

HEADS THAT ACHE AND PAIN

It is hard to drag along with a head that aches and pains all the time. In nine cases out of ten, persistent headaches are due to poisoned blood, the blood being rendered impure through some derangement of the stomach, liver or bowels, but no matter which organ is to blame the cause must be removed before permanent relief can be obtained.

BURDOCK BLOOD BITTERS which has been on the market for the past forty-five years, removes the cause of the headache by starting the organs of elimination acting freely, and when the impurities are carried off from the system, purified blood circulates in the brain cells, and the aches and pains vanish.

Miss Clara Murphy, Centre Dummer, Ont., writes:—"My system was greatly run down and my blood out of order. I suffered a great deal from severe pains in my head, which made me feel very miserable. After having tried other remedies I purchased a bottle of Burdock Blood Bitters, and was very glad to notice a decided improvement in my health. I took another bottle and it has done me an enormous amount of good. I have recommended it to some of my friends, who were in a similar condition, and they all say it is a wonderful remedy."

B. B. B. is manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

Quticura Quickly Soothes Itching Scals Treatment: Gently rub Quticura Ointment with the end of the finger, on spots of dandruff and itching. Follow next morning with a hot shampoo of Quticura Soap. Repeat in two weeks. Nothing better than these fragrant super-creamy emollients for all skin and scalp troubles.

"Diapepsin" for Bad Stomach, Indigestion Take "Pape's Diapepsin now!" In five minutes your stomach feels fine. Don't bother what upset your stomach or which portion of the food did the damage. If your stomach is sour, gassy and upset, and what you just ate has fermented into stubborn lumps; head dizziness and aches; you belch gases and acids and eructate undigested food—just take a little Pape's Diapepsin and in five minutes you wonder what became of the indigestion and distress. Millions of men and women to-day know that it is needless to have a bad stomach. A little Diapepsin occasionally keeps this delicate organ regulated and they eat their favorite foods without fear. If your stomach doesn't take care of your liberal limit without rebellion; if your food is a damage instead of a help, remember the quickest, surest, most harmless antacid is Pape's Diapepsin, which costs only sixty cents for a large case at drug stores.

Try a Rentrew Truck Scale 1 Ton Scale \$35.00 W. H. COCKBURN Princess and Wellington Sts. PHONE 216. Rhodes Scholar for Illinois. Philadelphia, Dec. 6.—Royal H. Snow, of Halifax, N.S., a Harvard student, has been chosen Rhodes Scholar for the state of Illinois. We often tell a man not to give us any of his lip, but we like the pretty girls to offer us theirs (if they haven't been too free with the lipsticks.) Every husband is a "model" at first. But the model that is good today is a "has been" to-morrow.



Do You Remember? WILLIAM BANKS

The Surprise Party. There was a Surprise Party at your house the other night. It was for Alice the younger, of the brown eyes and ruddy hair who is soon to leave your home to set up with Laird Robertson a home of their own.

The young folks who came to the surprise party had a good time. As far as you could you helped them to do that, though your wife's preparations and efforts were the greater contributions. When they were gone you sat by the kitchen fire for a while, and allowed memory to wait you back to your first remembered surprise party.

At school recess one afternoon Jimmy Simpson of whose "gang" you were proud to be one, broached the subject of a surprise party for Billy Lemon and his sister Sue. "Them two," said Jimmy impressively, "haven't had no luck at all. Their Dad was about the only farmer around here who had a poor crop so they didn't get only a few candies and one cheap book each for Christmas, and they didn't get to any of the parties around because their mother was sick, and Billy had broke his toe and couldn't walk a step hardly."

Dick Perkins broke in with his way of slipping words and sentences "S'all right fella, (you knew he meant "fellows"). "But Mister Lemon's an awful stern man. He's a mill-ennium or so methin'. Don't believe in laughing or singing."

Jimmy Simpson interrupted, "Lets ask the girls." So Lucy Shier who was an acknowledged leader among the girls, was consulted and on the following day gave it as her opinion that a surprise party should be held at the Lemon home, if Mr. Lemon would have it. They would have to let him and his wife know, because Mr. Lemon was so stern and strict he was likely to slam the door in their faces if they went without prior preparation.

