

NEWS AND VIEWS FOR WOMEN READERS

Life's Social Side

Editor of Women's Page, Telephone 1724; Private phone 857w.

Mrs. Gullford Reed's tea in honor of Mrs. Workman, St. Catharines, at her pretty home on Albert street, was an exceedingly bright and pleasant affair and one of the small social events of Thursday afternoon.

Mrs. John Waddell, Earl street, is entertaining at the tea hour on Saturday for Prof. Wilder D. Bancroft, Cornell University and Prof. Lash Miller, Toronto University.

Prof. Arthur Neish, Wellington street, will give a men's supper party to Prof. Wilder D. Bancroft and Prof. Lash Miller on Saturday evening.

Miss Beatrice Lambert, Clergy street, will entertain at tea on Saturday afternoon, in honor of Miss Claire Robinson.

Mrs. Frederick Mahood, Stuart street, is giving a children's party on Saturday afternoon.

Mrs. A. Hopkins, Stuart street, is entertaining at the tea hour this afternoon.

Miss Laura Neish, University avenue, returned on Thursday from an extended trip to the Barbados, where the weather was a delightful contrast to our snow and ice.

Prof. Wilder D. Bancroft, Cornell University, and Prof. Lash Miller, Toronto University, will be the guests of Prof. and Mrs. Arthur Neish for the week-end.

Miss Minnie Shaw, Earl street, will leave for Atlantic City on Monday to spend several weeks in that delightful spot.

Mrs. Nell Black, Brockville, is visiting her parents, Dr. and Mrs. Ryan, "Rockwood House," for a few days.

Mrs. W. T. Minnes, "Hillcroft," is entertaining at bridge this evening for Mr. and Mrs. Harold Hughes.

Miss Bertha White, University avenue, will entertain at bridge on Saturday evening in honor of Miss Claire Robinson, one of the March brides.

Mrs. F. L. Stephenson, Kingston, is visiting her aunt, Mrs. Moffat, 21 James street east, Brockville.

Mrs. R. M. Keeler, Prescott, is visiting her daughter, Mrs. George Brownlee, William street.

Capt. Jack Mitchell, who has been taking a course at the R.C.H.A., will return to his home in London, Ont., this week.

Dr. Bruce Hopkins, West street, has been in Ottawa, will return to town on Saturday.

Miss Doris Woolgar, Patrick street, has left the city to take a position in Toronto, where she will reside with her sister, Mrs. D. Ferguson, Gerard street.

Mrs. Jeremy Taylor is now in Windsor, where her son, Jeremy Taylor, has taken an apartment.

Mrs. Hubert Ryan, Malland street, who has been in New York, will visit Mrs. N. C. Polson in Montreal on her way home.

Mr. and Mrs. Fitz-Hugh, New London, Conn., arrived in town on Thursday to visit their daughter, Mrs. James Haydon, Johnson street.

FEMINISMS

By Annette Bradshaw



WHERE THE DREAM MEETS THE PRACTICAL.
Miss Extravagantly Economical—Now that fashion dictates slippers to match each evening gown, if you can make me a pair out of those curtains—they're neutral brocade, you see—and if you don't charge too much—won't it be a delightful economy?

"THE 17th OF IRELAND." "God Save Ireland," will be the prayer on the lips of thousands of men and women of Irish birth today, as they wear the tiny green clover in honor of Good St. Patrick, and it may be that the God who sent His apostle to the people of Erin in the early days of Christianity to teach them the truth of the Blessed Trinity, will send another St. Patrick who will weld the warring factions into a brotherhood of peace and love and cast out forever from the Emerald Isle the serpents of pride and prejudice and the toads of greed and selfishness, till the Irish Free State sits in the councils of the Empire, the voice of her statesmen heard with the deference due to those who guide their own ship of state with wisdom and dignity. And today, throughout the English speaking world, the thoughts of many sons and daughters of Erin will go back to the green island named for Erin, the wife of a Danaan King, centuries before Christ where Finn MacCunnhal, Cuchulain and the great Queen Maeve lived, fought and loved, the land steeped for countless ages in mysticism and romance, whose people, gifted with the spirituality of the Celt, gave eyes to see in the darker green circles on the meadows, the fairy rings made by the dancing feet of the little folk in their tiny red caps, and ears to hear in the hush of the darkening twilight, the clink of the silver hammers of the Sidhe. Let those of Irish blood to whom Ireland's recent troubles have been a grief, remember the gallant action of the Irish troops in the great war, and as they wear the Shamrock in honor of the land of their fathers, call to mind the gracious son of England's greatest and best beloved queen, Victoria, of blessed memory, who gave the command that the British troops who wore the uniform of "The widow of Windsor," should wear a knot of shamrocks on St. Patrick's Day, in honor of the valor of the Irish regiment in the South African war.

