

FOR CHOICE MEATS
and
FIRST QUALITY WESTERN BEEF TRY
B. V. McGeen
282 PRINCESS STREET
PHONE 1182

Nervous Breakdown COULDN'T SLEEP NIGHTS

To those on the verge of a nervous breakdown the following symptoms present themselves: nervous headaches, a feeling of depression, fitful, disturbed, restless and unrefreshing sleep, often troubled with frightful dreams, avoidance of crowded places, dread of being alone, horror of society, etc.

When the nerves become affected in this way the heart generally becomes affected too, and on the first signs of any weakness of the heart or nerve, flagging energy or physical breakdown do not wait until your case becomes hopeless, but get a remedy that will at once quieten the nerves, strengthen the heart and build up the entire system.

This you will find in **MILBURN'S HEART AND NERVE PILLS**. Mrs. M. Damgard, Young's Cove Road, N. B., writes: "I was both-ered very much with my heart and nerves; had nervous headaches and dizziness, could not sleep at night, and my appetite was all gone. I was on a nervous breakdown when a neighbor told me to try Milburn's Heart and Nerve Pills. This I did, and before I had the second box used I was better and would advise anyone who has nerve trouble to take them."

Price, 50c. a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Kingston and Vicinity

Death at Vancouver.
News has been received by Mrs. W. E. Grasse, 128 Nelson street, of the death of her brother-in-law, Dr. J. Kerr Wilson, Vancouver, B.C.

After a Senatorship.
I. E. Pedlow, ex-M.P. for South Renfrew, is an aspirant for the vacant Ontario senatorship and was backed by a delegation which has just visited Ottawa.

G.W.V.A. Costume Dance.
Wednesday, Feb. 1st, from 9 to 12 p.m. Prizes for best costume. Salisbury's orchestra. Refreshments. Prices: 75 cents per couple, gentlemen 50 cents, ladies 25 cents.

Classified Advertisements.
Are a sure cure for joblessness. Unemployment ceases to perplex the average man or woman when he or she learns that the classified ads—the little wants—are an ever present help in time of need.

Our Annual Sale.
Before stocktaking we have decided to put on sale our entire stock of ordered clothing, ready-to-wear clothing and Gents' Furnishings at prices that will meet or beat any other houses in the trade. Prevost, Brock street.

Not Very Good Ice.
A number of the younger citizens tried out the skating on the harbor over the week-end, and they report that their trials were not very successful. The ice is good in "spots" but the majority of the surface is covered with snow.

Engagement Announced.
Mr. and Mrs. H. J. Glezer, Toronto, announce the engagement of their only daughter, Marion Elizabeth, to Dr. Charles S. Tennant, son of Mr. and Mrs. E. Tennant, Mallorytown, Ont., and a Queen's graduate, wedding to take place the latter part of February.

The Merchant.
Whose store is interesting to himself can make it interesting to others. He wants elbow room in his newspaper advertising, however. Economy of space is not economy at all—quite the contrary. Also this newspaper is essential.

To Be New Principal.
John Ferguson, B.A., has been engaged as principal of the Gananoque high school in succession to T. C. Smith, who assumes his new duties as public school inspector in Lanark county. Mr. Ferguson is a graduate of Queen's and was for six years principal of Aurora high school and three years at Waterdown.

Had A Serious Operation.
Mrs. Ira Wood, Boston, Mass., formerly of Caintown, who recently underwent a serious operation in that city, is recovering. The operation was the result of injuries received when she jumped from an upper window of her residence on the morning that her husband was killed by shooting at Caintown a year ago.

Made Highest Class.
F. Davey Diamond, district inspector of the Belleville division of weights and measures, has just received notice from the department of trade and commerce that the civil service commission had raised the classification of the Belleville division from second to first class, the

highest in the weights and measures service. Kingston is in the Belleville division.

