

In the Realm of Women---Some Interesting Features

SEAL BRAND TEA



Nice Tea for ICED TEA

Prepare in the usual way—pour the liquor off the leaves and place it on ice as soon as sufficiently cool.

To serve, pour into glasses partly filled with cracked ice. Add lemon and sugar to suit the taste.

CHASE & SANBORN - MONTREAL

Canada a Flashing Fountain of Fun

An Interview With George H. Ham.

Toronto Saturday Night. The announcement of George Ham's book of "Reminiscences" to be published by the Mussion Book Company in August, has caused much interest in newspaper circles. A number of attempts have been launched to secure an according-to-Hoyle interview from the famous humorist and raconteur, but to date the wily colonel has either escaped or turned everything into one of his pieces of inimitable rallery.

When a newspaper man met George H. Ham, of the C.P.R., on the street the other day, he innocently asked what were the principal momentous questions that were dominating this particular part of the universe, and he was cheerfully told that the weather naturally occupied the first place in the mind of the intellectual and otherwise public.

"Any conversation that doesn't include a brilliant, if not particularly original, reference to 'Old Probs,'" said the genial George, "is absolutely and ridiculously incomplete. It is everlastingly the mainstay at every gathering or at casual meetings of two or more friends or strangers, but it leads up to minor topics like prohibition, politics, religion, horse racing and the current rate of exchange or anything else that, when there is really nothing to say, helps out. Of course the late lovely war is almost entirely forgotten—most people don't like to dwell on unpleasant subjects—but, up to July 4th, even the weather had close run with another belligerent horror—the Dempsey-Carpenter fistic discussion. Perhaps that overshadowing event put even the weather in the shade, which shows that when the world is distractingly disturbed over two men pounding tar out of each other, our boasted civilization is bringing us to a higher and higher plane every minute. The League of Nations? Well, what about it? The baseball leagues seem to be of more importance."

Then the reporter asked if Mr. Ham thought that the world had increased or decreased in sense of humor since the days he pictured in his recently published reminiscences. "Go to, go to," was the Shakespearean reply. "The entire universe was never so bubbling over with real unadulterated echninating humbr as it is today. You can see it everywhere. Why, right in Ontario a man is fined \$100 for having a bottle of cider in his hip pocket, and another person is fined \$5 for walloping his wife. Wouldn't that make a horse laugh? Many's the time when I was a kid we youngsters used to syndicate up to ten cents a pail of cider at Sammy Cochrane's cider mill and suck the sparkling beverage through straws and nothing or nobody got drunk except the cider. Now we'd go to jail for it, because, goodness knows, we never had one hundred dollars in those happy days."

"Did you ever see a stout red freckled faced woman on a sizzling hot day with a red fox skin around

her fleshy neck and the perspiration streaming down her fat florid cheeks and she looking triumphantly happy because other equally uncomfortable but highly respectable females could only decorate themselves with cheaper skunk skins or dyed rabbits or dyed muskrats? It's a sight for the gods. But humor fails lamentably when these same inconsistent but distressed looking ladies neglect to wear linen dusters in January. That would be the limit of laughter provoking."

"Did you ever know of the queer way that some charitable gifts are utilized. Never hear of the convalescing patient who was entirely without funds, and a kind friend sent her \$25 to get herself fruit and milk and chicken and other patient's diet? And what do you think she did with the money? Bought herself a wrist watch. Say, wouldn't that frazzle you?"

"And did you ever meet such a fellow as the Montreal man who lost the address of a Toronto friend, when half way on his journey to that city, and turned around and bought a ticket back to Montreal to get the address. And at the railway depot were telegraph and telephone stations. There's something hilariously funny about that, isn't there?"

"Isn't there something ridiculously humorous about thousands going out on strike when the ranks of the unemployed were never so large? And Johnny Bull voting fifty millions of dollars to pay them for what they didn't do?"

"Don't you see a glimpse of humor in the fact that in Quebec a bottle of Scotch holds about fourteen ordinary drinks, and in the arid districts only eight? Same kind of bottle too."

