

# In the Realm of Women---Some Interesting Features

## ICED

# "SALADA"

The Summer Beverage "Par Excellence"  
It's So Refreshing. **JUST TRY IT!**

### For the "Lean Season"

For the time of re-trenchment, when the purse strings must be held tightly to meet new industrial conditions, eat

# Shredded Wheat

for breakfast with milk, for lunch with green vegetables, for dinner with sliced bananas, berries or other fruits. Try this diet for a few days and you will be ahead in purse, in health and in strength. Shredded Wheat is 100 per cent whole wheat, prepared in digestible form.

TRISCUIT is the shredded wheat cracker, a crisp whole-wheat toast, eaten with butter or soft cheese.

MADE IN CANADA



SOWARDS KEEPS COAL

—and—

COAL KEEPS SOWARDS

PHONE 155.  
UPTOWN OFFICE—McGALL'S CIGAR STORE  
PHONE 811.  
SOWARDS COAL COMPANY

## THE SNAPS YOU TAKE

you take on SUNDAY and MONDAY will be good ones to test our extraordinary, quicker service and superior workmanship. Bring us yours this week.

DEALERS:—Who's during your finishing? You'll be interested in our proposition!

### Thomson Photo Specialties

88 PRINCESS STREET—IN TREADGOLD'S  
"REAL WORK—That's all we can offer you."

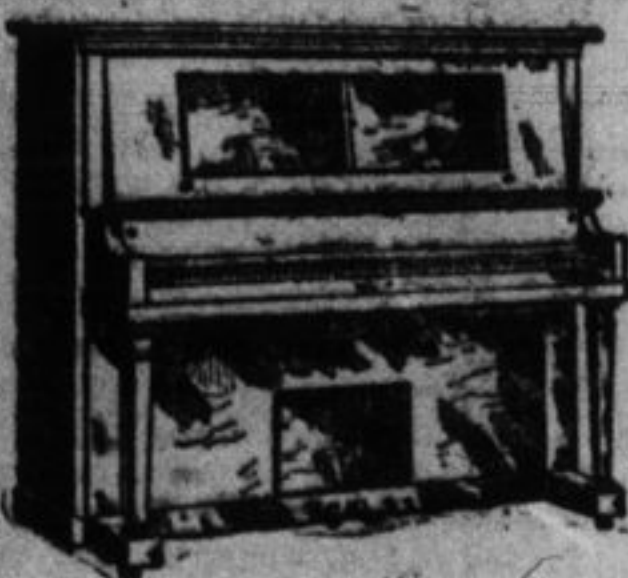
Half the people in the world are unhappy because they can't afford the things that make the other half miserable.

Whenever a girl begins to straighten a young man's necktie—well, that settles it.

If a man offers you something for nothing don't accept unless you can afford to pay at least double its value.

Lots of men find folly so attractive that they find no desire to acquire wisdom.

# Let Us Pay For Your Musical Education



For two months (July and August only) we have a plan that will interest any ambitious person who wants to learn to play the Piano or other instrument. It involves just a little co-operation with us, and not a cent of outlay.

Get particulars at once. Remember the opportunity is for July and August only, and the time is short.

The J. M. Greene Music Co., Limited  
HOME OF GOOD MUSIC. 166 PRINCESS ST.

Stores at Peterboro, Lindsay, Belleville, Kingston, Barrie.

## Little Lady in Lavender

By Dorothy Douglas

The Fifth avenue bus plowed its drunken way up the avenue, careless of jolts to its passengers.

The little lady in lavender jerked her bonnet back, from time to time, and beamed upon the world in general. She was enjoying everything in the big city, from jolts to the chiffon lingerie displayed so tastefully in the shop windows.

The only thing she was missing terribly was some one to chat with. Her big son, with whom she had come to the city for a month or two, was always down in the turmoil of business, and even had he been beside her during her thrilling trips down the avenue he could hardly be expected to echo her own excited interest in the pretties.

Edith Vance boarded the stage at Fifty-seventh street, and because of the inviting manner in which the little lady in lavender drew aside her skirts, she took the seat beside her. Perhaps, too, it was just because, way back in the dreams of her, Edith had pictured just such a little mother as this. Bereaved early in life, she had missed that greatest of all friendships, paldom, love—that of a mother. Her father, precious beyond all fathers, had tried to play the double role and had succeeded to as great an extent as any human being could.

