FIFTEEN BOILS ON NECK AT ONE TIME

Any one who has suffered from boils can sympathize with poor old Job.

There was no Burdock Blood Bitters in those days, so Job had to suffer in silence. Now-a-days no one need endure the misery of boils.

Boils are simply evidences of the bad blood within coming to the surface and just when you get rid of one, another seems ready to take its place and prolong your misery.

All the poulticing and lancing you may do will not stop more coming.

What you have to do is take

BURDOCK BLOOD BITTERS

and the blood will be cleansed of all its impurities, and then every boil will disappear.

Mr. Roy McSwain, High Bank, P. E. I., writes:—"I was troubled with boils for some time, and had as many as fifteen on my neck at once. After taking one bottle of Burdock Blood Bitters they commenced to get better, and after I had taken two bottles I was relieved of them and felt much better. I think B. B. B. is a grand blood medicine, and can recommend it highly."

For the past 45 years B. B. B. has been manufactured only by The T. Milburn Co., Toronto, Ont.

TRY MAGNESIA FOR STOMACH TROUBLE

It Neutralizes Stomach Acidity, Prevents Food Fermentation, Sour, Gassy Stomach and Acid Indigestion.

Doubtless if you are a sufferer from indigestion, you have already tried pepsin, pancreatin, charcoal, drugs and various digestive aids and you know these things will not cure your trouble—in some cases do not even give relief.

But before giving up hope and deciding you are a chronic dyspeptic just try the effect of a little bisurated magnesia—not the ordinary commercial carbonate, citrate, oxide or milk, but the pure bisurated magnesia which you can obtain from practically any druggist in either powdered or tablet form.

Take a teaspoonful of the powder or two compressed tablets with a little water after your next meal, and see what a difference this makes. It will instantly neutralize the dangerous, harmful acid in the stomach, which now causes your food to ferment and sour, making gas, wind, flatulence, heartburn and the bloated or heavy, lumpy feeling that seems to follow most everything you eat.

You will find that provided you take a little bisurated magnesia immediately after a meal, you can eat almost anything and enjoy it without any danger of pain or discomfort to follow and moreover, the continued use of the bisurated magnesia cannot injure the stomach in any way as long as there are any symptoms of acid indigestion.

GRAND TRUNK RAILWAY SYSTEM

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REGULAR SERVICES

Portland—Halifax—Glasgow
From Portland — From Halifax
Mar. 30 .....Cassandra .....Apr. 1
Apr. 13 .....Saturnia .....Apr. 15

Montreal to Glasgow
May 5|June 2|June 30 .....Cassandra
May 19|June 16|July 14 .....Saturnia
June 23|July 21|Aug. 18 .....Athenia

Halifax, Londonderry, Glasgow
Mar. 6 .....Algeria

Halifax—Plymouth—Cherbourg and Hamburg
Mar. 9 .....Saxonia
Apr. 10 (omits Cher. call) .... Caronia

CUNARD CANADIAN SERVICE
SUMMER SAILINGS 1922
MONTREAL TO LIVERPOOL
May 6|June 10|July 15 .....Albania
May 20|June 24|July 29 ..Tyrrhenia
July 8|Aug. 12|Sept. 16 .....Ausonia

Montreal to Plymouth, Cherbourg and London
May 13|June 17|July 22 ....Andania
May 27|July 1|Aug. 5 .....Antonia

N. Y.—GLASGOW (via Moville)
Mar. 4|Apr. 8|May 12 .....Algeria
Mar. 17 .....Assyria
Apr. 29|May 27|June 24 .....Columbia
May 6|June 3|July 1 .....Cameronia

N. Y. to Q'town and Liverpool
Feb. 18|April 1 .....Albania
Feb. 25|Mar. 22|Apr. 26 .....Scythia
Mar. 11*|Apr. 6 .....Cameronia
Apr. 19|May 17|June 14 .....Carmania
May 10|June 7|July 5 .....Samaria
* Also calls at Glasgow.

N. Y., Cherbourg, Shapton
Feb. 7|Feb. 28|Mar. 21 .....Aquitania
Apr. 4|Apr. 25|May 16 ....Mauretania
May 30|June 20|July 11 ....Berengaria

N. Y., Plymouth and Hamburg
Apr. 8|May 13|June 17 .....Caronia
Apr. 18|May 25|July 1 .....Saxonia

N. Y., Ply., Cherbourg and Hamburg
Mar. 7 .....Saxonia

Boston to Londonderry, Liverpool and Glasgow
Feb. 4|April 18|May 23 .....Assyria

Boston—Liverpool—Queenstown
May 3|May 31|June 28 .....Laconia

N. Y., New Bedford, St. Michaels, (Azores), Lisbon, Gibraltar, Patras, Dubrovnik and Trieste
From N. Y. — From New Bedford
Mar. 17 .....Italia .....Mar. 18

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THE ROBERT REFORD CO., LIMITED
GENERAL AGENTS
80 KING STREET EAST
TORONTO, ONT.

