To Clear Your Skin IN SPRING USE ARE you troubled with Pimples, Blotches, or other distressing skin affections of Springtime? If so, you need Zam-Buk to soothe and purify your skin-to give it a real "spring clean." Zam-Buk's antiseptic herbal essences are so highly refined that they get right to the root of the trouble. They rouse the pores to healthy action, improve the circulation, and cleanse and stimulate the underlying tissues. Thus, with the aid of Zam-Buk, the skin is enabled to quickly rid itself of all winter impurities. Never use common ointments and pore-clogging cosmeties on a tender troublesome skin. Their impure animal fats and minerals are always liable to set up isritation and inflammation. With Zam-Buk, however, you have the safest, purest and most wonderful skin remedy ever discovered. There's nothing else so SOOTHING AND PURIFYING. Zam-Buk is as reliable in eczema, ulcers, boils, ringworm, pries and poisoned wounds, as for cuts, burns, scaids, etc. Get a 50c. box of this valuable healer to-day, or for TRIAL SAMPLE send 1c. stamp to Zam-Buk Co., Toronto.



SPECIAL FOR THIS WEEK

DAFFODILS \$1.00 PER DOZEN We always have on hand a choice selection of Azalea, Cyclamen. Primroses and Boston Ferns.

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Is the order of the day, and you will find everything necessary to do your work here. We carry a full line of Crown Diamond Ready Mixed Paint, Varnish Stains, Floor Varnish, Johnston's Floor Wax, Brushes.

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Ice Cream Chocolate Eclairs -made and sold in Kingston by the Superior Ice Cream Parlor. Only

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When the weasel and the cat make | Never cast dirt into that fountain | It is almost impossible to get a a marriage it is a very ill presage. of which thou hast sometime drunk. light-headed man to see the light.

Many Universes Besides Our Own in Space.

ecent Discoveries Have Greatly Expanded Mankind's Knowledge of Astronomy-Now We Knew the "Sun Do Move."

The high priests of Babylonia and Egypt, 3000 years and more ago, had a considerable knowledge of astronomy; but, leaving out of question the few thus learned in science, creation to the ancients was a three-story affair, or rather two stories and a cellar, the latter being the abode of the dead, while on the second floor, ornamentally bespangled with stars, dwelt the gods.

Earth, of course, was flat. The sun passed across the heavens once in every 24 hours, and, going under, appeared again in the east next morning. There was also the moon, which had a similar habit; and that was about all there was of the cosmos.

Since then our ideas on the subject have vastly expanded, and now, in view of recent discoveries, they seem destined to expand enormously beyond anything hitherto imagined. We are beginning to grasp the notion of other universes outside of our own-at distances from our own universe wellnigh inconceivable.

Rev. Jasper declared that "the sun do move." He was right. Not only does it revolve on its own axis (as may be plainly seen by the "spots" which travel across its disc), but it is moving in a straight line through space, like a gigantic projectile, at a speed of at least ten miles a second. As it thus moves, the earth and its sister planets, of course, go with it.

Astronomers, in the course of centuries, have actually been able to observe this movement, by the closer gathering of stars in the sun's wake and the widening out of constellations ahead of us-just as might be noticed of trees and houses passed or approached in a railroad train.

All the stars are suns, most of them much bigger than our own solar luminary, and every one of them is traveling at a terrific speed. The so-called Runaway Star (known to astronomers as 1830 Groombridge) is going at a rate of 200 miles a second. What imaginable power could have set all these suns in motion? And why are they all traveling in different directions, apparently? Our own seeming destination is the constellation Lyra. It is now thought probable that our universe, which we can the Milky Way (we seem to be not far from the

center of it) is in reality a vast spiral in form, and that this spiral is revolving, so to speak, in its own plane. Assuming this to be true, the straight line in which our sun appears to travel is actually a curve.

What has led to this belief is observation of other spirals which are now thought to be distant universes, many of them so far away that light from them, traveling 186,000 miles a second, takes something like 10,000,-000 years to reach us. Their form plainly shows that they are revolving.

Everything in the cosmos seems to go round and round. The moon travels around the earth, the earth around the sun; and presumably the sun is following an orbit about some center, whether a giant sun or merely a point | Bull? in space. Our universe (if the theory above outlined be accepted) is whirling. Probably, as it whirls, it is making a journey of its own about some center, perhaps in concert with other-

Space being infinite in extent, it is, when one comes to think of it, absurd for us to imagine that ours is the only

We shall never know. But at least we may claim that our ideas on the subject of creation are expanding .-Kansas City Star.

