

# NEWS AND VIEWS FOR WOMEN READERS

## Life's Social Side

Editor of Women's Page, Telephone 1724; Private phone 857v.

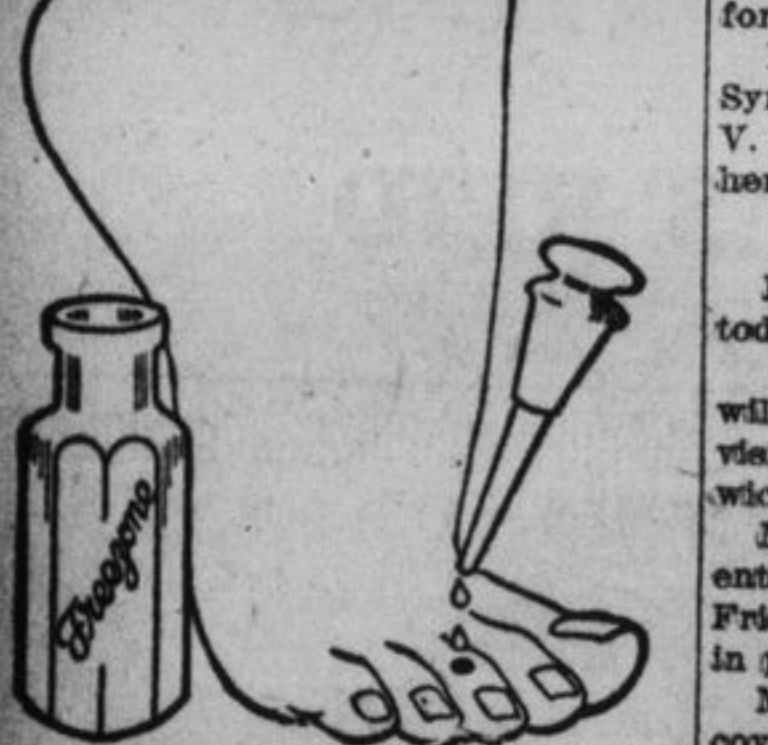
The dance given by Mrs. Van Wren and Mrs. Bayly Ramson, Earl street, for their sister, Miss Mary McLellan on Friday evening, was one of the most charming house dances of the season. The large rooms gave plenty of space for dancing and Trencher's orchestra provided excellent music. Mrs. Van Wren wore an exquisite gown of sapphire blue velvet with a touch of moleskin. Mrs. Ramson was in shimmering blue and gold, and Miss McLellan's charming frock was of pink and gold brocade. Supper was served from the dining table encased with silver and decorated with lighted red candles. Mrs. Eric Phillips and Mrs. Stewart Robertson pouring coffee and Miss Aileen Folger cutting the ice. Among the guests were Mr. and Mrs. Henry Richardson, Mr. and Mrs. Harold Hughes, Mr. and Mrs. Ambrose Shea, Mr. and Mrs. W. K. Macneil, Mr. and Mrs. J. F. Preston, Mr. and Mrs. H. K. Hill, Miss Agnes Bellhouse, Miss Marion Laird, Miss Myra Dyde, Miss Marjorie and Miss Isabel Minnes, Miss Marjorie and Miss Helen Uglow, Miss Marion Ogilvie, Miss Isabel Leslie, Miss Ruth and Miss Nora Martin, Miss Harriet Gardner, Miss Ruth Anglin, Miss Laura Kilborn, Miss Doris and Miss Gwendolen Folger, Miss Doris Brownie, Miss Doreen Lavell, Miss Christine and Miss Honora Dyde, Miss Helen and Miss Doris McKay, Miss Evelyn Nickle, Miss Eleanor Phelan, Miss Helen Nickle, Miss Phyllis Knight, Col. Samson, Prof. Symons, Capt. Morton, Messrs. F. Smythe, N. and M. Sutherland, W. Minnes Mahaffy, A. Phillips, Moore, Marlett, Thackeray, V. Minnes, G. and I. McLaughlin, C. Laird, W. Steacy, Gelley, H. Henderson, Cochrane, Thornburn, Stone, Crosby, Gordon Cunningham, and Dr. Broome.

Mrs. W. G. Anglin and Miss Ruth Anglin, Earl street, entertained at tea on Friday afternoon. Primulas with their promise of spring were in the drawing room where the hostess received and in the tea room a silver basket of sweet peas centred the tea table where Mrs. R. W. Clark made tea and Miss Agnes Bellhouse cut the ice, assisted by Miss Nora Martin, Miss Marjorie Uglow, Miss Laura Kilborn and Miss Anella Minnes.

