

HER PROBLEMS

By Annette Bradshaw



MRS. JUST WED (tearfully)—Last night Fred and I quarrelled and he went out— MRS. EXPERIENCE—Shucks, dear! It'll be time enough to weep when you quarrel and Fred stays home, makes himself comfortable and criticises your newest frock!

THE TIME TO WORRY.

HOME-MAKING HELPS

By WANDA BARTON

How to Give a Good Fairy Party. A good fairy party is new to most people, so we will explain right away just what sort of a party it is. It is a party for children from 8 to 15 years old, and is a party with a purpose. The purpose is to help dress paper dolls, mount pictures, help fit up card box doll houses, in fact, make "while away packets" for the little shut-in children in hospitals. The little things must be light so the children can handle them readily in bed.

Two hours are given to work, then games and refreshments make the real party for the workers. With each invitation goes a request that each child send in the name of a favorite story they would like to hear told. So after the work is done the stories, condensed in form, are read from books, after which they are added to the packets to gladden the hearts of the little shut-ins.

Should the weather not be clear, then the ring and toss game can be played on the porch, or in the hall. The prizes for this game may be the new and fascinating dressed-up lollypops. Plain lollypops may be passed in a basket for immediate consumption, so the dressed ones may be looked at a while before being demolished.

A sugar-plum tree is quite in order for this party. If the paper trees are too expensive, a large flowering branch in a big pot or tub will do nicely to hang the sweets upon.

A clay modelling contest furnishes lots of amusement and gives an excuse for a judge and jury to decide the prize winners' merits. Tiny figurines or busts of famous people offer many prize suggestions.

Table tennis or golf matches are always interesting to the older children, and there should be an authority on the games at hand to decide arguments as to rules.

Jack-in-the-green is only another name for hide-and-seek, though Jack is the leader, and the first one he catches is Jack for the next game.

Throwing Indian darts or arrows is another game all can play, and the one who gets the highest score may be awarded a prize if so desired by the hostess.

If the hostess must look after the refreshments as well as engineer the games, it is wise that they should be as simple as possible. Fruit salad, mixed the last minute so that it is not thinned by the juices, with finger rolls and cocoa will be much less trouble to prepare than to make endless sandwiches. Then, instead of the usual ice cream, serve floating island well-chilled, and with it a generous slice of pound or gold cake.

The older boys and girls may be pressed into service to carry the serving trays, and can help serve the smaller ones. A bottle of spring water conveniently placed will save a lot of trouble, for youngsters are always thirsty, especially when playing games, and having the supply at hand saves many steps.

The invitations designate the time as "two to six," so after the refreshments are served there is only time for one general game before it is time

GIRLS! BLEACH SKIN WHITE WITH LEMON

Squeeze the juice of two lemons into a bottle containing three ounces of Orchard White, which any drug store will supply for a few cents, shake well, and you have a quarter pint of harmless and delightful lemon bleach. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day, then shortly note the beauty and whiteness of your skin.

Famous stage beauties use this lemon lotion to bleach and bring that soft, clear, rosy-white complexion, also as a freckle, sunburn, and tan bleach because it doesn't irritate.

The school books of games set forth many attractive games for a party, and though the children may know them, still they are always glad to play them when it is not a school duty. The libraries also have many books to offer teeming with suggestions for suitable games for children.

Why They Don't Speak. There are some things that a woman finds hard to forgive in her liege lord and master, and this is one:—Recently a husband in this city, whose record showed thirty years of married life with his one and only wife came home, and after looking at her intently, was heard to murmur, "Blue." "What did you say?" inquired the above-mentioned wife. "Oh, nothing in particular," he replied, "but I saw an old friend today, you never met him; I stopped off between trains; and he wanted to know all about you; how you looked, even the color of your eyes, and blamed if I could remember. I told him brown."

CORNS

Lift Off with Fingers



Doesn't hurt a bit! Drop a little "Freezone" on an aching corn. Instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly!

Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

THE WELL-GROOMED MAN Would as soon think of not having immaculate linen, as to do without his Campena's Italian Balm, for he knows how pleasantly and effectually it relieves razor irritation and prevents rash, pimples and "chaps." At all druggists, or a one ounce sample mailed direct upon receipt of 15c. E. G. WEST & COMPANY, Agents, 80 George Street, Toronto.

YOUR HEALTH—FOR SATURDAY YOUR HEALTH

What You Should Do For a Victim of Fractured Skull.

By ROYAL S. COPELAND, M.D., Commissioner of Health, New York City

Since the automobile came into common use serious street accidents have become very frequent. One of the too-common results of such accidents is fracture of the skull.

