In the Realm of Women---Some Interesting Features



Made of pure fruit extracts com-bined with the very finest Calf's Far superior to the average Jelly

Each packet makes one pint of delicious jelly. Six flavors. A trial will convince you.

At your grocers WEIR SPECIALTY CO. LTD TORONTO - CANADA Bowars of imitations."



Told In Twilight

(Continued from Page 3.)

The mid-week Yacnt Club dance on Wednesday was greatly enjoyed by the boys and girls, as well as by the young married people present and splendid music was also heard with pleasure by the occupants of the boats and canoes that floated lazily on the rippling water. Among those present were: Ex-Commodore and Mrs. W. Casey, Mr. and Mrs. W. L. Macnee, Mr. and Mrs. Stewart Robinson, Mr. and Mrs. Manley Baker, Dr. and Mrs. Earnest Sparks, Miss Isabel Minnes, Miss Doris Spackman, Montreal, Miss George Robinson, Napanee, Miss Ruth Fowler, Scranton, Penn., Miss Edith Rankin, Miss Dor-

is McKay, Miss Helen Tofield, Miss Jessie Torrance, Miss Mary Ogilvie Miss Anna Mahood, Miss Frances Murray, Miss Kathleen Eibby, Messrs E. C. Gildersleeve, Frank Purdy, S. ers. Truly! Driver, S. Hill, Frank Symthe, J. Your druggist sells a tiny bottle move the jars about, or help in lift-Courtland Elliott, Reginald Sawyer, of "Freezone" for a few cents, suffi-W. Shaw, Hubert Chown, Prestby cient to remove every hard corn, soft MacLeod, Miller and Sidney Donnel-torn, or corn between the toes, and ly, Jack Emery, Mr. and Mrs. Mac-the calluses, without soreness or irkenzie, Mrs. Millar (Hamilton), Mr. and Mrs. James Hill, Dr. and Mrs. W. A .Jones, Miss Bertha and Vivian | Mitchell, William street. White, Miss Marion Ogilvie, Miss Louise Hill, Miss Doris and Miss Harriett Donnelly, Miss Doris Club will be held during the last Browne, Miss Phylis Spencer, Miss week in July and visiting yachts the jars and rubbers sterilize. Evelyn Gilbert, Miss Florence Em- will be here on the 3rd of Augery, Miss Marjorie MacLeod, Toron- ust. There will be large teas and danto, Miss Gertrude McKelvey, Miss Ruby Driver, Miss Warde Finkle, Miss Myrtle Hewgill, Miss Flo Cunningham, Howard Fair, Bruce Taylor, Laing arrived in town this week the stems, but leave the little caps Dr. Broom, Lt.-Col. O. D. Young, from Beachville, and are in their on the okra. Then blanch each kind Capt. Lee, Edgar Ogilvie, F. Foulks home on Alfred street. and George Kirkpatrick.

A miscellaneous shower was given last week at the parish house of the Church of the Holy Cross, Harrisburg, Texas, in honor of Miss Ina Sands, R.N., whose marriage to Prof. A. C. Chandler, Rice Institute, Hous ton, Texas, takes place on Saturday, July 9th. White and green, the bridal color scheme, was carried out in th Shasta daisies, palms, ferns and Southern smilax, which adorned the assembly room. The punch table was most original in its design, being a big wedding bell fashioned of daisies, with smaller floral bells forming a canopy. Little Miss Abbie Louise Milby presented the bride-elect with a big tulle bow, which contained many lovely gifts. The Daughters of the King gave Miss Sands a bride book, bound in white leather, and the small choir girls showered her with flowers. Music and refreshments were another feature of this delightful "send-off" to this old Kingston girl, who is well known in town and who

Lift Off with Fingers



Freezone" on an aching corn, instantly that corn stops hurting, then

The local regatta at the Yacht helps retain their color. ces on both occasions.

at Wolfe Island, is now at "Somersby a level teaspoonful of salt to each

grandsons, Masters Bobby and John sterilize for two hours. Remove the Partridge, left on Wednesday for the jars, screw down the tops tightly and Sand Banks.

er, William street .

Toronto on Tuesday.

Mrs. Fergus O'Connor, Earl street, two hours. and her family are at their cottage near McDonald's Cove.

have been the guests of Col. and Mrs. ed, diced or sliced, then packed in Norman S. Leslie, Emily street, left the jars. Add a level teaspoonful of today for New Brunswick, and will sait to each jar, fill with boiling sail for England on July 19th on water and sterilize an hour and the S. S. Empress of France.