But the joy of shopping for an evening gown, a wrap to go with it and perhaps one's winter furs was merely a mechanical necessity without mother to help select and offer judgment.

Thus it was that an unusually jolly jolt of the stage flung the two into conversation. It was only a beginning, but before Thirty-fourth street was reached the little lady in lavender, or Mrs. Jackson, as she was known, and Edith Vance were deep in confidences. When Edith arrived home and told her father of the little lady in lavender whom she had met, and who was so full of sparkle and charm, he replied:

"Few girls have half the sparkle and charm of you, dear."  
"Flatterer!" she admonished lovingly.

But it would seem as if that same sparkle and charm found its way into the heart of John Vance almost immediately he met the little lady whom his daughter had been speaking of.

They were chatting over the tea like two magpies, and their smiles for each other were very lovely to see.

David and Edith, sitting a short distance from them, glanced at them from time to time, and in their own eyes were reflected, if a trifle mistily, a smile of curious contentment.

"I have known my dad to be unutterably lonely at times," Edith said softly, and with a loneliness I, being of the younger generation, cannot fill in. Wouldn't it be wonderful, quite too wonderful, if they—"

David smiled softly and glanced again at the couple beside the tea table and just then a scrap of conversation drifted toward the younger couple.

"On the night my daughter goes to her painting class I am intolerably homesome. She has dinner downtown and then to class. Couldn't we go on a regular spree, dinner, theatre, a bite after? Would it be asking too much of you, little lady?"

David and Edith caught a swift breath: There was no time being lost—there by the tea table.

A soft flush spread over the little lady's face, and she cast a shy glance at John Vance, then one at her big son.

"It would certainly be very wonderful," she told him softly with a wonderful smile straight into the eyes of Edith's dad.

David turned to Edith. "It looks as if the quite, quite wonderful had already happened, and that you and I are destined to be fulfilled—brother and sister."

"It is so lovely I can hardly believe it!" Edith said softly.

And because he was masculine and wanted not to show emotion and because the girl's voice held a tremble David grinned.

"Our new relations—I suppose you mean," he suggested and was rewarded by Edith's swift smile.

Listeners don't expect to hear any good of themselves; it's the bad of others they are after.

## STROUD'S TEA

The taste is the best.

**Good for baby**  
Contains what baby needs to make him sturdy, healthy and happy.

**Borden's EAGLE BRAND Condensed Milk**



Vacation turbans of white canton crepe combined with white moire ribbon. Joseph names this chapeau the "Go Getter". Mere man may not suspect but "every woman knows" that millinery and matrimony go hand in hand.



Summer hats will continue to roll-off-the-face says Joseph as he presents this felt chapeau trimmed with a pheasant fancy.

## MUSIC IN THE HOME.

Wonderful Carillon of Bells Proposed for Washington.

E. W. Denison Taylor, a carillon bell expert and manufacturer of Loughborough, England, recently went to Washington, D.C., to consult with the authorities there, relative to the erection of a memorial bell tower and the installing therein of a carillon set of bells.

Although the tower is to hold 75 tons of bells, there are to be no deafening reverberations. This result will be obtained by the construction of the tower and by the tuning of the bells.

It is likely that the windows of the tower will begin at about the height where the small treble bells hang. Thus the tones of the larger bells hung lower in the tower will rise in the shaft with the other tones and issue from the windows in perfect accord with the lesser bells.

The bells will be cast so as to get overtones in true musical relation to the fundamental notes. Each bell will have two harmonies—the same tone will sound in three octaves, and by a system of bell tuning, the sound vibration can be measured.

The clappers will not be allowed to swing loose or to come down with a great clatter of sound, but will be held one or two inches away from the bells so that when the player at the clavier or keyboard presses a key, the clapper will strike the bell forcibly, but softly.

The largest bell in the proposed Washington carillon is to weigh 22,000 pounds, and the carillon will have a range equal to a piano, with all the half tones, so that any composition playable on a piano can be duplicated on the carillon.

### How to Manage the Music Critics.

Professional men of letters, as a rule, criticize one another. The literary critic speaks as a fellow craftsman, and usually bases his rights to judge of another man's work upon the conceded merit of his own.