Any broken bone offers a painful and disagreeable experience. But when the skull bones are broken there arises at once the possibility of serious and even fatal complications. The bony skull contains and protects that supremely vital organ, the brain. It is impossible to have a fracture of the skull without some effect being produced upon the delicate covering of the brain, if not upon the brain substance itself.

Fortunately, the skull—round, flexible to some extent, and capable of resisting stress and strain—is so made that it can suffer terrible blows and yet escape serious injury.

As regards location, there are two forms of fracture of the skull. The vault or dome may be broken or the fracture may involve the base or bottom part of the skull.

Then, again, the fracture may be a simple break of the bones, or it may result in shattering of the bony tissue, in the latter form there may be depression of a portion of bone, placing pressure on the brain or a splinter of bone may penetrate the brain substance.

At the base of the brain are situated many important nerve centres, controlling vital functions. On this account fractures of the base are more serious than fractures of the top of the skull.

The real seriousness of the injury depends, not upon the extent of the fracture, but upon the extent and nature of the injury to the brain.

After a hard fall upon the head or after a heavy blow there may be certain symptoms which make one suspect a fracture at the base of the skull. Bleeding from the nose or from the ears is suspicious.

Paralysis of the muscles of the face, or of the eye are also symptoms of possible fracture.

Should one of your friends suffer an injury of the kind that might mean fracture of the skull, there are a few useful things to do before the doctor comes.

Put the patient to bed and keep him absolutely quiet. Have the head elevated by using two or three pillows. Cold water or ice applications should be made to the head.

As I have said, fracture of the base of the skull is the serious form. Fracture of the top of the skull without marked injury of the brain is likely to heal quickly and without after effect of any sort.

Many advances in treatment have been made, and brain lesions are not dreaded as they were. With skillful treatment there is every prospect of satisfactory recovery from skull fracture.

You imagine that fortune tellers can tell your future. But if you thought that they knew your past you wouldn't go near them, would you?

About the most useless way to waste time is to sit down and brood over the time you've wasted.

TO SERVE WITH FISH.

Fish contains less of the extractives which give flavor to meats, so it is apt to taste flat. Hence great care should be exercised in the selection of accompanying foods.

A well-seasoned sauce is desirable to serve with fish. Egg sauce and maitre d'hotel sauce are, probably, the most frequently served, but horseradish sauce gives fish a piquant flavor. To two tablespoons horseradish take one tablespoon of vinegar and one-fourth teaspoon of salt. Mix well and add four tablespoons of heavy cream, beaten stiff. Then there is a cucumber sauce made by whipping half a cup of cream stiff, then slowly adding one teaspoon of salt and two tablespoons of lemon juice or mild vinegar, and folding in one grated cucumber.

Tomato sauce is preferred by many cooks, and mustard sauce gives a delicious flavor. The ingredients for the latter are three-fourths cup of vinegar, one-fourth cup water, two tablespoons corn starch, one teaspoon ground mustard, half a teaspoon salt and two tablespoons finely chopped pickle.

Bolled Clothes.

Some housekeepers believe in bolting the clothes before rubbing and some do not believe in bolting them at all. Others believe that clothes are made yellow by bolting. Bolting does not make clothes yellow. Clothes become yellow when they are improperly rinsed, when there is iron in the water—or a deposit of iron is formed from the boiler or by the use of an impure soap. On the other hand, bolting takes an important part in the dissolution and removal of the soap, which expert housekeepers, who know that the soap must be removed if the clothes are to keep their color and wearing qualities, will recognize as an indisputable reason why the clothes should be bolled—and bolled after rubbing. In these days of sterilizing it seems illogical to accept as clean unbolled clothes.—Woman's Home Companion.

State Songs and Flowers.