Mrs. R. J. Gardiner was the hostess of an exceedingly pleasant tea on Friday afternoon, when the charming rooms of "The Chestnuts" were filled with guests.

## CORNS

### Lift Off with Fingers



"Doesn't hurt a bit! Drop a little 'Freesone' on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly!"

Your druggist sells a tiny bottle of "Freesone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

## No More Dandruff

A leading hair dresser says she has found nothing so good as Parisian sage to banish all dandruff and make the hair soft, thick and lustrous. We sell it on money back plan—McLeod's Drug Store.

## Getting Rid of a Stubborn Cough is Child's Play Now

Make the Medicine Yourself at Home It's Cheap—but You Can't Beat It. If you want to take care of that bad, hang on cough and do it in a few hours, better get one ounce of Parment (double strength) and mix a half pint at home.

You can do this in two minutes by adding a little sugar and enough water to fill a half pint bottle.

You'll travel the world over before you get a medicine that will act so surely and quickly on the mucous membrane of the nose and throat. It halts the inflammation, the tickling sensation stops with the first spoonful, the heavy breathing goes and clean membrane, free from irritation and mucous follicles.

For Catarrhal conditions such as mucus droppings, clogged nostrils and watery eyes, it won't disappoint—ask for Parment (double strength). Speak plainly so that the druggist will know exactly what you want.

## GUARD YOUR HEALTH

You Can Do This by Keeping the Blood Rich and Red.

It is useless to tell a hard working woman to take life easily and not to worry. Every woman at the head of a home; every girl in offices, shops and factories is subjected to more or less worry. These worries cannot be avoided. But it is the duty of every woman and every girl to save her strength as much as possible, and to build up her system to meet unusual demands. Her future health depends upon it. To guard against a breakdown the blood must be kept rich, red and pure. To keep the blood in this condition Dr. Williams' Pink Pills will be found most useful. They strengthen the nerves, restore the appetite and bring the glow of health to pallid cheeks, and renewed energy to listless people. Women cannot always rest when they should, but they can keep up their strength through the occasional use of Dr. Williams' Pink Pills. This is shown by the case of Mrs. Minnie Swick, residing near Simcoe, Ont., who says: "A few years ago I was in a deplorable state of health. My blood was weak and watery and the circulation poor. My appetite was poor and what food I did take distressed me. I was not able to do my housework, and often my nights were sleepless, and headache and backache added to my misery. I was finally persuaded to drop other medicines and take Dr. Williams' Pink Pills. This I did, and after taking the pills for a couple of months I could do my housework with ease, eat well, slept well and had gained in weight. From my own experience I cannot praise these pills too highly."

You can get Dr. Williams' Pink Pills from any dealer in medicine, or by mail at 50 cents a box, or six boxes for \$2.50, from The Dr. Williams' Medicine Co., Brockville, Ont.

That the Faculty Players had an interesting and well attended meeting of their club on Thursday evening in the cosy Red Room of Queen's University, with coffee and sandwiches served at the close.

Rev. Edwin Burgess and Mrs. Burgess entertained the performers at the Zion church concert at supper at the manse, Pine Street, after the performance on Thursday evening.

Mrs. Stuart Hawkins, Montreal, who has been the guest of her parents, Dr. and Mrs. W. A. Legge, Ottawa, since Christmas, has returned to her home.

Mrs. Rupert T. Millan will receive for the first time since her marriage on Wednesday, Feb. 1st, from 4 to 6, with Mrs. D. J. Millan, 80 Earl street.

Mrs. Arthur Clark, Albert street, was the hostess of a merry little party on Friday evening for her son, Donovan Clark.

Mrs. W. H. Dalby, Nelson street, entertained the Wednesday afternoon bridge club this week.

Miss A. Davidson, Princess street, was the hostess of the Friday evening bridge club tonight.

Mr. and Mrs. P. McCrimmon, Picton, are spending a couple of weeks with friends at Kingston.

Mrs. Percy Vine, Napanee, is spending a few weeks in Kingston with friends while her husband is at the General hospital.

W. Bedell, Hillier, is with his brother, Col. T. C. D. Bedell and Mrs. Bedell, Earl street, for the week-end. Mr. Thackery, Ottawa, is in town for the week-end.

Mrs. W. Skinner, who has been in Syracuse with her daughter, Mrs. H. V. Marion, is now in Montreal, with her son, Ronald Skinner.

