

# NEWS AND VIEWS FOR WOMEN READERS

## Life's Social Side

Editor of Women's Page, Telephone 1724; Private phone 857w.

Mrs. Henry Joseph entertained at a dinner at her residence, on Mountain street, prior to "The Revue of 1922", at the Ritz-Carlton. Her guests included Lady Elizabeth Byng, Lady Mary Byng, Capt. the Hon. W. G. H. Jolliffe, Miss Rachel Alban, Mrs. J. K. L. Ross, Mrs. Frank Mettchen, Mr. A. F. Sladen, Mrs. A. H. Smith, of New York, Col. and Mrs. Hugh Walker, Dr. Carl Ford and Mrs. John Carthra, of Toronto.

The Toronto Garrison Badminton Club are going to Montreal on March 9th, to play the C.A.M.C. Badminton Club for the Toronto trophy which the latter club won at Kingston, Ont., last year. The big badminton tournament is to take place on Friday and Saturday, March 10th and 11th in Montreal.

Miss Millie Ferris, Albert street, was the hostess of an exceedingly pleasant bridge of three tables on Monday afternoon, when the prizes were won by Mrs. A. W. Winnet and Mrs. James Rigney. At the tea hour, Mrs. Hansford Hors made the tea at the charmingly arranged table in the dining room, where daffodils in a crystal bowl set in soft tulle breathed forth their message of spring.

Rev. J. G. Potter and Mrs. Potter, Montreal, announce the engagement of their daughter, Florence Jean, to Orrin B. Rexford, son of Rev. Dr. E. I. Rexford, and Mrs. Rexford. The marriage will take place the middle of April.

Mrs. J. F. Preston, "The Winston", was the hostess of a small tea on Monday for Miss Elisabeth MacLaren, St. John, who is the guest of Mrs. G. Hunter Ogilvie.

Mrs. R. J. Wilson, Union street, gave a pleasant party for Miss Isabel Wilson on Monday evening. Tea, dancing and games filled in the happy hours that flew all too rapidly.

Mrs. Donald MacPhail, King street, asked a few people to come in at the tea hour on Monday to see the lovely presents received by Mrs. Douglas Chown.

Mrs. R. W. Rutherford, Stuart street, entertained the bridge club of which she is a member on Monday afternoon.

Mrs. E. W. Mullen, Johnson street, entertained at bridge on Monday afternoon.

Dr. S. A. Aykroyd returned to the city on Monday from an extended visit at Westmount, Que.

Miss Harriet Gardiner, "The Chestnut" is entertaining the bridge club this afternoon.

Mrs. Kenneth Perry, Royal Military College, gave a small tea on Monday afternoon.

Mrs. Philip Dimoulin, Sydenham street, is entertaining at tea this afternoon.

Emmerson Brooks, attending Queen's University, spent the weekend with his parents, Mr. and Mrs. E. Brooks, Ottawa.

Prof. and Mrs. M. E. Baker are leaving on Wednesday for Ottawa.

where the professor will attend the sessions of the Canadian Mining Institute.

Frank Lally, Cornwall, who spent Sunday with his sister, Mrs. William Cook, Rideau street, has returned home.

Mr. and Mrs. Wilbur Chown and Miss Olive Chown have been with Mr. and Mrs. Oliver Chown, University avenue, have returned to Guelph.

Miss Edith Mowat, who has been in town with Mrs. Ramsey Duff and the Misses Mowat, returned to Ottawa on Monday.

Mrs. St. Pierre Hughes, Ottawa, is visiting her daughter, Mrs. John Growski, in Montreal.

Dr. and Mrs. Alexander Primrose have returned to Toronto.

Mrs. H. M. Harrison, who was with Mrs. Charles Taylor, returned to Toronto on Monday.

Mrs. E. J. F. Williams, Brockville, is with her parents, Col. Charles S. and Mrs. Spooner, Frontenac street, on her way home from Toronto.

Miss Charlotte Whitton, who has been a much feted visitor during her short stay in town, returned to Toronto on Monday.

