

Sunday Services in Churches

St. Paul's—Morning prayer, 11 o'clock. Preacher, Canon Fitzgerald, M.A. Sunday school, 3 p.m.; evening prayer, 7 o'clock. Preacher, Canon Fitzgerald, M.A. Pentecostal Tabernacle, 285 Queen street—Wm. Brown, evangelist from Glasgow, Scotland, 11 a.m. and 2 and 7.30 p.m., and each evening during week. All welcome. W.C.T.U.—The regular meeting of the Woman's Christian Temperance Union will be held in the Y. W. C. A. parlors, Johnson street, on Tuesday, March 14th, at 3.30 p.m. All ladies welcome. St. Andrew's.—Rev. John W. Stephen, minister. Anniversary services, 11 a.m. and 7 p.m., conducted by Rev. S. Banks. Nelson, D.D., of Knox church, Hamilton. Special music by the choir. A very cordial invitation is extended to all. Zion Presbyterian Church, Pine street—Rev. Edwin H. Burgess, minister. 11 a.m., subject, "The Calling of Matthew." Mat. IX 9. 7 p.m., Rev. J. C. Robertson, D.D., of Toronto, will preach. Seats free. Everybody welcome. Sabbath school 3 p.m. Chalmers Church.—Rev. R. J. Wilson, D.D., minister. Services at 11 a.m. and 7 p.m. In the morning Rev. Dr. J. C. Robertson, of Toronto, will preach. In the evening the minister will preach. Evening subject: "The Authority of Jesus." You are invited. Gospel Hall, Upper Princess street—Sunday, March 12th. Evangelist Harold Jones, a very interesting speaker, will take the evening service, 7 o'clock. His subject will be "Ants, Cones, Locusts and Spiders." Wednesday night, regular prayer meeting at 8 o'clock. Come early. Bethel Congregational Church, corner Barrie and Johnson streets.—A. Sidney Duncan, pastor. Services 11 a.m. and 7 p.m.: Sunday school 3 p.m., Dr. George C. Webb, Toronto, will speak Sunday evening. Prayer meeting, Wednesday, 8 p.m. You are invited. Calvary Congregational Church, corner Charles and Bagot streets.—Pastor, Rev. A. F. Brown, 144 Clergy street, Phone 1806 w. Sunday 11 a.m., topic, "No Condemnation," 3 p.m., Sunday school; 7 p.m., topic, "Ploughing." Monday, 8 p.m., Christian Endeavor, Wednesday, 8 p.m., prayer meeting. All are welcome. Queen Street Methodist Church, corner of Queen and Clergy streets.—Rev. Walter S. Lemmon, B.A., B.D., minister. 11 a.m., Rev. Manson Doyle, of the Methodist Church Department of Religious Education, 7 p.m., Rev. J. A. Waddell, 3 p.m., Sunday school, and Bible classes. Seats free. Strangers cordially welcomed. St. George's Cathedral—Second Sunday in Lent, 8 a.m., holy communion; 11 a.m., morning prayer, preacher, Rev. R. A. Hiltz, M.A., D.C.L., general secretary of Board of Religious Education, subject, "Problems in Religious Education." 3 p.m., Sunday schools; 4 p.m., holy baptisms; 7 p.m., evening. Preacher, Rev. W. E. Kidd. Subject, "I Address to Young People." Remember the mission, March 26th. Pray for it. Work for it. Princess Street Methodist Church.—Rev. J. A. Waddell, minister. Services 11 a.m., the minister, 7 p.m., Rev. T. A. Halpenny, B.A., B.D., superintendent of the Ontario Religious Education Council. Sunday school, 2.45 p.m.; prayer meeting, Wednesday, 8 p.m.; Women's Missionary Society, Thursday, 8 p.m. Strangers and visitors cordially welcomed. Cooke's Presbyterian Church, Brock street—Rev. T. A. Halpenny, of Toronto, will preach at 11 a.m. The minister, Rev. W. Taylor Dale, will preach at 7 p.m., when there will be special music, including anthem by choir, appropriate uarte and solo. A cordial invitation is extended to visitors and students. Sunday school, 11 a.m. and 3 p.m.; Bible class 3 p.m. St. Luke's Church, Nelson street.—Rev. J. de P. Wright, M.A., B.D., rector. Second Sunday in Lent, 11 a.m., morning prayer; 2.30 p.m., Sunday school and bible classes; 4 p.m., holy baptism; 7 p.m., evening prayer. Music—Anthem, "Even Me" (Warren), E. J. S. Wallwork taking the bass solo. Lenten service, Friday, 7.30 p.m. First Baptist Church, Sydenham and Johnson streets.—Rev. J. S. LaFlair, pastor. 11 a.m., Rev. Geo. T. Webb, D.D., Toronto, will preach. 2.45 p.m., bible school; 7 p.m., sermon theme (pastor preaching) "The Miracle Man." Union street church: 3 p.m., bible school, Y.M.C.A. secretary, will preach. Present Truth Hall, corner Princess and Montreal streets.—Song service, 7.15 p.m. Preaching, 7.30 p.m. Subject: "The Gloom of Gehenna." Where is the fire prepared for the Devil and his angels? Will God have a purified and stainless world? There are other questions concerning "Hell Fire" will be answered by Evangelist Joyce on Sunday night. Everybody welcome. St. James' Church, corner Union and Barrie streets.—T. W. Savary, rector, the rectory, 152 Barrie street. 8 a.m., holy communion; 11 a.m., morning prayer and litany; sermon subject, "Prayer, Its Hindrances." 3 p.m., Sunday school; 7 p.m., evening prayer and sermon. Preacher, Rev. R. A. Hiltz, M.A., D.C.L., general secretary, Gen. Board of Religious Education. First Church of Christ, Scientist, Johnson street, between Bagot and Wellington. Sunday school at 9.45 a.m.; Sunday services, 11 a.m. and 7 p.m. Subject, "Substance." Public reading room, same address, every afternoon, except Sunday and holidays, 3 to 6 o'clock and Thursday evening, from 7.30 to 8.30 o'clock. All are cordially invited to the services and to the reading room. Sydenham Street Methodist Church.—R. H. Bell, minister, will preach, 11 a.m., "Surrender in Prayer." Rev. Manson Doyle, secretary of Religious Education, The Methodist Church, will preach at 7 p.m. Social hour at the close. Bible school, 2.45 p.m.; classes: A. Shaw, 9.45; the pastor, 10.15. You are welcome to all. Easter Monday, April 17th. Concert in Sydenham street Methodist church. Artists: Edna Reed, tremulo, soprano; and Jean Chown, Kingston, contralto. Reserve the date.