Mrs. H. Ashby, King street, left today to spend some time in Virginia. Mrs. H. B. R. Craig, London, Ont., will arrive in town on Sunday to visit her mother, Mrs. George Fenwick, University avenue.

Miss Isabel Kelley Alfred street, entertained at an informal bridge Friday evening, when two tables were in play.

Mrs. Anthony Rankin, who has recovered from her recent illness, returned to her home in Collin's Bay on Friday.

Miss Ethel McEachren, Y.W.C.A., has returned from Woodstock.

Mrs. D. Aylmer McKay, Toronto will be the guest of Mrs. W. A. Mitchell, William street, for the week-end.

Mrs. Hugh Wotherspoon, Peterboro, is with Mrs. G. Hunter Ogilvie, Earl street.

Mrs. Stafford Kirkpatrick, Ottawa, is with Dr. and Mrs. R. W. Garrett, Johnson street.

Mrs. W. T. Minnes, "Hillierot," and Mrs. Charles Abbott, will leave for the latter's home in Dunville on Monday.

Mrs. Elmer Davis, Sydenham street, will return from Toronto early in the week.

Hashed Brown Potatoes. Those who have eaten the delicious hashed brown potatoes cooked by the chefs at hotels will be glad to know how they do it.

For a family of four or five take six good-sized cold boiled potatoes. Chop them with a few sprigs of parsley. Season to taste with salt and pepper. Into this stir three tablespoons of sweet cream. Have ready a hot griddle, grease well with lard or butter, spread the potatoes evenly on the griddle and cook slowly. Practice will teach you when they are ready to turn. Run a broad-bladed knife under to force the potatoes from the griddle, fold over in a omelet shape, pressing the edges into made it solid. Leave a few minutes, then turn on to a small hot platter, dab over with butter and garnish with parsley, cream, or celery tips.

## Efficient Housekeeping

BY Laura A. Kirkman

**Contributed Recipes.** The following recipes were most generously sent in by column readers for me to publish, so that other column readers might enjoy them: "From a Reader": "Egless Cocoa Cake": 1 cup granulated sugar, 4 tablespoons melted butter, 1 cup sour milk or buttermilk, 1 teaspoon of soda, 1-2 cup of cocoa sifted with about 1-4 cups of flour, 1 teaspoon of vanilla extract. Dissolve the soda in the sour milk; cream the sugar and butter together and add the sour milk and the flour-and-cocoa mixture. Last add the vanilla. If I make a boiled icing, which needs the white of an egg, I add the yolk of the egg without this egg-yolk. I thought some of the readers would like to try it while eggs are so high."

"Unassigned Reader": "Molasses Cookies": Egg or 2, 1 cup granulated sugar, 1 cup of shortening, 1 cup of molasses, 1-4 teaspoon each of ground cinnamon, ginger and cloves, and 4 large cups of flour. Stir these ingredients together and add 2 level teaspoons of soda which have been dissolved in 1-2 cup of hot water; once more stir well, then let stand overnight to grow light. In the morning shape into cookies and bake.

"Suet Pudding": 1 cup chopped suet mixed with 1 cup each of raisins and currants and 1 cup of maple or corn sirup. Stir this mixture well, then add to it 1 cup of sour milk and 2 level teaspoons of soda sifted with a very little flour. Stir until it foams, then add enough egg flour to form a stiff batter. Steam one and one-half hours."

E. D. "Sweet Potato Biscuits": Bake three medium-sized sweet potatoes, scoop out the pulp and mash, seasoning with paprika, melted butter and a very little milk. Beat with a fork until light. Sift into a bowl 1 large cup each of white and whole-wheat flour; add 1-2 teaspoon of salt and 2 heaping teaspoons of baking powder. Rub the cold potatoes into the dry ingredients with the finger tips, adding 1-2 tablespoon of additional shortening, and then molten to a dough that can be handled, with cold sweet milk. Roll out on your bread board, using as little flour as possible, and cut into biscuits. Brush over with a little milk and bake in a quick oven for 2 minutes."

Old Reader: "Hominy Waffles": To one cup of cooked hominy add 1 pint of sweet milk which has been scalded and cooled, 1 tablespoon of melted butter, 1 tablespoon of either maple or brown sugar, 1-2 teaspoon salt, 1 pint of bread flour, and 1-3 of a yeast cake which has been dissolved in a few teaspoonfuls of warm water. Beat well, then cover to rise overnight in a warm place. In the morning add 1 egg (beat white and yolk separately) and bake in hot, well-greased waffle irons. Serve with ground cinnamon and sugar mixed, or with honey or maple sirup. My sons like these better than the ordinary waffles."

