SPECIAL FOR THIS WEEK

DAFFODILS \$1.00 PER DOZEN

Floral Designs for Wedding and Funerals a Specialty.

men, Primroses and Boston Ferns.

We always have on hand a choice selection of Azalea, Cycla-

LAWSON

#### **HEADS** THAT ACHE

AND PAIN It is hard to drag along with a head that aches and pains all the time. In nine cases out of ten, persistent headaches are due to poisoned blood, the blood being rendered impure through some derangement of the stomach, liver or bowels, but no matter which organ is to blame the cause must be removed before permanent relief can be obtained.

BURDOCK BLOOD BITTERS which has been on the market for the past forty-five years, removes the cause of the headache by starting the organs of elimination acting freely, and when the impurities are carried off from the system, purified blood circulates in the brain cells, and the aches and pains vanish.

Miss Clara Murphy, Centre Dummer, Ont., writes:—"My system was greatly run down and my blood out of order. I suffered a great deal from severe pains in my head, which made me feel very miserable. After having tried other made me feel very miserable. having tried other remedies I pur-chased a bottle of Burdock Blood Bitters, and was very glad to notice a decided improvement in my health. I took another bottle and it has done me an enormous amount of good. I have recommended it to some of my friends, who were in a similar condition, and they all say it is a wonderful

B. B. is manufactured only by The T. Milburn Co., Limited, Toronto,

### "TIZ" EASES TIRED SORE, SWOLLEN FEET

Good-bye, sore feet, burning feet, swollen feet, sweaty feet, smelling

feet, tired feet. Good-bye, corns, callouses, bunions and raw spots. No more shoe tightness, no more limping with pain or drawing up your face in agony. "TIZ" is magical, acts right off. "TIZ" draws out all the poisonous exudations which puff up the feet. Use "TIZ" and forget your foot misery. Ah! how comfortable your feet feel. Get a box of "TIZ" now at any druggist or department store. Don't suffer. Have good feet, glad feet, feet that never swell, never hurt, never get tired. A year's foot comfort guaranteed for a few cents.

#### You'll Get Rid of Blackheads Sure There is one simple, safe and sure way that never fails to get rid of blackheads and that is to dissolve

To do this get two ounces of peroxine powder from any drug store—sprinkle a little on a hot, wet sponge—rub over the blackheads briskly—wash the parts and you will be surprised how the blackheads have disappeared. Big blackheads, little blackheads, no mater where they are, simply dissolve and disappear, leaving the parts without any mark whatever. Blackheads are simply a mixture of dust and dirt and

# **EXCELSIOR** LIFE

that monthly income policy.

Will your widow wear as good clothes as your wife?

Will your orphans have the ad vantages of your children?

151 WELLINGTON ST.





Of what use are fine features, with an ugly skin, flabby flesh, sunken sheeks, a scrawny nock or a care-

healthy flesh on your bones, increase your nerve force and power and look and feel 100 per cent. better, simply try taking two of Mastin's tiny yeast VITA-MON tablets with each meal and watch for the results. Mastin's VITAMON Tablets contain highly concentrated yeast-vitamines as well as the two other still more important vitamines (Fat Soluble A and Water Soluble C) and are now being used by thousands. They positively will not upset the stomach or cause gas, but, on the contrary, are a great aid to digestion, to overcome constipation and as a general conditioner of the whole system. Pimples, boils and skin eruptions seem to vanish like magic under their purifying influence, the complexion beto vanish like magic under their purifying influence, the complexion becomes fresh and beautiful, the cheeks rosy instead of pale, the lips red instead of colorless, the eyes bright instead of dull. Mastin's VITAMON is positively guaranteed to give you new health, beauty and a more well-rounded face and figure whether you are young or old or the trial costs you nothing. Make the test your-self and see. Be sure to remember the name—Mastin's VI-TA-MON—the original and genuine yeast-vitamine tablet—there is nothing else like it, so do not accept imitations ike it, so do not accept imit or substitutes. You can get Mastin's VITAMON Tablets at all good drug-

distributor, Duncan-Kershaw & C 207 St. James St., Montreal, Can.