"And did you ever read the Eighteenth Amendment to the Constitution of the United States, and travel through that country? That's the ghastliest joke of them all. Still and distilleries in the great majority of private residences—with hopeless battiness replacing the simple drunkenness."

"Isn't there anything funny about a Quebecer declaring that three card Monte is not a game of chance? Of course it isn't! The poor sucker has no chance whatever, as hundreds found out when, after the judge's decision, it was an open shop and the card sharks robbed them of all their spare cash."

"And just think how school teachers and ministers of the gospel must hold their sides when they read that the scavengers are paid as much if not more for their services than they are. The rafters in many a little red school house or sparsely furnished manse must ring with loud laughter and gladsome glee when this dawns upon them."

"Can't you smile over the re-enactment of the Blue Laws of Connecticut when a fellow couldn't even kiss his own wife, let alone his neighbor's, on a Sabbath day, or the fact that a woman in Zion City was fined for wearing short sleeves which shamelessly exposed the lower part of her arms—Oh, ye gods!"

"Do you remember in the old days when the programme of a theatre consisted of a tragedy and a farce? Will that come back again in real life? There was a grim tragedy in Flanders and France. There is now a ludicrous farce in the Berlin trials as a roaring afterpiece. And, you must remember, millions were slain and billions of property were destroyed to give us Democracy. We got it, we did, and as we feel its deadful autocruacy we uproariously intinabulate at what the gods have given us. Tell me, son, was there anything more grotesque than the thing we won?"

"Is there no real rib tickler in—but isn't that enough for one day? If laughter leads to longevity this generation should live so long that they'll have to shoot a whole lot of people on Resurrection Day."

"ENRICHED DOMINIONS." Manchester Guardian's Comment on British Gifts. London, Aug. 18.—The Manchester Guardian publishes the following regarding the strictures by the public accounts committee upon the gifts without the formal consent of parliament: "Our cabinet's proper relation to the dominions, is not that of a wealthy uncle visiting his nephew's school and stimulating personal regard by handsome tips. The taxpayers are the uncles, and if the uncles, so deeply impoverished by the war, are to tip nephews, so much enriched by it as were some of the dominions, we might at least be allowed to know we are doing it."

The Westminster Gazette remarks that such gifts would have all the more grace if given formally through parliament. On Tuesday at the General Hospital the death took place in Brockville of Miss Sarah Jane Shannon. She had been ill for one year. She was sixty-one years of age and was born in August, a daughter of the late Mr. and Mrs. John Shannon. On Wednesday afternoon, Edna Evelyn, eldest daughter of Mrs. R. W. Prevost, Westport, was united in marriage to William Ambrose Lyons, Toronto.

Not A Blemish
marks the perfect appearance of her complexion. Permanent and temporary skin troubles are effectively concealed. Reddening, irregular color and corrected. Greasy skin. Highly antiseptic. Send 15c for Trial Size.

Gouraud's Oriental Cream
FERD. T. HOPKINS & SON, Montreal

This Leaves the Arms Free From Hairy Growths
(Toilet Talks)

A simple method for completely removing every trace of hair or fuzz is here given. This is painless and usually a single treatment will banish even stubborn growths. To remove hairs, make a thick paste with some powdered delatone and water, spread on hairy surface and after about two minutes rub off, wash the skin and the hairs are gone. This method will not mar the skin, but to avoid disappointment, be certain you get delatone.

Horlick's Malted Milk
Safe Milk For Infants & Invalids

A Nutritious Diet for All Ages. Keep Horlick's Always on Hand Quick Lunch; Home or Office.

New hair growth

Wonderful new growth of hair are being reported by those using Kestak, the Indian hair compound. In many cases it has induced a full hair crop where there was a large bald spot. Kestak is obtainable in drug stores everywhere. Or send 10 cents, silver or stamps, for proof box to KESTAK COMPANY, LIMITED, 344-L Adelaide St. W., Toronto.

BABY'S OWN SOAP

The Creamy Lather of BABY'S OWN SOAP softens and whitens, refreshes and delicately aromatises the skin.