The old-fashioned boob who was always trying to get in on the ground floor has a son who is forever trying to get into the cellar. More revision downward!

If daughter only spent as much time over the kitchen sink as she does before the mirror mother would not need to use so much paint to hide the wrinkles.

TO MAKE BOY WELFARE KIWANIANS' OBJECTIVE

The Club Addressed by District Governor Hay and Secretary Murray.

By a standing vote, the Kiwanis Club unanimously decided to make its objective the welfare of the underprivileged boy, at the weekly luncheon in the Hotel Frontenac on Monday. This action followed two eloquent addresses on the subject by Rev. Hay, district governor, and Hugh Murray, secretary-treasurer, a motion being moved by Kiwanian R. J. Wilson, and seconded by Kiwanian Richard Joliffe, both of whom strongly urged upon the club the desirability of taking up the boy problem in an effort to make good citizens of this country.

Noble Steacy presided, and during the roll call the guests announced were Stewart Anderson, Jack Higgins, Rev. Ben Spence (Toronto), the two district officials, and Dr. John Broom. Reginald Crawford of R. Crawford and Company, coal dealers, was the booster. "Reg." was introduced by Harvey Milne, who told of his many excellent qualities, not the least of which was his generosity of heart as revealed by the prize winners, for "Reg". made a very substantial grant to the unemployment relief in the form of coal, an article that is appreciated in the month of February, in addition to providing a dust-pan as a souvenir to each member of the club. The prize winners were R. J. Wilson, James Armstrong and George Bawden, and the prizes were orders for one half a ton of coal each to turn over to H. C. Nickle for the relief committee

Hugh Murray was the first speaker, and he told of the objective that was engaging the attention of the London, Galt, Ingersoll, St. Thomas, Kitchener and Montreal clubs, namely a definite programme for the benefit of the underprivileged boys in their respective cities. He pointed out how boys suffer from many handicaps in every community, many of them being without parents and others lacking in suitable clothing and home comforts as well as being deprived of the opportunities for healthful development b reason of unfavorable environment. There was a great field in every city awaiting the touch of human interest. Much good work was already being done, not only in respect to delinquent boys but among all classes of boys. There are already 500 boys in Canada receiving attention by Kiwanians 200 of them being in Ontario. He urged the Kingston club to take up this work.

Kiwanian Hays gave a most eloquent exposition of "Kiwanis" which placed all members under personal obligation to render his very best service in everything calculated to benefit his home, his community, his country and his fellow man. "A real Kiwanian," said he, "is a man who can look his fellow member fair in the eye and know that he has and is living the Golden Rule." He pointed out the many ways in which boys are benefited by contact with men interested in them, and told of the response to the best influences.

A hearty vote of thanks was tendered to the speakers on the motion of Elmer Davis. The following committee was appointed to conduct a survey of the city and report at the next meeting: Elmer Davis, convener; A. B. Cunningham, B. N. Steacy, Frank J. Hoag, Hugh C. Nickle, Rev. Dr. R. J. Wilson, Murdock Johnston.

Percy Borland reported that the dance committee had completed arrangements for the charity ball in the city hall on Feb. 22nd. Harvey Milne reported for the sick committee and announced that William Cook, confined to hospital for some weeks, was much improved.

HOCKEY AT ODESSA.

A Social Event Held in the Hall on Friday Evening.

Odessa, Feb. 6.—The hockey teams played a few exhibition games last week. Monday afternoon, the high school and the public school teams met. The score was 2-1 in favor of the public school boys. Wednesday afternoon, Westbrooke team played here. The score was 2-1 in favor of Westbrooke. Saturday afternoon the High School team played at Yarker and the Yarkerites took the honors.

Mrs. Ralph Benjamin is visiting relatives in Watertown, N. Y. Mrs. Donald Thompson received the sad news that her sister, Mrs. John Gardiner had passed away at her home in Watertown, and she left at once to attend the funeral. A baby boy arrived last week to make his home with Mr. and Mrs. Joseph Lawlor.

