

COULDN'T DO HOUSEWORK HEART WAS SO BAD

Many women get weak and run down and unable to look after their household duties owing to the heart action becoming impaired or the nervous system unstrung.

Nature intended women to be strong, healthy and happy instead of sick and wretched. But how can a woman be strong and healthy when day in and day out she has to go through the same routine of work, sweeping, dusting, cooking, washings, etc.

To all women whose heart is weak and whose nerves are unstrung we would recommend MILBURN'S HEART AND NERVE PILLS as the best remedy to tone up the system and strengthen the weakened organs.

Mrs. Daniel Beazanson, Loganville, N.S., writes: "As I was troubled with a weak heart for nearly two years I am writing to tell you what your great remedy, Milburn's Heart and Nerve Pills, has done for me."

My heart was so bad at night I could not sleep, I would take smothering spells, and was so weak I could not do my housework. I tried two doctors, but got no results. A friend advised me to try your pills. I used six boxes and am completely relieved. I think they are the best remedy for heart trouble there is.

Price, 50c. a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

To Stop Falling Hair

You can easily clean your head of dandruff, prevent the hair falling out and beautify it, if you use Parisian sage, says McLeod's Drug Store, who guarantees it.

No mechanical trouble too great for our expert auto repair men.

Try Us The MAPLE LEAF GARAGE A Service Station for all makes of injured cars. 94-96, REAR BARRICK ST.

First, Doctors - Then a Skin Specialist Then a bottle of D.D.D.

We shall publish every week for the benefit of skin sufferers in this section, a few words written by Canadian medical men of the prominence—all heartiest stories of relief from terrible suffering.

A sentence or two from a letter from J. W. Corne, 85 Melbourne Ave., Toronto, a man of the standing: "I have been a sufferer for two years with eczema on the face and ankles. I tried three or four different doctors. I went to a skin specialist. All he said was 'Use a bottle of D.D.D.—that'll do it.' Today I am perfectly well."

If you wish to try a bottle of this Prescription that Mr. Corne found so remarkable, we will guarantee relief on the first bottle, or your money back. Stop this day! Buy a 25c bottle. Try D.D.D. Soap, too.

D.D.D. THE LOTION FOR SKIN DISEASE Mahoe's Drug Store, Kingston.

Mrs. Gardiner Died Suddenly. Mrs. Maude Mary Gardiner, aged fifty-six, wife of John Gardiner, well known contractor of Water town, N.Y., died suddenly Tuesday at the family residence, following a fatal heart attack suffered twenty minutes previous. She had suffered heart attacks on numerous occasions during the last few years.

Mrs. Gardiner was born at Wilton, Ont., on July 10th, 1865, the daughter of the late Mr. and Mrs. Charles M. Stearns. Besides her husband, she is survived by one son, Clinton L. Gardiner.

It is often more satisfaction not to know things and have people believe you do than to know them and not have anybody believe it.

Sunday Services in Churches

St. Paul's.—Morning services, 11 a.m. Preacher, Canon Fitzgerald, M.A. Sunday school, 3 p.m.; evening prayer, 7 o'clock. Preacher, Canon Fitzgerald, M.A.

Church of Jesus Christ of Latter Day Saints ("Mormons"), Trades and Labor Hall, 270 Princess St.—Sunday, Feb. 5, 1922. Service at 7:30 p.m. "Everybody welcome."

Chalmers Church.—Rev. R. J. Wilson, D.D., minister. Services at 11 a.m. and 7 p.m. In the morning the Rev. Professor J. F. McFadyen will preach and in the evening the minister. You are invited.

University Service.—Sunday, Feb. 5th, 2:30 p.m. Convocation hall. Subject, "The Contribution the Juvenile Court Makes to Child Welfare." Speaker: Judge H. S. Mott, Toronto.

St. Andrew's.—Rev. John W. Stephen, minister. Services, 11 a.m. and 7 p.m., conducted by the minister. The students, soldiers and strangers cordially welcome. Sunday school 3 p.m. Young Men's Bible class 10 a.m.

Pentecostal Tabernacle 285 Queen St.—Wm. Browning, Evangelist. Sunday 11 a.m., 3 p.m. Subject: "Can a Christian Fall Away and Be Lost Again?" 7:30 Evangelistic Service. Tue. and Thur., 8 p.m. S. S. 2 p.m. Everybody welcome.