Mrs. W. Noonan was in town this covers. Cool, wash, label and store. sity Avenue.

David Forgin.

ers this wesk.

Miss Georgie Robinson, Napanee, and her guest, Miss Ruth Fowler, Scranton, Penn., spent several days in town with Mr and Mrs. W. J. Fair, "Roland Place."

University Avenue, have returned from a motor trip to Boston.

Mrs. S. T. Caldwell, who has been visiting Mrs. John Gow, Lower Union street, returned to Ottawa today. Miss Isabel Minnes, Bagot street,

has returned from Perth. Dr. and Mrs. John Macnaughton who were with Col. and Mrs. Ogilvie at Collins Bay, have gone to the Maine coast.

Col. and Mrs. Norman S. Lesiic DR. MARTEL'S FEMALE PILLS will leave on Saturday for the Maritime provinces.

Mrs. R. J. Leach, who has been at Niagara-on-the-Lake with Mrs. Valentine Stockwell, and has recently Remedy Co., 71 E. Front St., Tobeen at Petawawa with Major Leach, has how gone to Tadousac, Que. Miss Massey-Bayly, Montreal, is

the guest of Capt. and Mrs Munn, Royal Military College. Mrs. E. T. Steacey, King street,

and her family have gone over to their cottage on Wolfe Island for the summer. Miss Helen Lyman, Boston, is with

Miss Lyman, King street. Mrs. Valentine Stockwell, who has been on a fishing trip near Petawawa, with Col. Stockwell, was in town this week on her way home to her cottage at Niagara-on-the-Lake. Mrs. Trumpour and Miss Gladys Trumpour who have been visiting Mr.

Miss Jessie Torrance has returned from Bishop Strachan's School, Toronto, and is with Dr. and Mrs. Torrance, Alfred street.

and Mrs. Mark Trumpour, Union

street, have returned to Napanee.

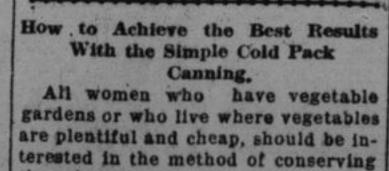
Prof. and Mrs. Guilford Reed, Albert street, returned from Truro, N. S., this week.

Mrs. Bewick, Dundee, Scotland. who has been visiting her daughter, Mrs. J. Austin Scroggie, R. M. C., has one to Winnipeg, but will return to Kingston before leaving for Scot-

Monsieur and Madame Vattier, R. M.C., are camping at Dogs Lake. Capt. and Mrs. Vokes are at their cottage on the St. Lawrence.

THE HOME KITCHEN

By Jeannette Young Norton Author of "Mrs. Norton's Cook



them for winter use. Old-fashioned methods often resuit in poor products, and the foods sometimes ferment and in other ways become useless, but with modern cold pack formulas there is raierly a failure if the directions are carefully followed!

. An old-fashioned boiler with a rack in the bottom to hold the jars, a pair of jar-lifting tongs, a wire basket which fits into a good-sized kettle for bleaching, a jar funnel, jars with tops and fresh rubbers, plenty of cheeslecloth squares and a shortly you lift it right off with fing- pancake turner with the blade bent to a right angle with the handle to ioned method will prove satisfactory.

Blanching of vegetables removes excess acids, improves the flavor, and causes a slight shrinkage so that more may be put into a can. It also

While preparing the vegetables let In canning the pod vegetables pro-

ceed in this manner. Shell the peas and lima beans, string the green or wax beans, then Rev. Douglas Laing and Mrs. cut them into short lengths and cut in boiling water from two to five Mrs. Douglas Anglin, who was the minutes, plunge into cold water, then guest of Dr. and Mrs. W. G. Anglin, pack into the jars, When packed, add House" with Col. and Mrs. R. E. jar and fill with boiling water. Place the jars in the hot water bath, after Mrs. R. Easton Burns and her lightly screwing on the tops, and stand upside down to cool. When Mr. and Mrs. Herbert Horsey and cold, tighten the covers again, wash Miss Mildred Horsey, who were in the jars off and label them. Keep town this week, have returned to in a dry, cool place. If in too strong a light, cover the jars with brown Mrs. M.llar. Hamilton, is the paper so the products will not lose guest of Prof. and Mrs. Manley Bak- their color. When the jars are set in the water bath, the water should come within an inch of the top of Miss Kitty Torrance will leave for the jars. Count from the time the water begins to boil, the necessary