Efficient Housekeeping

BY Laura A. Kirkman

You Should Be Happy at Your Housekeeping.

"Unhappy Housekeeper," has written to ask me this question: "What do you think makes a housekeeper happiest?" My correspondent then goes on to say that she is not happy in her housework—that she drags from task to task with a leaden heart and, on most days, finds herself worrying over something her husband or children have said to her, "I hear people talk of 'enjoying life,'" she finishes her letter, "but I guess I'm too morbid or sensitive, or something, to enjoy life. It isn't that I'm overworked; for, my children help me all they can when high school is out. It's just that I seem to brood over things so easily."

Now, Reader Friends, this letter proves a point I am always fond of making—a point I have made repeatedly in this column; the point that a housekeeper needs a gripping interest outside of her housework, to keep her happy.

And it doesn't matter much what that interest is, so long as it is a thrilling one to that particular housekeeper! Some women find this absorbing interest in winter and executing those plans in Summer. Some women find it in making their own and their children's clothes. To other women, this enveloping interest lies in entertaining—in planning parties and putting the plans through, till others find it in club life, or in the work of some charitable organization.

Whether we realize it or not, we cannot be happy if we do not have a Dream. And by "A Dream," I mean some goal to strive toward—something through which I have made repeatedly in this column; the point that a housekeeper needs a gripping interest outside of her housework, to keep her happy.

So, if you want my answer to the question, "What do you think makes a housekeeper happiest?" here is it: "Having an Ambition!"

The woman who drags about her housework with no thought beyond the pots and pans, is bound to have a leaden outlook. But she who hustles through her work so that she can have time to spend on some occupation dear to her heart—she is the happy woman.

And, just incidentally, an ambition makes all the difference in the world in a woman's looks. Have you never heard the remark, "No, she's not beautiful but she has so much expression that she seems beautiful." It is a Dream that gives you this keen look. Only Ambition can make a "live wire" of you.

So, when the Reader who wrote me the above quoted letter, reads this article, I hope she will do as follows: take a steaming hot cup of coffee, curl her hair up in one corner of her davenport, and ask herself what interests her most in life beside her family and home. If her answer is, "I don't know," then begin a series of investigations to find out what proves of interest. For instance, try weaving. Many a woman has fairly wrapped herself up in the art of weaving, beginning by buying a simple hand loom on which she could make small pieces such as table covers, lengths for a hand-bag, or pillow-tops, then, later on, saving her money to buy one of the expensive foot looms on which rugs and portieres may be woven.

But, whatever you choose—choose it right away! Plunge into an interest, and you will be caught on the tide of it and swept on to the sea of contentment.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question. Be sure to use YOUR full name, street number, and the name of your city and state.—The Editor.

Egyptian law gave married women control over their own property.

LONG OR SHORT SKIRT.

The length of the skirt for the coming season and the length and the width of the sleeves are still fighting for their own. The fashion makers insist that the skirt shall be long (they, with their models, are wearing long skirts), but the American women are doing nothing of the sort, as yet. Will they come to it with a wild rush eventually?

The only things they will allow themselves now are the skirts with floating panels, and it is hard to tell whether they are long or short.

There are kimono sleeves, wide mandarin sleeves, sleeves made puffed and full sleeves gathered into flaring cuffs, and sleeves trimmed at the elbow falling below the wrist, all of which are the salient features of the new frocks.

In the matter of the waistline one places it where one wishes as more and more women take the matter of dressing into their own hands and adopt an individual style. Of all spring attire, the street dresses, worn without wraps, are the most interesting. They really form the foundation of my lady's wardrobe. Among those which have recently arrived in the Toronto shops are those of checked or striped homespun, of which Toronto has gone mad. They are made straight and plain, with large pockets, collars and belts of a contrasting shade. With these can be worn

"CASCARETS" 10c

IF SICK, BILIOUS, CONSTIPATED

More beans and doughnuts are being consumed in the United States daily.

Five less in the United States last year amounted to \$500,000,000.

Do You Know

That a questionnaire recently issued to thousands of college women asking what they read brought out the fact that the majority per cent. read the store advertisements?