Almond Madden, Napanee, spent a few days with Mr. and Mrs. John Schermerhorn last week. Mr. Brown, Stella, was the guest of Mrs. O. D. Lewis, last Wednesday. Miss Lena Burley, who has been visiting her mother, Mrs. Henry Burley, returned to Belleville last Thursday. Lieutenant Cope has returned from spending a few days with her parents, Mr. and Mrs. Cope, Toronto. Joseph Lawlor and daughter, Miss Lizzie Lawlor spent a few days in Ennisville last week, guests of Mr. and Mrs. James Burns. Mrs. John Mancur returned Wednesday from spending five weeks with relatives in Toronto. Mrs. N. E. Adams spent the week-end with relatives in Kingston.

The second of the series of social dances was held in the township hall Friday night. The music was furnished by the Enterprise orchestra.

The exchange girl may not be able to get your number, but you can bet your bottom dollar the neighbors all have it.

Sugar cane waste is being made into building board.

MOTHER!

Your Child's Bowels Need "California Fig Syrup"

Hurry mother! Even a sick child loves the "fruity taste of "California Fig Syrup" and it never fails to open the bowels. A teaspoonful to-day may prevent a sick child to-morrow. If constipated, bilious, feverish, fretful, has cold, colic, or if stomach is sour, tongue coated, breath bad, remember a good cleansing of the little bowels is often all that is necessary.

Ask your druggist for genuine "California Fig Syrup," which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

AT ALLEN, WOLFE ISLAND.

Poultry Farm Owner Kills His Birds Owing to Costly Feed.

Allen, Wolfe Island, Feb. 4. — A successful party was held at the home of James Morgan on Tuesday last. Among the guests were: Miss Helen J. Goodfriend, William White and Bursey Beaubine, Howe Island. Mrs. Fitzgerald spent last week with her uncle, A. Berry. A little daughter has come to brighten the home of Mr. and Mrs. Dick O'hea. The many friends of Mrs. Richard Berry are delighted to learn that she is nearly well again.

James Ruth, who began a poultry farm last month, got discouraged at the high price of feed and killed all his fowl. He took a large number to the city last week. Arthur Henderson is making use of the good crossing by drawing many loads of hay weekly to Pittsburg. James Kenney and Richard Halliday made a speedy trip to Clayton, N.Y., on Wednesday last.

Richard Berry made a swift trip to the Limestone City on Tuesday. He had a two-ton load of grain. The complete trip was made in 25 minutes. Dr. B. V. Hunt spent one day last week fox hunting on Point Pleasant. Miss Claire McDonald, Kingston, visited her old home here last week. The many friends of John Irvine were sorry to hear of his serious accident but are glad to know he is recovering. Miss Margaret Halliday spent last week at home suffering from a severe cold. Milfrid Hogan has returned from Tweed.

T. Hogan is drawing hay to Kingston. Roderick M. Gregor sold a large stack of good timothy hay to Joseph Murphy. Robert Burke is drawing out a plan for his new granary which he intends building next spring. William Atkinson has returned from the city hospital where he had an operation for appendicitis. John Murray attended the wedding of his brother, Joseph Murray, Saskatchewan.

The Red Caps were defeated by the Big Giants yesterday at Marysville. The people around here are engaged filling ice-houses. Misses Eva and Maudie Henderson, Pittsburg, at Mrs. R. Berry's. Mr. and Mrs. George Henderson at Archie Berry's, Miss Madeline Morgan and Miss A. Browne at James Morgan's; Miss Edith Montgomery at S. Woodman's; James Ruth at Arthur Henderson's, Pittsburgh last Sunday; Bursey and Madeline Beaubine at Archie Berry's.

Cleopatra spoke nine languages.

Anaemia

Thin, watery blood is no more nourishing than thin, watery milk—skim milk,

But you can soon enrich thin blood, overcome the anaemic condition and build up the whole system by using Dr. Chase's Nerve Food.

Mrs. F. G. Simmons, 42 Curtis St., Brantford, Ont., writes:

"For about eight years I suffered from anaemia. My circulation was poor, my gums and lips were pale, and my hands and feet were always cold. I was nervous and unable to sleep well. I had frequent headaches, seemed restless and easily worried or irritated. There was a buzzing sound in my ears. Indigestion was also one of my complaints, and I often was attacked by weak spells. I went to a doctor, who told me I was anaemic, but as I did not get any better I decided to try Dr. Chase's Nerve Food, and after the first box I felt brighter and my headaches completely disappeared. I continued using the Nerve Food for quite a while. I am quite well now, and cheerfully and gratefully recommend Dr. Chase's Nerve Food to people suffering as I did before I used this splendid medicine."

