

# NEWS AND VIEWS FOR WOMEN READERS

## Life's Social Side

Editor of Women's Page, Telephone 1724; Private phone 857w.

On Tuesday afternoon a branch of the Canadian Girls-in-Training was formed at Sydenham street church for the 'teen age girls of the congregation. Miss Anna Parrott, superintendent of girls' work in the Sunday school, Mrs. F. B. Pense, Mrs. H. W. Elliott, representative on the city board and Miss Marion Arckly, are the teachers in charge. The girl presidents are Miss Roberta Vinco, Miss Kathleen Bell, Miss Anna Prager and Miss Geraldine Scott. The girl president of the department is Miss Gladys Horsfall; the treasurer, Miss Nora Elisabeth; secretary, Miss Jessie Williams. The presidents of the groups are vice-presidents of the department.

Mrs. F. W. Hill, West street, entertained at bridge on Wednesday afternoon, in her charming rooms lovely with mauve chrysanthemums, where the hostess made the tea herself at the tea hour. The guests included Mrs. W. H. Macnee, Mrs. W. Bermingham, Mrs. W. P. Willgar, Miss Hora, Mrs. James Rigney, Mrs. Horace Lawson, Mrs. Ernest Cunningham, Mrs. Holloway Waddell, Mrs. W. H. Craig, Mrs. Douglas Anglin, Montreal, Mrs. Hansford Hora, Mrs. W. A. Mitchell, Mrs. Alexander Macphail, Mrs. A. F. Macnee, Mrs. Hugh Ryan, Mrs. W. Bartlett Dalton, Mrs. R. E. Kent, Miss Frances Sullivan and Miss Florence Cunningham.

On her arrival at Montreal from England, Mrs. Nellie McClung will

**STROUD'S TEA**  
In 1/2 and 1 pound cartons.  
Sold by all grocers.  
105 Princess Street Phone 540

**DR. MARTEL'S FEMALE PILLS**  
FOR WOMEN'S AILMENTS  
25 years Standard for Delayed and Pained Menstruation. Sealed Tin packages only, all Druggists or direct by mail. Price \$2.00. Knickerbocker Remedy Co., 71 E. Front St., Toronto, Canada.

### All Fat People Should Know This

Fat people owe a debt of gratitude to the author of the now famous Marmola Prescription, and are still more indebted for the reduction of this harmless, effective obesity remedy to tablet form. Marmola Prescription Tablets can be obtained at all drug stores the world over at the reasonable price of one dollar for a case, or you can secure them direct on receipt of price from the Marmola Co., 4612 Woodward Ave., Detroit, Mich. This now leaves no excuse for dieting or violent exercise for the reduction of the overfat body to normal.



**Not A Blemish**  
marks the perfect complexion of her complexion. Permanent and temporary skin troubles are effectively concealed. Reduces unsightly color and corrects greasy skin. Highly antiseptic. Send 5c for Trial Size.

**Gouraud's Oriental Cream**  
With the Cream left in!

**Borden's ST. CHARLES**  
STERILIZED MILK

Keep a supply in your pantry

**ON! I must telephone to**

**Parker's CLEANERS & DYERS**  
60 Princess Street, Kingston, Parker's Dye Works Limited.

England has more women medical students than any other country. Women exceed the men in Denmark by more than 84,000.

### DON'T BE BALD

How to Make Hair Grow Strong, Thick and Lustrous. If your hair is thinning out, don't wait another day, but go to McLeod's Drug Store and get a bottle of Parisian sage, the truly efficient hair grower.

Don't say: "It's the same old story, I've heard it before," but try a bottle of Parisian sage. They guarantee Parisian sage to stop falling hair and stimulate a new growth, banish all dandruff and almost instantly stop scalp, itch, or money back. Parisian sage contains just the elements needed to properly invigorate the hair roots. It's a prime favorite with discriminating women because it makes the hair so soft and lustrous, and appear twice as abundant. Parisian sage is inexpensive and easily obtainable at all drug stores.