Cook's Presbyterian Church, Brock St.—The minister, Rev. M. Taylor Dale, will preach at 11 a.m. and 7 p.m. Evening Subject: "The Church and Public Health." Sunday School at 11 a.m. and 3 p.m. Bible Class at 3 p.m. Students and visitors cordially invited to the services.

Calvary Congregational Church, corner Charles and Bagot streets.—Pastor, Rev. A. F. Brown, 144 Barrie street. Phone 1806w. Services, Sunday, 11 a.m. Topic, "Helping Our Infirmitie"; 3 p.m., Sunday school; 7 p.m., topic, "Purloins Driving." Wednesday, 8 p.m., prayer meeting.

Zion Presbyterian church, Pine street, Rev. Edwin H. Burgess, minister. 30th anniversary, 11 a.m., Rev. R. J. Wilson, D.D., of Chalmers church, 7 p.m., Rev. Principal R. Bruce Taylor, D.D., of Queen's University. Special music. Seats free. Everybody welcome. Sunday school, 3 p.m.

Princess Street Methodist Church.—Rev. J. A. Waddell, minister. Services, 11 a.m., and 7 p.m. Mr. Newton Jones will preach at morning service. Sunday school, 2:45 p.m.; United Sunday school rally at 3:45 p.m., Sydenham street Methodist church. Prayer meeting, Wednesday, 8 p.m. Strangers and visitors, cordially welcomed.

Bethel Congregational Church—A. Sidney Duncan, pastor, "phone" 1387w. Services, 11 a.m. and 7 p.m.; Sunday School, 3 p.m.; Sacrament following the morning service. Rev. B. H. Spence, of Toronto, will speak in the evening. Christian Endeavor Monday 8 p.m.—Prayer meeting Wednesday 8 p.m. Come, and welcome.

Queen Street Methodist Church, corner of Queen and Clergy streets.—Rev. W. S. Lennon, B.A., B.D., pastor. 11 a.m., sermon to Kingston, No. 1 Boy Scout Troop. "Sacrament of the Lord's Supper, 3 p.m., Sunday school, 3:30 p.m., grand rally of teen age (and over) Methodist S. S. scholars in Sydenham street.

Your Place in the World's Progress

By the Rev. Charles Stelzle.

Your place in the World's progress God is combining the nations. He isn't doing it through peace conferences—although these may help—He is bringing the world closer together through steam and electricity books and newspapers, roads and Pullman cars.

The result is that hoods and horns are falling off from our brothers in other lands, and sometimes they seem more than half human.

When men cling closely to their own countries—aye, usually to their own towns and villages and often to their own homes—then they hated each other, because they didn't know each other.

Every other man was regarded as a natural enemy whose motives could be only evil.

But when the printing press was invented so that men could make books and newspapers, thousands upon thousands of lives were saved—because misunderstandings were broken down, and war was avoided.

And when roads were built, connecting the countries of the world, so that men no longer hunted their way through the forests, but could find their neighbors easily and naturally, it did much to create friendship between individuals and tribes and nations.

And when more recently electricity permitted men to communicate with each other by telegraph and telephone and cable, it bound the world closer together than ever before.

Does Your Food Taste Good?

Is Your Appetite All Right? When your food does taste good you may be sure that your health is good; that your blood is rich, free from scrofula, eczema, rheumatism and other diseases, and that your system is built up against that tired feeling and the prostration after influenza and fevers.

Hood's Sarsaparilla enriches the blood, creates an appetite, aids digestion, promotes assimilation, secures for you full nutritive value of your food. Get it of your druggist and begin taking it to-day.

If a mild laxative is needed, take Hood's Pills; if an active cathartic more Hood's Pills. They give entire satisfaction.

stones and getting buildings and courses placed right; but the chief thing the word meant was "to adjust or correct by referring to first principles or recognized facts or truths; to take one's proper bearings mentally."

And, evidently that's what my friends were doing; they were taking stock of themselves to see how they lined up with the big new things that are happening in the world to-day.

For they saw that "old things were passing away; all things had become new."

The man who doesn't become "oriented" will soon become "occidented"; he'll go "west"; his place will be in the setting sun, rather than in the rising sun. He'll be flushed.

The only time that he may then become "oriented" will be when they'll bury him "looking toward the east."

Every man is his own kind of a fool. And he doesn't find it very hard to justify his foolishness.

But the strange thing about it is that when another man tries to get away with the same thing it seems all wrong—and different—to the original fool.

Every man in the lunatic asylum believes that every man in the place is crazy—but himself.

