

**FOR CHOICE MEATS**  
and  
**FIRST QUALITY WESTERN BEEF TRY**

**B. V. McGeein**  
232 PRINCESS STREET  
PHONE 1182

**NOTICE**

Churches, Sunday Schools and charitable institutions of all denominations will be supplied FREE OF CHARGE one evening each during winter with team and sleigh for driving party.

**Kingston Transfer Co.**

**DR. A. W. WINNETT**  
DENTAL SURGEON.

Corner of Johnson and Wellington Streets Phone 363

**Dr. Waugh**

Dentist

106 Wellington St. Phone 256

**Angrove's Repairs**

Scales, Talking Machines, Bicycles, Baby Carriages, Lawn Mowers, etc. We do repair work right and guarantee satisfaction.

197 Wellington Street.

**WATTS**

**People's Florist**

177 Wellington street.

Fresh flowers and plants daily. Funeral designs, and wedding bouquets to order. Phone 1763. lics., 1137.



Sold by

**W. R. McRae & Co.**

GOLDEN LION BLOCK.

**COAL**

Choice quality of Scranton Coal. No other kind sold by us.

**BOOTH & CO.**

Grove Inn Yard Phone 133

**FOR RENT**

Good seven room dwelling—moderate rent. Possession on April 1st, 1922.

**W. H. GODWIN & SON**

Real Estate and Insurance  
80 Brock Street Phone 424

**DID YOU EVER TRY**

Wagstaff's Ginger Marmalade, Wagstaff's Pineapple Marmalade, Wagstaff's Brandy Jelly. We also have a full line of other reliable makes of Marmalades, Jam and Jellies for sale at—

**BON MARCHE GROCERY**

Cor. King and West Streets  
Licence No. 5-37149  
Phone 1844.

**STOVES**

Quebec and Fire King Heaters and Gas Ranges, Ickle Plated Showers, Sinks and Toilet, Amber, Cement and Corrugated.

**L. Cohen & Co.**

275 Ontario St. Phones 836, 83.

**SO MANY PEOPLE ARE NERVOUS**

"Fruit-a-tives" the Greatest of all Nerve Remedies

**This Fruit Medicine Restores Health**

The increase in the number of persons suffering from Nervousness is world-wide; due, in a measure, to the reaction following the war. Sleeplessness, Headaches, Mental Depression, Rheumatism, Nervous Dyspepsia, Bad Heart Action, are the results of a disturbed condition of the Nervous System.

The nerves and the blood are so intimately, so vitally, connected that the condition of one is bound to affect the condition of the other. If the blood is laden with impurities, it is impossible to have strong, steady nerves.

The first essential in treating nervous troubles is to purify and enrich the blood. This, "FRUIT-A-TIVES" will do. "FRUIT-A-TIVES" stimulates the bowels, kidneys and skin and purifies the blood. "Fruit-a-tives" improves appetite and digestion and insures food being properly digested, thus enabling the blood to carry wholesome nourishment to build up the body, particularly the nerves.

Men and women who take "Fruit-a-tives" for some form of nervousness—because they cannot eat or sleep or work or enjoy life—say that this fruit medicine is simply marvellous in its action.

50c a box, 6 for \$2.50, trial size, 25c. At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa Ont.

**PIANO TUNING**

Piano Tuning and Repairing. Also Organ Work. All work guaranteed.  
**PETER D. BROWN**  
12 Markland St. Phone 2397m.

**DR. BELL'S SHAVING CREAM**

Brushes up quickly; creamy lather and retains its moisture.

300 shaves ..... 35c. a tube

**BUILDING?**

REPAIRS OR ALTERATIONS? Estimates given by

**O. Aykroyd & Son**  
21 Main Street. Phone 1670.

**A Bad Case Eczema All Over His Body—His Legs—His Arms Covered**

John Clark of Brockville, N. B., writes a story of great suffering in a few words. "I was tormented beyond words. I could not sleep. You could not put a pin on my whole body. I tried several doctors. They said it was scrofula. These dollar bottles of D. D. D. is all I need. I have not had a cure for five months."

**D. D. D. The Lotion for Skin Disease**

March is here and that means raw winds and colds and coughs.

**NYOL'S EMULSION CREAM** builds up the lung tissues and thus prevents Coughs, Colds, and sickness. Get a bottle now and you will enjoy good health. If it's NYOL'S it's GOOD.

**M. R. McColl**  
Prescription Druggist.  
Phone 82.  
Cor. Clergy and Princess Sts.  
P.S.—Nelson's Ice Cream Bricks and Eskimo Pie always on hand.

**PRODUCE PRODUCE PRODUCE**

We have just received a large assortment of  
**RENNIE'S, FERRY and STEELE BRIGGS**  
Garden and Flower Seeds  
Buy your Seeds now from—

**W. H. Cockburn & Co.**  
Princess and Wellington Sts.  
Phone 216.

The Brotherhood of Railroad Trainmen has 30,000 members and \$2,450,000 in its treasury.