Rev. A. E. Smart, Tweed, was a visitor in town on Monday.

Miss Katherine MacPhail returned to Montreal today.

Mr. and Mrs. Roscoe Scott, Winnipeg, are visiting the former's parents, Mr. and Mrs. W. H. Scott, Division street.

Mr. and Mrs. D. G. Laidlaw, Earl street, have returned from Bermuda.

Miss Florence Gray and Miss Elizabeth Smith, Earl street, who spent the week-end in Toronto, have returned to town.

Mrs. W. G. Minnes, Collingwood street, has returned from Lindsay.

Miss Lois Taylor, the Principal's Residence, has returned from Toronto.

Mrs. Louis May, who was in town for the Chown-MacPhail wedding, has returned to New York.

### EXECUTIVE OF NATIONAL COUNCIL OF WOMEN

Miss Lilian Mowat who represented the Local Council of Women at the meeting of the national executive at Ottawa last week, has returned to town with some interesting side lights on the meeting at which distinguished women from coast to coast of Canada were present. Major Phet, who welcomed the women to the Capital, says his father was a member of the Local Council of London, a society with no women members wishing to affiliate. Mrs. Boomers made Mr. Phet's first welcome among the ladies. Mrs. W. E. Sandford, who has recently returned from Europe brought greetings from the councils of Great Britain, France, Italy, Holland, Belgium, Denmark and Sweden, and was present at the annual meeting of the Italian council which she herself organized as the Council of Rome and which now has twenty-two local councils. Miss Joan Arnold, Toronto, gave a splendid address. A reception was held at the Y.W.C.A. after an address on "aircraft" by J. A. Wilkins at which a large number of prominent Ottawa people were present. Several new councils were reported, Sudbury, Stratford and the Salvation Army ask for affiliation. The executive for



### Answered Letters.

"Just a Little Girl": "How can I take the gloss off the back of my black serge dress?"

Answer: Write a piece of cheese-cloth out of water containing a few drops of ammonia and sponge the shiny surface thoroughly with long, straight sweeps of the arm. Then press under a damp cloth. Sometimes, however, the only successful method of removing this gloss is by rubbing the material with a little fine-grained sandpaper. Write again if I can help you. I love to have my young readers write to me, as well as the grown-ups.

A Man Reader: "It was a real pleasure to read your story of 'Amadama' bread. It is not possible to produce old-time breads with our modern milled cornmeal and white flour, also it is not possible now-a-days to buy molasses anything like the old-time product. Those who have a good hand-mill can grind their own grain even-yet. But your amadama bread recipe is well worth preserving. A combination of dark and light brown sugar made into sirup will, I find, give a flavor and sweetness close to the old open-kettle molasses."

Answer: Thank you for your letter. I always appreciate it when a reader is sufficiently interested in one of my articles to write me about it. And I am sure my other readers will appreciate the brown sugar hint.

Lorraine and M. R. M.V.: I am sorry you did not write me well in advance of your party, so that I could print my reply before the date you wished to give it. But I am sure that it was successful without my help, for your idea regarding the refreshments were just right.

Recent Bride: Is there any difference between a pot roast and a pot pie?"

Answer: Yes, so much difference, in fact, that the only thing similar is

the word "pot"! On Friday I shall publish some pot roast recipes, and next Monday some pot pie recipes. Watch for them.

Answer to "Mrs. J. A.": "A Reader", "Mrs. C." and five others: To Candy Any Fruit or Vegetable: Wash, pare if necessary, and cut in small sections; drop these into a sirup made of 1 cup of granulated sugar and 1-3 cup of water, which you have boiled until it "spins a thread." Let the fruit or vegetable pieces cook in this sirup transparent, then drain and lay on a baking pan; dry in a slow oven, finishing on top of range over mild heat. Roll the pieces in dry granulated sugar. (Fine for apples, peaches, cherries, pears and carrots, especially.) To give a ginger flavor, add a few roots of ginger to the sirup before adding the fruit or vegetable.