#### THEM DAYS IS GONE FOREVER









LANARK

FALL RIVER.

# From the Countryside

#### FRONTENAC

GLENDOWER. the pores of the skin. Pinching and children of the neighborhood who Wormworth. Mort. O'Neil spent Fri- sort. queezing only cause irritation, make have been sick are all better now and day evening at Mrs. F. L. Wormeads out after they become hard. The able to return to school. Mrs. Gour- worth on his way to Strathcona. Mr. peroxine powder and the water simply dissolve the blackheads so they wash right out, leaving the pores free and clean and in their natural condition. Anyone troubled with these unsightly blemishes should certainly try this day. Visitors: Mrs. D. Coulter and Monds were at Mrs. William Worm-Miss Julia Coulter at Mrs. P. Coch- worth's, on Friday. L. Marshall and rane's; Mrs. A. Legarey at Mr. J. J. Wormworth called at G. Steele's Cochrane's; Mrs. Nefcy with her bro- Saturday evening. ther, James Kelly; Miss Mayme Kelly at Westport.

ECHO LAKE.

Come and let us commune about rains. Hay is quite scare in some Loucks, who was very ill, and she Parham, spent an enjoyable evening and daughter to mourn her loss. at the ball and returned on the Ross Howes is at Trenton visiting morning train. Mr. and Mrs. T. Buck- his sister, Mrs. Ritchie, who is ill. ley, also Mrs. and Mrs. John Cronk Miss Cassie Steele is at T. E. Waand Mrs. M. Topah, E. Babcock, C. gar's. George Reynolds of Yarker, Babcock and R. Babcock at C. Cox's. spent the week-end in Parham. Mrs. W. Buckley and W. J. Topah, also Frank Wagar is at Wagarville. G. Miss J. Topah at D. McCleod's. Ar. Thompson and G. Reynolds at Thos. thur Buckley is home after spending Howe's. Miss J. Johnson at Ross the winter at Parry Sound.

MISSISSIPPI.

March 21.-Messrs. John Thomas Crawford are visiting with their father, Daniel Crawford, who is confined to the house with illness. Saul Benedict and sons have gone to Mud Creek to hunt and trap. William Gibson, Kingston, is visiting friends in this neighborhood. Frank McLenaghan, Perth, was in the vicinity last week, buying horses for s firm in Montreal. Stanely Geddes mutored to Perth on Saturday last. Messrs. J. H. Fair, B. Fournier and William Hannah are drawing lumber from Fairs' mill at Watson's Corners to Lanark. The quarantine for scarlet fever has been lifted from the two houses in the village. William Scott, Lanark, is spending a few days and family, Grenadier Island, have

FLORIDA. of the day. There were two, at H. Mrs. C. Morris has taken charge of Carroll's and one at George Red- the school at Poole's Resort for & den's recently. A number of farm- few weeks. Charles Miller, who has ers have tapped their sugar maples been assisting John G. McDonald on and report a very good run of say. his farm for about sixteen years, left Mrs. R. Jeffrey and sons, Hilton and last week for his own home which Ray, spent one day last week at he recently purchased from Mrs. Lee. Charles Jeffrey's. Mr. and Mrs. Sper- George Howard has rented William ry Redden and daughter visited at Mrs. M. Redden's. Gordon and Grace Clarke were at Edward Martin's. Mrs. Earl Lucas and children, Mapie avenue, spent Sunday at Damon Martin's, Mr. and Mrs. H. Carroll and family and Miss Guess spent Sunday at Baxter Redden's. A number from here attended the play entitled "Bar Haven" given by Harrowsmith Dramatic Club at Wilton, which was enjoyed by all.

ARDEN, ONT.,

March 25 .- Some of our young people attended the box social at Dead Creek also the oyster supper at Mountain Grove on Friday evening. Mrs. Henry Hannah and Tay Godfrey called on Mrs. H. Steele on My friend, in defending your own rights do not infringe upon the rights and family have moved in with his power of resistance to disease.

Wednesday, Roy Godfrey spent Wed medicine that purifies, enriches and revitalizes your blood, increasing power of resistance to disease.