Chinese New Year's.
According to the Chinese calendar Saturday was New Year's for the Chinese colony but practically all the Chinese celebrate New Year's at the same time as the people of Kingston, although some cling to the old method and celebrate the old New Year's as their ancestors have done for thousands of years.

Card-Price Wedding.
A quiet wedding took place at eleven o'clock on Wednesday, Jan. 25th, at the home of Mr. and Mrs. Lawrence L. Price, Selby, when their eldest daughter, Mary Gertrude Mabel Egerton Card, son of Mr. and Mrs. J. A. Card, Leslieville, Albert. The ceremony was performed by Rev. T. H. P. Anderson in the presence of a few immediate relatives. After the wedding breakfast Mr. and Mrs. Card left for Leslieville, Alberta, where they will reside.

Seeking Information.
Postmaster James Stewart has received the following letter from Edith L. Adamson, 382 South Marr street, Fond du Lac, Wis.: "Will you please send the full name of all the people b the name of Hope, also of Adamson which you have in the post office records. About 1833 a man named William Adamson, a surgeon, lived in Kingston a few years. If you know of any of his descendants please give me their name and address. A family by the name of Hope lived in Kingston about the same time. If you know of any of this family please send me their name and address."

The Late Henry Keech.
On Dec 29th, there passed away at the home of his son, Wesley Keech, Moscov, Ont., the highly respected person of Henry Keech, in his eighty-second year. The late Mr. Keech resided at Fifth Lake until about six years ago, when he moved to near Moscow, where he resided until his death. Besides his sorrowing widow, who was before her marriage Miss Mary McMillin, he leaves one daughter, Mrs. Watson McAdair, Marlbank, and two sons, John Keech, Detroit, Mich., and Wesley Keech, Moscov, Ont.; one daughter having predeceased him some years ago. The funeral was conducted on Dec. 31st at the Methodist church, Remains were placed in Enterprise vault.

Boys Return from Cobourg.
Forty boys who formed the local contingent to the boys' work conference held at Cobourg over the week-end returned to the city on Monday morning after a delightful stay in that town. The boys left Kingston on Friday. While in Cobourg they heard a number of very interesting speakers. Rev. J. A. Waddell, past-

or of Princess street church, accompanied his group, which was the largest bunch to the conference. The Y.M.C.A. was also represented, Samuel Libbey, boys' work secretary at the local "Y", attended the conference. Representatives from following city churches were present: Sydneyham street, Queen street and Princess street Methodist, Bethel, Congregational, St. Paul's Anglican and Chalmers Presbyterian.

To Place Names on Rocks.
A committee has been appointed to procure and affix to the rocks on Sugar Island in August a bronze tablet bearing the names of A.C.A. members who were victims of the world war. A list follows, of those of whom the secretary has had a report but it is earnestly requested that any name not found on this list which should be included, be reported to the secretary at once giving date, location and cause of death so far as known: Lieut.-Col. Russel H. Britton, Walter Bonk, Charles C. Elliott, James S. Foord, Edward H. Gould, Leslie J. Jobs, Major J. McDonald Mowat (Kingston), John McDonald, W. E. Merz, Harold V. MacIntyre, Walter V. Robertson, Lieut. Charles H. Sparrow, Frederick J. Warburton, Charles P. Wiley, Jr., Earle B. Weisl.

Central Ontario Fair Dates.
The annual meeting of the Central Ontario fairs association, held in Belleville, was attended by representatives from the various agricultural societies in the district. The officers for the ensuing year were elected: President, A. Nicholson, Madoc; first vice president, B. Leavens, Picton; second vice president, C. Tucker, Stirling; secretary-treasurer, Dr. Harg, Campbellford. The dates of fairs were fixed as follows: Belleville, September 4, 5, 6; Madoc, October 2, 3; Bancroft, September 28, 27; Colborne, September 26, 27; Marmora, September 12, 13, 14; Coe Hill, September 21, 22; Addington, September 7, 8; Campbellford, September 25, 26; Stirling, September 14, 15; Brighton, September 11, 12; Tweed, October 5, 6; Roblin's Mills, October 12, 13; Frankford, September 21, 22; Warkworth, October 5, 6; Shannonville, September 16; Picton, September 17, 18, 19, 20; Norwood, October 12, 13; Wooler, September 7, 8; Napanea, September 25, 26.