To Candy Pineapple: This can be done as above directed, or as follows: After cutting in small pieces, weigh, add 1 cup of cold water for each pound of fruit, and cook till tender. Then remove fruit, add to the water 1 pound of sugar for each pound of fruit (previously weighed) and boil down this sirup one-third, then put fruit in it and cook till transparent. Again remove slices, cook down sirup to candy stage, and pour over the fruit slices. Dry in a warm place and sprinkle with granulated sugar.

Tomorrow—Cooking for One. All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question.—The Editor.

### DYE FADED WRAP SKIRT, DRESS IN DIAMOND DYES

Each package of "Diamond Dyes" contains directions so simple any woman can dye or tint her old worn, faded things new. Even if she has never dyed before, she can put a rich, fadeless color into shabby skirts, dresses, waists, coats, stockings, sweaters, coverings, draperies, hangings, everything. Buy Diamond Dyes—no other kind—then perfect home dyeing is guaranteed. Just tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton, or mixed goods. Diamond Dyes never streak, spot, fade, or run.

The coming year is, president, Dr. Stowe-Gallen; vice-presidents, Mrs. W. E. Sandford, Lady Gibson, Lady Taylor, Mrs. Willoughby Cummings, Mrs. Adam Short, Mrs. Gordon Wright, Mrs. Arthur Murphy; corresponding secretary, Mrs. H. Parsons; recording secretary, Mrs. Harry Carpenter; treasurer, Mrs. E. Thorburn; standing committees citizenship, Mrs. Twiddle; education, Dr. A. E. Marty; equal moral standing, Dr. Margaret Patterson; fine arts, Mrs. Dignan; emigration, Mrs. E. Thorburn; law, Mrs. O. C. Edwards; mental hygiene, Mrs. Stoad; League of Nations, Mrs. Clement; public health, Mrs. Smallie; national recreation, Mrs. Malcolms; suppression of objectionable printed matter and films, Mrs. John Macgillivray; taxation, Mrs. E. M. Murphy; professions of women, Mrs. Lewis.

### CURTAINS PLEASING TO EYE

Side Draperies Should Be of Tints of Gayly Mixed Material in Keeping With Finish.

Side draperies on a window tend to shut out both light and air, so they really are not desirable. A room, especially a colonial room, done in soft colors calls for a note of bright color near the window. The newest way to obtain this without the use of over-drapery is to make your curtains of a plain net and then embroider them in gayly colored wool. Bright, old-fashioned flowers lend themselves to this purpose.

If you have never tried embroidering with coarse wool you will be surprised to see how quickly the flowers grow under your fingers. A good way to get a design is to adapt one from a piece of chintz you happen to fancy. You can get both the outline and the coloring from chintz or cretonne. Another way to get a note of color in your curtains is to select a net with a large design and outline the figures in colored wool. If the room is blue and white get a white net with black design in it and outline the blocks in blue wool. Or if the room is done in soft wood, tones of brown and tan, you can use ecru net and orange wool. Cream net and green wool make another charming combination.

Using water at nearly boiling temperature holding certain chemicals in solution a machine has been invented for quickly removing paint from vehicles that are to be repainted.

### What the Editor Hears

That many of the audience waited for the national anthem to be played at the Fionnsley concert in Grand Hall last week and are asking why they waited in vain.

That a man who insults young girls going home from their work at six o'clock, has appeared on West street.

That some householders even the sextons of some churches, are very careless about shovelling their walks. If you can't do it yourself, get a man from the employment bureau.

That children's clothes are badly needed at the community rooms.

That the spring hats are appearing in the shop windows and are very attractive.

That pancakes were eaten for breakfast in many homes on Shrove Tuesday.

That all good wishes from the women of the empire go today to the girl bride at Westminster Abbey.

### GIRLS! LEMON JUICE WHITENS RED HANDS

Squeeze the juice of two lemons into a bottle containing three ounces of Orchard White, which any drug store will supply for a few cents, shake well, and you have a quarter-pint of harmless and delightful lemon bleach lotion to soften and whiten red, rough or chapped hands. This home-made lemon lotion is far superior to glycerine and rose water to smoothen the skin. Famous stage beauties use it to bleach and bring that soft, clear, rosy-white complexion, because it doesn't irritate.

