

# NEWS AND VIEWS FOR WOMEN READERS

## Life's Social Side

Editor of Women's Page, Telephone 1724; Private phone 857w.

The dance held on Saturday evening at the Hunt Club, Montreal, by the C.A.M.C. Badminton Club in honor of the teams from Ottawa, Toronto, Halifax, Quebec and Kingston, who were in town for the tournament, was a most enjoyable affair. The guests were received by Mrs. Hanford McKee, who was gowned in black lace over satin with a girle of French flowers; Mrs. R. O. Alexander in a gown of cerise satin with over dress of cloth of gold; Mrs. Herbert Grier, in a royal blue satin gown over black satin, with a white ostrich feather fan; and Mrs. E. deB. Fane. An orchestra played for the dancing; bridge was played and there was a sit-down supper. Over a hundred guests were present.

Major and Mrs. George Vanier, who have returned to Ottawa from Kingston will take up house in the Rideau Hall grounds as Major Vanier will resume his duties as A.D.C. to Their Excellencies, the Governor-General and Lady Byng. Mrs. de Salaberry who was their guest here will remain with them for the present.

The engagement is announced of Miss Mary Graham Lewis, youngest daughter of the late Sir Frederick Orr-Lewis, Bart., and Lady Orr-Lewis of Whittebbs, Enfield, England, to Alan Graves, son of the late A. E. Graves, Waterford. Mr. Graves served in the Second Life Guards during the war and has since been attracted to the British embassy at Washington.

Miss Mowat, Johnson street, is entertaining at the tea hour on Friday for Miss Marjorie Henderson, Ottawa.

Mrs. W. H. Craig, Gore street, entertained at bridge on Tuesday evening, for Mr. and Mrs. Harold Hughes.

Miss Alice Moore, Earl street, is entertaining on Friday for Miss Claire Robinson, one of the March brides.

Mrs. J. F. Macdonald, Stuart

street, asked a few people to come in at the tea hour on Monday to meet Mrs. Workman, St. Catharines, who is a much feted visitor in town.

Mrs. A. W. Winnett, Bagot street, is entertaining at dinner on Thursday evening.

Mrs. Gullford B. Reed, Albott street, was the hostess of a small tea on Tuesday.

Mr. and Mrs. John L. Whiting, Clergy street, and the latter's sister, Mrs. Spencer H. Over, who has spent some time in town, left for Toronto today.

Miss Mary Kidd, Ottawa, who has been with Mr. and Mrs. F. A. Kidd, Stuart street, is now with her brother, Rev. W. E. Kidd and Mrs. Kidd, Wellington street.

Mrs. Bruce Hopkins, West street, has returned from Toronto.

Mrs. James de St. Remy and her baby, who have been with Miss McCormack, Centre street, leave for Regina on Friday.

Mrs. E. J. Adams, who was fortunately spending the week-end with her sister, Mrs. James Craig, Johnson street, will remain with her till her flat at Park View is renovated after Sunday's fire.

J. D. Morrice, Winnipeg, is the guest of his uncle and aunt, Mr. and Mrs. J. Hopkirk, Frontenac street. Rev. Banks Nelson, who spent the week-end with Mr. and Mrs. W. F. Nickle, Earl street, has returned to Hamilton.

Mrs. W. W. Gibson, Union street, has left for Oswego, N.Y., to visit her brother, Dr. Egerton Cays and Mrs. Cays.

Mrs. Stewart M. Robertson, Spdenham street, who has been visiting Mr. and Mrs. Hugh Robertson in Toronto, has returned to town.

Miss Macgillivray, who was the guest of Lady Macdonell at the Commandant Quarters, Royal Military College, has returned to Toronto.

Major A. B. Gillies and Mrs. Gillies, Ottawa, entertained at a delightful supper party after the Drawing Room on Saturday evening.

Mrs. Henry Joseph, of Montreal, had the honor of having tea with

## CORNS

Lift Off with Fingers



Doesn't hurt a bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly!

Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

Their Excellencies on Saturday at Rideau Hall, Ottawa.