STROUD'S TEA
Delicious, healthful
refreshing
100 Princess St. Phone 840.

DR. MARTEL'S FEMALE PILLS
FOR WOMEN'S AFFLICTIONS
25 Years Standard for Delayed and Painful Menstruation, Bloating, This package only, all Druggists or direct by mail. Price \$2.00. Knickerbocker Remedy Co., 71 E. Front St., Toronto, Canada.

A LARGE STOCK OF ABOUT 50 USED
Stoves and Heaters
Small, medium and large sizes. Many of them in very good condition, but slightly used. Suitable for heating shop, garage or house.
As they are not in our line and we are keen to dispose of them, will sell them at BARGAIN PRICES.
S. ANGLIN & CO.
Woodworking Factory and Lumber Yards, Bay and Wellington Streets, KINGSTON, Ont. Office Phone 66. Factory Phone 1415.

HOUSEKEEPERS
Why not have your house wired for Electric Light? We have Irons, Toasters and all you need for comfort.
H. W. NEWMAN ELECTRIC CO.
167 PRINCESS STREET

FURS
Gourdier's
BROCK STREET

WINTER OVERCOATS
MEN and YOUNG MEN'S NEW MODELS—BEST VALUES
\$25.00, \$28.00 \$35.00, \$38.00
TWEDDELL'S
131 Princess St.
(One door below Randolph Hotel)

For Home Sewing
Fine White Cottons, best Canadian makes at . . . 15c., 18c., 20c., 25c. and 29c. yd.
Heavy White Cottons, very strong and smooth at . . . 20c., 25c. and 30c. a yard
Heavy Twill Cotton, white, for Men's Night Shirts, full yard wide . . . 30c. a yard
Horrickses and other good English makes of Long Cloth at . . . 40c. and 50c. a yard
Fine Nainsooks, 36 and 40 inches wide at . . . 25c., 30c., 35c., 40c. and 50c. yd.
Extra fine Matts and Madapolins, best imported makes, 36 and 40 inches wide, . . . 60c., 75c. and 90c. a yard
W. N. Linton & Co.
Phone 191. The Waldron Store.

Kingston Transfer Co.
DR. A. W. WINNETT
DENTAL SURGEON.
Corner of Johnson and Wellington Streets Phone 863

Dr. Waugh
Dentist
106 Wellington St. Phone 256

Angrove's Repairs
Scales, Talking Machines, Bicycles, Baby Carriages, Lawn Mowers, etc. We do repair work right and guarantee satisfaction.
197 Wellington Street.

WATTS
People's Florist
177 Wellington street.
Fresh flowers and plants daily. Funeral designs, and wedding bouquets to order. Phone 1703. Res., 1137.

At your Service
Ice & Berries
Sold by
W. R. McRae & Co.
GOLDEN LION BLOCK.

COAL
Cheapest quality of Scranton Coal. No other kind sold by us.
BOOTH & CO.
Grove Inn Yard Phone 183

FOR SALE
Double stone dwelling, three storey, large lot; 1 extra lot. Good barn. Rents for \$44 per month. Price \$4,500.
W. H. GODWIN & SON
Real Estate and Insurance
89 Brock Street Phone 424

DID YOU EVER TRY
Wagstaff's Glacer Marmalade, Wagstaff's Pineapple Marmalade, Wagstaff's Bramble Jelly.
We also have a full line of other reliable makes of Marmalades, Jam and Jellies for sale at
BON MARCHE GROCERY
Cor. King and Kent Streets License No. 5-27149 Phone 1544.

