# In the Realm of Women---Some Interesting Features

### A Danger Signal— Tender and Bleeding Gums

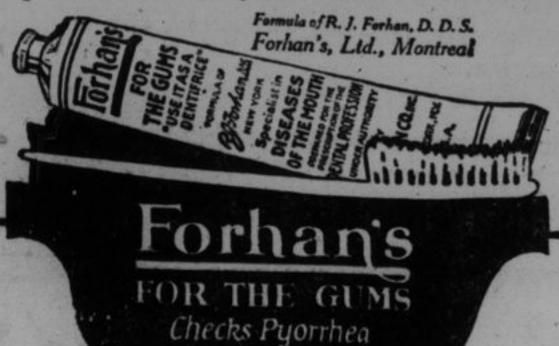
Healthy teeth cannot live in diseased tissue. Gums tainted with Pyorrhea are dangerously diseased. For not only the teeth are affected, but Pyorrhea germs seep into the body, lower its vitality and cause many ills.

Pyorrhea begins with tender and bleeding gums. Then the gums recede, the teeth decay, loosen and fall out, or must be extracted to rid the system of the poisonous germs that breed in pockets about them.

Four out of five people over forty have this disease. But you need not have it. Visit your dentist often for tooth and gum inspection. And keep Pyorrhea away by using Forhan's For the Gums.

Forhan's For the Gums will prevent Pyorrhea-or check its progress—if used in time and used consistently. Ordinary dentifrices cannot do this. Forhan's keeps the gums hard and healthy, the teeth white and clean. If you have tender or bleeding gums, start using it today. If gum-shrinkage has already set in, use Forhan's according to directions, and consult a dentist immediately for special treatment.

35c and 60c tubes in Canada and U.S. If your druggist cannot supply you, send price to us direct and we will mail tube postpaid.



### Corns Will Go while you sleep-if you do this

APPLY Blue-jay to a corn tonight—the liquid or the plaster. It is done in a moment.

The corn ache will end; the removal of the corn will begin.

Hour by hour Bluejay will gently undermine that corn. In a little while the corn will loosen and come out.

The way is easy, gentle, sure and scientific. A famous chemist perfected it. A laboratory of worldwide repute prepares it.

Millions of corns every year are removed by it. Countless people, by its use, keep free from corn pains always.

Cease your wrong methods. Try this modern, this efficient way.

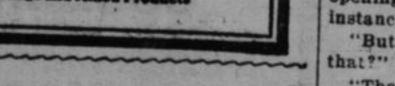
There is no need for harsh treatment, no need for soreness. And paring is futile and dangerous.

All about you are people delighted with the Blue-jay method. Find out what they know about it. Try it tonight.

Plaster or Liquid Blue-jay

The Scientific Corn Ender BAUER & BLACK Limited TORONTO CANADA

Makers of B & B Sterile Surgical Dressings and Allied Products



### JOSSELYN'S

Author of "The Heart of Rachael," "Martie, the Unconquered," "The Story of Julia Page," Mother." etc.

The tireless, sweet green water rose and fell; each wave formed an emerald arch of itself before it broke with a long, splitting crash, to rush in, level and incredibly swift, flinging itself upward against impending rocks, and curving over the white sand. Gibbs watched it in a delicious lull of body and soul. So much of it-such splendidly wasted beauty and energy, year after year. How pitiful was even the fullest, even the longest human life, against this glorious miracle that went on year after year throughout the centuries, that had been as old as the world when Padre Junipera Serra walked along these shores.

Joe clattered near him on the rocks. He tilted the cap over his exes a trifle, and glanced at the absorbed group by the fire.

"Manage to speak to me alone a minute, sometime, will you, Joe?" Gibbs said.

Joe, not moving his eyes from the defiant crab that had wedged his little body tightly in a crevice of rock, cleared his throat.

"Sure!" he answered, gruffly. Ellen also had her words alone with Joe. It was after luncheon, when Lizzie had curled up like a child on a patch of warm sand, and fallen - asleep, and Gibbs was apparently dozing. Tommy was wading along the bubbling line of foam, and the baby slept on.

"Isn't she pretty?" Ellen said, indicating Lizzie. Joe grinned with

"She's awful cute, Lizzie," he agreed. "She's smart, too; she's as good a cook as Aunt Elsie ever was -Auntie says so herself!"

"How does the old house seem without Grandpa?" Ellen asked. For the old Captain had recently started on a last cruise, under seal-"About the same. Old Mrs. Cook

lives there now, she and Aunt Elsie are pretty well informed on village topics," Joe answered with a laugh. "You knew Harriet and George were here last summer, Joe," Ellen ventured. "Do you ever see Harriet now?"

"No," he answered indifferently. "She's a queer sort of girl. What's she doing-collecting plates!"

