

MAY PRICES

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Pea \$15.00, delivered
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James Sowards Coal Co.

HOW WOMEN AVOID SURGICAL OPERATIONS

Some Are Extremely Necessary, Others May Not Be

Every Woman Should Give Lydia E. Pinkham's Vegetable Compound a Trial First



Chicago, Ill.—"I was in bed with female trouble and inflammation and had four doctors but none of them did me any good. They all said I would have to have an operation. A druggist's wife told me to take Lydia E. Pinkham's Vegetable Compound and I took 22 bottles, never missing a dose and at the end of that time I was perfectly well. I have never had occasion to take it again as I have been so well. I have a six room flat and do all my work. My two sisters are taking the Compound upon my recommendation and you may publish my letter. It is the gospel truth and I will write to any one who wants a personal letter."—Mrs. E. H. HAYDOCK, 6824 St. Lawrence Ave., Chicago, Ill.

A Vermont woman adds her testimony to the long line of those fortunate women who have been restored to health by Lydia E. Pinkham's Vegetable Compound, after it had been decided an operation was necessary:

Burlington, Vt.—"I suffered with female trouble, and had a number of doctors who said that I would never be any better until I had an operation. I was so bad I could hardly walk across the floor and could not do a thing. My sister-in-law induced me to try Lydia E. Pinkham's Vegetable Compound and it certainly has helped me wonderfully. I keep house and do my work and have a small child. I have recommended Vegetable Compound to a number of my friends and you may publish my testimonial."—Mrs. H. R. SHARON, Apple Tree Point Farm, Burlington, Vt.

In hospitals are many women who are there for surgical operations, and there is nothing a woman dreads more than the thought of an operation, and the long weary months of recovery and restoration to strength if it is successful. It is very true that female troubles may through neglect reach a stage where an operation is the only resource, but most of the commoner ailments of women are not the surgical ones; they are not caused by serious displacements, tumors or growths, although the symptoms may appear the same. When disturbing ailments first appear take Lydia E. Pinkham's Vegetable Compound to relieve the present distress and prevent more serious troubles. In fact, many letters have been received from women who have been restored to health by Lydia E. Pinkham's Vegetable Compound after operations have been advised by attending physicians.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent to you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

From The Countryside

FRONTENAC

ARDEEN
May 16.—Mr. and Mrs. E. Fitchett, Sudbury, are spending a few days visiting her father, S. Alexander. Mrs. Jack Pringle has returned home from Kingston, where she has been spending a few days. H. Harper spent Sunday at Bordenwood. Fred Alexander has returned to high school in Tamworth after spending a few days with his parents, Mr. and Mrs. S. Alexander.

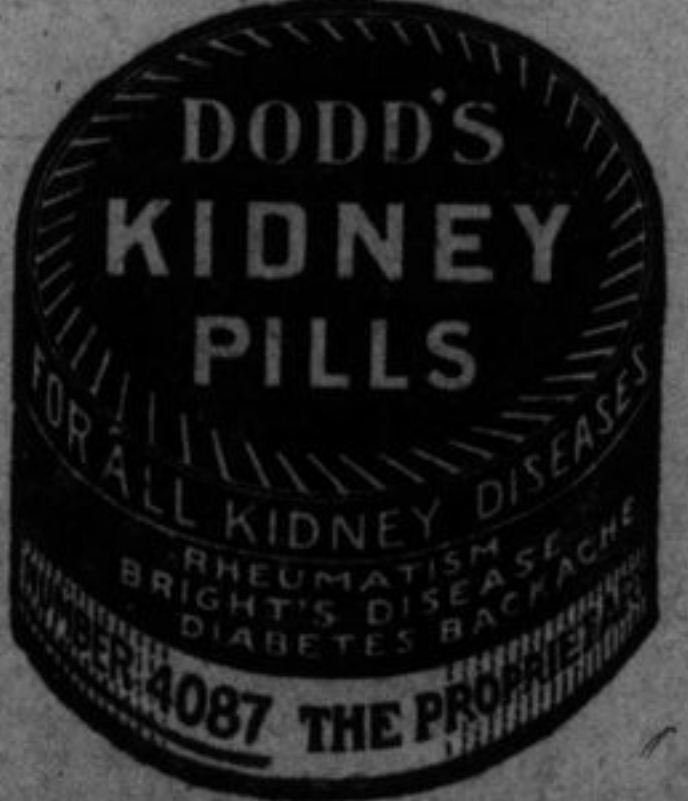
A baby boy has come to stay at George Thompson's. Mr. and Mrs. Alexander and son Harry, also Mrs. Fitchett, motored to Deseronto on Sunday. Mr. and Mrs. J. Barker made a flying trip to Kingston Thursday. G. Steele and family spent Sunday at J. Clark's, Bordenwood.