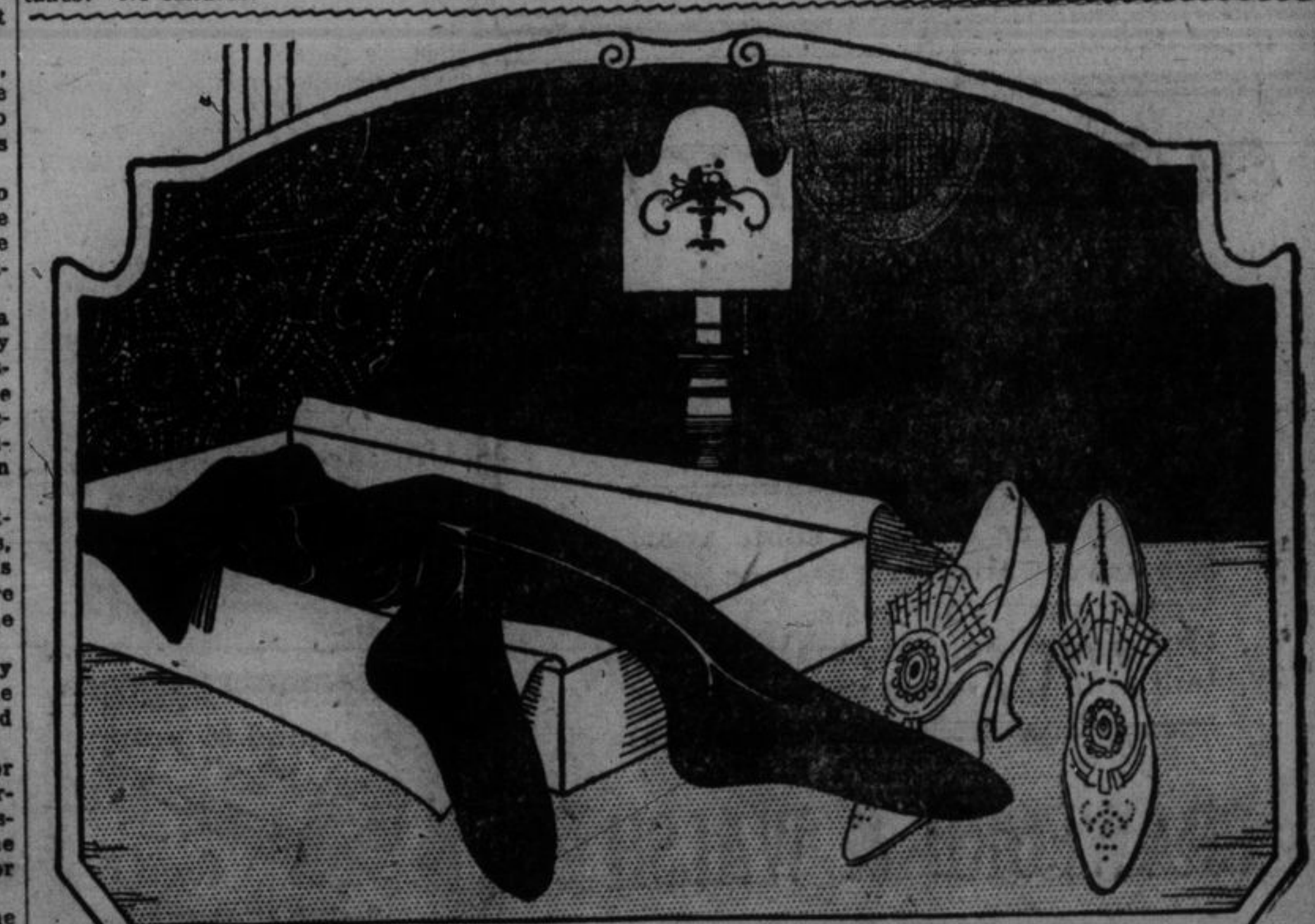
The desire of emblematic flowers finds a deep root in this country, and every state has gone forth seeking one; perhaps we have not the patience to delay until some great event or unexpected outburst of sentimental unanimity can bestow it upon our own commonwealth.

States get their songs through the purely fortuitous efforts of song writers, generally quite casual.

Stephen Foster's "Old Kentucky Home" was not written to please Kentucky, but Kentucky has cherished it. Maryland has her sonorous hymn and other states have either made their choice or are tentatively seeking to make one. State songs come easier than state flowers, and rarely are they a matter of premeditation.

WOMEN! BUY NO DYE BUT "DIAMOND DYES"

Unless you ask for "Diamond Dyes" you may get a poor dye that streaks, spots, fades and ruins your goods. Every package of Diamond Dyes contains simple directions for home dyeing or tinting any new, rich, fadeless color into garments or draperies of any material. No mistakes! No failures!



Mercury Fashioned Hosiery the ankle is narrowed to give a smart, trim fit. It is impossible to wear out or wash out their "knit to fit" form. Their natural shape is the correct shape—no pressing or stretching. Mercury stockings may be had in silk (plain or drop-stitch) lisle, mercerized and cotton—or in the popular two-tone effects of heather and Lovat shades. All products bearing the Mercury trade-mark are made in Canada, and are of uniform high quality. We also make OUTSIZES for stouter women. MERCURY MILLS, LIMITED, HAMILTON, CANADA. Manufacturers of Mercury Underwear and Hosiery for Men, Women and Children.

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Gouraud's Oriental Cream Freckles

Now is the Time to Get Rid of These Ugly Spots. Do you know how easy it is to remove those ugly spots so that no one will call you freckle-face? Simply get an ounce of Othine, double strength, from your druggist and a few applications should show you how easy it is to rid yourself of freckles and get a beautiful complexion. The sun and winds of March have a strong tendency to bring out freckles, and as a result more Othine is sold in this month. Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove the freckles.



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