PARHAM.

late Mrs. Clinton Wagar were March 20.—The roads are in bad brought to her home here for burial. to Sharbot Lake on Tuesday. Chartes meetings in the church continue cent visitors of C. G. Fox, Consecon. for genuineness. condition owing to the frost going Some time ago she went to Enterout of the ground and the recent prise to visit her sister, Mrs. parts around here. A number from took a stroke and died the 21st. She here went on the evening train to leaves her husband and eight sons

> Howe's. Mr. and Mrs. Hartman at O. R. Clow's. Mrs. T. E. Wagar and Mrs. B. Haunale at W. D. Bertrim's. Mr. and Mrs. Dewitt Leslie at W. E Clow's. Mr. and Mrs. J. A. Goodfellow returned from the city. D. Wagar, Enterprise, in the village. Miss M. Cliff had the misfortune to fall and hurt her knee. Mr. and Mrs. Byron Cronk, Enterprise, are visiting here.

#### **LEEDS**

CAINTOWN.

March, 21 .- Thomas Leeder o Ballycanoe, has moved his family into Mrs. Brown's house, H. Warren moved into Eli Tennant's house, and will assist Mr. Tennant on his farm Charles Weston had a bee on Mon-March 25 .- Quilting is the order day hauling logs of McIntosh Mills.

### SPRING AILMENTS

mpure Blood, Humore,-Relief In a Good Medicine Spring ailments are due to impure, thin, devitalized blood.

Among them are pimples, boils, other eruptions, catarrh, rheumatism, loss of appetite, that tired feeling, nervousness and "all rundown" conditions.

found in many years of intelligent observation to be most effective in the treatment of these ailments. Successful physicians prescribe the same ingredients for diseases of the blood, stomach, liver and kid-neys, and in cases where alterative and tonic effects are needed. father for a month. Mrs. B. Church, For a laxative take Hood's Pille

Fields is busy hauling hay from Maberly Elwood Gray has gone to business college in Perth. Visitors. Miss Jessie McFarlen and Misses Elsie and Irene Duffy spent Sunday at Maberly.

LAMMERMOOR.

March 20 .- Mr. and Mrs. John Gunn, and Mrs. W. Baird, Hopetown, visited at William Gibson's on Saturday. Mrs. James Murray, Poland, is spending a few days with Mrs. D. Currie. Alex Erskine has recently purchased a handsome driver. Miss Lila McDougall has gone to work at Mrs. Thomas Dobbie's, Lanark. Roy McNicol is working at Lorne Stewart's, Hopetown, during sugar-making. Robert McDougall, Poland, spent a few days last week with friends here.

SCOTT'S CORNERS

March 23.-The Ferguson Bros. have been cutting wood for the farmers in this locality. Syrup making is in full swing. Miss Agnes McDonell is on the sick list. Mrs. Thomas Garrett, who has been spending a month with Mrs. James McCord, has been ill with grippe and bronchitis' but is recoving. The many friends of Mrs. James McCord are pleased to hear she is recovering after ner recent illness. Mrs. Steward Armstrong, Wolfe Island, visited her sister, Mrs. J. McCord. Enroute for home she visited Zealand and Maberly friends. The funeral of the infant son of Mr. and Mrs. James Mc-Cord was held on Tuesday. Rev. Mr. Baldwin conducted the services at the family residence. Interment was made at Zealand Methodist cemetery. Miss Lottie Scott, trained nurse, Rochester, N.Y., is spending a few days with her parents, Mr. and Mrs. Thomas Scott. School is progressing favorably under the able management of iMss Madeline Kleinsteber.

