

In the Realm of Women---Some Interesting Features

Science Proves the Danger of Bleeding Gums

Medical science proves that unhealthy gums cause serious ailments. People suffering from Pyorrhoea (a disease of the gums) often suffer from other ills, such as rheumatism, anaemia, nervous disorders, or weakened vital organs. These ills have been traced in many cases to the Pyorrhoea germs which breed in pockets about the teeth.

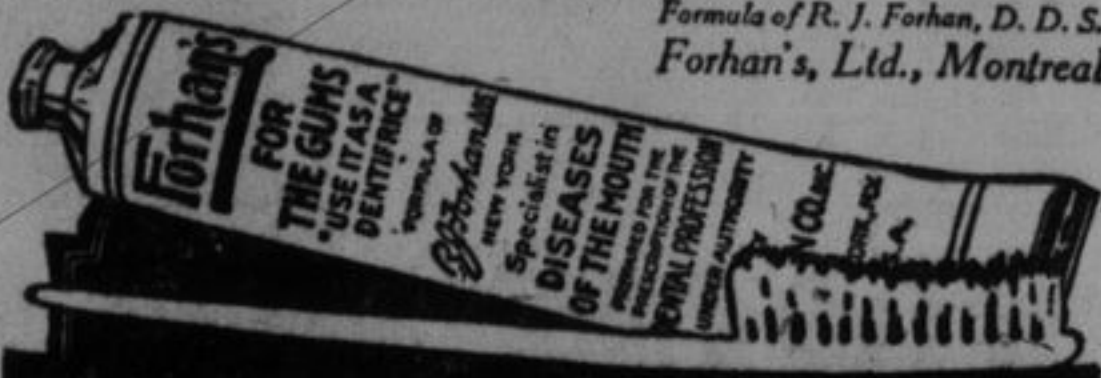
Four out of five people over forty have Pyorrhoea. It begins with tender and bleeding gums. Then the gums recede, the teeth decay, loosen and fall out, or must be extracted to rid the system of the infecting Pyorrhoea germs.

Guard your health and your teeth. Keep Pyorrhoea away. Visit your dentist often for tooth and gum inspection, and make daily use of Forhan's For the Gums.

Forhan's For the Gums will prevent Pyorrhoea—or check its progress—if used in time and used consistently. Ordinary dentifrices cannot do this. Forhan's will keep the gums firm and healthy, the teeth white and clean.

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Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proved.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

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CANADIAN VESSEL BRINGS SUPPLY FROM FAR EAST.

"Canadian Pioneer" Was Appropriate Name of First Vessel to Carry Dominion's Ensign Into the Waters of India—Left and Completed Round Trip a Little Over a Month Ago.

TIMES change. In the old days the tea-clippers with their swelling expanse of snowy square rigged sails would go pounding down the sweltering Indian sea, tack around the Cape of Good Hope and then stretch out on the long race up the west coast, piling on every inch of sail in order to be the first into London. Pool or Deptford dock with eagerly awaited cargo of savory ceylon, pongol or orange pekoe.

To-day the white-winged Indiamen are gone from the high seas forever and their place has been usurped by the steel steamers. Even the old trade routes are abandoned and now when Canada wants tea for her supper she despatches one of her own merchantmen to fetch it.

The Canadian Pioneer which docked at St. John on the twenty-third of April was the first Canadian trader to carry the ensign of the Canadian Government Merchant Marine into Indian waters. The Pioneer is a true missionary of western civilization for when she left Montreal for the bright east last September her cargo consisted chiefly of Canadian-made automobiles (mostly of the five-year type).

Passing through the Straits of Gibraltar and the Suez Canal, she made her first call along the west coast of India at Karachi—the town whose name has become associated with fever-laden troops trains. From there she passed down the coast to Bombay and thence to Colombo, Madras, Rangoon and Calcutta. After cutting over to Singapore in the Straits Settlements, she made her first call at Batavia in Java before turning back to pick up the cargo of tea and general merchandise which she finally brought into the harbor of St. John after a six month trip.

The Pioneer is the first Canadian vessel to make the round trip to India, but she is merely the forerunner of what promises to be an era of world-wide trade exploitation for Canada. For example, in her travels she met the Canadian Conqueror at Bombay, and the Canadian Importer recently left Vancouver for Australia where she will go via the Suez to St. John, N.B., and then through the Panama home to Vancouver, thus circumnavigating the globe.

Out of the sixty-six ocean-going vessels which were included in the program of the Canadian Government Merchant Marine, over thirty-seven are already in service. These are not being used as tramp vessels to pick up a cargo here and there but they are running on established routes and schedules. Two on the passenger service touch the West Indies every three weeks, calling at Nassau in the Bahamas, Kingston in Jamaica and Belize in British Honduras.

The South American services reaches Rio de Janeiro, Buenos Aires, Montevideo and Santos. There is a fortnightly service to the Barbados, Trinidad and Demerara and a monthly service to India and Australia. Other routes reach London, Liverpool, Cardiff, Swansea and Glasgow, while it is proposed to institute a service to China and Japan.