"She has a remarkable china collection," Ellen admitted, laughing at his tone.

"China collection! What's that for a woman to do!" Joe stretched comfortably in the sun. "Oh, well," he said leniently, "that's all right, if she likes ite Harriet's nice enough, but she's spoiled by too much money. She's entirely different from Lizzie," Joe added seriously; "she didn't have a sensible upbringing, to begin with."

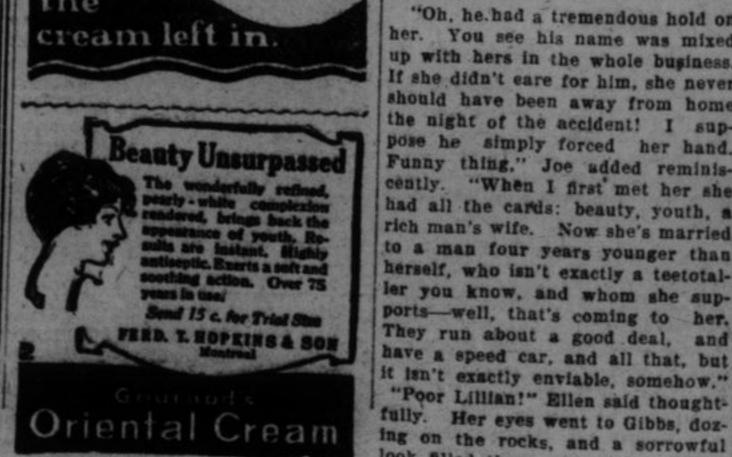
"Yet you liked her very much once, Joe," Ellen suggested, from the depth of deep amusement and satis-

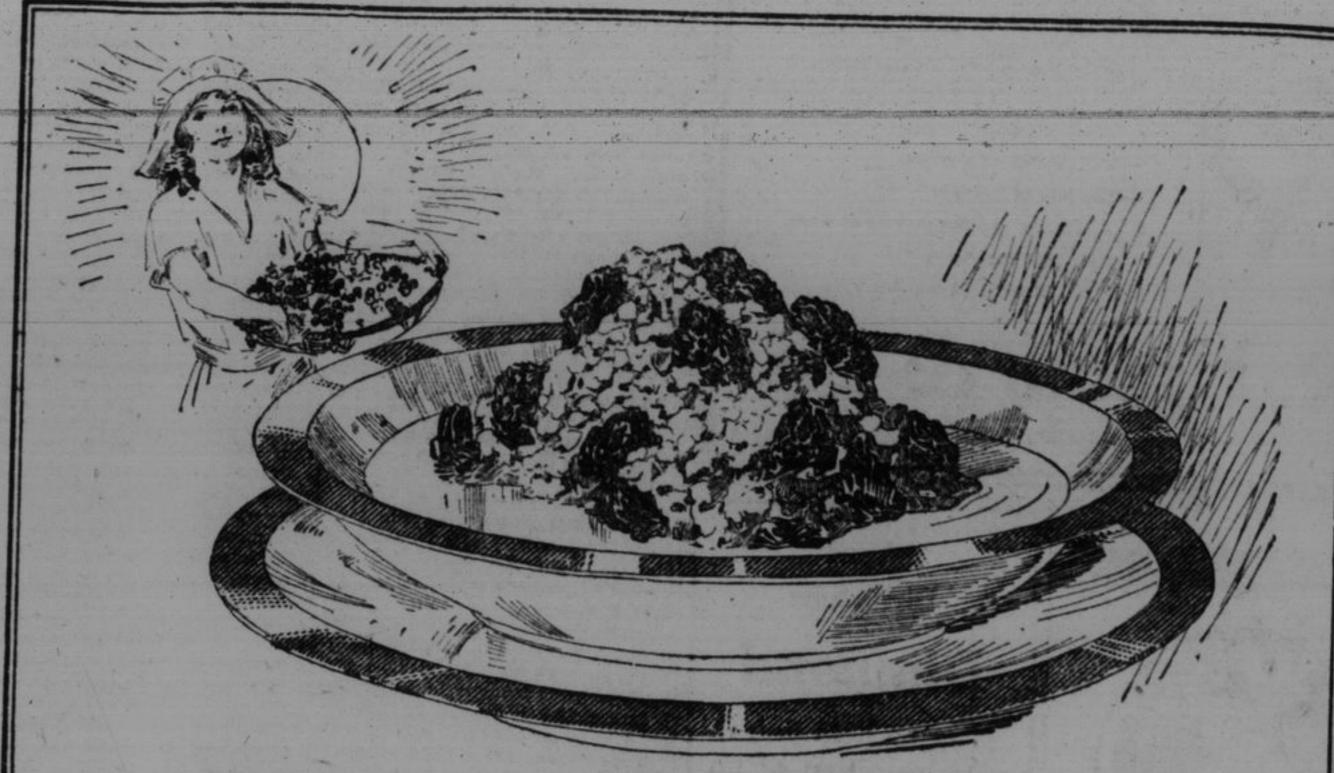
"Oh, yes-kid love! I never really loved any one but Lizzle," said Joe. Ellen saw that he really believed it, and with a great sigh of thankfulness she laid one of life's ghosts to rest forever. "I'd like to go down to Los Antonios some day." Joe mused, "and see what sort of opening there might be in-well, for kids, and I think Lizzie'd go crazy! hated her!" she said softly. instance, in starting a paper there." I'm seriously thinking about it. I

that?" Ellen asked, in surprise.