Musical critics, on the contrary, seldom pose as performers. Our friend the enemy is usually not so much has-been as a would-have-been-if-he-could. A sort of trick elephant who does not belong with the herd and has turned rogue. The professional critic is not often a profound

## Abbey's EFFERESCENT SALT

relieves Headache and Pain in the Back—corrects Biliary Attacks, Indigestion and Constipation—quiets the Nerves.



## NEW PRICES CHARM TEAS

BLUE PACKAGE BLACK ..... 25c. PER PACKAGE  
RED PACKAGE BLACK ..... 30c. PER PACKAGE  
GREEN PACKAGE JAPAN ..... 30c. PER PACKAGE  
THESE ARE THE BEST VALUES ON THE MARKET.

## FOR GOOD THINGS WELL SERVED

TRY THE NEW

## Dainty Restaurant

We aim to please. Call and have Dinner or Lunch with us, and you will be delighted.  
88 PRINCESS STREET

and serious student of that which he is supposed to know most about. He prides himself upon a certain obstinate amateurishness. He listens not from the stage but from the audience. Theoretically, he voices the opinions of the listeners. One thing he must be—he must be witty. With him satire covers a multitude of injustices. To be readable and entertaining is more essential than to be sincere. The performing artist is often helpless to say a word in his own defence, even when, as has been known to happen, he may have coached the critic beforehand on new features in his programme. Moreover, it is a point of honor among musicians, as among prize-fighters, to take punishment without complaining, and stand up until knocked out.

Perhaps it would be a good idea for artists to club together and form a society for the amusement and consolation of the critic. A little tact and ingenuity are all that is required. Keep the critic diverted and in good humor and this world will be a more serene, but far less entertaining place.

### Musical Notes.

A Mid-European Musical Congress will be held in Stockholm, Sweden, in September, to found a Middle-European Musical Association.

A traveller in the Philippines came across a quaint old church in the suburbs of Manila in which was set up an organ made entirely of bamboo. All of the pipes are of reeds, this curious instrument, which gives forth a peculiarly sweet and bird-like

music, was constructed over a hundred years ago by a missionary priest, who was both a mechanical and a musical genius.

The National Music Festival, an educational institution of five years standing, will hold its annual festival this year at Buffalo for one week in October next. The festival is not operated for commercial gain, but in the cause of American music and the American-born composer and artist. Edna Thomas, a singer of New Orleans, is bringing to light many of the almost-forgotten melodies of the Louisiana plantations.

An appeal is being made to the citizens of Boston for contributions to a fund to sustain the Boston Symphony Orchestra.

### Various Kinds.

A negro was brought before a justice of the peace. He was suspected of stealing. There were no witnesses, but appearances were against him. The following dialogue took place: "You've stolen no chickens?" "No, sah." "Have you stolen any geese?" "No, sah." "Any turkeys?" "No, sah." The man was discharged. As he stepped out of the dock he stopped before the justice and said, with a broad grin: "Fo' de Lawd, squire, if you'd said ducks you'd 'a' had me."

There are approximately 150,000 acres planted to rice in California, which ranks next to Louisiana as a rice producer.

If every man has his price a fellow naturally feels cheap when he gives himself away.

Good home made bread is the most palatable, wholesome and nourishing food in the world. It is far more economical than any other staple food. If people would eat less meat and other heavy foods they would feel better and help to keep down the cost of living. Bread made in the home with Royal Yeast Cakes is more nourishing and appetizing than any other. Nothing healthier for children and grown ups.

A fresh, rosy complexion indicates perfect health. To secure this in most cases all that is necessary is to take one to three Royal Yeast Cakes a day for a few weeks.

Yeast is a food. It supplies the water soluble vitamins which the diet may lack. Scientists tell us that this vitamin is essential to good health. Yeast is highly beneficial in many cases in which the system seems to be run down. The yeast cakes simply add to the diet.

Disolve a Royal Yeast Cake in fruit juices or mix it with cereal and milk, and take it at meal time. The chances are in a few weeks the complexion will be clear. Constipation and other ills will be relieved. For children reduce the amount to one-half or one-quarter of a cake with each meal.

Send name and address for free booklet "Royal Yeast Cakes for Better Health."

E. W. Gillett Company Limited  
Winnipeg Toronto, Canada Montreal

Made in Canada

Comfort Your Skin With Cuticura Soap and Fragrant Talcum

## WILSON'S



Kill them all, and the germs too, 10c a packet at Druggists, Grocers and General Stores.