You remember how Mother and Dad exchanged curious glances and smiled at one another when you spoke of the proposed party. But they offered no objection to it; encouraged it in fact. Dad fixed up some of your old toys until they were as good as new. Mother promised a cake, a pie, and two dozen of her famous cookies as her contribution to the refreshments. She did more than that, though you did not know until a long time afterwards; she walked the half mile between your house and the Lemon home, and sounded Mrs. Lemon, a timid, shrinking little woman, on the question of the party. And Mrs. Lemon dared not say "yes" or "no," until she had run down to the barn to talk to her husband, coming back with her face flushed and her eyes shining to say that it would be all right.

You are not going to forget that night so long as memory holds fast. Brother Jim, with the superior air of seventeen, escorted you and sister Mary to the home of the Lemons' and consented to stay when Mrs. Lemon urged him to do so. Jimmy Simpson was already there, with his chair tilted back against the wall of the dining room and the look of perpetual astonishment illumining his face. His sister Alice was sitting quietly near him, her hands folded in her lap and her eyes demurely fixed upon Mr. Lemon who was opening him to start to school again, and he though Sue would go too. She had been staying home to help her Mother who hadn't been very well.

Billy and Sue were standing on each side of Jimmy Simpson, their eyes alternately fixed on him and the toys and other little gifts for themselves that new arrivals were piling on the table, and neither of them had a word to say. Their eyes were almost wide with astonishment as Jimmy's seemed always to be. At last all who had promised to be self invited guests at the party had arrived, and everyone of them was sitting or standing in that dining room, ill at ease, wondering what was going to happen next. The presence of Mr. Lemon seemed to brighten most of them, and Mrs. Lemon's timid, fluttering attempts to brighten the occasion only made matters worse. It was Jimmy Simpson who broke the spell of gloom and threw real liveliness into the proceedings. His eyes suddenly opened wider than ever, his ears and scalp began to wiggle; he was a wonder at that. Sue Lemon giggled and finally started to laugh. Billy did too. His was a silent mirth that shook his little body. He glanced once or twice at his Father. Then he came nearer to Jimmy and just had the words "do it" out of his mouth when Jimmy started to squirm, and screw up his face as if in great anguish. Then he began to mutter and groan. Sue Lemon was unconsciously imitating him, so fascinated was she. When Jimmy suddenly jumped from his chair with a shout, "He bit me, the rascal," the little girl shrieked out too. Jimmy, after a bit of well acted-by-play put his hand in his pocket



Members of the Ulster Cabinet in London during the Irish negotiations. From left to right: J. Milne Barbour, financial secretary; Capt. Charles Craig, chief whip; T. Moles, chairman of committees; Sir James Craig, premier; Col. Spendor, secretary to the cabinet, and J. M. Andrews, minister of labor.

GANANOQUE

Dec. 3.—At the meeting of the town council last Tuesday evening, a deputation from the Labor union waited upon them, asking that something might be done to relieve the present problem of unemployment. It was decided to open a quarry on the Britton farm, for the purpose of getting out stone for use in paving and repairing the streets, and that married men and heads of families be given preference. Some twenty men have already availed themselves of this opportunity, and it is hoped that the council will be able to deal with the matter satisfactorily.

Under the auspices of the L.P.S. of Grace Methodist church last evening, Rev. W. S. Lennon, pastor of Queen street Methodist church, Kingston, gave an address on Old London, Windsor Castle, Hampden Road, illustrated by latest views secured on a trip to the Old Land. The lecture was very interesting and instructive, and in spite of very unfavorable weather drew out a good attendance.

Miss Stead, organizer for the Ontario Federation of Teachers, on Monday, organized a local branch with the following officers: president, Miss Jean Moore; vice-president, Miss Nellie Lake; sec.-treas., Miss Vera Berry; executive, Misses Kirk and Zivian.

During the past week, Francis Comstock passed away at the home of his son, Thomas Comstock, Henrietta street. The deceased was in his eighty-first year, and was an old pensioner of the British army. He leaves to mourn his loss, his son Thomas and grand daughter, Matilda. His wife predeceased him six years ago.

The many friends of William Pratt, who has been a patient in Kingston General hospital for the past five weeks, are pleased to see him at home again.