FLORIDA
May 17.—The farmers have finished their seeding and have started planting. Mr. and Mrs. William Huff, Lapum, at George Redden's; Mr. and Mrs. Ralph Burgess and sons, Maple Avenue, Sunday visitors at Walter Compton's; Mr. and Mrs. H. Westbrook, and family, Hartington; at their son, Stanley's, Westbrook; Mr. and Mrs. Charles Carl, Yarker, at Baxter Redden's; Mrs. Andrew Compton and little son, Murray, Collin's Bay, spent one day last week at Alfred Compton's; Edwin, Ray and Hilton Jeffrey, Hartington, at the brother's, C. W. Jeffrey's; Shorey Snider visited his sister, Mrs. Byard Snider; Mr. and Mrs. Walter Compton at Enoch Snider's.

PERTH ROAD
May 17.—Sacramental service was held in the United church on Sunday evening, Rev. Mr. Duffield officiating. Sunday evening services were held in the Free Methodist church by Rev. Mr. Simpson. Mother's Sunday was observed at Wilmur. Mrs. William Ritchie and Mr. and Mrs. R. Ritchie attended the funeral of the late Mrs. Thomas (Nancy) Ennis, Battersoa, on Monday afternoon. Miss Jessie McKenna, Wilmur, spent the week-end at Mrs. H. E. Stoke's. Mr. and Mrs. G. Lees and B. Lees were Sunday guests of G. Green. Mr. and Mrs. J. Henry and family motored to J. Robb's Battersoa, on Sunday. Mrs. L. Brooks has returned from Kingston. Mrs. J. Rutten spent a few days at Verona. Master Clarence Stonness is very ill.

MYER'S CAVE
May 16.—Fire destroyed the house and most of its contents owned by George Salmond's, on Tuesday afternoon. The origin of the fire is a mystery. Clarence Menor and James Smith, Odessa, are spending a few days at C. MacGregor's. George Salmond spent Thursday night at the Cave. Mrs. J. R. Perry and Miss Eva Hamilton spent Wednesday at Mrs. Donald MacGregor's. Mr. and Mrs. T. D. Perry spent Sunday at Mrs. J. McCausland's. Mr. C. Menor, J. Smith, William MacGregor and sister Tena, took in the dance at Michael Schuager's, Ardoch, on Friday night. Mr. and Mrs. Donald MacGregor and son, Charles, spent Sunday at J. R. Perry's. A couple from here attended Filinton ball on the 11th. Mr. and Mrs. Fred Wood, Harlowe, called here Tuesday evening. Michael Schuager, Ardoch, spent Sunday at Mr. MacGregor's.

MOUNTAIN GROVE
May 17.—Mr. R. Reid has been inspecting schools in this vicinity. The L.O.L. held a Royal Arch meeting in the hall on Friday evening. At the close the members sat down to a



TORPID LIVER

FOR OVER 4 MONTHS.

The duty of the liver is to prepare and secrete bile and serve as a filter to the blood, cleansing it of all impurities and poisons.

When the liver becomes lazy, slow or torpid it is not working properly, and does not supply sufficient bile to thoroughly act on the bowels and carry off the waste products of the system, hence the bowels become clogged up, the bile gets into the blood, constipation sets in and liver troubles follow.

Milburn's Laxa-Liver Pills quickly remove the secretions, clear away the waste and affect matter by acting directly on the liver, and making the bile pass through the bowels instead of allowing it to get into the blood, and cause so many troubles.

Mrs. Alice McKill, Napanee, Ont., writes:—"I was very badly run down and had a torpid liver for four months. I tried several remedies, but got no relief. One day my husband brought me home a vial of Milburn's Laxa-Liver Pills, and before I had used half of it I was much better. I only used two vials, and I am a different person to-day. I can safely recommend Laxa-Liver Pills to any one troubled with liver trouble."