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question.—The Editor.

## What the Editor Hears

That an effort is being made to revive an interest in tobogganing, at one time a favorite winter sport in Kingston.

That the Social Service Club of London, Ont., had a series of showers of clothing, bedding and food, for the needy families in that city.

That Mrs. Harold Courtenay had the honor of being the first member of the fair sex to try the new slide from the Chateau Laurier, Ottawa.

That finely chopped parsley added to canned peas and string beans before heating will improve the flavor.

That several working clubs have been formed to make clothing for the little ones of the families of the unemployed. The Y.O. nurses are glad of such garments.

That a woman's commission to study the problems of Oriental women will shortly be sent to China and Japan by the world's service council of the national board of the Young Women's Christian Association.

That the many cases of cruelty to animals reported to the Kingston Humane Society require an inspector who can give all his time to their investigation.

That the Kingston Girl Guides are preparing for an entertainment to which the public will be invited.

## To-morrow's HOROSCOPE

By Genevieve Kemble

**SUNDAY AND MONDAY, JAN. 29-30TH.** Sunday's horoscope is not an important one, according to the lunar transit. It should be a good day for correspondence, study and literary pursuits, as well as for giving some attention to the health—which may be menaced.

Those whose birthday it is may look for a year of activity in business and professional pursuits, especially as they have to deal with writings, papers, etc. A child born on this day may be clever, talented and versatile.

Monday's astrological map points to rather unsettled and restless conditions, with certain anxieties of a financial nature. There may be losses through extravagance or undue generosity. In social and domestic affairs there may be interesting developments, and in affairs of the heart certain sensational testimonies are apparent. Unconventional or eccentric may be conspicuous.

Those whose birthday it is have the forecast of a successful year, particularly if in the employment of others, but perhaps with a desire for change, which may well be abandoned. A child born on this day may be restless, unsettled and erratic unless carefully trained in early life, but may be generous and affectionate.

## CHAMBERLAIN'S

**A Woman's Opinion** "I have sold Chamberlain's medicines for fifteen years and have always recommended them to my customers," writes Mrs. P. H. Brown, of Wilton, Pa. "I could not do otherwise when my opinion was asked, as I know from experience that Chamberlain's Cough Remedy is far superior to any other. I would not put in a week's time in my home without it. For Croup there is nothing that excels Chamberlain's Cough Remedy."

## COUGH REMEDY



## ALL RIGHT FOR SUNDAY SPORTS, BUT NOT FOR CHURCH.

Her are the skiing and tobogganing costumes which the Ottawa ladies have been wearing to mass in order not to have to return home afterwards and change, before hiking to the snowclad hills. Rev. Father O'Gorman, M.C., has informed the trouser-clad sport-lovers that in future they must come to church properly clad.

## STROUD'S TEA

Delicious, healthful, refreshing. 100 Princess St. Phone 649

## BABY'S OWN SOAP

Boys just love its smooth fragrant lather

BEST for BABY BEST for YOU

Roasted right to bring out the full flavor and aroma

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SOLD IN TINS ONLY—BY ALL GOOD GROCERS

Pure in the making—Sure in the baking

# EGG-O Baking Powder

Absolute satisfaction or money back.  
ORDER FROM YOUR NEIGHBORHOOD GROCER.

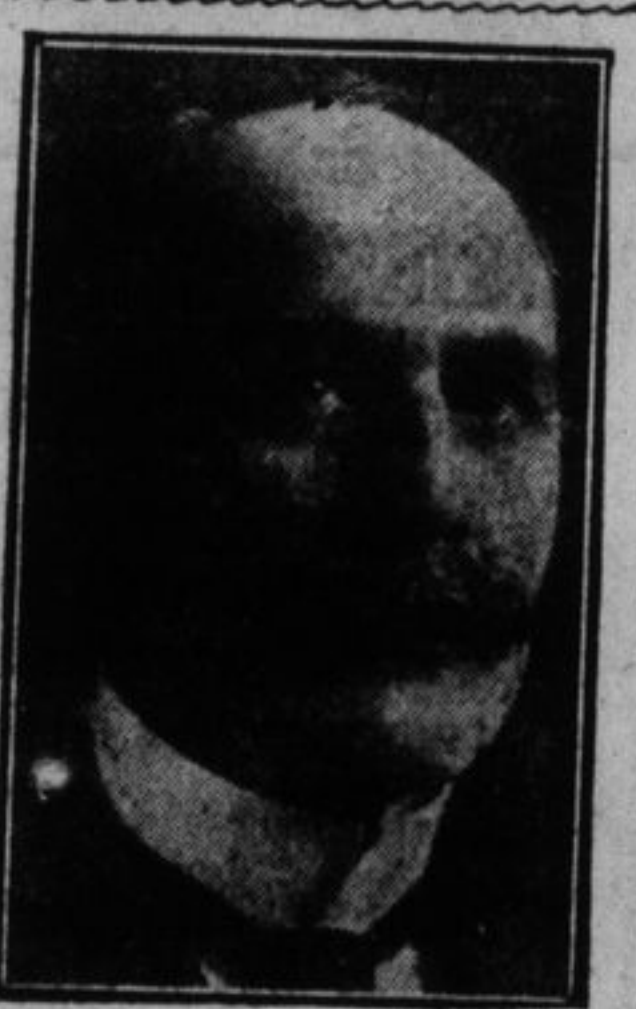
"It's an exceptionally good coffee, in fact it's the most exquisite beverage I have ever tasted," say lovers of good coffee when they drink a cup of PRIMUS COFFEE. Owing to its strength and lasting aroma it is also very economical.