### Prevention is Better Than Cure.

Spring is the season when there is most danger of infection from bacteria. Milk is one of the danger points. Hemlock Park Dairy sends out the purest milk on the market in Kingston. You can buy it at a moderate price and feel you are making your family safe from one source of danger. Phone 221w.

An imitation milk made from peanuts so closely resembles the real article that it turns sour and curdles, produces buttermilk when churned, and can be made into cheese.

Fifteen thousand German spies were operating in France in 1914.



ANY kind of cake, from a simple sponge to an elaborate marble cake, can be made irresistibly delicious with an icing of FRY'S Baking Chocolate. It will gain in nourishment as well as in appetizing qualities, for FRY'S Baking Chocolate is very rich in food properties. FRY'S comes in powder form, ground very fine, so that it is most convenient, quickly prepared, and easily digested. Get a tin of FRY'S Baking Chocolate and let your family enjoy an exquisite "chocolate cake" tonight.

"Of course, remember, nothing will do but FRY'S"

### To-morrow's HOROSCOPE

By Genevieve Kemble  
WEDNESDAY, MARCH 1ST  
This day is read as fortunate in most particulars, according to the science of astrology. There should be unusual activity in all lines of endeavor, with new and bold projects under propitious planetary rule, and with the facilities pitched to a high point and the energies dominant and aggressive. Notwithstanding this, the health should receive special attention, lest it prove a retarding influence. There may be opportunity for beneficial change, and those in the employment of others are under a rule indicative of advancement or favors. Some disappointments or delays may be encountered. Those whose birthday it is have the forecast of an important year with the prospect of change or promotion. All matters should thrive if only the health is not allowed to be a disturbing force. A child born on this day, although energetic and resourceful, may have many things to

### Prevention is Better Than Cure.

There can be nothing simpler than taking a convenient little tablet four times each day until your weight is reduced to normal. That's all—just purchase a case of Marmola's Prescription Tablets from your druggist for one dollar, the same price the world over. Follow directions—no starvation dieting or tireless exercising. Eat substantial food—be as lazy as you like and keep on getting slimmer. And the best part of Marmola's Tablets is they are harmless. That is your absolute safeguard. Purchase them from your druggist, or send direct to Marmola Co., 4613 Woodward Ave., Detroit, Mich.



The ideal soap for toilet and bath. Soothing to even a baby's skin. Try it to-day.  
INFANTS DELIGHT IT'S WHITEST TOILET SOAP  
Mail heretofore transported by river steamer between two important cities in Colombia in from one to two weeks, now is being carried by aeroplane in from 24 to 30 hours. Of English invention is a device in which photography plays an important part in the carving of objects in low relief upon soft materials as alabaster, ivory and wood.

## Glaxo

The Super-Milk  
"Builds Bonnie Babies"  
Glaxo is sold by Druggists throughout Canada.  
Sole Agents for Canada  
Harold F. Ritchie & Co., Ltd., 10 McCaul St., Toronto

## The Electric Bakery

AT MARBLE HALL  
Is now turning out the finest pastry.  
Call and inspect our select assortment of Delicacies, which we feel sure will more than meet with your satisfaction.  
See our window display.  
Geo. Masoud  
238 Princess Street - - - Phone 980.

## A Better Day Than Yesterday

Each day should be a better day than yesterday—better health, better work, better play. But this depends largely on whether the mind is fettered by food follies or brightened by a breakfast that is warm, satisfying and nourishing. Start the day right by eating

# Shredded Wheat

With HOT Milk

the food that puts warmth and pep into the body on the coldest days. Shredded Wheat is rich in heat-making, tissue-building elements and it is ready-cooked and easily digested. A breakfast of Shredded Wheat with hot milk lays the foundation for a successful day. It is a boon to busy housewives and solves the breakfast problem in Winter.