Every man is his own kind of a fool. There aren't any two of us exactly alike about this fool business. In this respect we are all individuals—we stand alone—and in our own particular way.

And when anybody else tries to interfere when we are making fools of ourselves, we become indignant—we prefer to be left alone in our foolishness.

Every man is his own kind of a fool. There's no law against a man being his own kind of a fool—he may go the limit, if he wishes.

But—there's a point where the law does step in and call a halt—it's when the fool injures somebody else through his foolishness, whatever it may be.

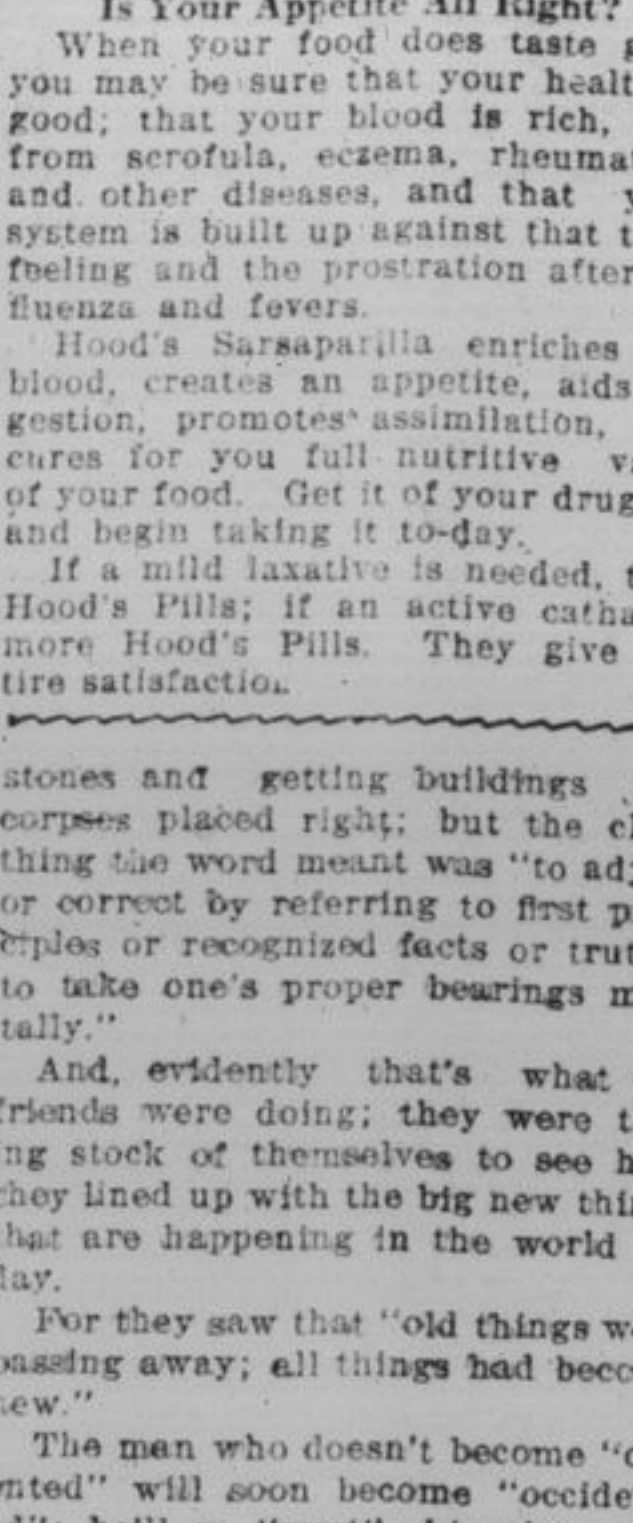
And if the fool is guilty of a practice which injures his own usefulness as a citizen, then, too, the law stops him—whenever it can.

Every man is his own kind of a fool. Few fools ever reform. Usually they go clear down the line—and get what's coming to them—at the end of the road.

Some of them glory in it. They have been the "captains of their souls"—and that's something.

Some cover when they face the fruits of their foolishness. But most of them never awake to the fact that they were fools.

WHOLESALE PRICE MOVEMENT



Are we entering a period of commodity price stabilization in Canada? That is a question being asked by all business men throughout the country, for they realize that, until that time arrives, an abnormal risk will attend the majority of their transactions.

The above chart is designed to furnish an accurate picture of certain phases of wholesale price movements during the past eight years. In each group the average price index for 1913 is taken as 100 per cent. Contained in the textile group are twenty commodities, while there are forty-two in foods, and eleven in hides and leathers.