Mrs. Freeman Moore has received word that her brother, Peter Moore, who has been undergoing treatment in Kingston hospital for some time, has returned to his home in Seely's Bay.

Dec. 5.—The Labor men of Gananoque will hold a meeting in the C. L. A. C. rooms this evening with six speakers, two each from Brockville, Kingston and Gananoque.

A survey of the Methodists was made yesterday afternoon. Immediately after the Sunday school session canvassers went out by two's in sufficient large numbers to cover the entire town, in an effort to link up all the members with some department of church work. Word has been received that Prof. Meredith and "Gib" Orser are now with George Hill's Minstrels at Ottawa, Kansas. The company plays next week at St. Paul, Minn. and the following week at Minneapolis. Grace Methodist Sunday school is opening a teachers' training class in connection with its work. Wolferstan Squire is spending a few days in town with his mother, on his way to Kingston, where he has been transferred in the service of the Bank of Commerce. Mrs. George Taylor and her mother, Mrs. Coleman, leave to-morrow for Ottawa. Mr. and Mrs. Clifford Lang, Brockville, spent the week end in town the guest of the former's grandmother, Mrs. Clow, John street.

RED NEWMAN. With the "Dumbbells" in "Biff, Bing, Bang" at the Grand Opera House on Tuesday and Wednesday, Dec. 6th and 7th, with a matinee on Wednesday afternoon.

HOW IRONIZED YEAST BUILDS NEW STRENGTH

If Weak, Thin, Pale or Run-Down Try This New Treatment. Ironized Yeast Sold by Your Druggist is Pleasant, Easy to take Tablet Form.

Are you underweight? Do you tire easily? Are you troubled with Nervousness, Indigestion, Weakness, Lack of Energy, Biliousness, Headache? Is your skin pale, sallow or blotchy? If you suffer from these or any other ailments caused by the lack of vitamins in our modern foods, take Ironized Yeast, which is not only rich in these health-giving vitamins but also contains organic iron, the great blood builder.

You've read the reports of individuals, physicians and hospitals telling how Ironized Yeast has built up rundown systems, given strength, energy and vitality to the weak, and how it has banished skin troubles. But now it is found that better and quicker results are obtained when yeast is combined with iron.

The organic iron in Ironized Yeast is the kind similar to that found in Spinach and Ratsins. It helps build rich, red blood—and this is needed in order that the blood may quickly and thoroughly carry these vitally necessary vitamins and other food elements to the wasted flesh, the tired nerves, the worn muscles and the skin.

Ironized Yeast is pleasant to take, keeps indefinitely, and costs about the same per dose as ordinary yeast, but is much more effective. Each package contains 10 days' treatment and costs only a dollar, or 10c a day. Special directions for children in each package. Sold at all druggists.

IRONIZED YEAST Tablets HIGHLY CONCENTRATED VITAMINE TONIC.

We Serve Good Meals For good meals prepared right come and try us — you will be delighted with our service. Everything you could want served as you like it.

Dainty Restaurant 83 PRINCESS STREET

MEIGHEN'S GOVERNMENT FACES DEFEAT AT POLLS

All Reports Show That Liberals Will Secure the Largest Group. Toronto, Dec. 6.—The Globe has the following: The results go to show that the Meighen government is confronting a defeat that will partake of the nature of an utter rout. In only one province in the dominion—British Columbia—is the existing administration at all likely to come from the polls with a majority of the seats. In all the other provinces the outlook for the government is hopeless.

In Ontario messages from correspondents in all parts of the province go to indicate that the Progressives will capture 35 to 40 seats and possibly more, the Liberals 12 to 15, not allowing for possibilities in the Toronto and Yorks, while the balance, approximately 30 seats, will be shared by government supporters and Labor men.

All indications point to three sure seats for the Liberals on Prince Edward Island, while the fourth is regarded as a battle between the Progressive and the Liberal, with the chances at present favoring the former. There is little chance for the government in any of the seats. In Nova Scotia the government is likely to win four seats and has a chance for six. The Liberals will probably take eleven to twelve, and the Progressives possibly one.

A cautious estimate of the result in New Brunswick would show: Liberals, six; Conservatives, two; Progressives, two, and one uncertain. An impartial survey of the political situation in Quebec province shows that the Liberals are certain to take some 58 constituencies, with a reasonable possibility of 64. One Montreal division is the only seat in which the government has a good chance. It is possible that from four to six seats may go to Progressives, Laborites or Independents.

