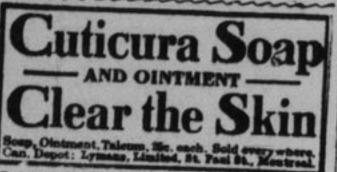
HAD BAD COUGH

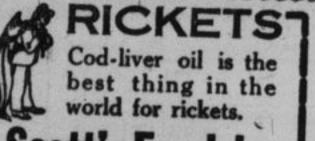
AND SORE THROAT Never neglect a cough or cold however slight. If you do it can have but one result: it leaves the throat or lungs, or both, affected. A single dose of

DR. WOOD'S NORWAY PINE SYRUP will help to stop the cough, sootho the throat, and if the cough or cold has become settled on the lungs the healing virtues of the Norway pine tree along with the soothing and expectorant properties of other excellent herbs, roots and barks promptly eradicates the bad effects, and the condition. We are all glad to see persistent use cannot but help to spring once more and welcome the bring about relief.

gan to get discouraged. A friend came to see me and asked me if I management of Miss Eva Guess. had ever used Dr. Wood's Norway Pine Syrup. I told him I had not and sent him right away to get me a bottle. I started using it, and after James have moved to the city, and used five bottles both my sore throat room with an attack of grippe.

Limited, Toronto, Ont.





contains richest cod-liver oil, abundant in the vitamines that every rickety child needs.

AT ALL DRUG STORES PRICE, \$1.30 and 65c. Scott & Bowne, Toronto, Ont. -ALSO MAKERS OF-

FOR INDIGESTION

Fine for Neuralgia

Musterole insures quick relief from neuralgia. When those sharp pains go shooting through your head, just rub a little of this clean, white ointment on your temples and neck.

Musterole is made with oil of mustard, but will not burn and blister like the old-fashioned mustard plaster. Get Musterole at your drug store.



Laxatives Replaced

By the Use of Nujol Nujol is a lubricant-not a medicine or laxative -- so cannot gripe.

When you are constipated, there is not enough lubricant produced by your sys-tem to keep the food waste soft. Doctors prescribe Nujol because its action is so close to this natural lubricant, Try it today.



Lydia E. Pinkham's Vegetable Compound Helped Both Mother and Daughter

Lumsden, Saskatchewan,-'My mother had taken Lydia E. Pinkham's Vegetable Compound and when I needed something for my periods I took it and got good results. I recommend it to women with any female troubles and I know other women who have been helped by it and do the same."-MRS. MAX RETZER, Lums-

den Saskatchewan. Many cases like this come to our notice. Lydia E. Pinkham's Vegeable Compound is often recommended by the mother and the grandmother too, for bear in mind, it has been helping women for nearly fifty years.

Women Tell Each Other In your own neighborhood are women who know the value of this wonderful medicine and they talk to one another about it. So if you are troubled with pains and irregulari-ties, a tired feeling, nervous and sleepless spells, or have other annoying symptoms caused by some female trouble, you have only to ask some neighbor what she thinks of your taking Lydia E. Pinkham's Vegetable From the Countryside

Frontenac

FLORIDA.

April 6 .- The roads are in bad return of the birds. The milkman Mr. Albert Marsh, Lower L'Ar- made his first trip of the season on doise, N. S., writes: - "About a year Monday. O. Storms, Wilton, and ago I contracted a cold accompanied Mr. and Mrs. Ernest Clarke and by a very bad cough and sore throat. children, Maple Avenue, were recent I sent for the doctor, but what he pre- visitors at Edward Mertin's. School is progressing favorably under the

KINGSTON MILLS

April 6 .- Mr. and Mrs. W. H a couple of days I found I was get- Mr. and Mrs. Lorn Keeler of Joyceting relief, and after taking two bot- ville, have moved in the house. Mr. tles the soreness in my throat seem- Keeler has accepted the position as ed to be leaving me, so I resolved day operator in the power plant. D. to continue its use, and after I had Graham has been confined to his without "Dr. Wood's" for any Lumon is visiting for a few days with friends in Gananoque. The roads Price, 35c. and 60c. a bottle; put through this part of the country are up only by The T. Milburn Co., very good. J. M. Campbell of Kingston, was a caller at the Mills on

KEPLER.

as superintendent. Mrs. Arthur monia. A number from here attendhome from the hospital greatly im- Helen, who has been on the sick list. proved in health. Harold Horning is Miss Jessie Willard, teacher, spent home from Canton, Ohio. Rev. John the week-end in Napanee and King-Puttenham made pastoral calls in ston. Lyford Freeman has been this neighborhood yesterday. Mrs. visiting friends in Sydenham recent-Laidlaw, Westport, was a recent vis- ly. itor at W. H. Horning's. A. Hoppin's and son Dinsmore, Verona, viisted at A. Orser's last week.