Albert Soap Limited, Mfrs., Montreal

Miss Flora Boyko Tells How Cuticura Healed Her Pimples

"My face was very itchy at first, and after that it was covered with pimples that disfigured it badly. The pimples were hard and red and they were small, and they were scattered all over my face and were so itchy I had to scratch and I could not sleep."

"These bothered me nearly a year before I used Cuticura Soap and Ointment and when I had used five boxes of Cuticura Soap and five boxes of Cuticura Ointment I was healed." (Signed) Miss Flora M. Boyko, Gardenton, Man., Dec. 25, 1918.

Having obtained a clear healthy skin by the use of Cuticura, keep it clear by using the Soap for all toilet purposes, assisted by touches of Ointment as needed. Do not fail to include the exquisitely scented Cuticura Talcum in your toilet preparations. Splendid after bathing.

Soap 25c, Ointment 25 and 50c. Sold throughout the Dominion. Canadian Depot: Lyman, Limited, 31, Peel St., Montreal.

"Cuticura Soap shaves without using."

The Best "Bite" of all

—is a light, tasty, nourishing sandwich, prepared from—

PARIS PATE

Take a few in your hit. They're simply great! Paris Pate is sold every where.

ICE CREAM AS DESSERT

For a nice dessert at small cost order MASOUD'S ICE CREAM and you will be delighted with its rich flavor and nourishing effects. Ask for it at the Stores or order it direct.

MASOUD'S
238 Princess St. Phone 980
Kingston, Ont.

At Brockville on Tuesday at the residence of Mr. and Mrs. Jason W. Mitchell, their only daughter, Miss Vilda Geraldine, a well known member of the public schools teaching staff, was united in marriage to Walter S. Webb, principal of the Sunny-side school, Calgary, Alta.

NEW PRICES CHARM TEAS

BLUE PACKAGE BLACK 25c. PER PACKAGE
RED PACKAGE BLACK 30c. PER PACKAGE
GREEN PACKAGE JAPAN 30c. PER PACKAGE

THESE ARE THE BEST VALUES ON THE MARKET.

UPTOWN FISH MARKET

WHITE FISH 23c.
RED SALMON 35c.
Oily Kippers 20c. pr.

WM. DUNCAN
351 PRINCESS STREET

PLEASANT WATER TRIPS STR. ST. LAWRENCE

Wednesday, August 17th.—Regular run to Picton and the Sand Banks, leaving Kingston 10.00 a.m. Fare 75 cents.
Thursday, Aug. 18th.—Special-trip to Ogdensburg Fair. Leave Kingston 8 a.m., returning leave Ogdensburg 6.00 p.m. Fare \$1.25.
Friday, August 19th.—Moonlight Excursion to Gananoque. Leave Kingston 7.30 p.m. Fare 50 cents.
Saturday, August 20th.—Regular run to Alexandria Bay, 2.00 p.m., Sunday, August 21st.—Regular run to Alexandria Bay, 2.00 p.m.

(DAYLIGHT SAVING TIME)
Steamer leaves Dock, Foot of Brock Street.

WORK THAT PLEASES
Our Work Is That Kind
Amateur Finishing, Copying, Coloring, Enlarging, Mounting.
Mr. Dealer, investigate our proposition.
Thompson Photo Specialties
88 PRINCESS STREET—IN TREADGOLD'S
"REAL WORK—That's all we can offer you."

A RESTAURANT THAT WILL PLEASE YOU

Come in and enjoy your meals with us. Everything you like served as you would like it. Our Restaurant is NEW and UP-TO-DATE in every respect.

Dainty Restaurant
88 PRINCESS STREET

Roofing

The Fall will soon be here and you will need that roof of yours recovered or repaired. We can look after your needs. Our stock of Eureka Ready Roofing in 1, 2 and 3 ply—Galv. Corrugated Iron—Slatex Ready Roofing—Parabestos Roof Covering—Carbon Roof Paint is complete at very low prices.

PHONE 840.

Lemmon & Sons
187 Princess St

SLATEX SHINGLES AND ROOFING

is the best on the market. Also Ru-Ber-Oid Wall Board. Make us prove it. See our window display!