Milburn's Laxa-Liver Pills are 25c a vial at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

sumptuous repast prepared by the ladies of the L.O.B.A. All are glad to see Rev. W. Buckle is convalescent. The Ladies' Institute held a special meeting for the close of the year's work and installation of officers in the hall on Wednesday. Mrs. J. D. Clark was re-elected president and Mrs. D. McDonald retained as secretary. A good year's work has been done. George Flynn lost a valuable cow recently. Mr. and Mrs. E. Uens, Napanee, accompanied by Miss Elsie Coulter and Miss Gertrude Price spent Sunday in this vicinity. Visitors: Mr. and Mrs. Percy Gray at B. McDonald's; Mr. and Mrs. W. Asselstine, Long Lake, at C. Cowdy's; Miss Bessie Price, at D. McDonald's; Miss H. Greene spent the week-end at her home in Arden.

McLEAN

May 16.—The farmers are nearly through seeding. Mrs. Alex. Embury is able to be around again after her recent illness. There was not any school for a couple of days on account of our teacher, Mr. Cassels, being sick. Miss Orpha Wagar has returned home from Belleville. Sunday visitors: Mr. and Mrs. Alf. Cousins and Ross, Mrs. O. Keller and Elva and Leon at Alfred Hearn's; Mr. and Mrs. Levi Snider and family at Frank Snider's; Miss Lena Goodberry at George Goodberry's; Mr. and Mrs. Wills Asselstine and son, Mr. and Mrs. Edward Brown and family and Bert Asselstine and William Gerratt at John Rycraft's; Mrs. George Alton and Guy Wagar and Miss Tillie Barker, Mr. and Mrs. Frank Mcumber and Mr. and Mrs. Ard. Wagar and family at William Cousins'; Mr. and Mrs. Henry Keller and Phil Embury at Alex. Embury's; Mr. and Mrs. Richard Beverly and family and D. Kirk at Milford Wagar's; Mr. and Mrs. Andrew Embury at William Hare's.

KEELERVILLE

May 16.—A number from here attended the funeral at Battersoa today of the late Mrs. Ennis. A few cases of scarlet fever have been reported. Dr. Freeman, Inverary, visited our school to-day and had the school fumigated. Dr. C. K. Robinson has had many calls here recently. Mr. and Mrs. Edward Andrews visited at James White's at Jones' Falls, recently. Visitors: Mr. and Mrs. William Dixon and Master Willie, at George McFarlane's. Mr. and Mrs. Alfred Sands, Milburn, at James Sleeth, Cedar Lake, spent a day last week at E. Sleeth's. Mr. and Mrs. Kenneth Pipe, Kingston, and Mr. and Mrs. Hugh Boals and family, Round Lake, at James Boal's, Sunday. Mr. and Mrs. Isaac McIlroy spent the week-end at John Silla, North Shore. Mr. and Mrs. John Henry and family, Wilmur, at John Robb's. Mr. and Mrs. Stan. Scott, Milburn, at David Sleeth's. Miss Alice Jamieson, Battersoa, at J. E. Anglin's, Sunday. Rev. E. Codling, Battersoa, made pastoral calls here last week. Charles Clark shipped a load of pigs to Elgin on Friday. Isaac McIlroy took a load of cheese to Kingston Saturday. J. E. Anglin is attending the district meeting at Kingston. Robert Tighe and family motored to Kingston Saturday. Wallace Jackson is in Kingston this week. F. W. Balls, Kingston, is selling meat. William Anglin, Brewer's Mills, is at J. E. Anglin's.

LEEDS

MORTON
May 16.—Mrs. B. Burch, Jones' Falls, spent a few days last week at Owen Burch's. Miss Florence Delone, Gananogue, visited friends in the village last week. A number from here attended the meeting of the Ladies' Institute held at Mrs. W. Hiscock's, Spring Vale, on Tuesday last. Miss Estella Sly has gone to visit friends at Franktown. Miss Edith Atchison spent a few days last week the guest of Mrs. Daisy Somerville. Clifford Earl motored to Gananogue on Tuesday last. Charles York, Pionton, spent a couple of days at W. York's, last week.