Dr. Chase's Nerve Food, 50c a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

"WITS" OF HISTORY

By Mark Stuyvesant.

Why Field Called One Borrower "a Jewel."

Eugene Field has a mania for making collections. Nothing was too uninteresting for him to collect. But usually the collections were amusing, or had a suggestion in them from which he could derive subjects on which to write.

He had a collection of curious bottles in all kinds of grotesque shapes, filled with brightly-colored liquids, to show off their queer shapes.

Field always bought songs, the titles of which he thought funny. To him the humor had to be unconscious to be "real." He showed off the collections with great delight. The prize song in the group bore the title: "Kiss the Hand That Raised the Lump."

Among Field's curios was a collection of bells. When they were rung the handles, made in the shape of old men and women, went through all kinds of funny tricks, like wagging the head and sticking out the tongue.

When in London, he collected many things—queer bits of china, walking sticks and autograph letters, including one from Dickens to his son. The purchase which gave him the greatest delight, however, was one of the axes used by Galdstone in cutting down trees in the forest of Hawarden.

While in London, the following incident occurred and afforded Field pleasure and laughs for a long, long time. An American friend of Field's called on him and borrowed one hundred dollars.

The next morning an express waggon loaded with presents for each member of the Field family arrived with a note from the friend, thanking Field for the money, and begging him to accept the gifts.

Francis Wilson in "The Eugene Field I Knew," wrote of the joy of Field:

"Isn't he a jewel," exclaimed Field. "I adore that man. His presents cost me just one hundred dollars! In his simplicity, Charley thinks that I will never know that my money paid for them. He had forgotten by this time that he ever borrowed it. We'll never hear of it again. That's what I call humor—true American humor. All the family are pleased with their presents. Charley is sailing home with a heart full of gratitude, and I'm tickled to death. He has repaid me a thousand times and made us all happy. God bless his dear old Connecticut soul!"

SMILES

BETTER NOT SAID

Reggie: Ya-a-s, I've entered my dog in the show. Wonderful dog—knows as much as I do.

Miss Pert: But don't speak of that if you want him to take a prize.

HE SAID IT

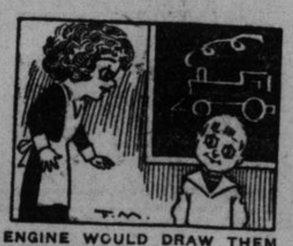
"I bought some stock from Mr. Shark."

"You poor sucker!"

DEMONSTRATING

Professor of English: The language and spelling in your thesis are wholly impossible.

Sophomore: You don't get me, Professor. I was writin' about the dialect story and exemplifyin' as I went along.



ENGINE WOULD DRAW THEM

Teacher: Willie, I thought I told you to draw a train. You've drawn only the engine and no cars.

Willie: Well, the engine will draw them.

Why is it that people can get so much more pleasure out of heaving bricks than they can out of throwing bouquets?

FREE! Trial Package to Make This Amazing Quick Test

New Complexions for Old in 14 Days!

How Ironized Yeast Gives New Freshness and Charm to Pale, Sallow and Pimpled Faces

Thousands whose complexions only recently were marred with humiliating skin blemishes today possess entirely *new* complexions—complexions which were completely re-made in ten to 14 days—and which are entirely free from even the slightest imperfections!

These surprising results were achieved not by using lotions, "beautifiers," or cosmetics of any kind, but by simply removing the *real cause* of the trouble, and supplying their systems with two vital substances, essential to health but lacking in the modern diet—vitamines and iron.

Make This Startling Test

If your complexion is a source of embarrassment to you—if you are thin, or feel the need of more "pep"—simply go to your druggist and get IRONIZED YEAST on our positive guarantee of satisfactory results from the very first package—or money refunded. Or mail coupon below for our famous Three-Day Free Trial Treatment. Take these pleasant-tasting tablets—two with each meal. Then get ready for a surprise.

Pimples, blackheads and other skin blemishes begin to disappear almost "while you wait." You will feel an almost immediate increase in your capacity for hard work or play. And as for rounding out your figure with new firm flesh, many thin people report gaining five pounds and more on the very first package of IRONIZED YEAST!

