

KINGSTON MEMORIAL HALL IS OPENED BY LORD BYNG

(Continued from Page 1.)

Lord Byng's Address.

"Mr. Mayor, Ladies and Gentlemen: I thank you most sincerely for the welcome you have given me to-day, no words of mine can express adequately my gratitude. In the short time that has elapsed since I came to Canada, I have visited Kingston twice, this being the second time, and I can only hope that I shall have very many more opportunities before my term of office expires.

"It will give me the greatest pleasure to forward to His Majesty The King your message of loyalty and devotion, loyalty and devotion none the less sincere and spontaneous although traditional in this, one of the oldest English and Scotch settlements in Canada.

"Ladies and Gentlemen—we are shortly going to unveil these windows and tablets erected to the memory of those who gave their lives for us in the war. It is an occasion that must have for many of us sad memories and make more acute the pain that those irreparable losses have caused.

"These memorials are our homage to those who have given the greatest gift it is possible to give for us, but I like to think of them as more than merely an outward sign of gratitude, I like to think of them as a covenant between us and them, that our gift shall not be in vain, that our freedom purchased at the cost of their lives shall be an ennobled and idealized state that will give them joy to see if they can still keep watch on our earthly affairs.

"These tablets set out in fair words their deeds of sacrifice, let us set out in fair deeds a conception worthy of their death.

"Your town has a great record here because they believed in the British Empire and had sacrificed everything to remain under the shadow of its flag. It has been the capital of a province and the seat of government of Upper and Lower Canada, within it are, a famous university and a famous college where the best traditions and ideals of education and service are firmly established and maintained, from here have come many of the builders of this great dominion, Mowat, Mackenzie, Macdonald, men who have had a lasting influence in the construction of the whole Empire Commonwealth.

"And with these come the two hundred and fifty-eight men and women who made the supreme sacrifice. I am proud to identify myself today with a city with such a splendid record, and thank you for giving me the opportunity of being here."

The R.C.H.A. band under command of Captain Light played "O

Canada" beautifully, and then followed the unveiling of the memorial windows commemorating "Ypres, 1915," donated by Henry E. and Robert C. Richardson; "St. Eloi," donated by William H. Coverdale; "Amiens," donated by Geo. Y. Chown; "Somme," donated by the Canadian Locomotive Company, through William Casey; "Jutland," donated by Hiram Calvin; "Sanctuary Wood," donated by Hugh C. Nickle; "Lens," donated by S. E. Kirkpatrick; "Vimy," donated by Isaac Cohen; "Passchendaele," donated by Mrs. E. T. Steacy and family; "Cambrai," donated by Major William Harty, Jr.; "Scapa Flow," donated by the Collingwood Shipbuilding Company; "Mons," donated by W. F. Nickle, K.C. Edward Benjamin Green removed the flags.

The mayor told the interest of the donors, of their many excellencies and their identification with the history of the city. It was William H. Coverdale's grandfather who as an engineer, selected the plant for the city hall when it was erected.

At the conclusion of the mayor's address, the band played the hymn, "O God Our Help in Ages Past," and then His Excellency touched the button on the platform and unveiled the two bronze tablets erected to the memory of the 258 men and women who paid the supreme sacrifice and the sailors, soldiers, air-men and nursing-sisters who served overseas in the war. The pressure of the button released two silk "Jacks" suspended over the tablets, and they dropped down exposing the tablets to the view of the audience.

The prayer of dedication was given by Lt.-Col. the Rev. A. Gordon, D.S.O., M.C., and the band played the "Dead March," while the cadets stood with arms reversed and heads bowed in token of respect to the memory of those who answered the call to duty and fought faithfully to the end in the cause of justice and liberty, and the preservation of Canada and the British Empire. The music was worthy of special mention, and made a profound impression upon all, while the "Last Post" by the buglers of the R.C.H.A. excited the strongest emotions, some of the audience being unable to restrain their tears. The benediction by Major, the Rev. W. E. Kidd, M.C., concluded the ceremony.