A good guess at the standing in Manitoba would be: Government, 2; Liberals, 2; Labor, 1; Independents, 2; Progressives, 8. A fair estimate of the result in Alberta would be eight or nine Progressives, two Liberals, and one or two Conservatives. The large majority of Saskatchewan seats probably will go to the Progressives. A cautious estimate for the province would be 13 Progressives and 2 Liberals, with a chance that the Liberals might do a little better.

Out of the 13 seats in British Columbia, seven are looked upon as reasonably safe for the government. In the Yukon the contest is considered close, with Congdon, Liberal, having the better chance.

SMUTS' TRIBUTE TO BRITISH GOODWILL

Equal Status in Empire Granted to South Africa Without Reserve. London, Dec. 6.—Premier Smuts, of South Africa, made a notable speech at Pretoria, according to Reuters' correspondent, at a banquet in honor of General B. C. Molyneux, Carter. General Carter is relinquishing his position as commander-in-chief of the forces in South Africa in consequence of the handing over of the direction of military defence to the Union authorities. The South African premier said that the equal status of South Africa was not only recognized in the British League of Nations, but also internationally in the world-wide league, and this final step in the direction of equality had been taken without reserve or misgiving and with perfect good-will on both sides and with complete trust. General Smuts paid tribute to the Imperial government's generous gift of war materials, including lands and

PASTOR REGULATES WEDDING GARMENTS

Rules Skirts Must Not Be Higher Than Where Spring of Calf Begins. Chattanooga, Tenn., Dec. 6.—The Rev. W. C. Robertson, of Christ Episcopal Church, of this city, issued rules governing the attire of brides and wedding attendants, which, among other things, says that "Skirts must not be higher than where the spring of the calf of the leg begins and be wide enough to allow of genuflecting before the blessed sacrament, xxx without exposing the calf, much less the knee."

The pastor intimated that anyone violating the rules would not be allowed to take part in a wedding ceremony in the church. Following are the five regulations promulgated, and which will be sent to prospective brides and their maids: "1.—No dress called technically an 'evening dress' will be allowed—that is, no extra looseness in the neck, but generally what women now wear upon the street—a modern one, round or square neck with a complete back and front.

"2.—Skirts must not be higher than where the spring of the calf of the leg begins, and be wide enough to allow of genuflecting before the Blessed Sacrament, which is the custom of this church, without exposing the calf, much less the knee.

"3.—Sleeves must not be shorter than the elbows.

"4.—If transparent or semi-transparent material is used, sufficient lining must be used."

HAD AN OPERATION.

In a Brockville Hospital—Attending a Funeral. Westport, Dec. 5.—Mrs. Henry Allore is a patient in St. Vincent de Paul Hospital, Brockville, where she underwent an operation for appendicitis on Friday last. Mr. and Mrs. J. S. Myers were in Seely's Bay on Wednesday attending the funeral of the latter's cousin, Wesley Warren, who lost his life when the steamer City of New York went down off Stony Point last Thursday. Mrs. Thomas Garvin, Toledo, is visiting her mother, Mrs. J. J. Mulvany, Walter McCaffery, Oshawa, is visiting his mother, Mrs. E. McCaffery. Mrs. R. R. Barker and children are visiting friends in Newbon. Mr. and Mrs. Alphous O'Hara, Philadelphia, Pa., are visiting the former's mother, Mrs. James O'Hara. Mrs. A. M. Alford was called to Brockville on Saturday to attend the funeral of her uncle, Isaac Derbyshire. Mrs. Thomas Collins, Belleville, spent the week-end with Mrs. R. Hogan. Mr. and Mrs. Harry White, Oregon, are renewing acquaintances here after an absence of twenty-six years.

Advice For Back-ache

When stooping hurts, when lifting and bending causes distress that's the time to rub in lots of "Nerviline." Usually a couple of applications brings grateful relief. No liniment more soothing, more certain to still muscular, rheumatic, or sciatic pains. Thousands of homes rely on good Old Nerviline for cramps, colic, lumbago, and external muscular pains. Large 25 cent bottles for sale everywhere.