### GETTING INTO RUTS.

Bad habits once formed are unfortunately just as difficult to break as good ones. The spelling book of our children stated the case for both kinds of habit when it taught us: "Habit is a cable; we weave a thread of it every day until it becomes so strong we cannot break it." Household habits are apt to become like the deep ruts in a country road, and make the turning of the household wheels just as difficult as the trip to town in bad weather. It is possible to have the household habits more like a good road well-built, well-traveled but smooth and even. A woman has made a bad rut when sickness throws her entire household out of gear: she is mistress of a good routine when she is able quickly and without nervous stress to make the necessary adjustments for sickness, adapting herself and her household intelligently to the new condition. She recognizes at once that some of the usual work must be eliminated, some of it postponed, some of it delegated. Her mind is not so deeply set on her old order that she cannot see and make these adjustments. Again, a woman is in a bad rut when she is blind to the advertisements of labor-saving devices, to new recipes and food suggestions from the magazines, her neighbors and her family, system of management and meals should be the best she knows, but the beauty of a good routine, as compared with a deep, half-instinctive rut of habit, is that it can always be improved, that it is kept in good repair. Let us not be so proud of our systematic housekeeping that a new idea jars and jolts and maybe quite upsets us.

Mrs. Tyrell and her daughter, Miss Mary Tyrell, of Toronto, are the guests of the former's brother-in-law and sister, Dr. and Mrs. Thomas Gibson, Ottawa.

Mrs. W. M. Lyall and her son, Donald, have returned to their home in Toronto, after spending two months with the former's parents, Mr. and Mrs. Peter Shangrow, Elgin street.

A. E. Shangrow who spent Thanksgiving with Mrs. Shangrow and Master Lawrence has returned to Belleville.

Mrs. W. J. Wurtell, Sydenham apartments, has returned from Ottawa.

Cadet Henry Gill, Royal Military College, has returned from Ottawa where he spent the holiday with Mr. and Mrs. Robert Gill.

Miss Agnes Maule Machar, Sydenham street, has returned from "Form-cliff," Gananoque.

Mrs. J. M. Hazlett who has been visiting her mother, Mrs. J. M. Fair, Aberdeen avenue, has returned to Creemore, Ont.

Miss Williamson, Kingston, is the guest of Mr. and Mrs. J. H. S. Derry, Napane.

Will Welcome Overseas. From Oxford comes news that special interest is being evinced in the students from overseas dominions. A scheme is now being discussed for reserving rooms in one of the Oxford women's colleges for such students. There is no place where people of very different experience and outlook can so easily come together as in a university, and there is probably no way in which they can give so much to each other as by sharing college life for two or three years.

St. Hilda's Hall, Oxford, is therefore proposing to set aside a certain number of rooms for students from the dominions. Already there is a great demand from women overseas to come to English universities, and if some foundation like the Rhodes scholarships for men could be made, it would widen the possibilities of the scheme to a very great extent.

It is gratifying to note that in Canada the L.O.D.E. have led the way in sending a Quebec woman student over with a memorial scholarship.

A girl from St. Hilda's College, Toronto, writes: "The Canadians— as one might expect, perhaps— seem to have a special aptitude for the river; more than one has quickly become "a good waterman"—to quote a coveted description by our rowing coach—and they taught us how to paddle a canoe with scarcely a sound of splash or ripple."

Keep Talking Machine Needles. Don't throw away discarded needles from talking machines. You can use nothing better to clean any kind of bottles.

A great convenience in the kitchen is a square of rubber sheeting which can be spread out on the table while sprinkling clothes. It keeps the clothes clean and prevents splashing and consequent labor of wiping up water.

England has more women medical students than any other country. Women exceed the men in Denmark by more than 84,000.

### To-morrow's HOROSCOPE

By Genevieve Kemble

FRIDAY, NOV. 11TH.

The planetary operations for this day must be interpreted as making for delays, obstructions and disappointments. The outlook for progress or achievement is not propitious, and although some opportunity for change may present itself, it can hardly be expected to be embraced with satisfactory results under the prevailing Saturnian rule — which makes for interferences, setbacks or postponements. The health, may prove to be the chief obstacle. Protect the moneys and shun contention and strife, save the stellar seers.