Mrs. Wootton, Bangroft, is visiting her daughters, Miss Margaret and Miss Helen Wootton, Y.W.C.A.

Miss Helen Chown, who has been in Toronto is now with Dr. and Mrs. A. P. Chown, "Edgehill."

Miss Phoebe Lewis, Toronto, who is a frequent visitor in Kingston was in Ottawa with Rev. L. I. and Mrs. Smith for the drawing-room at the opening of parliament.

Miss Mooney, Lakeshore, who will spend some time in town is at the Y.W.C.A., Johnson street.

Miss Gladys V. Pennell, nurse-in-training on the American side, spent the week-end with her mother, and has returned to her duties again.

Miss Eva Abramson, who has been the guest for ten days of Miss Anne Holzman, Ottawa, has returned to her home in Kingston.

Mrs. Turner and children, Hamilton, are with her parents, Mr. and Mrs. Thomas Slater, Barrie street.

H. D. Bibby, Barrie street, has returned from his southern trip.

Miss Phyllis Strathy, who will be in town from Toronto for the R.C. H.A. symphony concert, will be the guest of Miss Imlach, George street.

Mr. and Mrs. John Donnelly, Earl street, who have spent some time in Florida, will return to town shortly.

Mr. and Mrs. E. H. Bickford, who have been in England and France, have returned to Toronto.

Miss Anne Minnes, who has been with her parents, Mr. and Mrs. Jas. Minnes, Bagot street, has returned to Toronto.

Mrs. Henry Joseph who has been in Ottawa for the opening of parliament has returned to Montreal.

The Park View afternoon tea will be served at the "Chateau Belvedere" until the damage by fire is repaired.

## Efficient Housekeeping

Making Your Own Soap.

I have received several letters from my Column Readers quizzing me on soap-making. The thrifty housekeeper saves all her beef suet, mutton tallow and pork fat until she has about a quart of it, then she chops it coarsely and "trips it out"—that is, melts it—in a pan in the oven or in the top of her double boiler. She then strains this melted grease through a piece of cheese-cloth laid in a wire strainer, pressing the scraps with a spoon to extract all the fat possible. To the liquid she adds twice its bulk of warm water and 1 tablespoon of salt, and puts this over the fire. When it has boiled for five minutes, she lets it stand in a cool place till cold. There will be a solid cake floating on the surface, and this is now carefully removed, wiped dry and stored in a cool place till there is enough more "tried out" fat to add to this and make soap.

Five pounds of fat is a good amount to collect before making your soap. The formula on the can of most brands of concentrated lye calls for six pounds of fat to a can of lye, but many housekeepers declare that they obtain more satisfactory results from combining five pounds of fat to a can of the lye.

The first step is to turn the contents of one can of concentrated lye into an old pot (not an aluminum one) and add 1 quart of warm water. The lye will become quite hot and should be allowed to cool before the fat is added to it.

While the lye is cooling, begin melting your five pounds of fat. When lukewarm it should be added to the cool lye. Stir with a long stick while you add the fat. Do not at any time touch the lye with your hands, as it will burn the skin.

The rule on the box of lye will tell you simply to combine lye and fat to get good soap; but the cleansing power of the soap as well as the odor will be much improved if you also add 1 cup of house ammonia and one-half cup of borax. Then stir 30 minutes, or until thick and pasty, and turn into pasteboard shoe-boxes. Before pouring the mixture into these boxes, stand the boxes in the sun and air—so that they will not have to be moved after the soap has

## Popularity Ever Increasing

# "SALADA"

Natural Leaf Green Tea is recognized, as the tremendous increase in the demand for it shows.

Try it to-day—You will like it

When put in them, Sun and air whiten and harden the soap. In about one hour the soap will be solid enough to cut into cakes, but it should then be left overnight before being taken from the boxes.

The secret of good soap-making lies in combining the right amount of fat and the right amount of lye. (Too much fat makes a greasy soap, and too much lye an acid soap.) Different kinds of grease—scraps saved here and there from mutton tallow, pork fat and beef suet—make it difficult for the house-keeper to strike the exact proportion of lye to add; but the above directions generally result in a soap that is at least usable. In soap-making, as in everything else, experience is necessary for perfect success. So, if you fail this time,

Bride Readers, don't give it up, for you will succeed next time. Tomorrow—Ways to Use Stale Bread.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question—The Editor.