W. H. COCKBURN & CO.
Corner Wellington and Princess Street. Phone 216.

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Your child's health

YOUR child's health depends upon correct natural development—lungs—muscles—bones.

If the feet are crippled by ill-fitting shoes that prevent natural movement they will induce a stooping walk—the chest will not develop—the lungs will suffer. A child that walks well is always healthy.

HURLBUT cushion sole shoes are made to develop the foot on sound natural lines and induce a free, natural upright carriage. They are welted and insure the lowest cost per day of wear.

Write for booklet about Hurlbut "Re-built Service" and we will tell you the name of the Hurlbut dealer nearest to you.

MADE IN CANADA
BY
The Hurlbut Co. Limited
Preston, Ont.

Fashion Jottings.

Taupe or moire silk stockings are worn with the black patent leather strap shoes.

The loose mandarin coat is gaining in popularity, because it is so youthful.

Satin and taffeta wraps are lined with muslin and rival the lace and chiffon capes.

A smart cape has panels at the sides, which extend within an inch of the ground.

Dresses of satin and chiffon are draped on princess lines and worn with capes to match.

The skirt of oyster white silk is popular. It is usually pleated and shows a novelty pocket.

Poplin is used much in the Paris models. It rivals taffeta, which is used for the simpler dresses.

Lucile shows an original model with a skirt draped with a loose pantalon effect at the hem.

A standing pompon of black moire ribbon is used on a smartly tailored hat of panne velvet.

Colored bone and pyroxylin ornaments in oblong and dagger shapes are used instead of beads.

Probably a woman confides a dead secret to another because she is afraid that she might die and then there would be no one else to tell it.

You will find that while your friends haven't time to listen to your troubles they would like you to take a couple of hours off to listen to theirs.

How Old Age Comes To Those Who Invite It

"There's a Reason"

THERE are plain rules, well understood, about keeping pieces of machinery in repair and running smoothly.

Is the body as important as an automobile engine or a furnace?

Well, then—

The body is strengthened, warmed, sustained—kept young—in a very practical and scientific way.

Some Simple Facts

Food is heat and power and renewal for the body.

After all, there's nothing mysterious or magical about what food does in serving human need.

Nothing mysterious, but much that is interesting—and important.

Some foods are particularly good for the body.

GRAPE-NUTS is such a food.

GRAPE-NUTS is made from whole wheat and malted barley flour—product of the two grains which are richest in food elements for human need. Under the outer, or bran coating of the grain, nature has placed phosphates and lime which go to the making of bone, and the red blood corpuscles.

This may sound like physiology, but it works like health.

Hunger Not-Cheated

All the richness of the kernel, together with essential mineral elements, are retained in the making of Grape-Nuts. Often, in the manufacture of foods, some of the most vital of nature's provisions are thrown away.

The long baking process (GRAPE-NUTS is the result of 20 hours continuous baking) partially pre-digests the food substances, develops the starches into dextrin and maltose—giving to Grape-Nuts its own natural sweetness—and produces a food which, when served with milk or cream, has been found by chemists to be almost perfectly balanced in qualities of nutrition.

The Enemies Within

Now, old age begins in the larger intestine.

This is what the scientists have found who know the human body as the mechanical expert knows his automobile engine.

Need not go into the particulars—it's enough to say that certain effects produced by food which is slow in digestion develop fermentation and other conditions which cause the bodily machine to slow down and wear out sooner than necessary.

GRAPE-NUTS digests quickly and wholesomely.

Much of this is due to the fact that the long baking has partly pre-digested the nutrient; partly to the fact that there is contained in Grape-Nuts the essential "roughness" to stimulate the action of the intestines.

Health's Splendid Champion

GRAPE-NUTS is a delightful food, for it is uniquely rich and sweet in flavor, and always crisp. It is unusually nutritious, for it has all the body-building elements of the most perfect food grains. It is a convenient and economical food, for it is ready to eat from the package, and is appetizing to the last bit.

It builds strength and vigor without taxing the digestion or leaving within the body, elements whose familiar harm is really the beginning of "old age."

GRAPE-NUTS has been a favorite food, around the world, for nearly a quarter of a century.

And there is a reason!

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