Work Harder Than Merely "Enough"

By the Rev. Charles Steitzle.

You never do permanent damage to a running stream by damming it—you simply lift it higher. This is merely another way of saying that water is sure to find its level. It's the same way with a man. It has sometimes been roughly said that you can't keep a good man down; he is sure to get up again when beaten to the ground. But I like this figure of a "running stream." It's because it's actually on the move that the attempt to dam it just gives it more force. When a man's foes attempt to stop him it's a sure sign that he's going "somewhere to do something, or why should they try to hinder him, or And, if the thing he's planning to do should be done, it shall be done, even though he doesn't do it. Somebody else may finish the job, but he will have the comfort of knowing that he helped put it across. If there were no opposition, it would be a sure sign that the job isn't worth doing, because this would prove that everybody agreed about it; and what's the use of fighting for a thing that no one opposes? A dammed stream increases its depth. It ceases to be a shallow thing, without power. The fact is that men deliberately dam streams to produce power. A man, opposed, develops strength. He sees and feels and knows and becomes a better man. A man who has always had his own way, without opposition, develops into a snob, a bully, a weakling. Give me the man whose life has been dammed for the job that requires sympathy, heart, strength of character and superiority of soul. If you're "all balled up" and can't think straight, and if your ideas come slowly because your mind is tired of running on a single track—put away the particular job that troubles you, and tackle something else upon which your mind will work freely and spontaneously. Let your mind work in the path of least resistance—where you won't have to fight every step of the way. This isn't always the best thing to do, because the easy path breeds flabbiness—but if you're really done your level best, and your mind simply will not do its work, it's better to let up on the strain and come back when your mind is fresh and open. You can't do your best work with a closed mind, with wrinkles inside and outside. But the time that you spent puzzling out the task ahead of you isn't lost, because you've started trains of thought in your sub-conscious mind which will find their destination. Your mind will work in the night while you're asleep—it will marshal the facts and array the ideas and form new combinations that will give you what you've been struggling for. And perhaps when you awake tomorrow morning and come back to the unfinished job you will put your finger on just the idea, just the word, just the plan that your mind refused to find or you today. Every New Yorker has seen ferry-boats on the North and East Rivers swirling into their slips, after having forced their way against the strong currents. Instead of heading straight in, the pilot always takes his boat beyond the ferry slip because he knows that