March 18 .- The weather is very forrance's farm and Mr. and Torrance and Miss Aggie Torrance are their sugar bush. Mrs. T. Harrison moving into Lyn. Sugar making 13 is on the sick list. Everybody is the order of the day and a fairly sorry to hear of A. McPherson losgood run of sap is reported so far. ing so many head of cattle this Quite a number are still on the sick spring. John Ball is sawing wood list. Mrs. M. J. Connolly is under with his machine for farmers at Toronto, was at her father's, Fred the doctor's care . Fred Tennant, Vennacher. William Warlich was a Gendron. Miss Hazel Greene, Mount- who has been very ill with pneumon- week-end visitor at John Ball's. Willain Grove, visited at her father's, H ia, is rapidly on the mend. Ernest iam McPherson is drawing hay from Greene, on Saturday. Miss F. Alex- Tennant, who has been enjoying-a Vennacher to his home. The roads ander is on the sick list. Mrs. Haroid month or so with relatives near De. are in very poor condition for run-Steele returned from Tweed on troit and other points, arrived home ning sleighs. Mrs. H. Hunter is vis-Wednesday where she has spent two on Monday last. Master Edgar Poole iting her daughter, Mrs. J. Ball. March 21.—Some people have tap- weeks. Mrs. G. Steele and Florence is at present spending a time with Robert Johnston and L. Parks are ed but report a poor run of sap. The Steele spent Friday at William his aunt, Mrs. Davies, of Poole'ss Re- making syrup together this year with the evaporator.

## Prince Edward

SALEM.

STORE: Corner Wellington and Brock Streets. Phone 770. CONSERVATORIES: 68 Centre Street. Phone 1174J.

## Lennox & Addington

WILSON.

favorable for maple sugar making. The farmers are preparing to tap

making syrup and are improving a Consecon, took tea this evening at cessful "At Home" last week. Their a variety shower. good run. The recent rain has left the home of C. C. Wannamaker, and slogan is 500 members for 1922. The It may be that the greatest her-March 24.—The remains of the the roads in very poor condition. officiated at the christening of Mar- president is H. E. Redner. Mr. and oes are the ones that fall.

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Think of Long Distance in terms of time and money

saved. "Use the Bell to Sell," It is to-day the most

effective form of approach to customers. Your per-

sonality, the convincing tones of your voice, will bring

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cent is well worth while" - writes a subscriber. "We

call up our travellers by Long Distance, or they call

us. We encourage them, advise them, help them to

secure orders. If competition arises we learn of it in

"Two of our most capable men look after Long Distance

orders. Our Private Branch Exchange switches calls

instantly to one of these men, which gives our cus-

tomers the advantage of Station-to-Station rates."

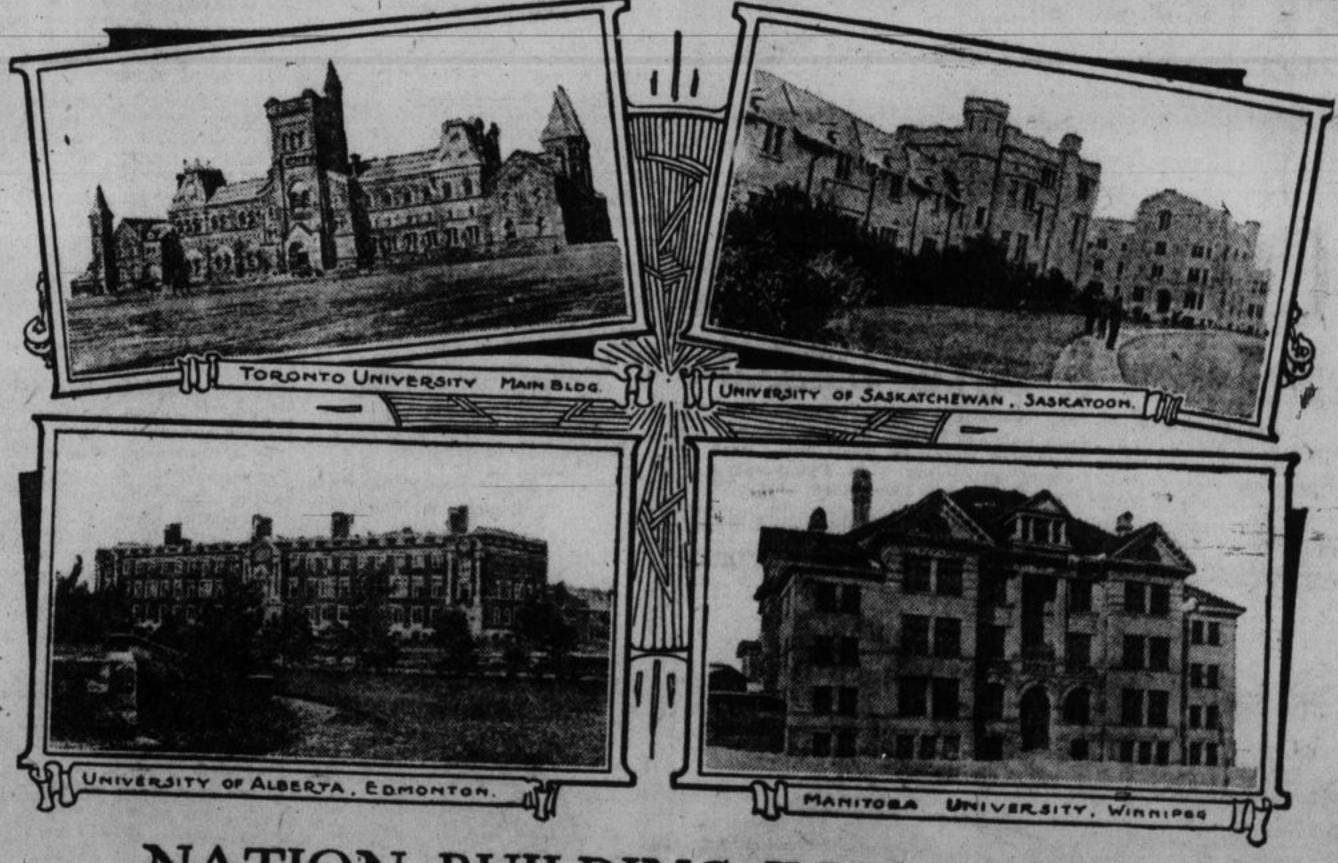
results when everything else fails.