Yeast Best When Ironized

The reason IRONIZED YEAST brings such remarkable results is because it is scientifically correct in every way, containing in highly concentrated form a yeast which is cultured expressly for medicinal purposes, and which has been *ironized*, or treated through a scientific process with a special form of easily assimilated organic iron, similar to the iron found in spinach.

When yeast is ironized in this manner the results in practically in every case are secured in *just half the usual time!* Is it any wonder that IRONIZED YEAST stands in a class by itself, and is now recognized by thousands of people as the *perfect* vitamine tonic treatment?

Try Ironized Yeast Today!

You simply will not believe what a wonderful improvement IRONIZED YEAST can bring in your appearance and in your general health until you try it. Go to your druggist today. Or mail coupon for the amazing Three Day FREE Trial Treatment. Then judge IRONIZED YEAST by the actual results that it brings.

WARNING!

Due to the marked superiority of IRONIZED YEAST it is being widely imitated. IRONIZED YEAST is entirely different from ordinary combinations of yeast and iron—or yeast and iron taken separately. Certain types of yeast and iron have absolutely no medicinal value. IRONIZED YEAST on the other hand means not only specially cultured yeast, but the exclusive process through which this yeast is *ironized*. There is only one IRONIZED YEAST. Insist upon it always—for nothing else can be like it. Go to your druggist—or mail coupon today.

IRONIZED YEAST Tablets

HIGHLY CONCENTRATED VITAMINE TONIC

55 **Free Trial Coupon**

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10 McCaul St., Toronto

Please send me the famous THREE DAY FREE TRIAL TREATMENT of Ironized Yeast.

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Address_____

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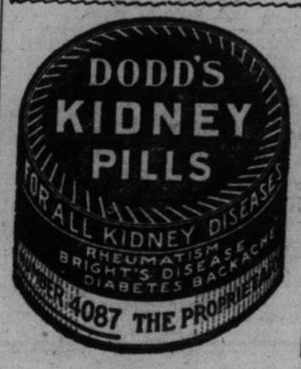
Only One Trial Package to a Family

Note:—Full Size Packages of IRONIZED YEAST Are Sold at All Drug Stores

Sales Representatives: HAROLD F. RITCHIE & CO., Ltd., Toronto

Queen of the Winter Carnival

MISS HAZEL TOMKINS
Candidate for Queen of the Winnipeg Winter Carnival of the Canadian Pacific Railway employees, and selected for the position by a very popular vote.



Pinch yourself and know how others feel.

To the ant a few drops of rain are a flood.

HOW TWO WOMEN ESCAPED OPERATIONS

Doctor Advised Use of Lydia E. Pinkham's Vegetable Compound

Happy Results in Both Cases

St. Joseph, Missouri.—"Both of my sides swelled and hurt me so that I could not move or do any of my work. There was heavy pressure and pains through my lower organs and the doctor told me to try Lydia E. Pinkham's Vegetable Compound for these troubles. He said I had this one chance, and if the Vegetable Compound did not help me nothing but an operation would. After taking several bottles, I felt it was helping me and now I am able to do my own work. If my testimonial will help others I shall be glad for them to read it and hope your Vegetable Compound will do them as much good as it did me." MRS. WM. LOCKMAN, 513 N. 4th St., St. Joseph, Mo.

White Plains, N.Y.—"I had such a pain that I could hardly walk and the doctor said that I needed an operation. I was sick for a year before I started taking your medicine and I could not work. I saw your advertisement in a little book and that is how I came to take Lydia E. Pinkham's medicines. I have been taking the Vegetable Compound and Lydia E. Pinkham's Blood Medicine, also Lydia E. Pinkham's Liver Pills and used Lydia E. Pinkham's Sanative Wash and the capsules and prescription recommended. I am doing all my work and have gained twenty pounds. I am taking the medicines still, but I feel fine. You have my permission to use this letter for the good of others." MRS. MARY MARK, 37 Hamilton Ave., White Plains, N.Y.

Some female troubles may through neglect reach a stage when an operation is necessary. But most of the commoner ailments are not the surgical ones; they are not caused by serious displacements, tumors, or growths, although the symptoms may appear the same.

When disturbing ailments first appear, take Lydia E. Pinkham's Vegetable Compound to relieve the present distress and prevent more serious troubles. Many letters have been received from women who have been restored to health by Lydia E. Pinkham's Vegetable Compound after operations have been advised by attending physicians.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to the Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

Rubber Belting

For a limited time we will sell our stock of Rubber Belting at 20% off all sizes, from 1 inch to 7 inches carried in stock.

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