STOVES
Quebec and Fire King Heaters and Gas Ranges.
Nickie Plated Showers
Bathes and Toilets
Lumber, Cement and Corrugated Iron.
I. Cohen & Co.
275 Ontario St. Phones 836, 837

PIANO TUNING
Piano Tuning and Repairing. Also Organ Work. All work guaranteed.
PETER D. BROWN
12 Markland St. Phone 2307m.

MILLER'S WORM POWDERS
HAVE A WARM PLACE IN THE HEARTS OF MOTHERS FOR THEY HAVE PROVED THAT THEY ARE ONE OF THE MOST EFFICIENT AND BENEFICIAL REMEDIES THAT CAN BE GIVEN TO A CHILD. THEY ARE SWEET AND EASILY TAKEN AND QUICKLY ERADICATE THESE WRETCHED PARASITES FROM THE SYSTEM.
CONTAIN NO NARCOTICS

BUILDING?
REPAIRS OR ALTERATIONS?
Estimates given by
O. Aykroyd & Son
29 Main Street. Phone 1670.

NYAL'S HUSKEYS
A pleasant antiseptic remedy for irritations of the throat and vocal organs. Valuable in relieving hoarseness, husky throat, tickling, coughs, colds, or loss of voice. Splendid for public speakers and singers.
PRICE25c. a box
M. R. McColl
Prescription Druggist.
Phone 82.
Nelson's Eskimo Pie and Ice Cream Bricks always on hand.

FIRE INSURANCE
Reliable Companies represented

H. D. WIGHTMAN
151 WELLINGTON ST.
Over Kingston Transfer
PHONE 780w.

Skates
Any pair of Skates in our window
\$1.25 per pair
W. H. Cockburn & Co.
Princess and Wellington Sts.
Phone 216.

A cable from Hyderabad, India, says that the Prince of Wales departed from there on the crest of wave of popularity.

Upset Stomach, Gas, Indigestion
"Pape's Diapepsin" gives Relief in Five Minutes

Stomach acidity causes indigestion. Food souring, gas, distress! Wonder what upset your stomach? Well, don't bother! The moment you eat a tablet or two of Pape's Diapepsin all the lumps of indigestion pain, the sourness, heartburn and belching of gases, due to acidity, vanish—truly wonderful! Millions of people know that it is needless to be bothered with indigestion, dyspepsia or a disordered stomach. A few tablets of Pape's Diapepsin neutralize acidity and give relief at once—no waiting! Buy a sixty-cent case of Pape's Diapepsin now! Don't stay miserable. Regulate your stomach so you can eat favorite foods without causing regret.

OUCH! LUMBAGO PAIN! RUB BACKACHE AWAY
Instant Relief With a Small Trial Bottle of Old "St. Jacobs Oil."

Kidneys cause Backache? No! They have no nerves, therefore cannot cause pain. Listen! Your backache is caused by lumbago, sciatica or a strain, and the quickest relief is soothing, penetrating "St. Jacobs Oil." Rub it right on your painful back, and instantly the soreness, stiffness and lameness disappears. Don't stay crippled! Get a small trial bottle of "St. Jacobs Oil" from your druggist and limber up. A moment after it is applied you'll wonder what became of the backache or lumbago pain.

Rub old, honest "St. Jacobs Oil" whenever you have sciatica, neuralgia, rheumatism or sprains, as it is absolutely harmless and doesn't burn the skin.

