



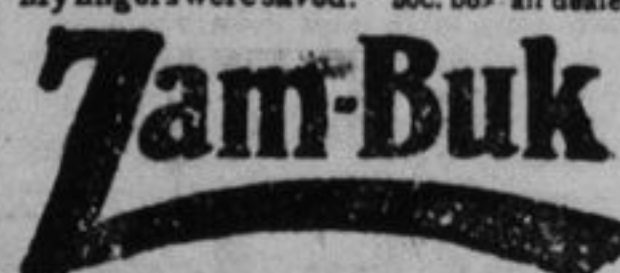
### Quickest for Healing

A cut sustained in the workshop, a sore which is unattended, results in inflammation or blood-poisoning. You have to lay off for a day or two and it counts when pay-day comes round. Zam-Buk insures you against such loss!

A little antiseptic Zam-Buk promptly applied to any flesh wound or injury prevents disease infection and risk of festering and ulceration, and takes away smarting pain and promotes quick healing.

At home a box of Zam-Buk is ever so useful. The baby's nasty rashes, the older children's cuts and bruises, the inevitable burn, or scald—for all these, as well as for more serious skin troubles, such as eczema, ulcers, ringworm, etc., Zam-Buk is the unrivaled remedy.

Mr. J. W. Besnard, 289, Craig St. E., Montreal, writes:—"Two of my fingers were so severely crushed that the doctor said they would have to be amputated. I decided to try Zam-Buk first, and applied the balm daily. Within a few weeks the injury was completely healed. My fingers were saved." 50c. box all dealers.



### INVESTIGATE

The Special Policy

ISSUED BY THE

EXCELSIOR

INS. LIFE COY

SOLD BY

H. D. WIGHTMAN

151 WELLINGTON ST.

High Guarantee Low Premium

Illustration: Age 30 ..... \$5,000.00 Premium \$130.20, Guarantees to return in Cash in 21 years \$2,500.00 or \$5,000.00 paid-up insurance.

#### Bath Road Notes.

Bath Road, April 8.—The ice is out of the creek and the fishermen have returned to their camp to prepare for the spring fishing. The U. F.W.O. held a sugar social in their club rooms last night. Mrs. William Greer has returned from visiting friends in Adolphus town. The farmers in this vicinity are looking forward to the possibility of having the Hydro power in their homes. George Orser, Iowa, is at his brother's, J. Orser.

#### Want To Go Swimming.

Now that the ice is out of the harbor and the weather has turned warm, Kingston lads are now thinking about fishing and swimming. A report from Milton, Ont., says that some of the youngsters there had a "dip" in Martin's Lake Saturday. This is regarded as a record-breaker for early bathing in Milton waters. It will be some time before the water around Kingston will be warm enough for bathing.

In for a penny, in for a pound. A flatterer is as bad as a liar. A hungry belly has no ears.



WARNING! Say "Bayer" when you buy Aspirin. Unless you see the name "Bayer" on tablets, you are not getting Aspirin at all. Why take chances?

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

- Colds
- Toothache
- Earache
- Headache
- Neuralgia
- Lumbago
- Rheumatism
- Neuritis
- Pain, Pain

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoacetic acid ester of Salicylic acid. While it is well known that Aspirin means Bayer Manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

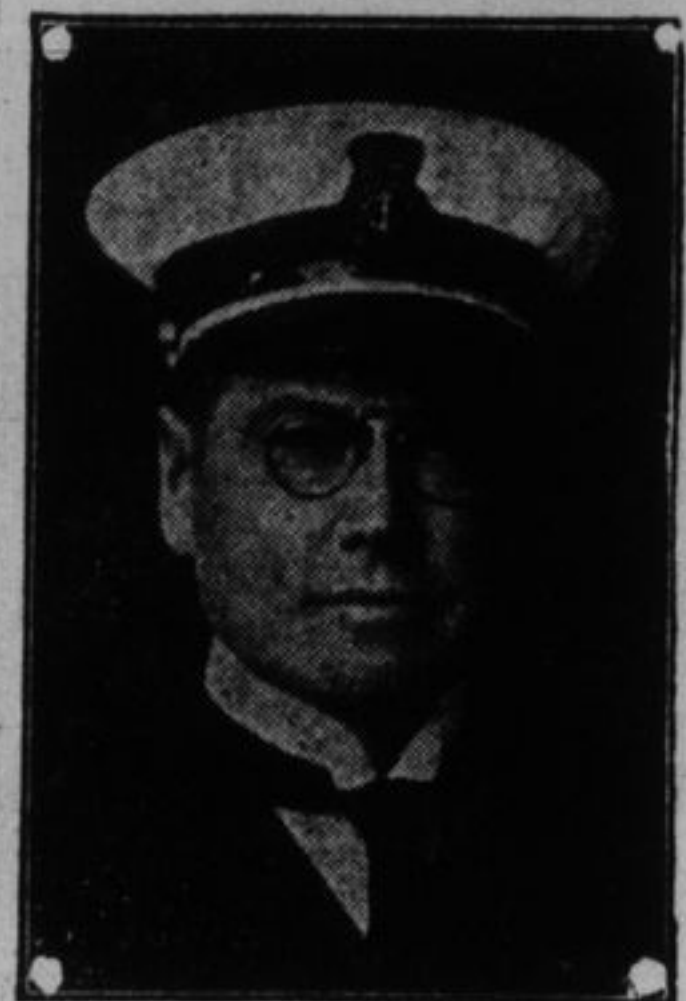
### NEED OF CANADIANS FOR MERCHANT MARINE

Capt. E. F. Morris, Toronto, Addresses Kiwanis Club on the Navy League.

