# NEWS AND VIEWS FOR WOMEN READERS

#### Life's Social Side

1724; Private phone 857w.

Miss Marion Oglivie. Earl street, was the hostess of a pleasant bridge on Monday afternoon in honor of Miss Helen McKay, Miss Rhoda Wu. tell made tea at the hour, when the players were joined by other guests who had many good wishes for the

Mr. and Mrs. John McKay have sent out invitations for the marriage of their daughter, Helen Wilson, to Major Walter Court Hyde, D.S.O., on Saturday afternoon at Chalmers church at 4 o'clock and afterward at "Argyle House."

Mrs. Van Wren, Earl street, is e tertaining on Wednesday afternoon an honor of Miss Helen McKay.

bridge club today,

Mrs. Alexander MacPhail, Clergy street, is entertaining at bridge this afternoon.

the week-end in the city visiting Mrs. Byrnes' sister, Mrs. E. Madden. Burridge, who is ill in the Hotel

A. M. Kirkpatrick, who has been with his mother, Mrs. Alexander K. Kirkpatrick, Sydenham street, has returned to London, Ont.

Dr. aud Mrs. W. Morgan, Prof. and A. E. Ross, who were with Col. and Mrs. Frederick Etherington at "Fettercairn" for the week-end, have re-

Miss Helen Fralick and Miss Dor >thy Grant, who spent the week-end with Mrs. Ernest Sparks, Stuart street, have returned to Belleville.

Prof. A. E. Zimmern is the guest of Prof. and Mrs. A. S. Ferguson.

Mr. and Mrs. W. M. Goodwin will to town on Wednesday from Porth Road village and will be with Mrs. J. C. Murray, Barrie street. Miss Jean MacKenzie, student at Queen's, spent the week-end at her

home in Brockville. Many people will be glad to know that Miss Gladys Carroll, who is in the General Hospital, is recovering

from her recent operation. Miss Colson, Toronto, is a visitor at the "Y". Johnson street.

The nurses of Sydenham Hospital are giving their annual dance at "Ongwanada" this evening, when Miss Stronach and Miss Carscallen will receive the guests.

Mrs. W. E. Sanford, President of the National Council of Women of that suggest enchanted gardens. Canada, has sailed for Canada from

#### How Fat Actress

Many stage people now depend en-tirely upon Marmola Prescription Tab-lets for reducing and controlling fat. Marmola Co., 4612 Woodward Ave.. De-tune. troit, Mich. If you have not tried them Pir

To-day's Beauty Talk A New York woman says: "I have used Parisian sage two weeks, and ny hair has wonderfully increased in

R. MARTEL'S FEMALE PILLS

antee it .- McLeod's Drug Store

#### For Thin Waists

And Sleeveless Gowns (Toilet Tips) A safe, certain method for ridding he skin of ugly, hairy growths is as ered delatone and water, apply to wash the skin and the hairs This is entirely harmless



Editor of Women's Page, Telephone England, where she has been visiting talking of forming a club. since the meeting of the International Council of Women in Geneva some Sanford was a guest of the Mar- evening wear. chioness of Aberdeen and of the Duke and Duchess of Devonshire.

sister of Justice Logie, and her much cheaper than a quarter. daughter, Miss Eleanor Reynolds, are guests of Mrs. Cecil Horrocks, Toronto, for the Morris-Logie wed- Mary's bridesmaids have already

Rock Island, Que., are the guests of el Cavendish, and Lady Mary Fox-

the winter in California, with her will be Lady Betty Butler, a sister of brother, Lieut.-Col. W. M. Macpher- the Duchess of Sutherland. Lady

was visiting in Almonte. Miss Doris Browne, Kensington been in Barrie with her mother, Mix. ada, was a small girl when her par-Wismer, will return to town this ents were in Ottawa.

> Ms. H. W. Richardson, "Alwington", with Mr. and Mrs. T. Ashmore the opportunity of hearing some de-Kidd, are now with Mr. and Mrs. lightful music this winter. Graham in Dundas, and will return to town this week.

Queen's University concerts are mak- juice of one lemon and enough sugar ing arrangement to have some of the leading concert companies use Grant hall and expect the famous contracto, Clara Butt, with the eminent baritone, Kennerly Rumford, and Danfel + DEAR THINGS WASTE Mrs. T. Callander and Brig.-General Melsa, violinist and pianist, to appea:

> Gift Shop, Gifts for bridges, showers, etc. 201 Earl street.

#### Blues With Violet Tones in

New York. It was Christmas Eve + an address before the Savage + that we were given a peep at the + Club, "clothes are the cause of + spring color card

With all the glitter and glory of a | + world pageant the colors for 1922 make their debut! The classic hues of ancient Rome and color schemes of old Spain vie with sumptuous chromatic tones of the Italian renaissance-all of these have formed a background for inspiraton, with the result that Dame Fashion is to have for her future use colors of tantalizing variety.