LAKE OPINICON.

April 6 .- The recent fall of snow has nearly all disappeared. The farmers report a fairly good run of sap. The local trappers are busy catching muskrats. The spar mine have taken the contract to draw the at Rock Lake is in operation again. mail from the station to Morton. The sick are all convalescent. Mrs. V. Landon is moving into W. Shef-J. Linklater is spending a few days field's house. W. Delong is moving with her daughter, Mrs. C. Ennis. out. Mrs. Maggige Dobbs and P. Mr. and Mrs. C. Walton are occupy- Chuse have moved. Fred Spence and ing their cottage again at Rock Lake. Paul Hefferman have started to Mrs. E. Stokes spent the week-end at make cheese for the season and had her home, Perth Road. Mrs. Lyon a good supply of milk to start with. has returned to Kingston after They are using the government test. her sister, Mrs. J. Linklater.

BREWER'S MILLS.

dy following the snow storm. Our States next Monday. cheese factory has opened for the season. Quite a number of farmers are making maple syrup and report a good run of sap this last week. Jo- Jasper today, owing to the death of Murray is spending a few days at his Smith's Falls, spent the week end father's. Miss Vera McKendry visit- with his mother, Mrs. J. Warren. ed at her brother's in Battersea. Mr. Master William Purvis has been

Snook and family are at his mother's. Mrs. E. Snooks'. Henry Hamilton at

MOUNTAIN GROVE.

April 6,-Roads are very muddy. A large number took advantage of Dr. Nash's visit here to have their teeth attended to. Much sympathy is extended to Mrs. J. French, who received the sad news that her sister, Mrs. Simmons, New York state, has passed away suddenly. The Y.P.I.C. held its regular meeting in the hail on Wednesday evening. Dr. Nash gave an interesting address with illustrations on "Diseases and Care of the Teeth." Miss B. Price is the guest. of her sister, Mrs. E. Smith. Miss Maud Thompson is visiting friends at Godfrey. R. Cox at E. Godfrey's.

PITTSFERRY

April 6 .- Much sickness is reported in this neighborhood. Stanley Winborne lost two valuable cows recently. Mrs. McMullin, Toronto, is viisting with her daughter, Mrs. R. J. Ranous, here. Mr. and Mrs. W. Tomlison and baby Harold, Kingston, have returned home after spending a few days with Mr. and Mrs. John Paddle. A band of gypsies passed through here on Monday. The rural mail carrier was held by the crowd and used roughly. Others who were met on the road alone were stopped. A cheese meeting was held at Granite Hill factory by the proprietor, Christopher Greenizen, on Wednesday evening. A meeting of the U.F.O. was held at John Wilson's on Tuesday evening.

HARTINGTON.

April 5.—Sherman Brown and his bride, Trenton, a former resident, viisted his brother, George Brown. The couple were serenaded by the young people Saturday night and in return, Mr. Brown gave the young people a maple sugar party on Monday evening at the genial cheesemaker's. Born to Mr. and Mrs. Bert

Patterson today, a son. Mr. and Mrs John McQuaid, Kingston, returned home today after visiting Mr. and Mrs. Cloakey's for the past week, Sylvester Holden, Sterling, is spending the week-end with his uncle, M. Trousdale. Idell Ellerbeck, Moscow, is visiting Salome Goslin. Mrs. Stanley Woodman, Wolfe Island, is with her sister, who is ill. Harold Wartman is out of hospital and is at his uncle's, Y. Denison. Mrs. M. Clow. Kingston, and Fred Clow, and wife, were recent visitors at D. Freeman's. Hazel Huffman is home from Sydenham, being ill. The trustees have put a new pump in the school yard. The cheese factory opens on Monday. Jamsie Trousdale is home from the hospital and is improving. Mrs. Stan-

BROOKSIDE.

cent visitor at M. Cloakey's

April 5 .- Sawing wood is the order of the day. The roads have I been in a very poor condition but are drying up rapidly. The sap has not been running as good as usual these last few days. Many of the farmers have made several trips to the city

and have received a good price for Mrs. Switzer is on the sick list. April 6 .- Sugar making is the or. Harold Warner is around again after der of the day. The Sunday schoo; his recent illness. Little Grant Freehas re-opened with H. E. Johnston man died on Wednesday from pneu-Smith is confined to her home ed the tea given by the Ladies' Aid, through illness. Mrs. E. Donnell is at Harrowsmith on Wednesday night, able to be out again after her recent Mrs. Frank Wallace spent Tuesday operation. Mrs. Stuart Babcock is in the city visiting her daughter,

LYNDHURST.