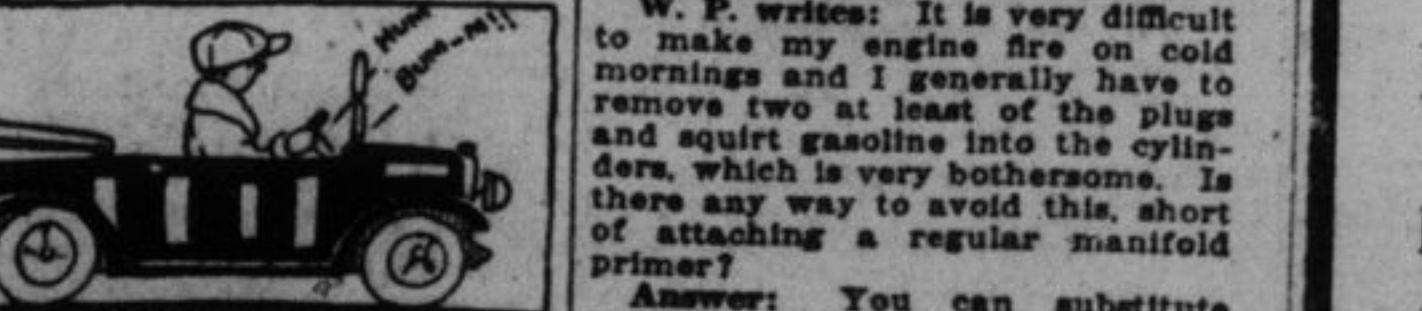
HINTS FOR THE MOTORIST
ALBERT L. CLOUGH

Snowy Roads And The Steering Gear

UNDER NO CONDITIONS DO defects or weaknesses in the steering gear become so annoying and even dangerous as in driving through ruts, or among icy ruts and to meet these conditions successfully, the gear should be in perfect adjustment and free from excessive lost motion. It is not generally realized how important the camber of the front wheels is, in respect to easy and positive steering. With the wheels set straight ahead, a plumb line held against the highest point of one of the tires should mark a point on the floor 2 1/2 inches outside the lowest point of the tire, in the case of a 22 inch wheel. This cambering brings the point of tire contact with the ground much more nearly under the pivot-bolt, upon which the wheel turns, than as if the wheel set in a vertical plane and thus enables the wheel to be turned with comparative ease besides making it less subject to deflection by road irregularities. Wheels are given the correct camber at the factory, which should be permanent, but as a matter of fact, there are many cars and it is well to have this point checked up occasionally, in the interest of good steering. It is by no means unheard of for a front axle to sag and reduce the camber, wear of pivot bolts and their bushings tends to diminish it and it very often happens that, after a front axle has been bent and straightened, the "setting" is improperly performed with no regard for the required camber. An even more common cause of difficult steering in snow, is incorrect wheel alignment. If the front tires are not very nearly the same distance apart, measured between their most forward and their most rearward points, so that the tend to run about parallel, and especially if they "toe out" rather than "in," there is an abnormal tendency toward constant irregular deflection. The best results are obtained when they toe in about 1/4 inch. It almost goes without saying that any unnecessary bind or friction anywhere in the steering system, whether due to overtight adjustment or lack of lubrication is especially to be avoided, when snowy roads prevail, as steering is hard enough without this hindrance. Lost motion is equally objectionable, as guiding a car is an all too uncertain matter even with the gear mechanism and inspections of it should be frequent.

LUBRICATING SPEEDOMETER SHAFT

P. E. writes: Lately my speedometer has developed a noise, which though by no means loud, is quite annoying, as otherwise the car runs very nicely. How can this be stopped?
Answer: This noise probably comes from the speedometer shaft, which needs lubrication. It should be removed by uncrewing the union connections at the head and at the drive ends and unhooking the



W. P. writes: It is very difficult to make my engine fire on cold mornings and I generally have to remove two at least of the plugs and squirt gasoline into the cylinders, which is very bothersome. Is there any way to avoid this, short of attaching a regular manifold primer?
Answer: You can substitute priming plugs for the ordinary spark-plugs you are now using and, as these plugs serve as priming cocks, it will be a very easy matter to open their priming valves, squirt a little gasoline into each and close the valves. As an alternative you may find that by squirting a small amount of ether-gasoline mixture into the carburetor air-intake, closing the choke and cranking, you can make the engine fire.

Questions of general interest to the motorist will be answered by Mr. Clough in this column, space permitting. If an immediate answer is desired, enclose self-addressed, stamped envelope.