While the United States is a world-trader by interest only, Canada is one by necessity, since her geographical position does not allow her to be economically self-sufficient. The Canadian Government Merchant Marine, coupled up with the 23,000 miles of national railway, provides an unsurpassed marketing organization which can reach the uttermost corners of the globe. The advantages of this can be estimated when it is considered to what an extent the prosperity and stability of industry depend upon a broad export market.

The Canadian Government Merchant Marine, born of the war, now promises to be a decisive factor during peace time in placing Canada in the front rank of world-traders.

Cuckoos and Cowbirds.
There are a few birds that lay their eggs in the nests of other birds, the latter being of entirely different species or even families, says the American Forestry Magazine. The nestlings of such species are reared by their foster parents. The cuckoos of the old world have this habit, while with us it is the cowbird which is the guilty one. In either case only a single egg is deposited, and the young cuckoo, as it grows, manages to push the rightful occupants of the nest, being fed by their parents until it is ready to shift for itself.

Poor Lisa Ann.
A well-known philanthropist tells how he was serving out viands with a lavish hand at a children's treat in the east end of London.

"Want any more?" he asked of Lisa Ann.
With her mouth full she nodded assent, and after she had swallowed he heard her whisper to her neighbor, "Lumme, I wish I 'adn' mended my corsets!"

Speaking to the Horse.
Irish Cab-driver—"O'wan, shake yourself, ye moth-eaten old corpse! (Confidentially to his passenger), It was the horse I was speakin' to, ma'am."

A walrus hunt is the most dangerous sport of the Arctic regions.

Good Night Stories

By Blanch Silver

Where Labor is Song.
"Do you know," Jenny Wren said to Chippy Sparrow one beautiful morning, "I think Daddy Woodpecker must be a grouchy old fellow. I've lived in this old tin can tacked to this tree for a good many seasons, and I have the first time yet to hear him sing."

"Funny," laughed Chippy Sparrow. "I was telling my mate just the other day the very same thing. I have never heard him singing, and I'm around most of the time. He certainly must be a grouch."

"And he is rather a nifty-looking fellow, too," chirped Mrs. Cowbird. "My mate can't sing so very well, but, my goodness he is for ever trying



An Interesting Conversation.

to mock some who can! I've often thought that Mama Woodpecker must live a lonely life. In the first place why doesn't he build her a nice house where she can sit out and enjoy the sunshine, instead of making her live in the hollow of some old dead tree?"

"Well, I don't know," laughed Jenny Wren. "Still, it seems queer to me also. Yet, come to think about it, Mrs. Cowbird, I've often wondered why you never built a nest and raised a family. Come to think of it, I've never seen one of your eggs. Don't you ever lay any?"

"Indeed she does!" chirped a fourth voice, and little Yellowbird, her feathers shining like satin in the sunlight, hopped up to the three friends. "Mrs. Cowbird lays eggs all right, and I can prove it, for last season she laid three eggs in my nest."

"But you never hatched them," Mrs. Cowbird frowned. "I hung around to see if you would."
"Well, if I was too lazy to build a home of my own I'd never find fault with a bird who did build one," snapped Yellowbird. "Mama Woodpecker lives in the nest Daddy Woodpecker provides for her, like a dutiful wife should do, and as far as Daddy Woodpecker being able to sing, I guess he could sing if he wanted to."

"It's very sweet of you folks to worry about us," laughed Mama Woodpecker, who had accidentally overheard the whole conversation. "But there is no cause for worry. Yellowbird is right, Daddy Woodpecker knows that I prefer a whole in a fence or a telegraph pole, or even a dead tree like the one I'm living in now. It isn't the mansion you dwell in that brings happiness, it's the life you live."

"As far as my husband singing, he has no voice, and doesn't waste his time trying to make other folks think he has. But there isn't a drummer in Birdville that can hold a claw, to Daddy Woodpecker. He holds first prize in drumming, and you'll all have to agree with me about that."

"Besides, Daddy Woodpecker certainly is clever. Why, he can tell by looking at the bark on a tree whether there are any worms or bugs in it! Most of you fellows have to see the bugs before you know just where they are, but Daddy Woodpecker can drum on a pole or tree trunk or even a fence rail, and can instantly tell where the best worms or bugs are located."

"Believe me, Daddy Woodpecker is one of the most hard-working citizens of Birdville. He's probably a great deal better off than some of the more musical fellows. I prefer his drumming to a song any day," and with a rap on the limb to emphasize her argument, Mama Woodpecker flew back to her nest.

"See!" Yellowbird cried. "Mama Woodpecker is contented. So what's the odds whether they build to suit us or not? When Daddy Woodpecker is drumming she knows he is working. I guess labor, after all, is the sweetest song," and Yellowbird flew away to straighten out her own nest, and the others followed her example.

Culture of rubber is rapidly supplanting the tobacco industry in Sumatra.
Chile's nitrate exports last year were less than two-fifths of estimate.

Biliousness

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Fry's Iced Cocoa

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