Women War Werkers in Waxwerks. London is collecting in photographs and wax figures a complete record of what women did to help win the war. For the present a part of the record is displayed in the Whitechapel art gallery. There is the woman ship painter, the tanner, the coke quencher, the stoker, the airship maker, the munition worker, the farmerette. There is a picture of a woman operating a 100-kilowatt electric engine, and of another driving an electric crane. Women are shown working in gas works, dressing bricks, spreading tar, sieving, gauging burner parts, testing meters, wheeling coke, carrying heavy sacks, and working in naphthalene factories, flour mills and

Increase in Foreign Maile, comparison of United States mails dispatched to foreign countries by steamers for the first nine months of the last two fiscal years shows that 2,560,043 pounds of letters and postcards were dispatched in 1920 and 1.794,822 pounds in 1919, or 32.63 per cent increase. In 1920 there were 17,-377,424 pounds of prints dispatched and 16,943,543 pounds in 1919, or 2.56 per cent increase. The dispatch of parcel post amounted to 26,458,548 pounds in 1920 and 12,888,722 pounds in 1919, or an increase of 105.25 per

A Fighting Fowl. "Anybody try to bother your hen-

"Not now. I put a parrot in there the other night and a fellow who tried to lift him got his."-Louisville Cour-'er-Journal.

hast dived deep into the water, and hast brought up a pot-

The poor man turns his cake, and another comes and takes it away. Cast your staff into the air, and it will fall upon its root or heavy end.

PAYING FOR WANTON WASTE

Settlers Have Lived to Regret the Ruthless Destruction of Their Black Walnut Trees.

Not many years ago the settlers of the middle West were girdling black walnut trees in order to kill them, the Rochester Democrat and Chronicle observes. They were too lazy to cut them down and took this method to destroy the life of the trees, so that they might plant corn and sow grain among the dead and leadess trees. In some localities mills were sawing the walnut logs into lumber for all purposes, even for boarding, floors and clapboards, inside finish and everything that could be made from It; and many a good walnut board has been split up for kindling.

Walnut was then cheap and plentiful. The settlers wanted to clear the land, and no one thought that the timber would become exhausted. Then the forests were full of grand old trees, any one of which would today pay the possessor the purchase price of many acres of land.

Today walnut is hard to find and the price is very high, as is illustrated by the fact that a Maryland farmer recently sold four old walnut stumps for \$1,000-just such stumps as the farmers worked hard to pull and burn to get them out of the way.

Walnut is not alone in its scarcity. but the many purposes for which walnut could be used made it a wood of great value, and now efforts are being made to reforest the denuded lands with black walnut. It is safe to assume that those little trees will be watched with great care until they grow to merchantable size, and then others will be set to replace the cuttings. There will be no more ruthless destruction of the forests, whether it be walnut or any other variety of wood. The people have learned a lesson: a costly one, it is true, but one that will never be forgotten.

The demands for timber are such that all governments are now protecting the forests, and the time is not far distant when the owners of timber and timber lands will be the men to whom the people will take off their hats, and to whom they will even get down upon their knees, so to speak, for timber will be king.

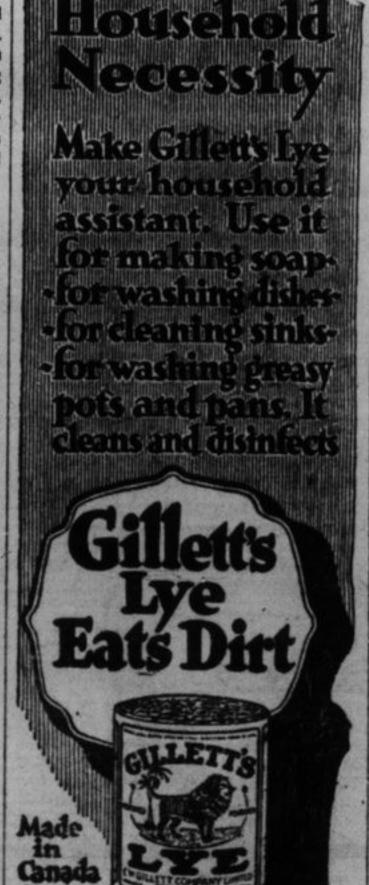
Famous Meeting Places.

Periodical gatherings of men with a common object in view go back to ancient history, for man is gregarious, likes to meet with his fellows to air his own opinions and to become acquainted with the views of others. It was in England that such meetings were first designated by the name of "club" when wits, writers and actors met "good thoughts to exchange." Should you ever walk along Cheapside in London you will see between Friday street and Bread street the spot whereon once stood the famous Mermald tavern, where Ben Jonson founded his club, numbering among its members such great lights as Shakespeare, Beaumont, and Fletcher. Brilliant must have been the flashes of wit that scintilated within those walls. There is also the famous Will's coffee house, a favorite resort of Dryden and other literary men of the seventeenth and eighteenth centuries. When they began to sell "tea in the leaf and drink" in those rendezvous of refreshments, the Englishman must truly have come into his own, for who so devoted to that amber beverage as the sons of John

A Missed Opportunity. A mayor of a small Indiana town

was making a speech at one of the fown school houses. Naturally he was telling of all the accomplishments of his ad 'nistration. And always after he had told one he turned toward his wife who was in the audience and said. "My wife will bear me out in what I have just told."