Capt. E. F. Morris, Toronto, member of the Navy League of Canada, was the special speaker before the Kingston Kiwanis Club at the weekly luncheon in the Hotel Frontenac on Monday. The Navy League is engaged in training boys as recruits for the Canadian Merchant Marine, and Capt. Morris' address was marked by fervid appeals to the patriotic emotions of his hearers, who frequently applauded him.

Noble Steacy, the president, occupied the chair, and during the roll call, announced the following guests: A. B. Campbell, Edmonton; G. F. Morris, Toronto; F. H. Ryan, J. T. Twiss, Kingston; G. R. Johnston, Brockville.

Harry Newman was the leader in the singing, and kept the members on the hustle, so much so, that three



CAPT. E. F. MORRIS, Chaplain Navy League of Canada, who addressed the Kingston Kiwanis on Monday.

were caught by the president and fined for not singing. They were Dr. E. Ryan, Dr. George W. Bell and J. M. Campbell. "Chuck" Moody gave a solo in splendid voice. Harry Newman is holding a place on the programme each week for talented members who can contribute to the entertainment.

Howard (Shorty) Dick was the booster, and the attendance prize donated by him was won by Dr. Edward Ryan. It was a beautiful silver vase.

For questioning the condition of Kingston's roads, Percy Borland was presented, through H. C. Nickle, with a rake and hoe, and asked to take a hand in the work.

Frank Hoag complained about Frank Anglin rising at a previous meeting, to move a vote of thanks, when the committee had made other arrangements, and a fine was handed out to him.

In introducing the speaker, President Steacy regretted that through illness in his family, Gordon Jackson, was unable to be present. He was glad, however, to introduce Capt. Morris, who was thoroughly informed regarding the subject of the Navy League of Canada.

Capt. Morris, in opening his address, referred to the ancient navies of Tyre and Venice, which built up commerce on the Mediterranean, but which passed away through the loss of enterprise, and the inability of the people to appreciate the basic principle upon which their prosperity depended. We, of today, are even more dependent upon sea commerce; and realizing this, the Navy League is engaged in stimulating sea-consciousness, but providing for the training of boys for sea-life, in order that they may be available as recruits for the Canadian Merchant Marine.

Proceeding to show the importance of this, Capt. Morris described the geographical position of Canada and the necessity for transportation by sea to the markets of the world. This will always be so, and we must endeavor to be independent of other steamship lines in developing our trade. The necessity for this is realized when we consider the enormous natural resources of Canada, upon the development of which the life and prosperity of the people, and the country as a whole, depended.

The late war made Britain dependent upon her fleet, and it was during that war that she realized that Canada was the brightest jewel in the crown. "Canada within the empire is destined to become one of the world's greatest nations, but Canada outside of the empire would not be so," declared the speaker. "Canada must guard her commerce, and the need for water transportation makes it incumbent upon her to maintain a merchant marine fleet. This was for many years neglected, but sea values and opportunities cannot be neglected. He, the speaker gave a resume of the resources of Canada that produced others. These resources consist of gold, silver, copper, coal, iron, marble, chemicals other minerals, besides oil, tar, lumber and pulp, agricultural products, etc. The development of these resources depended upon the development of transportation. Much is being accomplished by the National Railways but there remains the Merchant Marine. "The means is the ship, and Canada must awaken to sea opportunity, for from a national and business point of view no nation can afford to depend upon another. We must have our own ships, and the ships must be manned by Canadians."

Capt. Morris told of the work being carried on actively among boys. It was a work that had to be done, for the sailor could not be recruited upon demand from among the civilian population. This was demonstrated during the war. The sailor must be trained to the sea from boyhood. We have 500 boys in Ontario between the ages of twelve and sixteen, undergoing one year's training, and when ready we want



Note in the above Illustration: the Centre Expansion Joint

## Money Market and Construction Costs

Both Favorable to 1922 Highway Development

THERE is real encouragement for those municipalities about to enter on a programme of road building, in the present labour and material prices and in the improved condition of the money market.

Highway improvement can now be undertaken at a reasonable cost; recent tenders for such work having shown much lower prices than those obtained a year ago.

This, in conjunction with the lowered cost of borrowing, indicates less reason for delay in the building of

## permanent highways of concrete

Conditions now favor the building of those Concrete roads which modern truck haulage and increased motor traffic call for.

Labor is down—materials have declined; and keeping step with these important factors, the cost of borrowing has been reduced to a point where the paving program need no longer be held up because of the cost of financing the work.

All who are interested in the subject of Highway Construction may obtain from us, on application, our interesting literature which fully explains the manifold advantages of Concrete.

It's the little they cost to maintain that makes concrete pavements economical

CANADA CEMENT COMPANY LIMITED  
Herald Building Montreal

The Centre Expansion Joint is a development of recent years and a feature of great promise

#### Seeding in Ontario.

Ingersoll, April 11.—Some farmers in the Beachville district have commenced seeding operations. Where this is being done the land is of a pronounced rolling nature and perfect natural drainage has left the soil in fine condition.

#### A Remarkable Egg.

Mrs. Richards of R.R. 4, Napanee, showed a large Plymouth Rock hen's egg. When the shell was broken another perfect egg was inside. In the outer egg there was no yolk.

Fine feathers make fine birds.

#### Cheaper Mortgage Money Available.

Toronto, April 11.—Cheaper mortgage money is on the way for builders in Ontario; in fact, the downturn has already started according to the report of V. Ewan Gray, registrar of loan corporations, issued Saturday.



## Always Good

Every time you buy "SURPRISE" you get a big, bright, solid bar of the highest grade household soap.

Ailing people live the longest. Rome was not built in a day.