A Beautiful Hall. After the benediction the procession was formed and retired to Ontario hall, but hundreds of citizens availed themselves of the opportunity to examine the beautiful memorial hall, the windows and the tablets, which occupy a space on either side of the entrance. Here they found the names of loved ones whose memory is revered by their city and country.

Over the platform are suspended two bronze shields being the royal standard, and dominion coat of arms, while beneath the life-size portrait of the late Sir John A. Macdonald is the Macdonald arms. Around the cornice in gold letters is the following inscription, "In Everlasting Remembrance of those of this city who fought in defence of Justice and Liberty." On the left of the platform is a bronze tablet bearing the following inscription: "On this 5th day of June in the year of our Lord 1843, and in the sixth year of the reign of Queen Victoria, His Excellency, Right Hon. Sir Theophilus Metcalfe, governor-general of British North America, laid the first stone of this building undertaken by the common council of Kingston for the public accommodation and ornament of the city. John Couter, Mayor."

On the right side is another tablet inscribed as follows: "On the fourteenth day of December in the year of our Lord 1921, and in the twelfth year of the reign of King George V, General, His Excellency The Lord Byng of Vimy, Governor-General of Canada, unveiled the memorial tablets in this hall and the hall was dedicated as Memorial Hall. H. C. Nickle, Mayor."

Files are said to avoid places where bunches of common stinging-nettles are kept hanging.

ANTIQUITY OF HONEY.

It is the Most Ancient of Sweet Goods.

Honey is probably the most ancient and honorable of all sweet foods. Its pedigree is older than the Roman Fleece, or the pyramids of Egypt. Nowdays the raising of bees is very popular with Canadians, and many amateurs find them highly profitable.

Pythagoras's famous recipe for longevity was: "Eat nothing on your bread but honey." Twentieth century dietetics agree, provided the bread be buttered in order to supplement the fat supply, which the old philosopher doubtless received from his consumption of olive oil.

According to Virgil, honey was produced in a truly poetic way—"A gentle dew falls upon the flowers and becomes immediately the prey of bees which deposit it in their cells." But Virgil was only partly right. It is not honey until it has been transformed in the honey sacs or glands of the bees.

The chief constituents of the flower nectar are water and cane sugar, or sucrose. Within the body of the bee this sweetened water undergoes an important change whereby its sugar is partially turned over (inverted) into the easily digested sugars, dextrose and levulose.

Its perfume or fragrance is due to minute quantities of a volatile, or essential oil. It is in fact our only perfumed common food. Analysis shows that honey is a valuable carbohydrate food. On the average it contains: Cane sugar 2 to 3 per cent.; Levulose and Dextrose (inverted cane sugar) 75 per cent.; Moisture 17 per cent.; Mineral matter 0.2 per cent. The amount of mineral matter is so small that it is thought to be derived largely from dust particles in the nectar of the flowers themselves.

This nectar as it occurs in the flowers is principally water, over 90 per cent. Unless the bee was provided by some rapid method of ridding the nectar of this excess moisture he would become speedily waterlogged and the victim of insecticide transportation facilities, but all this has been taken care of in a truly wonderful way.

One of the leading experts on honey bees states that he has seen bees immediately after drinking their fill from outdoor feeders containing thin sugar syrup, or from certain flowers, send off from their bodies (after taking wing) a fine spray, apparently producing a kind of instantaneous dehydration which concentrates the thin syrup. This fine spray is seen when the bees in flight have reached a height of ten or twelve feet from the feeders or the flowers. In order to see this the observer should place himself in a direct line with the bees and the sun. This fine spray can best be seen when the bees are fed with outdoor feeders which are sometimes used when there is a dearth of honey.

This is truly marvellous, for thus far it is impossible for the chemist to remove water from sugar solutions without application of heat or the action of chemicals. The currents of air forced through the hive by the fanning motion of the bees' wings is said to further remove the moisture from the honey and reduce it to a heavy syrup.