The "violine" colorings are the brilliant fuchsias, rich in violets and deep purples blended in perfect harmony. Persian rose, rubelite, wood violet, dahlia and belladonna ar among these enticing shades.

For evening wear is offered a co lection of twelve bewitching colors There's the soft pink of the lotus, the violet rose of spring beauty, the cloud blue of lupine and lilac-tinted vervain. There's fairy green and Was Made Slim bambino blue, the flesh-tinted plak

winkle are beautiful blues with violet now, by taking Marmola Tab- undertones, old Dutch tiles and Matimes a year, keeps her jolica blues share honors with virile rmola Prescription Tablets at light blues called forget-me-not and for a case, or if you prefer lucky stone, a tailsman for good for-

Pimlico violet, Saratoga yellow, Newport blue, Hollywood red Meadowbrook green are the smart new sport colors introduced in the the woolen group. These with hussar and peasant blues, adobe and Alamo browns, cement greys and clay shades, offer an excellent selection entirely free of dandruff." We guar- for the woolen industry.

25 years Standard for Delayed and one of fashion's favored is stressed ed, assisted by Mrs. J. Melville, Mrs. Price \$2.00. Knickerbocke: Here are shown a variety of novel and Miss M. Shanahan. The dainty also shown which are old friends, won by Mrs. T. V. Doyle, the genbeige and grey, in subdued tones.

#### HAD A GOOD TIME

At Meeting of the Young Woman's Missionary Society.

St. Andrew's Young Woman's Missionary Association held their annual social evening on Monday. at which Mrs. John Wright presided. The entertainment consisted of a musical programme and games and also took the form of a birthday party, the society being three years old. The membership fees for the year were dropped into the top of a beautifully decorated pink and white cake. The membership has been quadraupled during the year, and the receipts were \$250. Refreshments were served and the pleasant evening brought to a close by the singing of the National Anthem The officers for 1922 are: President Miss C. M. Fairlie; vice-presidents Mrs. W. H. Penwarden, Miss M. Gavine; secretary, Miss E. Cannom; treasurer, Miss E. Davis; home helpers, Miss Jean Duff, Miss G. Harold; press secretary, Miss Evelyn Gilbert; convenors of social committee, Miss S. Hamilton and Miss M. Hopkirk;

#### What the Editor Hears

advantage of the first real snow for two years and some enthusiasts are

That the demand for lower heels months ago. Among other visits, in the spring footwear is noticeable; during her stay in England, Mrs. the baby Louis is a favorite heel for

That another reason for the high Mrs. W. Reynolds, of Brockville, cost of living is that "49c" looks so

That invitations to act as Princess been sent to Her Royal Highness's cousins, Princess Maud and Lady Rev. Le Roy Rice and Mrs. Rice, May Cambridge, also to Lady Rachthe latter's father, J. R. Henderson, Strangways, who is a daughter of the Earl and Countess of Ilchester. Lady Kirkpatrick has left to spend One of the number, it is reported. Betty, who is a daughter of the Earl Mrs. Robert Leishman, Kingston. of Lanesborough, at one time military secretary to Earl Grey when the Mrs. Horace Lawson, who has latter was Governor-General of Can-

mixing one teaspoonful of glycerin to of the the well-beaten white of an egg, the

### TEN YEARS ON DRESS

Fashion is such a forward minx in \* "All in all," Inge declared in an unredeemable waste."

#### To-morrow's HOROSCOPE

By Genevieve Kemble

WEDNESDAY, JAN. 18. According to the science of stellar nfluences, this should be a fairly active and successful day in all mercantile and professional pursuits. The trine aspect of Luna to Mercury should prove a stimulus to all literary endeavors, and assist advertising and publicity toward the desired ends. The chief handicap, as written in the stars, may prove to be the physical condition, which may be found low and depressed, owing to the conjunction of Moon and Saturn. The health should be the first consideration lest it be a thwarting fac-

tor in the day's achievements. Those whose birthday it is should have a very active and satisfactory year, if they will but give sufficient attention to their health and that of their families, lest it prove an obstacle. A child born on this day will be talented, versatile and industrious, but should be early trained in endurance and fortitude, as it may have obstacles to overcome.

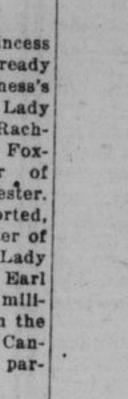
Orphans' Guild Euchre.

Another very successful euchre was held in the recreation hall of Speaking of brown—three other the House of Providence on Monday new shades are taffy, maple sugar evening. There were thirty-three and fudge. That brown is still to be tables in play. The president receivby the predominance of this color in A. C. Smith, Mrs. H. C. Sharp, Mrs. the shoe leather and hosiery group. R. Edgar Thompson, Miss. L. Kehoe shades from light beige of deepest refreshments served at the conclubrown, among which are lark, bobo- sion of the games were in charge of link, meadowlark and Rembrandt. Mrs. J. Kehoe, Mrs. W. Maiden, Mrs. The gold pheasant shade is proint- F. Milo, Mrs. T. J. Murphy and nent. Castor and dulcet greys are Miss I, Shaw. The ladies' prize was tleman's prize going to D. Pelow.