Those whose birthday it is have the promise of a slow year, perhaps with affairs held up or thwarted, possibly by ill physical conditions of their own or of the family. They should guard their money and not contribute to the unsatisfactory conditions by irritability or bad judgment. A child born on this day may be inclined to be impetuous, ill-tempered, headstrong and willful, with little regard for the opinions of others unless wisely trained from the first in the judicious use of advertising.

### What the Editor Hears

That the various charitable societies are beginning to think of Christmas trees and treats for the poorer children in the city. There will be more than usual of them this winter, and while every little maid should have a doll and her little brothers a toy beloved by small boys, the more substantial gifts should this year outnumber the playthings.

That every woman should see that her name is on the voters list. It is not enough to suppose it is, if you want to cast your vote on election day.

That Britain's war mother has arrived in Washington, to lay a wreath on the tomb of the United States "unknown soldier," on Armistice Day. The wreath contains roses from England, heather from Scotland, shamrocks from Ireland, blue forget-me-nots from Wales, lilies and chrysanthemums to represent the overseas dominions, and at Montreal the maple leaf of Canada was added to this floral tribute from the great-

est empire in the world to the men of the great republic that gave their lives in a common cause. That the W.A.A.C.'s living in Toronto, will celebrate Armistice Day by a dinner at the Walker House at which over one hundred of these girls, who did such splendid work during the war, will dine together wearing their uniforms and medals.

That velvet dresses with loose panels being horded in fur are smart. That the men in the military hospitals should be especially remembered on Armistice Day.

The Fragrance of Ceylon  
the charm of its hillside gardens, the glint of tropical sunlight—are imprisoned in the little leaves that come to you dried and labelled

**SEAL BRAND TEA**

leaves awaiting only the boiling water from your kettle to liberate all the joys they hold—to give you a beverage that will banish thirst, renew your energy, stimulate and cheer. In powder and half-pound cartons.

CHASE & SANBORN, Montreal, Que. 18

**CREAM The WEST FLOUR**

"This is sure one grand cake!  
"I can tell by the way it cuts."

Cream of the West Flour also makes loaves of extraordinary whiteness and creamy flavor.

Maple Leaf Milling Co., Limited  
Toronto, Winnipeg, Brandon, Halifax

"You can secure Cream of the West Flour from C. Donoghue and W. F. McBroom, Kingston, Ontario."

### HOW TO MAKE MONEY.

FEW women are averse to making pin money. It doesn't matter whether they need it or not. There is special pleasure in spending money one's own initiative and resources. Each day there will appear on this page one of a series of suggestions on making money. Each article will give women readers of The Whig an idea that may be turned into a moneymaker.

#### No. 21—How Women Make a Living at Home.

Two girls with their own living to make began a glove-mending industry by inserting a small advertisement in the daily paper. Once a week, the notice appeared stating that gloves would be mended promptly, neatly and reasonably at an apartment up in Harlem. In their little flat the girls awaited encouragement in the way of torn and soiled gloves sent in to be made whole. They came in doubtfully at first, one pair at a time, with big holes and much soil, as though to defy the ability of the mender.

The gloves were first mended so neatly that such a thing as a rip or rent would never be suspected, and then cleaned with a cleansing fluid that worked wonders. Promptly the gloves were returned to the owners by one of the girls who collected a small fee and solicited more trade.

Before long they were doing a flourishing business. Their charge was a trifle less than that of the professional cleaners and the careful mending which almost amounted to an art, so neat was it, appealed to women who were accustomed to having their gloves returned from the cleaners with bigger rents in than when they were sent. An extra charge was made for the mending according to the work required. They secured a number of regular customers who sent in their gloves just as men send their collars to the laundry.

They discontinued their advertisement in the papers because there was no longer need of soliciting business. Well pleased customers saw to that and sent their friends who had gloves to be mended. They then branched out into a larger field of trade. By going about to the shops during glove sales and enquiring into the reasons for the great reductions in price, they had come to the conclusion that it would pay them to buy up a lot of damaged goods.