April 7 .- S. Rathwell and R. Slack spending the past few weeks with Fish seem to be quite plentiful here just now. The club has just unloaded a car of hay. Hal Harvey has just unloaded two cars of feed, April 6.—The roads are very mud. "Jack" Steffield is leaving for the

JUNETOWN.

April 5 .- E. V. Dyke was called to seph Cauley has moved back to D. his father-in-law, Hugh MacKenzie. Murphy's farm. The lockmen are Mrs. Jacob Warren remains very ill. preparing the locks for the opening Nurse Burtch, Brockville, visited reof navigation. D. Dean is busy cently at Walter Purvis'. Mr. and sawing logs and grinding grain, B. Mrs. Leland Warren and sons, and Mrs. James Dickson spent Sun- quite ill. Mrs. John Darling, Lans- Mrs. M. J. Connolly, who have both senting the Rockport society, called passed away at the home of his few days last week with friends

CAINTOWN.

April 7.—The heavy snowstorm of April 6.—The warm sun of the Rockport, at W. H. Warren's. his brother's, George Hamiltons; last week has left the roads in a past few days has played great havoc Tressa Morey at E. Page's; May Page very bad condition. Several farmers to the snow banks made by the great and Miss McKeney in Kingston; Wil-tare engaged in syrup making. Good storm which visited this locality last liam Deyo and Marshal Wager at E. runs of sap are reported and the week. The lecture and lantern views Page's; W. Bauder at Alfred Page's; syrup is of excellent quality. The given under the auspices of the May Wilson at J. Campbell's; Gene trapping season has opened with the Rockport W.M.S. on Tuesday evenrecent thaw, and some of the trap- ing was much enjoyed by those prespers report a very good catch of mus- ent, but owing to the bad roads and rats and other furred animals. Mrs. unpleasant evening only a small

ROCKFIELD.

recently at R. White's, Caintown. Mrs. C. Kahnt and Mrs. E. Andress,

TAMWORTH.

downe, is visiting her brother, E. Av- been very ill. Mrs. Connolly is ra- at several of the homes here on Wed- daughter, Mrs. George Bell, follow- here. Mr. and Mrs. Earl McCleHand ery. Mr. and Mrs. Alvin Avery re- pidly improving, but Mr. Connolly nesday in the interests of the associating an attack of pneumonia. The attended the funeral of his brother, turned last week after several week's still continues very low, having cont April 7.—The farmers are buying visit with their daughter, Mrs. (Dr.) tracted double pneumonia. Nurse ed at Norman Purvis', Lyn, on Sun-took place to Christ church, Rev. Mr. on Tuesday of last week. Mrs. Jones a quantity of grain, hay being such B. T. McGhie, London. Farmers have Bissell, Brockville, is nursing him. day last. All are glad to learn that Pasten officiating. Dr. O'Connor is is visiting her parents, Mr. and Mrs. a high price. J. J. Abrams' sawing been very busy with sap, since the W. A. Graham is very ill with the Mrs. Hunt who has been seriously wearing a broad smile. A baby girl Charles Vanalstine. machine is busy in the neighborhood recent cold spell. Syrup this season is influenza. He is under the care of ill hore is improving. L. O. Warren has arrived at his home. Maple cutting wood. J. Wilson's saw mill is of splendid quality. Mr. and Mrs. J. Dr. Bissell, Mallorytown, with Miss spent last Saturday in Brockville. syrup is very plentiful and is sell-variety shower given at the home of

Bath Breezes.

Young came down from Toronto last number attended. Mrs. Charles to, is visiting at L. P. Wells'. Wednesday evening of this week. April 6 .- Mrs. Thompson, Toron- Methodist church on Tuesday and the branch at Seeley's Bay. week to be with her parents, Mr. and Kahnt and Mrs. E. Andress, repre- Charles McGuire, 81 years of age, Bernard Brown, Brockville, spent a

Mr. and Mrs. Anthony Hagerman at McIntyre's Corners for Mr. and Mrs. Abraham Hagerman. A meeting was April 5 .- Miss Gladys Topliff, who held in the town hall on Monday has been teaching at Toronto, is re- night to explain the hydro electric covering from a severe illness at the system. Mr. Her was the speaker. home of her sister, Mrs. Robert Mr. and Mrs. Wm. Hamilton are Stevenson. Mrs. Albert Hoselton and moving to Kingston this week. Harry Lennox & Addington; baby have returned from visiting Mott, of Napanee, is spending a few friends at Brownville, N.Y. Miss days with his parents, Mr. and Mrs. Turner, a returned missionary, gave Robert Mott. M. Berry, of the Royal very interesting addresses in the Bank staff, has been transferred to