secure ash trays for its smoking members, as the city council did. The educationalists do not permit smoking while they are in session, as the city fathers do. If that professor who went to Caledonia Mills, Nova Scotia, to solve the ghost scare could get a tank of Loughboro firewater, he would see the same things those newspaper fellows did. That month of evangelistic services is blamed for squelching the Kingston election protest trial. One of Ontario's judges is unfortunate in "getting in bad" with his court audiences. While a judge must be strict, he should also be a merry fellow and not crusty. After all the people of this country are sovereign. Why did Canada choose All Fools' day on which to formally recognize the Irish Free State? The Lamppan would excuse the Irish Self-Determination League of Kingston if it met and passed an indignant resolution. Queen's hockey club should engage that mesmerist fellow to attend to its players. Apparently he could make them play a game through without any training at all, by just telling them to go to it. Up on Alfred street the housewives are blamed for the unshowered sidewalks this winter, as it is claimed they should not have allowed their husbands to become slovenly. The Lamppan is told that Kingston's tax rate for this year may cause a surprise as it will not be nearly so high as the prophets have been predicting. Portsmouth is taking more interest in the Navy League since the flood of Tuesday, and is considering organizing a life saving crew and purchasing a punt. A certain Toronto newspaper is patting itself on the back because Margot Aquith, "the woman with the serpent's tongue," picked its article on herself as the best. But Margot chose the most flattering article, just as any woman would. There are men who have won medals and men who have won honorable mention, but there is another

Brock's Bird Seed advertisement featuring an illustration of a bird and text describing the product and its benefits for birds.

class of people who deserve to be honored, and that is the class who have endured through this winter with no work, practically no substance and accepted no aid. How they did it they alone know. They just endured and said nothing. To think of who never even enquire how their fellowmen are getting along or give more than is squeezed out of them. The class always giving and helping is "of the kingdom of heaven" and the other of the earth, and very earthy at that. THE TOWN WATCHMAN. Charged With Fraud. Montreal, March 11.—Warrants have been issued from the Montreal

Hood's Sarsaparilla advertisement with text: "Blood-Cleansing, Appetite-Making Strength-Giving" and "Hood's Sarsaparilla PURIFIES, VITALIZES AND ENRICHES THE BLOOD."