Vegetables in the root and tuber class such as carrots, beets, turnips Mrs. Thomas F. Hughes and Miss parsnips and sweet potatoes should Yvonne Hughes, London, Eng., who be washed, scrubbed, pared or shaphalf, after lightly screwing on the

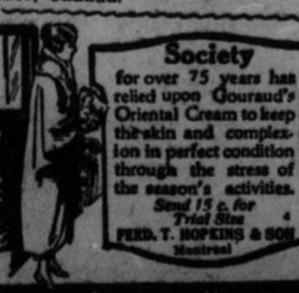
week from Napanee and was the Tomatoes should be of medium guest of Miss Bertha White, Univer- size, smooth and firm, scalded long enough to loosen the skin, plunged Miss Jean Duff went to Toronto in cold water, the skin removed and on Thursday to visit her sister, Mrs. the stem end cut out. Pack in sterilized jars, add a level teaspoonful of Dr. Vrooman, Messrs. Robinson, salt to each jar, no water, screw on Anderson, Wallace and Carr, Nap- the tops lightly and cook in the waance, were among the visiting golf- ter bath twenty-two minutes. Lift, and enough boiling water to fill the tighten the covers, invert the jars jars, screw the covers partially on. GIRLS! WHITEN SKIN

WITH LEMON JUICE

Squeeze the juice of two lemons in-to a bottle containing three ounces of Prof. and Mrs. W. E. MacNeill, Orchard White, which any drug store will supply for a few cents, shake well, and you have a quarter pint of harmless and delightful lemon bleach. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day, then shortly note the beauty and whiteness of

Famous stage beauties use this lemon lotion to bleach and bring that soft, clear, rosy-white complexion, also as a freckle, sunburn, and tan bleach because it doesn't irritate.

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25 years Standard for Delayed and Painful Menstruation. Sealed Tin package only, all Druggists or direct by Mail. Price \$2.00. Knickerbocker ronto, Canada.



Oriental Cream



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Oven the collar band and cuff edges need only a light rubbing between your hands—

X7HAT hard rubbing the old way of washing meant! Even though you boiled the clothes, the bad spots simply would not budge without a long session with the washboard. Now-with Rinso-you do next to no rubbing at all. RINSO not a cake soap—not a washing powder—but a new form of soap in granules, with power to cleanse the grimiest dirt just by soaking. Yet Rinso harms nothing-doesn't even redden your hands-safe as pure water itself. Here is what vou do:

> AT NIGHT-SOAK WITH RINSO IN THE MORNING-JUST RINSE!

If you have a washing machine Soak the clothes overnight in the usual Rinso way. The cleaning suds loosen every bit of dirt. In the morning operate the machine for a few minutes and the clothes are perfectly clean-even the most soiled spots.

> Get a package of Rinso to-day at your Grocer's.

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You must know it is not fair to

to cool, wash, label, and wrap in dark blue, or brown paper to keep the color.

In putting up pumpkin or squash for pie-filling, peel and cut in pieces and stew it until soft, then mash through a sieve. Add one cupful of sugar and one level teaspoonful of salt to each quart of pulp. Fill the jars and partially screw on the tops, then cook in the water bath for one hour and a half. Lift, tighten the

covers, cool and store. Blanch the selected young and tender corn on the cob for three to five minutes. With a thin, sharp knife slice it down and with the back of the knife scrape out the milk, but do not get the husks. Put in the jars, adding steaspoonful of salt to each and sterilize for three hours. Lift, tighten the covers, invert to cool, wash, label and store.

TO-DAY'S FASHION



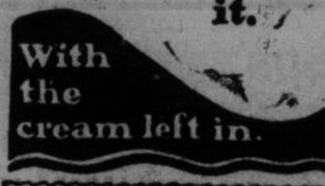
This Youthful Morning Dress is Black Silk Crepe. The vogue for black still remains despite the great variety of gaycolored fabrics which always appear

with summer weather. This dainty frock is fashioned from black silk crepe that lends itself well to the soft draping which distinguishes the skirt. The folds are caught underweath in the manner of the

The bodice is long-waisted and fits the figure snugly. The dropped sholder-line is apparent on this model. The beauty of the black gown is accentuated by the whiteness of the guimpe of mousseline and Val. lace.

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Fresh milk when you want itand as rich as you want





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Four separate dormitories. Separate
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Courses leading to pass, honour and
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Old Dutch; it's the safe sane

way. Saves you time and labor;

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