PRIMUS COFFEE is for sale by all good grocers. Insist on getting it.

Distributors: L. CHAPUT, FILS & CIE, Limited MONTREAL

## FLORAL TRIMMINGS FOR EVENING FROCKS

Trends of flowers are much liked for the garniture of evening frocks this season. The flowers used in this way are rather newer than the floral girdele or bunches of tiny blossoms caught here and there in the drapery, although these are very pretty. Of course, the style of garniture depends on the fashion of the frock. The aforesaid flower trail is a finish suitable for the long-lined, straight gown, and the separate bunches go best with the bouffant frock. In the former case, a long trail of blossoms falls from the waist at one side to the hem of the frock, or a bit below it. Since fashion takes all manner of liberties with horticulture, it doesn't matter whether the flowers chosen are of the naturally trail variety or not. A frock of pale green tulle has a trail of mauve orchids and green leaves down one side of the skirt. Pink wild roses trail down the side of mauve orchids and green leaves down one side of the skirt. Pink wild roses trail down the side of a white satin gown, and shaded orange anemones similarly adorn an unusual dress of brown tulle draped over gold tissue. Very smart is a trail of black velvet flowers as the only decoration of a gown of vivid hue.



JUDGE BOWLEY Recently appointed judge of the juvenile court of Windsor, Ont., and other border cities.

Nelle Bly, New York newspaper woman, died in New York Friday.

## His Rheumatism Gone He Rejoices

Mr. Mike Karaim Praises Dodd's Kidney Pills.

**Saskatchewan Man Who Suffered For Two Years Gives the Reason Why He Recommends Dodd's Kidney Pills.**—Stoney Lake, Sask., Jan. 27th (Special).—"I suffered for two years from rheumatism but I am glad to tell you I am well again." In these words Mr. Mike Karaim, a respected resident of this place gives the reason why he recommends Dodd's Kidney Pills to his friends.

"I spent a lot of money on other medicines before I tried Dodd's Kidney Pills," Mr. Karaim continued. "I only used two boxes of them and now I feel fine."

Rheumatism is caused by Uric Acid in the blood. The natural way to treat it is to strengthen the kidneys so they will do their full work and strain all the uric acid out of the blood.

Dodd's Kidney Pills make strong healthy kidneys. Dodd's Kidney Pills have been in use in Canada for more than a quarter of a century. They have grown in popularity year by year because of the work they have done.

Ask your neighbors about Dodd's Kidney Pills.

## Each Cadet To Give Lecture.

Major-General Macdonell has introduced another new feature in the life of the cadet at the Royal Military College by which each member of the senior class gives a lecture to his class-mates. The first of these lectures was given about a week ago. They will be given twice a week, and two splendid addresses on "Friendship" and "Courage" have already been rendered. Each lecture is criticized by another cadet and a great benefit will be derived from this new system.

## Kingston Poultry Association.

An enjoyable evening was spent in the assembly hall of the Army and Navy Veterans Hall on Friday evening under the auspices of the Kingston Poultry Association. There were about fifty members present. Fifteen tables of suchers were in play. During the evening, addresses were given by Dr. A. E. Ross and W. M. Nickle who expressed their delight at the work being carried on by the association. The prize winners were Bomharder Clayton, J. Skelton, Harry Hunter, Thos. White, and J. Clark.

Until further notice our store will be open all day Mondays. A. Martin Ltd., successors to Wm. Davies Co., phone 597.