It will be noted that textiles rose more rapidly during the war period, finally reaching a peak of 326 in April, 1920, since which time there has been a decline of 148 points. In other words, 60% of the total inflation has already been wiped out, but prices are still considerably higher than 1913.

Foods made a spectacular rise early in 1917, probably due in part to German submarine successes. A tremendous rise again occurred in the autumn of 1919, followed by just as violent a decline in the latter half of 1920. This downward movement has already eliminated 66% of the total inflation.

The trend of the hides and leather group presents an interesting study. Here we find that the upward movement was much slower than with other commodities. It is also to be noted that the peak was reached in October, 1919—several months before the broad decline commenced. The downward movement has been in progress for over two years, until prices are now back to the 1913 level.

UPSET STOMACH

In five minutes "Pape's Diapepsin" ends Indigestion Gases Flatulence Sourness Acidity Palpitation

Each distress in five minutes. You don't want a slow remedy when your stomach is bad—or an uncertain one—or a harmful one—your stomach is too valuable; you mustn't injure it with drastic drugs. Pape's Diapepsin is noted for its speed in giving relief, its harmless, its certain action in regulating sick, sour, gassy stomachs.

Keep this perfect stomach doctor in your home—keep it handy—get a large sixty-cent case from any drug store, and then if you should eat something which doesn't agree with you, if what you eat lays like lead, causes headache, dizziness and nausea; eructations of acid and undigested food—remember as soon as Pape's Diapepsin comes in contact with the stomach all indigestion vanishes. It is the most efficient antacid known—the certainty and ease with which it overcomes stomach and digestive disorders is a revelation to those who try it.

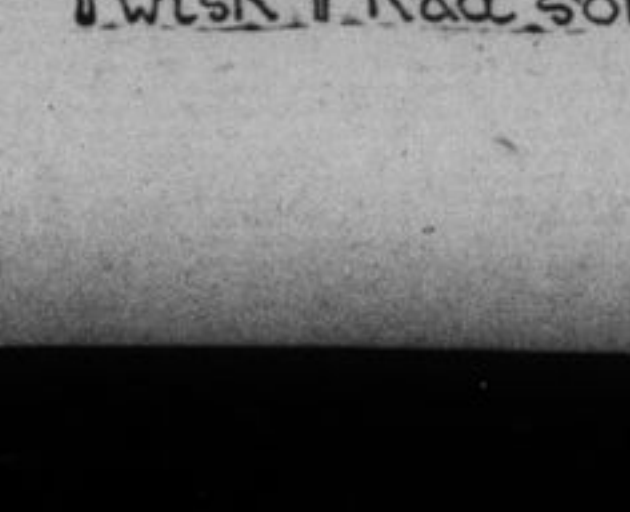
THE MAN ON WATCH

If a fire engine were taken to all fires, the people of Kingston would think that a real blaze was in progress. The fire underwriters may want...

Bronchitis Colds and Coughs Blown to atoms

Every trace completely removed by the World's most powerful preparation Buckley's Bronchitis Mixture. Fully guaranteed to give you relief or money refunded. 40 Doses for 75c.

GOOD STUFF



Got No Sleep

But now the neuritis has gone, the pains have ceased, the nervous system is restored and the writer of this letter pays a grateful tribute to the medicine which made him well.

Mr. John Woodward, P.T.O., Lucan, Ont., writes: "It gives me much pleasure to recommend Dr. Chase's medicine, especially the Nerve Food. I was a sufferer from neuritis for several years, and tried all kinds of remedies, yet never seemed to get any better. At last my nerves and whole system seemed to give way through not being able to get any rest or sleep at nights for pain, which mostly used to take me in all parts of the limbs and feet. My nerves would twinge all my whole body would seem to jerk right up as I lay in bed. Almost at the point of despair, I decided I would get Dr. Chase's Nerve Food, which I did, and after taking twenty boxes I believe myself almost normal again. I also keep a box of Dr. Chase's Kidney-Liver Pills on hand, and for the past year I seem to enjoy my usual health."

Little Jack Homer - he sat in the corner Drinking his wife's home brew. He stuck in his thumb and it got very numb I wish I had some of it, too.

Dr. Chase's Nerve Food, 50c a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

Advertisement for DODD'S KIDNEY PILLS. Text: DODD'S KIDNEY PILLS. RHEUMATISM, BRUISES, DISGRA, DIABETIS, BACKACHE, NEURALGIA, OBST THE PRO...