**Kingston and Vicinity**

**Appointed Port Collector.**  
T. C. Maloney has been appointed collector of customs and excise for the port of Deseronto.

**Has Resigned at Picton.**  
Rev. Dr. A. V. Brown has resigned the pastorate of St. Andrew's Presbyterian church, Picton.

**Hard Day on the Snow.**  
The mild weather of Friday was hard on the snow, and a few more days of such weather will spoil the sleighing.

**To Meet in Belleville.**  
It is proposed to hold the next convention of the International Association of the Instructors of the Deaf, in Belleville in June 1922.

**Renewing Friendships.**  
H. H. Kohler, Toronto, is spending a few days in the city on business, and is also renewing friendships amongst his old Kingston friends.

**Announcement.**  
Bongard & Co. announce that Mr. James Shaw will continue their office at 239 Bagot street. Mr. H. J. Bourne has been transferred to the Toronto office.

**Open Air Rinks Affected.**  
Most of the open-air rinks in the city have fallen into disuse since the recent snowstorm, and the "kiddies" around the city are greatly put out as a result.

**Call to Oliver's Ferry.**  
A call to the Presbyterian charge of Oliver's Ferry and Elmsley has been accepted by Rev. D. J. Scott. He will be inducted at the Oliver's Ferry church on March 7th.

**To Preach in Stratford.**  
Principal Bruce Taylor of Queen's University is to preach at two services in Stratford on Sunday. During the week, Dr. Taylor has had a very busy time visiting a number of cities across the border.

**Prominent Summer Resident Dies.**  
John Patterson, Cherry Island, Alexandria Bay, N. Y., is in Philadelphia to attend the funeral of Mrs. J. H. Dawes, who owned a summer home at the Islands. Mrs. Dawes was well known in the summer colony.

**Change in C. P. R. Train Service.**  
"On and after Monday, March 6th, Train 618 will leave Sharbot Lake 5.05 a.m., instead of 4.30 a.m., and will be due at Kingston at 8.50 a.m., instead of 8.15 a.m."

**Milk Took A Drop.**  
There was another drop in milk on Friday. No, not in price, but the drop was due to the fact that a horse attached to a local milk vendor's rig ran away on Ontario street and all the milk was thrown out on the roadway.

**A Real Bargain.**  
We are going to offer for ten days only our made to measure blue serge suitings guarantee indigo regular value \$55 and \$60 for \$40. We guarantee first-class fit and workmanship. Prevost Clothing Store, Brock St.

**Approach Ice Crack Warily.**  
The residents of Wolfe Island approach the big "crack" in the harbor very warily now, as at this time of the year "air-holes" and other danger spots are quite common. If the present warm weather continues, the crossing will soon be far from safe.

**May Belle Marks Here.**  
May Belle Marks, the celebrated Canadian actress, arrived in the city on Friday and will put on the play "My Irish Rose" at the Grand Opera House on St. Patrick's day. Mrs. Marks is training a select cast from the best talent in Kingston. Rehearsals commenced today.

**The Thin One's Plea.**  
Folks say that if a person will eat Plenty of fat and plenty of sweet, All one's bones'll be covered o'er Thick as plush on the parlor floor. Well! I've tried with all my might, Napped all day and slept all night, Can't get flesh to come my way 'Spite of all the people say!

**To Stop Net Fishing.**  
The signatures of the residents are being secured to a petition to be presented to the Ontario government, asking that no net fishing be allowed in Coneseon Lake. The net fishing is depleting the waters of the fishy tribe and rendering the lake unattractive as fishing grounds for the residents and tourists.

**They Missed "Syl".**  
Rotarian "Syl" Grace was missed by the members of the Kingston Rotary Club at their luncheon on Friday, having left for his new position at London, Ont. This was the first meeting "Syl" had missed since joining the organization. The members of the club are extending their best wishes to Rotarian Grace in his new field of labor.

**Played to Capacity House.**  
The Rex Stock Company played to a capacity house at the Grand Opera House on Friday evening when it offered "Within the Law". Miss Zana Vaughn, who plays the leading role, made a great hit. The play will be presented again tonight.

**A Wedding Anniversary.**  
On Feb. 23rd, Mr. and Mrs. Freeman Talcott, Wellington Road, Pic-

ton, held a family reunion, this date being the anniversary of their marriage. A sumptuous dinner was served. The Talcott family and other relatives were present. Mr. and Mrs. Talcott have the congratulations of a host of friends who wish them happy years to come.



**HELENA MONILL**  
Famous opera star with Verd's beautiful opera, "Il Trovatore" at the Grand Opera House on Monday, March 6th.

**Was Ill Only an Hour.**  
On Feb. 17th, the death of Harold Herbert Helmer occurred at the home of his wife's parents, Greenbush, after an illness of only an hour. Death was caused by the rupture of a blood vessel in the brain. Mr. Helmer was twenty-one years old. His father, M. G. Helmer, lives on the Laird farm, Picton. Mr. Helmer was a fine young man. His wife who was Miss Reta Farrington survives, also a baby boy 8 months old.