The Lister Institute has given us another food fact concerning honey which though not generally known is of vital importance. It has been proven that pure honey contains appreciable quantities of the water-soluble vitamin B which tends to protect us against polyneuritis, or beri beri. This, no other natural sweet has been found to do. It furnishes about 1,520 calories of energy for every pound, and in addition, is easily digested. It is widely adaptable in cooking.

Honey is more nutritious when eaten with the honeycomb; while the latter is probably indigestible, it does furnish bulk and tends to prevent too great concentration. Digestive disorders are seldom caused by eating honey.

Courtesy and Beauty.

Railway headquarters may issue general orders but unless station agents dig and water, there will be no beautiful grounds to rest the eyes of passengers. With this in mind the Grand Trunk Railway is thanking its staff for the way in which during the past eighteen months they have improved the horticulture and decoration of station premises in Ontario. Areas which would otherwise have been wasted in ugly pieces of ground have been turned into green lawns, shrubberies and flower-beds.

The track workers as well devote considerable time to the work, finding it just a little pleasanter than burning grass or raking tracks and replacing ties. A large portion of the upkeep, the higher officials notice, has been done by the track and station staffs in their own time. This indicates the spirit behind it. The company's part is to provide the materials. The men plan the plots and do the work. A general discovery is that the man who is courteous to the traveling public is also inclined to be considerate of sore eyes which formerly suffered from the down-at-the-heel air of railway premises.

He Had.

A doctor, on stepping out of his motor-car, was accosted by a seedy-looking individual, who asked: "Have you got such a thing as an old shirt?" "Yes," replied the doctor, "I've got it on."

More British Gold.

The importance of gold production within the Empire gives additional interest to the fact that during the past quarter the gold mines of Ontario produced \$2,734,345—the highest quarter's output in the history of gold mining in that province.

Indians associated the beaver with the creation of the world and would not kill it.

Umbrellas of the customers in one New York store are safeguarded by racks, each of which locks with a special key, which the owner of the umbrella keeps until he collects his property.

Remains of a Sun Temple at Avebury, England, are said to be older than Stonehenge itself. Do something else besides praying, for the poor and needy Christmas.

LOSES KNIGHTHOOD FOR HIS DISLOYALTY Naturalization of Sir Edgar Speyer Revoked by British Authorities.

London, Dec. 15.—The Official Gazette publishes the formal revocation of the naturalization of Sir Edgar Speyer. An order removing him from the privy council also is gazetted.

The Gazette gives the reason alleged for the revocation thus: First.—That he had shown himself, by act and speech, to be disloyal to his Majesty.

Second.—That he had during the war unlawfully communicated with the subjects of an enemy state and associated with a business which was to his knowledge carried on in such a manner as to assist the enemy in the war. The order further directs that the

wife of Sir Edgar and their three children—Pamela, Leonora and Vivien—cease to be British subjects.

London advices recently have reported that the case of Sir Edgar Speyer had been under investigation by the judicial committee organized by the government to consider naturalization certificates and that its report had recommended revocation of the former banker's British naturalization. It was alleged that Sir Edgar had "communicated with the enemy" (Germany) during the war. He has been in the United States for much of the past seven years, his home being now in New York city.

Sir Edgar, who formerly was a member of the British branch of the Speyer banking interests and a member of the British privy council, had his title to the privy councilship challenged in 1915, but after a hearing a ruling was handed down by the courts that he was entitled to remain on the council's roll.

LESS LIQUOR-SMUGGLING

The Flow Across the Saskatchewan Border Declines. Regina, Dec. 15.—The flow of whiskey across the international boundary is diminishing, according to a report covering November operations issued by the Saskatchewan Liquor Commission. Increased activity of United States prohibition officers and a much closer

co-operation between officials on both sides of the line are held responsible for the decrease in the traffic.

Most of this, it is stated, is the result of the recent international conference of prohibition officers held in Regina.

All of the Show Girls are not on the Stage. A lot of them work in Department Stores.

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