Do You Know

What this means to you, Mr. Merchant?

It Means

That the modern young woman not only knows what she wants and when she wants it, but she knows, and is still learning, where to get what she wants.

The young girls just entering college learn to read the store advertisements from the seniors, and by the time they graduate they will know where to get what they want.

The graduates, entering into business or home management, will still read the store advertisements. They will take the best paper, it is this paper here, and the merchant who is telling them that he has what they want will get their patronage. They are efficient, time and labor-saving hunters, those youngsters, and if you want them for your own you'll have to show them that you have what they want when they want it—and also, that they want what you have.

Big thing, isn't it, what these young folks are reading? IMPORTANT TO YOU!

A Doctor's Vision Realized

Terests Product in World Wide Demand

The very month that the great war broke out, Dr. Robt. G. Jackson placed ROMAN MEAL, made in Toronto, on the Canadian market. Because it was a balanced food made from whole wheat and rye cut into little grains and blended with bran and flaxseed, the doctor dreamed of seeing it sold all over the English-speaking world. But war came and substitutes and wheat control swept ROMAN MEAL for a time almost from the market. Yet the demand has survived and to-day it is shipped to Britain, South Africa, Australia, and Hong Kong, Glasgow, Scotland, has recently had several carloads.

A \$5,000,000 corporation has been organized to market this Canadian product in the United States. Its Canadian sales are coming back by leaps and bounds, and Dr. Jackson's dream is fast being realized.

Cuticura Talcum

Always Healthful

SALADS FOR SPRING

If we cannot always change our salad material, we can change our salad dressings, which, after all, is the secret of pleasing variety. Only the very best materials of the kind called for in the recipe used will give the best results. To stir the dressing thoroughly and always the same way insures a smooth dressing. The materials of cold dressings should always be chilled before mixing. Hot dressings should be brought to the boiling point gradually, stirred constantly as they cook, and they should never be boiled rapidly.

If the best French olive oil is considered too expensive, it may be adulterated with the finest grade of cottonseed (Wesson) oil. Where the faint flavor of garlic is liked in salad, cut a bud and rub the inside of the bowl in which the mayonnaise is to be made with the cut surface. Or a "chapon" may be used for increased flavoring. This is a thick slice of bread stuck with six cloves, two cut buds of garlic, four peppercorns, and a teaspoonful of tarragon vinegar. Place the chapon under the salad in the bowl. Cut up the salad greens with sharp scissors in preference to knives.

PURITY "SALADA"

Is the Essence of all That is Best in Tea

"To Taste is to Believe"

BARNUM'S Specials BAKERY

TRY SOME OF THESE:

CREAM PUFFS, CHOCOLATE CUPS, CHOCOLATE ECLAIRS, ALMOND WAFERS, MACAROONS, MERINGUE DROPS.

THE HOME OF CHOICE CAKES AND PASTRY

And Now Comes Spring

With Airy Frocks and Smart Coats

Our Spring Frocks and Wraps are now ready for your inspection. The new vogues are so smart and colorful that one is actually bewildered with the rare loveliness after the rather sombre hues and severe modes of the winter season.

We're enthusiastic about this showing and are certain it will delight you. Call in and look them over. Cash or Credit System.

J. B. ABRAMSON

Telephone 1283J. 257 PRINCESS STREET

What the Editor Hears

That Barclay Shaw, Westmount, lately returned from Germany, says the women are depressingly ugly.

That Kingston motorists are taking advantage of the provincial highway and are motoring to Nanapanoe or Gananquoq for an afternoon run.

That pots of real Irish Shamrock are to be seen in the window of one Kingston florist, and are eagerly sought by Irishmen who despise the large trefol sometimes called Shamrock.

That Kingston housewives are glad to hear there is a prospect of getting their butter fresh from their own dairy school.

That there is a great deal of difference in the price of staple commodities in the Kingston stores, and the wise housekeeper will find out whether she is paying five cents more than she needs to before she gives her order for any article.

That Prof. P. G. C. Campbell's lecture before the Alliance Francaise on Wednesday evening was heartily with much interest.

Defoe, the author of Robinson Crusoe, sold women's stockings.

The Aryan Hindus, not the Arabs, invented Arabic numerals.

Love turns the crank and wealth lubricates the axle.

MAGIC BAKING POWDER

PRODUCT OF CANADA

READ THE LABEL

MAGIC BAKING POWDER

CONTAINS NO ALUM