CHARLESTON

May 16.—Miss Martha Johnson was married on Tuesday, at Lyn, to George Evans, Elbe. Mr. and Mrs. H. E. King and master Howard Latham, Yonge Mills, were Sunday visitors in this section. M. Hudson recently purchased from W. A. New-

some and Son, Plum Hollow, a new Ford car. Mr. and Mrs. John King, Oak Leaf, were Sunday visitors at E. Foster's. A sad death occurred at the home of Mr. and Mrs. Thomas Hefferman on Thursday, when Miss Gertrude Glenn, daughter of Mrs. Oliver Glenn, passed away. Deceased had poor health ever since she had the flu but was able to be up and sat out on the lawn on Thursday. About eleven o'clock at night she had a hemorrhage and died at once. Her mother was with her all through her illness. The remains were taken to Westport, her home, on Friday evening, accompanied by her mother, Mrs. Hefferman, Roy and George Hefferman. The funeral was held on Sunday at Westport, and was largely attended. Mr. and Mrs. W. E. Green, B. Hefferman, Miss Beale and Miss Finley motored to Westport on Sunday to attend the funeral. Deceased leaves, besides her mother, two brothers, Lewis, Bancroft, and Oliver, Westport; and one sister, Mrs. Mary Gibson, Cape Vincent, N.Y. One sister died last October. Many floral tributes rested on the casket.

Lennox & Addington

CLOYNE
May 17.—Muriel Denison is now at Bon Echo Inn and purposes making things boom this summer. The heavy frost has spoiled the early gardens. Mr. Sanderson, Yarker, accompanied by D. Kirk, Arden, was in the village Thursday. J. L. Yoyed and family were guests at W. Booth's, Sunday. C. Booth and F. Stine, Denbeigh, were in the village last night en route to Tamworth. Court will open here Wednesday. Hunting out of season is the charge which is being dealt with. More men have found employment at the ore chimney mines. H. Spencer and H. Hawley have been called as fire rangers this year and purpose going on duty this week. S. Wheeler is improving his premises by putting a well at his door.

Prince Edward

SELBY
May 17.—L. Rickley and E. Doldge have been repairing the bridges between here and Napanee. F. Farnsworth, who is attending college in Toronto, returned home on Saturday for his holidays. Mrs. E. Robinson is improving. Mrs. R. Paul spent last week in Napanee with her son, Mr. and Mrs. Sea and baby, Arden, and Mr. and Mrs. Johnson, Belleville, spent Sunday with their parents here. Mr. and Mrs. Doldge spent Tuesday in Kingston. Mrs. B. A. Lucas, Belleville, spent a few days with Mrs. F. Rose. The funeral of the late Mrs. Henderson passed through here on Sunday. Mrs. H. Graham spent last week with her sister, Mrs. J. Wood. Mr. and Mrs. Lapeau, Centerville, spent Sunday at J. Rose's.

BONGARD'S

May 16.—Sacramental service was held at Bongard's church on Sunday, May 15th. At the May meeting of the Ladies' Aid held at the church on Thursday, the following officers were elected: Mrs. F. Eaton, president; Mrs. Allan Harrison, first vice-president; Mrs. Carnahan, second vice-president; Mrs. O. W. Hicks, secretary; and Mrs. I. B. Lucas, treasurer. W. J. Hawker is repairing and painting his home. Mrs. A. Hicks, Picton, was a recent visitor at Thomas Bongard's. I. B. Lucas has started operations on his new farm. Mr. and Mrs. A. Dulmage, Glensora, spent Monday at E. Dulmage's. J. D. Bongard continues in very poor health. Mrs. Allan Harrison spent several days last week with her parents in Cressey. Mrs. Thurston has returned after several weeks spent at Black Creek. Mr. and Mrs. J. B. Bongard and son, Toronto, are expected this week to spend a short time visiting his parents, Mr. and Mrs. J. D. Bongard. The farmers have completed seeding. Mr. and Mrs. Arthur Wright, Wanpoo, were recent guests at J. D. Bongard's. C. Jinks and wife, Greenbush, were Sunday visitors at C. Storms'.

LANARK

LAVANT STATION

May 16.—Mrs. E. Wilson, Finch, is visiting friends here. Mr. and Mrs. Thomas Lee visited the latter's brother, Peter Barr, Poland, one day last week. Clement Paul, Poland, is spending an indefinite time at E. J. McFarlane's. Miss Winnie Taylor spent Sunday with her parents, at Ompah. Fred McFarlane, Drummond, is visiting his brother, E. J. McFarlane. Lionel Barr spent the week-end at his home in Poland. Mr. and Mrs. Archie Gray, Caldwell's Mills, visited at L. Lee's one day last week. Mrs. George Thomas is visiting her mother, Mrs. Gilbert White, Poland. Mr. and Mrs. Thomas Sproule left last week for their new home in Canoto.

Miss Dorothy Weekes, daughter of Mr. and Mrs. G. O. Weekes, Smith's Falls, has left for Utica, N.Y., where she will enter a course in nursing.

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