It never rains on the unjust if he can get hold of the just man's umbrella.

## THE SHEPHERDESS

By Juanita Hamel



Who was it long ago first spoke of a man "casting sheep's eyes" at a girl? Who first smiled at a beautiful, popular woman and exclaimed: "Watch the silly men follow her like sheep!" There is something in the heart of every girl—the mothering spirit maybe—which makes her a shepherdess, looking after those who follow her and yet, strangely enough, never thinking of them as sheep.

Carefully selected and blended coffee-beans expertly roasted and ground produce delicious

# Rideau Hall Coffee

NOTHING ADDED NOTHING TAKEN AWAY  
SOLD IN TINS ONLY—BY ALL GOOD GROCERS

**BARNUM'S BAKERY**

TUESDAY THURSDAY and SATURDAY

**WHILE THE SEASON LASTS**

Cream Puffs, Chocolate Eclairs, Danish Pastry

THE HOME OF CHOICE CAKES AND PASTRY

## Do You Know

That a questionnaire recently issued to thousands of college women asking what they read brought out the fact that the majority per cent. read the store advertisements?

### Do You Know

What this means to you, Mr. Merchant?

### It Means

That the modern young woman not only knows what she wants and when she wants it, but she knows, and is still learning, where to get what she wants.

The young girls just entering college learn to read the store advertisements from the seniors, and by the time they graduate they will know where to get what they want.

The graduates, entering into business or home management, will still read the store advertisements. They will take the best paper, it is this paper here, and the merchant who is telling them that he has what they want will get their patronage. They are efficient, time and labor-saving hunters, these youngsters, and if you want them for your own you'll have to show them that you have what they want when they want it—and also, that they want what you have.

Big thing, isn't it, what these young folks are reading? **IMPORTANT TO YOU!**

## What the Editor Hears

That Miss Agnes MacPhail, M.P., wore a gown of black satin and lace with a crimson feather comb in her hair at the drawing-room at Ottawa on Saturday.

That several church and charitable organizations are giving St. Patrick's Day teas.

That Master Casimir Van Straubenzee, won the junior competition for

the Master's Shield at the Eglington Hunt Club, Toronto, on Saturday afternoon.

That the drawing-room at the opening of parliament in Ottawa, was one of the most brilliant functions ever held in Canada's capital.

## To-morrow's HOROSCOPE

By Genevieve Kamble

THURSDAY, MARCH 16

Conflicting forces dominate on this day according to the sidereal operations. While there is prospect of an important, if not radical change or journey, it will be wise to undertake this with a great degree of caution, as there may be strong menaces of fraud, deception or misrepresentation. Subtle and sinister forces hold sway under an adverse Neptune. Those in the employment of others are urged not to put their positions in jeopardy or to subject themselves to subtle attack or underhand dealings or intrigue. A friendly Saturn should bring permanent good.

There whose birthday it is may have a year of important change and travel, but they should be on guard against fraud or duplicity, and shun dangers from intrigue or conspiracy. A child born on this day, although talented, enterprising and original in thought and action, may not be wholly reliable unless carefully trained early in life.

"It always pays to advertise."

## Cuticura Soap

Imparts The Velvet Touch

Best for Baby Best for You



Baby's Own Soap so fragrant and refreshing

## Did you ever try Grape-Nuts?

with stewed prunes or peaches?

THERE isn't anything better for breakfast or lunch than a dish of Grape-Nuts, with cream or milk, and stewed prunes or peaches.

This delicious combination gives you the elements of a well-balanced food. For it contains not only the material needed to build tissue and furnish energy, but it also supplies fruit acids, that help keep the system in good order.

Go to your grocer today and order a package of delicious Grape-Nuts. You will find that it will digest more readily than most other cereals, and it will "stay by" you longer—because it's so richly nourishing.

## Grape-Nuts for Health

"There's a Reason"