Over and over he repeated his proof; over and over he repeated his rather long drawn out boasts despite his yawning audience. And finally at last he stopped. Then an irrepressible high-school youngster turned to his companion and said in a tone loud enough to be heard by the people in his vicinity, "Gee I'm so tired that I wish his wife had borne him out the first time he sugrested it."





Don't Rub—Just Soak Your Clothes Clean

PINSO is fine granules of soap essence, scientifically and completely different from ordinary soap, flakes or washing powder. It should be used differently too-for instance, to get the best results, do not pour the Rinso granules into the tub from the package.



To Make You Smile

Point Well Taken Angry Subway User (climbing stairs): "Hey, be careful! You stuck the point of your umbrella in my Cheerful Bimbo: "Not mine, old kid. This is a borrowed umbrella."

Strange Coincidence Lawyer: "So you, want me to de-fend you, Rastus? Got any money?" Rastus: "No suh, but ah got me mule and a few chickens and a

hawg." Lawyer: "All right. Let's see. What 're you accused of stealing?" Rastus: 'Oh, a mule, a few chickens and a hawg."

Subtraction Is Distraction

Teacher: "In subtracting, you must take things from things of the same denomination. You can't take three apples from four peaches, or two marbles from nine buttons, or anything like that."

Silas: "Teacher, couldn't you take three quarts of milk from four cows?"

Followed by Silence

Exasperated Father: "What a boy you are for asking questions. I'd like to know what would have happened if I'd asked as many questions when I was your age."
Young Hopeful: "Maybe you'd have been able to answer some of

Bargain Hunting

Mrs. Newcoin: 'I want you to teach my son a fereign language."

Language Teacher: "Would you like Polish, Jugoslavonian, Armenian, Czechoslovakian or, perhaps, even Mrs. Newcoin: "Which is the most

Fowl Tactics Suburbanite: "Thanks for that erate of chickens you sent out, old man, but you ought to bawl out the dealer. The crate was so frail that they all go out when I was getting 'em at the station and I had to scour the neighborhood for 'em. Even then, I only caught ten." City Friend: "Ssh! I only sent

Three Minute Journeys

Where Men Fish With Bows and

There is no lovelier trip to take than the one to Costa Rica, one of the most picturesque countries of Central America. As soon as the traveller arrives at

Port Limon, he is indeed in a foreign country. There Spanish is the language and everything seems

It does not require much time "to take in" Port Limon, and the traveler is glad to leave for the cool temperature and good hotels of San 1 Jose, the capital.

This very pretty city is gay with the pleasure-bent excitement of the Spanish. So keenly is amusement appreciated that in this remote country there stands the fifth largest opera house in the world.

Costa Rica is the land of coffee and bananas. All of the business

and life of San Jose revolve around with their snowy-white blossoms rethese crops. If the crops fail- mind one of cherry-blossom time in banks fail, business is crippled, and Japan. These trees are planted in

trees are in bloom.

A Costa Rican Fisherman.

even the gay spirits of the town are the same grooves as the banana trees, whose tall towering leaves protect the little coffee trees from the hot tropical sun. The aborigines are interesting. They are Indians, and are much the same as when the first Spanish ex-

plorers forged their way through this beautiful country. The native Costa Ricans are not

very ambitious. Nature makes their living very easy. The women raise the maize, rice and corn which grow like magic in the fertile soil. This gives a lot of spare time to the male members of the family,

who spend it hunting and fishing. Fishing tackle is not used by the Indians. When a man takes his bow and arrow and starts on a hunting trip he is ready to fish, too. If he happens on a stream, he stands. on the bank, watches until a fish comes near the surface, and shoots

If we would avoid a mischief we must not be very kind and familiar

While in Costa Rica the traveler with an evil man. should surely make excursions on They can find money for mischief horseback into the surrounding when they can find none to buy corn. country-especially when the coffee

Thy secret is thy prisoner. If thou let it go thou art a prisoner to it. This is a sight long to be remem-There is nothing so bad in which bered. The beautiful little trees there is not something of good.



Thin Blood Like Skim Milk

TUST as milk is a perfect food, so is blood a perfect nourisher of the cells and tissues of the body. But thin, watery blood is

like thin, watery milk with the cream skimmed off, and you do not look for much nourishment in skim milk. Impaired heart's action is

one of the first results of a weakened condition of the blood. There is shortness of breath, the circulation of the blood is imperfect, you are easily tired and suffer from indigestion.

The heart is a tireless and prodigious worker so long as it is supplied with an abundance of pure, rich blood with which to replace its own

To overcome this starved condition of the system it is

necessary to supply to the blood in condensed and easily assimilated form the elements of nature which go directly to supply the nutri-tive factor in the blood.

These ingredients are found in happy combination in Dr. Chase's Nerve Food. Gentle though wonderfully potent in action, this restorative treatment feeds the blood, and through the me-dium of the blood sends new vigor and energy to every cell and tissue of the human body. The heart's action is strengthened and the feelings of fatigue and lassitude disappear.

Dr. Chase's Nerve Food. 50c a box, all dealers or Edmanson, Bates & Co., Ltd., Toronto.