> Every year is leap year in Himia one of the little islands of the Greek archipelago, for the girls there exercise the right to propose to the men.







That Kingston people will have

Hoarseness can be relieved by to make it palatable.

Ten years of a woman's life \* is spent in putting on and tak -\* ing off her clothes, according to \* + the Dean of St. Paul's. Man, + + according to Dean Inge, wastes Spring Color Card + but two years bothering about + his raiment.

Oh, mammy FRY'S does taste so good when you're hungry! Mothers! Just try this-let the children have a

cup of delicious, warming and invigorating FRY'S Cocoa when they come home from school. It is such a "hungry time," and such a long wait from dinner to supper, whereas a cup of FRY'S is easily made and every drop is nourishment of the finest kind.

If your child is nervous, pale and not strong, you will find a regular afternoon cup of FRY'S a wonderful tonic food because it contains every element a child needs for growing. Of course, everyone likes FRY'S, its flavor is so delightful, and really, it is one of the most economical foods you can buy. Of course, remember

"Nothing will do but FRY'S"

## Warmth and Strength for the Day's Work

come from a food that is not only hot when you eat it, but supplies all the elements needed by the human body. Try

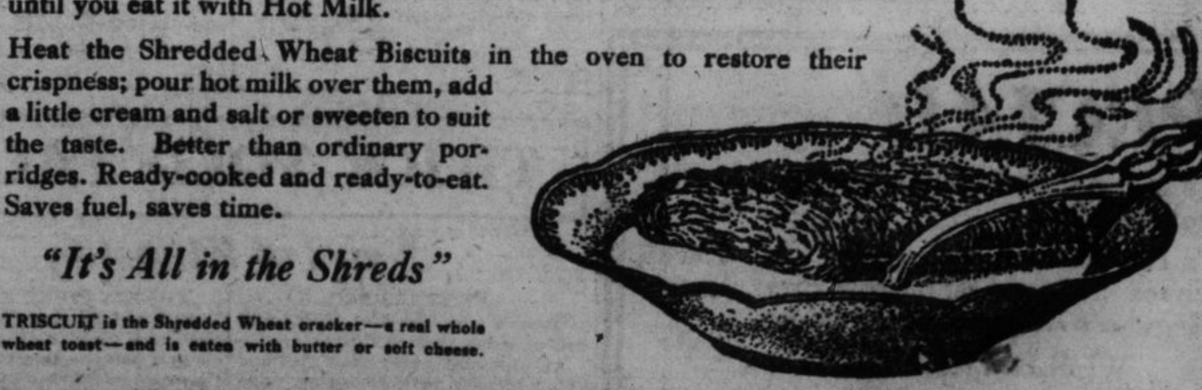
## Shredded Wheat With HOT Milk

You have eaten Shredded Wheat in all sorts of ways, but you don't know how much goodness there is in this wonderful whole wheat food until you eat it with Hot Milk.

crispness; pour hot milk over them, add a little cream and salt or sweeten to suit the taste. Better than ordinary porridges. Ready-cooked and ready-to-eat. Saves fuel, saves time.

"It's All in the Shreds"

TRISCULT is the Shredded Wheat cracker - a real whole wheat toget-end is eaten with butter or soft cheese.



ter, 2 eggs.

Mix and sift ingredients. Add fles. S. Hamilton and Miss M. Hopkirk; musical convenor, Miss Ardelle Elder, Miss Pringle; work, Miss Bews under the British flag during the war. and add milk. Beat well. Fold in She served in transports and with the war. And sift ingredients. Add nes.

MRS. ELIZABETH DETERLING yolks of eggs well beaten. Mix thoroughly and add melted butter. Mix waffles lies in the baking. The iron oughly and add milk. Beat well. Fold in should be well heated on both sides milk, 1 cup bread and cracker the whites of eggs beaten stiff and and well greased before filling. A crumbs mixed I slice selt north.

dry. Bake as in preceding recipe. fround iron fits over the flame of a inch thick, 1-2 teaspoon pepper, flour, 21/2 teaspoons Some old waffie recipes use as gas range better than a square one. Put beef and pork through baking powder, 1/2 teaspoon salt, 2 many as seven or eight eggs. This One or two tablespoons of sugar chopper. Add crumbs. Beat cups milk, 2 tablespoons melted but- is out of the question these days, and added to a waffle recipe adds in slightly with milk, and mix quite unnecessary to make good waf- browning the waffles.

the whites of eggs beaten stiff and and well greased before filling. A crumbs mixed, I slice salt pork, 1-4 and bake on hour.

oughly with first mixture. S