**Golden Wedding.**  
Mr. and Mrs. Henry Dunning, Bloomfield, celebrated their golden wedding on Feb. 27th. Mr. and Mrs. Dunning were born in Somerset County, England. They were married in the town of Curry Rival. Their family of five, have all come to Canada to live and die. They have a daughter living in Hamilton, who sent the wedding cake, and another daughter, Mrs. (Dr.) Fullerton, who, upon her husband's death came to Bloomfield to live with her parents. Mr. and Mrs. Dunning are typical



**"You Are Working Too Hard, John"**

"WELL, I cannot help that. I am trying to figure out how the business is going to pull through and meet the liabilities with prices falling the way they have been lately."

"But, John, if anything happens to the business your health will be more necessary to you than ever, and you cannot afford to take chances of putting such a strain on your nerves. You are looking so worried and nervous, and you do not half sleep."

"What am I to do? You know I have got to keep plugging along and try to see things through."

"One thing you can do is to begin a treatment of Dr. Chase's Nerve Food. You know how well that brought me around when my nerves gave out and I was so miserable."

Mr. Charles E. How, R. R. No. 5, Aylmer, Ont., writes: "My system became generally run down, and I suffered from dull, heavy headaches. I was nervous, could not sleep at night, and my muscles used to twitch. My appetite became poor. I had indigestion and weak spells. I consulted a doctor, who gave me a tonic, but it did no good. I used other remedies, too, before finally trying Dr. Chase's Nerve Food. I found that this did me more good than anything I had ever taken."

Dr. Chase's Nerve Food, 50 cents a box, all dealers, or Edmanson, Bates & Co., Ltd., Toronto.

**Brock's Bird Seed**

Every Package of Brock's Bird Seed Contains a Copy of Brock's Bird Treat

If you do not own a copy of Brock's Book on Birds, don't miss this chance to get one.

You will never find "blue" in a home where a Brock's Bird Seed is used.

bright, little canary sings his cheery song. Your bird will sing if he is healthy. Proper feed will increase his vigor and improve his voice. Success with birds depends on getting the right kinds of seeds and in proper proportions. Brock's Bird Seed is a perfect bird food. Brock's makes birds sing; bird fanciers have used it for 25 years. Brock's Book on Birds contains 228 pages, 40 illustrations, explains food, diseases, and treatments. Regular price, 25 cents. As proper feeding and care of birds are vital to success, we want every owner of a canary to have a copy of this book and so make this special offer—Fill out the coupon, enclosing ten cents and we will send you a copy of Brock's Bird Book, also a FREE PACKAGE containing one week's supply of Brock's Bird Seed, and a copy of the famous Brock's Bird Treat.

**NICHOLSON & BROCK**  
Market Street, TORONTO, ONT.

**Used Iron Pipe**

Black and galvanized Iron Pipe, elbows, tees, nipples, etc., for plumbing. Almost as good as new. Attractive prices.

**S. ANGLIN & CO.**

Woodworking Factory and Lumber Yards, Bay and Wellington Streets, KINGSTON, Ont. Office Phone 66. Factory Phone 1415.

**ROYAL OAK GREETS 1922**  
with a better tire than ever. The new Royal Oak, 30x3 1/2 fabric tire; weight, 16 pounds; mileage 4,000 miles (backed by the company); price, lower than ever before. See them before buying at—  
**EASTERN CANADA MAXUMIRE & HUBER CO.**  
A. NEAL, Manager 284 Ontario Street. Phone 2050.

**FOR SALE**

Brick House on Brock Street, near University Avenue; all improvements. Price ..... \$6,000  
Frame House, Quebec Street; improvements; also barn and hen house. Price ..... \$3,000  
Brick House, Princess Street; all improvements ..... \$6,000

**M. P. TRUMPOUR**

237 Bagot Street 'Phones 704 or 1461w

**FURS**

**Gourdier's**  
BROCK STREET

**WINTER OVERCOATS**

MEN and YOUNG MEN'S NEW MODELS—BEST VALUES

**\$25.00, \$28.00 \$35.00, \$38.00**

**TWEDDELL'S**

131 Princess St.

(One door below Randolph Hotel)

**TO-NIGHT**

The New Apron Dresses—a big variety of colors and patterns; nicely made; all sizes. For ..... 98c. each

Women's Bloomers—pink only—all sizes. For ..... 39c. a pair

Women's Black Cashmerette Stockings, good, strong wearing qualities; 9, 9 1/2 and 10. 35c. a pair, 3 pairs \$1.00

Pillow Cases, all ready for use—good, deep hem and strong quality Cotton. Sizes 40", 42", 44". For ..... 35c. each

**W. N. Linton & Co.**

Phone 191. The Wadron Store.