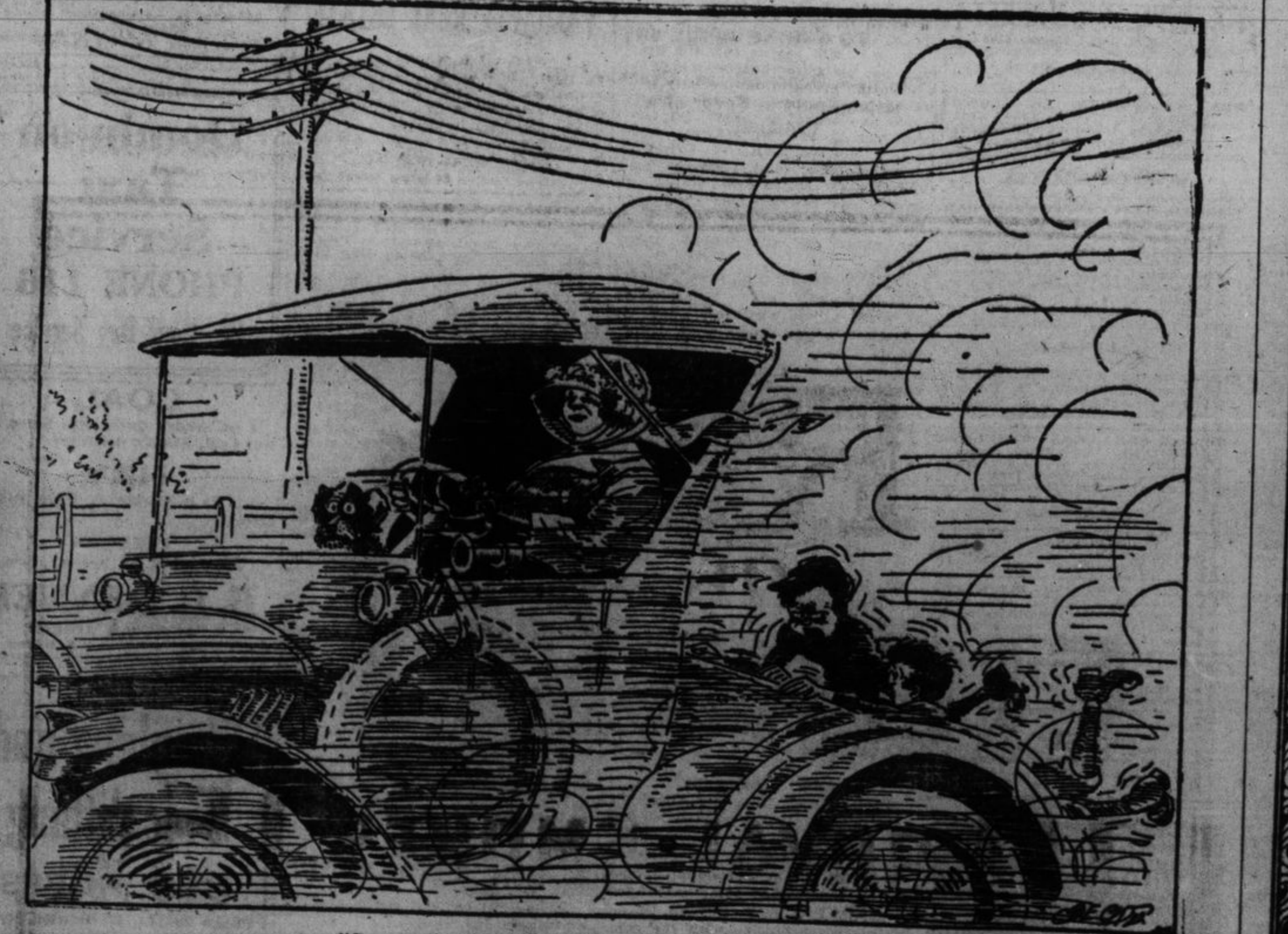
Copper Wash Boilers advertisement with text: "SPECIAL PRICE OF \$3.50" and "A chance to secure the only durable Wash Boiler at the price of a tin one. Only a limited stock on hand. Lemmon & Sons 187 PRINCESS STREET"

Dodd's Kidney Pills advertisement with a circular logo and text: "DODD'S KIDNEY PILLS ALL KIDNEY DISEASES RHEUMATISM BRUISES DIABETES BACKACHE"

THE MAN ON WATCH St. Andrew's church "chimes are also out of work. Premier Drury is not going to tighten up the O. T. A. That is not necessary. The O. T. A. looks just as shocking as a "tight man" as it is. Straw hats on one end and goggles on the other make the girls look real funny in March. The Board of Education will not

ECZEMA advertisement with text: "you are not experimenting with a cure you use Dr. Chase's Ointment for Eczema and Skin Irritations. It relieves at once and gradually heals the skin. Sample box Dr. Chase's Ointment free if you mention this paper and send 2c. stamp for postage. 60c. a box all dealers or Buchanan, Hales & Co., Limited, Toronto."

DOWN THE ROAD



"Gee, I'd hate to have to ride much in this tub"

THE MUTUAL LIFE of Canada advertisement with text: "Can you see yourself twenty years ahead? TAKE any baseball player that you know of—any of the famous league pitchers for example. How many years back does he date in the big league? How many more years has he coming? Whether in sport or business the years when life and strength are at the top-notch are few. Mutual Endowment Insurance gives a young man "a big lead" in the game of life. Mutual Endowment insurance is the best, especially for those desiring to accumulate capital. It is a compulsory savings system. It protects one's family for a specified term. It is also a very good investment. But it is particularly a good form of insurance for young men. The average young man has life, energy and money enough to carry such a policy. Twenty years later, the average man won't have life, energy or money to spare. Talk to our agent about the profit participating endowment policies in the Mutual Life. Under the participating plan you pay a little more in premiums at the start but less in the end, for the profits reduce the cost. Remember—there are no stockholders in the Mutual Life. The entire profits are allocated every year among the profit-participating policyholders—either in cash or reduced premiums or increased insurance, just as they prefer. Send for our folder on Mutual Endowment Insurance. S. ROUGHTON, District Agent Kingston, Ont."