time to meet it."

every evening except Saturday and J. H. Parliament has now started his Sunday Mr. and Mrs. C. Carnrike, boarding house "Wild Wave Cotand others were present at the show- tage" at Wellington. er to Frank Cross, lately entered the ranks of the benedicts. Mr. and On March 15th, about sixty friends

Mrs. P. Hayes have been visiting gathered at the home of Mr. and Mrs. Wycott. The Agricultural So- Mrs. A. E. Holland, Yarker, and pre-March 22.—The people are busy March 23.—Rev. Mr. Robeson, ciety at Roblin's Mills held a suc-sented Mr. and Mrs. Earle Lee with

Archie Gray made a business trip garet Ruth. The special religious Mrs. Claude Wannamaker were re- Joy in religion is but another word



# NATION BUILDING IN CANADA

Universities to Follow the Railroad in Binding East and West Together For the Cause of National Unity

Hand in hand with the mat- in turn, must be pioneers. The of Canadian thought move east provincial institutions. Through erial growth of Canada, with the realization of this fact has be- and west as do those of trade. these scholarships a constant and women whose adventurous

spirit and indomitable courage In the making of the Canadian are making a nation, are not nation so far, avenues of transthe kind that are content with port and communication have the merely material things of life. worked towards completion of Canada's pioneers of a little the structure the foundation while ago were young men who stone of which was the Act of

great Canadian centre of learn- dian Pacific Railway, in his letter The universities of Western announcing the granting of the saw visions, and old men who Dominion Federation. Canada's Canada are growing fast. Their three scholarships. "The movedreamed dreams, and their sons national unity is founded and standard of instruction is high, ment is one that will obviously and daughters are no less gifted. fostered by the political and and ever growing number of be of benefit, not only to the their students desire to pursue students, but also to the comincludes a new world of mental and west, but it can be fully and spiritual effort in which they, developed only when the avenues the stage now possible at their afterwards live."

extension of her population, and come a living force in the fine This is the thought that lies stream of the brightest and most the development of her natural universities that are already behind the recent donation by ambitious of western university resources, moves forward the doing a great work at Winnipeg, the C.P.R. of three annual students will be enabled to spend scholarships of the value of \$500 some time in Eastern Canada each to Toronto University for and thus become familiar with the purpose of inducing grad- methods of life and thought uates of Western Colleges to there. As stated by Mr. E. W. complete their studies at that Beatty, President of the Canato Sir Robert Falconer, President of Toronto University.