They bought up long, white and tinted gloves of an expensive make which had ripped in the first trying on and had been thrown aside by the shopkeepers for their special sale of damaged goods. Some gloves were picked up for a mere song because of a grimy spot on their otherwise flawless surface. Others were even torn but the sisters knew their business and their customers and the torn ones were also purchased.

The gloves with the spots were thoroughly cleaned. The ones with the rips and rents were mended with unbelievable skill, and the result was a large stock of well made gloves whose flaws only a close observer would detect and which could be bought by actresses and others for much less than they would have to pay at the shops. A long glove with the rip sewed carefully could be picked up for a dollar and a half which would cost twice as much sold them for a slight advance over the purchase price. There is no deception with regard to the stock. Every customer knows exactly what she is getting.

There are the good as new articles for the conservative customer who buys all her gloves there because they cost less and last as long as those obtained down town. For the actress who requires a fresh pair of gloves every night or for every performance, there are less substantial ones which would not stand general wear, which do perfectly for one evening and the cost is often less than one-half the price of the undamaged article. Recently the sisters again enlarged their business and their flat is transformed into a shop indeed. The front rooms are lined with shelves, glass covered, like so many book-cases and these are filled with gloves of undoubted quality, undamaged and imported from Paris for their special trade. They now have a regular clientele and several assistants.

**The Iron Food for Vitality**

He needs it— "The Iron Food for Vitality"

**Iron and Energy**  
—give them to your husband in a pie that he'll crave because of its luscious flavor

**Real Raisin Pie**  
Men are quickly refreshed at night by a dessert like this

3 cups Sun-Maid Seeded Raisins  
2 cups water  
1/2 teaspoon salt  
2 tablespoons lemon juice  
1 tablespoon corn starch  
1 teaspoon Sugar

Wash the raisins, put in saucepan with 1 cup cold water and bring slowly to a boil. Add sugar, salt and corn starch, which has been mixed with 1 cup cold water. Boil 2 minutes; add lemon juice. Pour in pie tin which has been lined with crust, while hot cover; brush top with cold milk and bake in moderate oven until brown.

All measurements for this recipe are level.

THE man for whom you choose the food, madam, depends largely on you to keep him fit for the modern business grind. He needs foods that give him luscious flavor to enjoy, and energy and iron to refresh and vitalize him. Raisin pie is prime food in both respects. Raisins are rich in iron. Men need but a small bit of iron daily, yet that need is vital. Raisins furnish 1,560 calories of energizing nutriment per pound—in practically pre-digested form.

So this pie is ideal dessert for the hard-worked, tired man at night. Make according to the recipe shown here. You don't know *real* raisin pie, nor does he, until you've tried this kind. You'll serve it at least once a week at his request. You'll please him and improve him, and you'll enjoy the pie yourself. Delicious raisin pie and raisin bread are sold by bake shops and groceries everywhere. Buy of them to save baking at home. *Real* raisin pie is made with lots of raisins. Insist on it. First-class bakers do not stint.

**SUN-MAID RAISINS**

Use Sun-Maid Raisins, made from California's finest table grapes — American raisins, processed and packed immaculately in a great modern California plant. Seeded (seeds removed); Seed-

less (grown without seeds); Clusters (on the stem). Also a fine, new-ready dessert. Raisins are cheaper by 30 per cent than formerly—see that you get plenty in your foods.

**Free** We'll send 100 Luscious Raisin Recipes in a free book to anyone who mails coupon. Also new booklet "Eating Raisins for Health and Beauty."

CALIFORNIA ASSOCIATED RAISIN CO.  
Membership 12,000 Growers  
Dept. P-247-29, Fresno, Calif.

**Cut This Out and Send It**

California Associated Raisin Co.  
Dept. P-247-29, Fresno, Calif.

Please send me copy of your free book "Sun-Maid Recipes" and new book "Eating Raisins for Health and Beauty."

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