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 "I was for many years a victim of that terrible disease, Rheumatism. In 1913, I was laid up for four months with Rheumatism in the joints of the knees, hips and shoulders and was prevented from following my work, that of Electrician.
 I tried many remedies and was under the care of a physician; but nothing did me any good. Then I began to take 'Fruit-a-tives' and in a week I was easier, and in six weeks I was so well I went to work again.
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50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

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"My trouble began as small pimples and in a few months they got worse and my forehead was just a mass of large pimples. They were hard and red and caused me to scratch, and I was disgusted for the time. They made me embarrassed when out in company. I tried sassafras tea but it was of no help. I saw a Cuticura Soap and Ointment advertisement and sent for a free sample. After using them I bought more, and when I had used one cake of Cuticura Soap and one box of Cuticura Ointment for about a month I was completely healed." (Signed) Miss Ella May Johnson, Box 65, Camas, Idaho, March 9, 1920.
 Cuticura Soap, Ointment and Talcum promote and maintain skin purity, skin comfort and skin health often when all else fails.
 Soap 25c. Ointment 25c and 50c. Talcum 25c. Sold throughout the Dominion. Canadian Depot: Lease, Limited, 34 St. Paul St., Montreal.
 Cuticura Soap shaves without mess.

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Dr. H. A. Stewart Dental Surgeon
 Wishes to announce that he has resumed his practice, cor. Wellington and Princess Streets. Phone 2092.
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 makes an ideal dessert for Sunday. No trouble—everybody likes it, and it is a pure food. This store is open for the convenience of our customers on Sunday—
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 Prescription Druggist.
 Phone 82.
 Formerly, Prouse's Drug Store.

You can force taxes and prohibition on the American farmer. But he draws the line on being called a "peasant."

Kingston and Vicinity

Appointed Coroner.
 Dr. Ambrose Gerald McKelvie, Cayuga, well known in Leeds county, has been appointed an associate coroner in and for the county of Haldimand.

For the Hot Weather.
 We have in stock a few brown and grey lightweight summer suits for youths, sizes 34, 35 and 36, regular price \$18, which we will sell for \$13. Prevost, Brock street.

Successful Pupil.
 Master Osborn McKane, successful pupil of Miss Marjorie Lambert, recently passed his music examination, introductory grade, in Toronto Conservatory of Music.

Seek His Release.
 The friends of Dr. Wheeler, Cornwall, serving a sentence in the Portsmouth penitentiary, are endeavoring to secure his release and strong representations have been made to the minister of justice on his behalf.

Leased Glen Island.
 R. H. Williams, Toronto, has leased Glen Island from John C. Dornell, its present owner, with an option to purchase the property. Mr. Williams proposes to put Glen Island on the map as a summer resort.

Cheese Sales.
 At the Brockville cheese board on Thursday, 1,120 white and 2,306 colored were offered; 23 1-4 cents and 23 1-2 cents, the highest bids, were refused. At Campbellford cheese board there were hoarded 500 cheese, all sold at 23 1-2 cents.

Bought Yacht and Sold It.
 Dan Boy, Deseronto, recently purchased The Cock Robin, a sailing yacht that used to show them all how to skim the fresh water, and bringing the vessel up from Kingston to Deseronto has since sold it to Messrs. Art Malley and Clapperton.

Case Was Adjudged.
 The charge of criminal negligence brought against Charles A. Smith, Trenton, in connection with injuries

sustained to occupants of his car when it was ditched near the "Refuge" last week, was adjudged. Smith not being able to attend.

Engagement Announced.
 The engagement is announced of Miss Blanche Reed, daughter of Mr. and Mrs. Walter Reed, Pictou, and Harold Victor Saunders, Oshawa, son of Mr. and Mrs. Albert Saunders, Wellington. The marriage is to take place the latter part of July.

Engagement Announced.
 Mr. and Mrs. Jason W. Mitchell, Brockville, announce the engagement of their only daughter, Vida Geraldine, to Walter S. Webb, Calgary, Alta., son of Mr. and Mrs. G. S. Webb, Port Elgin, Ont. The marriage will take place about the middle of August.

Stop All Impertinence.
 Impertinent young men are showing themselves at the bathing grounds about the George Richardson bathing house. On Thursday night while a group of young women were in swimming, the offensive young men took possession of the boat they were using and proved themselves abhorrent. The young ladies think a police guard, in bathing attire, should be about the limits to stop the boorishness of silly fellows.

Came East to Celebrate.
 George Parnham, Guelph, spent the 12th of July in Pictou after an absence of many years, says the Pictou Times. Fifty years ago Mr. Parnham was employed in the Times office, the late Robert Boyle being then in charge. The family moved from Pictou to Deseronto and later to Guelph. Mr. Parnham retains his membership in Deseronto Orange Lodge and came east to take part in the celebration at Pictou.

Rev. T. W. Neal Leaves.
 Rev. T. W. Neal, general secretary of the Toronto Methodist Union, and past-president of the Toronto Methodist conference, and formerly of Sydenham Street Methodist church, with Mrs. Neal, has left for

Should Carry Lights.
 Now that the boating season is being enjoyed by so many people—day and night—it should be the aim of all to adopt the "Safety First" principle. While accidents here are much less than at other watering places, care must be exercised for your own protection as well as others. At night time the risk is much greater especially with the smaller craft and those running without lights. Those out in launches, skiffs and canoes, should by all means carry lights, for running in all directions a swiftly moving launch would very quickly cut a skiff or canoe in two, with the possible death of the occupants. Carry a light when out after sundown, and don't be afraid to show it. This applies also to drivers of motor cars, horse driven vehicles, etc.

EGOTISM
 By CHARLES GRANT MILLER
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We are all egotists one way or the other. The ego of each one of us—that greedy, insistent, insatiable and domineering instinct which says and reiterates that the best is none too good for us—is responsible for much of the misery of mankind. Take any girl with passable features, ordinary physique and medium intelligence. In her dreams she pictures a possible lover of supreme beauty, brilliant intellect and inexhaustible wealth, who will one day fall before her charms.

Many marriages are failures for no other reason than the insatiable egotism of both parties, which demands and keeps on demanding consideration, diplomacy, nattery, yet never proffering sought in return. Though the girl knew this man was a high-tempered when she married him, and knew of insouciance too, and a carelessness in regard to keeping his word, yet she married him, with her eyes open. Then as the years go by, these things grate on her; she refuses to face the fact that they are constitutional infirmities, and as unchangeable a part of him as the nose on his face. And she continues to nag and make life unpleasant, never realizing that she, too, has faults that have to be put up with.

Then a man marries a pretty face, thinking little of what is back of it. He soon comes to realize that a pretty face alone is a poor thing to live with. Or, perhaps, on the other hand, he marries an intellect alone and, soon or late, tires of his bargain. But he lacks the philosophy to make the best of it; he fails to remind himself that he is responsible for the condition of affairs; fails to put the blame where it belongs. His egotism blinds him, and so he considers the scheme of the universe entirely at fault.

The pessimist does not exist who is not surcharged with egotism. He takes himself as the standard of measurement in weighing what little else there is of the world, and in his mind it does not nearly come up to the mark.

In our friends we expect the highest attainments; consistency, devotion, ideal sentiment, as well as sympathy and material assistance. Yet we seldom stop to question whether we deserve these things.

Truly astonishing, when we come to think of it, is the natural, inborn and rooted egotism of most poor mortals.

Half our troubles, failures and sorrows are due to the fact that we think the universe was designed to nicely fit down around ourselves, rather than we to fit ourselves into it.

say

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