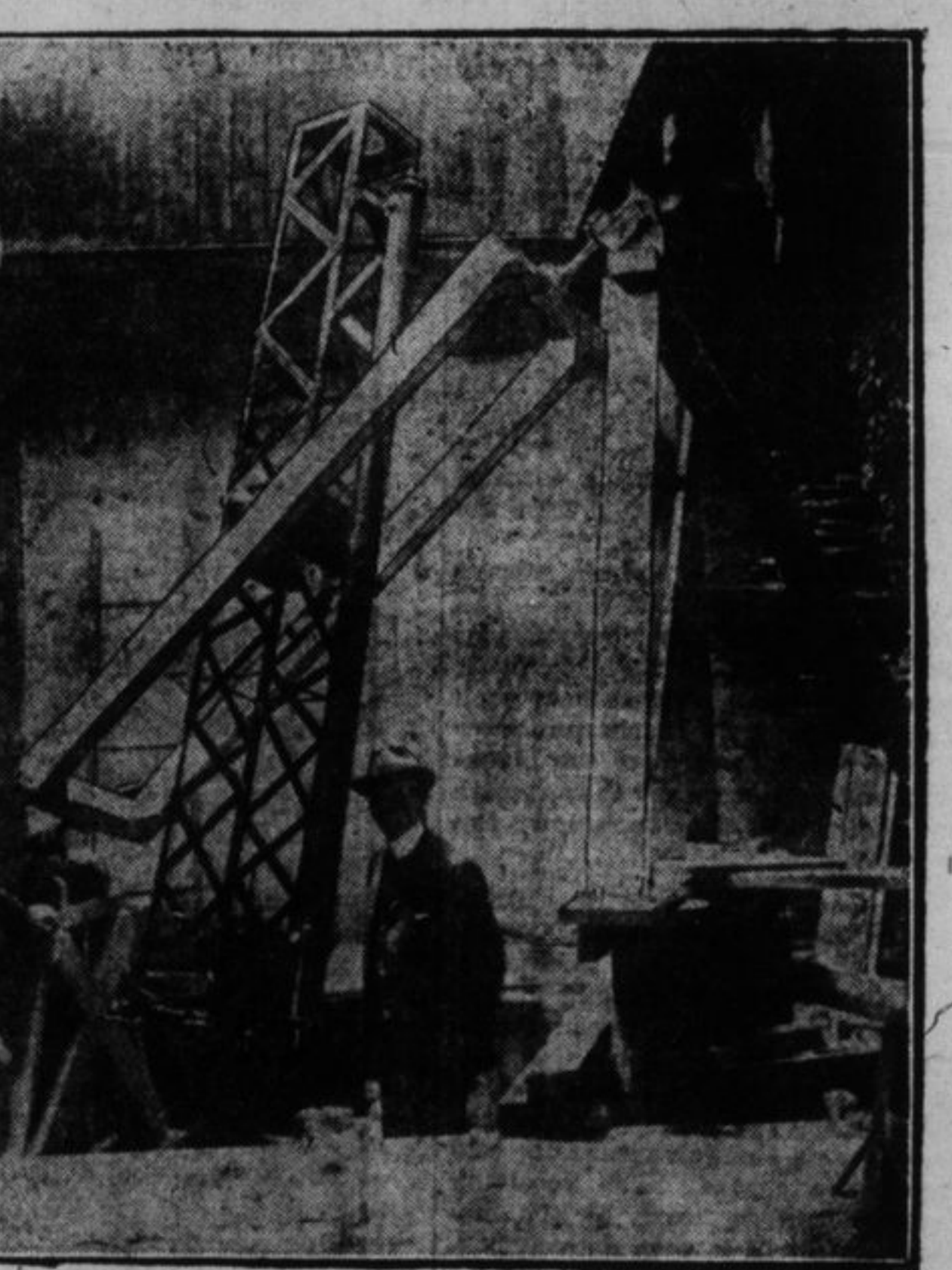
SPECIAL \$19.75 Regular \$25.00 to \$30.00 values

Navy Blue All Wool Tricotine—made with Roll or Tuxedo Collar, neat braiding and beautifully trimmed and tailored. Only limited number at this clearing price. Sizes 16, 18, 20, 38.



\$21.75 All Wool Velours.

Popular loose back or belted styles—made with Raglan Shoulder or Set-in-sleeve; finest tailoring and fabrics; distinctive colorings; embroidery trimmed is exceptionally neat effects. Values that sold regularly at \$25.00 to \$30.00. All sizes.



HUGE CAMERA TO SNAP SUN. Above the photographer shows Prof. C. A. Chant, of the University of Toronto, with the huge camera which he will take to the west coast of Australia to snap the coming eclipse of the sun. The steel latticed, square-sectioned tube hung in the steel supports is the camera, which will be covered with a black, light resting bellows before it is used. Attached to the camera frame is shown a special telescope.

and this was costly. Six naval fleets were in attendance and all of their officers were guests. The people paid for their own costumes, and if we want to make this celebration a success all of the people must get into it. J. M. Farrell, president of the Canadian Club, supported Mr. Lyster's suggestion to get the whole city aroused with everybody taking part.

Help Promised. John Lowrey and E. J. Metcalfe representing the Kingston Gentlemen's Driving and Motoring Club, said the club could be counted on to do everything to make the celebration a success. George Smith spoke for the Yacht Club, which was in a position to put on a regatta and take part in any event assigned to it. Ald. W. P. Peters promised the support of the city property committee.

"While there's life, there's hope." But Hope becomes certainty with The London Life Insurance Company "Policies Good as Gold" HEAD OFFICES LONDON, CANADA Agencies in all principal cities DISTRICT REPRESENTATIVES: J. B. LAMB King and Brock Streets W. WALTERS

CREAM— WE WANT YOURS Our Kingston plant should be ready for operations about the First day of April. Call and see our manager at 24 JOHNSTON STREET, KINGSTON, or call our Belleville office. Profitable prices promptly paid. BELLEVILLE CREAMERIES, Limited, Box 59, Belleville, Ont. SHARBOT LAKE CREAMERY, Limited, Sharbot Lake, Ont.

LADIES! SECRET TO DARKEN GRAY HAIR Bring Back Its Color and Lustre with Grandma's Sage Tea Recipe. Common garden sage brewed into a heavy tea, with sulphur and alcohol added, will turn gray, streaked and faded hair beautifully dark and luxuriant. Mixing the Sage Tea and Sulphur recipe at home, though, is troublesome. An easier way is to get the ready-to-use preparation improved by the addition of other ingredients, a large bottle, at little cost at drug stores, known as "Wyeth's Sage and Sulphur Compound," thus avoiding a lot of fuss. While gray, faded hair is not sinful, we all desire to retain our youthful appearance and attractiveness. By darkening your hair with Wyeth's Sage and Sulphur Compound, no one can tell, because it does so naturally, so evenly. You just dampen a sponge or soft brush with it and draw this through your hair, taking out small strands at a time; by morning all gray hairs have disappeared. After another application or two your hair becomes beautifully dark, glossy, soft and luxuriant, and you appear years younger. home yesterday. Mrs. E. C. Walcott has gone to Toronto for a week



MME. LUBINOFF, The beautiful wife of a former Russian governor of Poland, who has been arrested there for alleged participation in a czarist plot.