swered. "I haven't said anything cady," Ellen promised eagerly; "we'- a few feet above them. o Lizzie, but I talked to Gibbs about | ve twenty acres here, and there are it I'd like to live here, and have a little bungalow, and a bunch of







# Serve with Oatmeal

-To bring the rose tint to women's and children's cheeks.

-To increase men's energy and vim.

Do this, madam, for tomorrow's breakfast; Stew some raisins according to the recipe printed here, and mix with the oatmeal that you serve tomorrow morning.

Do it for the added flavor-to make oatmeal more attractive.

But do it mainly for the food-iron that raisins send into the blood, and for the raisin's mildly laxative effect.

#### The bloom of youth

The tonic food-iron of raisins helps to bring the bloom of youth to cheeks that perhaps are paler than they should be. Then the nutriment of raisins-1560 calories per pound-gives men and children the energy they need.

For regulating, tonic and nutritious properties combined, one can find no other food that's so effective. The luscious flavor makes it easy to serve stewed raisins frequently, so there's every argument in favor of their daily use.

Try it for a month and see. Look in your pantry now. Begin tomorrow. Send for free book, "100 Raisin Recipes." But first try the recipe printed here.

# SUN-MAID RAISINS

Use Sun-Maid Raisins in all your cooking, for they are the finest grown. Made from tender, juicy, thin-skinned California table grapes.

Packed in an immaculate plant in California. Clean, sweet, wholesome, American raisins - the kind you know are good.

rop told me, was that she didn't real- ror of self-reproach smote her.

dozens of house-sites!"

ly want to do it."

"Oh, he had a tremendous hold on

her. You see his name was mixed

up with hers in the whole business.

If she didn't eare for him, she never

should have been away from home the night of the accident! I sup-

pose he simply forced her hand.

Funny thing." Joe added reminis-

cently. "When I first met her she

had all the cards: beauty, youth, a

rich man's wife. Now she's married

to a man four years younger than

herself, who isn't exactly a teetotal-

ler you know, and whom she sup-

ports-well, that's coming to her.

They run about a good deal, and

it isn't exactly enviable, somehow."

fully. Her eyes went to Gibbs, doz-

look filled them. "I wish I hadn't ]

have a speed car, and all that, but

"Poor Lillian!" Ellen said thought-

Three varieties: Sun-Maid Seeded (seeds removed); Sun-Maid Seedless (grown without seeds); Sun-Maid Clusters (on the stem). All dealers. Insist upon the Sun-Maid Brand. Send for free book, "Sun-Maid

Recipes," describing scores of ways

CALIFORNIA ASSOCIATED RAISIN CO., Fresno, California Membership 10,000 Growers

GILLETT COMPANY LIN

#### Stewed Raisins

Cover Sun-Maid Raisins with cold water and add a slice of lemon or orange to each half pound. Place on fire; bring to a boil and allow to simmer for one hour. Sugar may be added, but is not necessary as Sun-Maid Seeded Raisins contain 75% natural fruit sugar.

What Dr. J. H. Kellogg says: (Dr. Kellogg is head of the famous Battle

"Raisingareserved on the Battle Creek Sanitarium Table every day. A pound of Raisins has twice the food value, an equal amount of iron and seven

times as much food lime as a pound of choicest lean steak. The sugar of Raisins is much more wholesome than cane sugar, requiring no digestion and being absorbed in one-fourth the time required for ordinary sugar. If the American people would eat more Raisins and less meat the results would be better digestion, less rheu-matism, less Bright's disease, less heart disease, greater efficiency and

### Cut This Out and Send It

California Associated Raisin Co.

Dept. N-347 B. Fresno, Cal. Please send me vour boom, "Sun-Maid

nap. They did not speak again un- tax," Joe said regretfully. "You could have a slice of Ar- til the car grated on the sandy road Gibbs had been lying with closed eyes, and the sunken hollows about Joe smiled back, although the They all saw that the day had tir- them filled Joe with concern. But younger man felt tears hot behind ed Gibbs. He was a little stiff as now he opened them and smiled, and his eyes. "We'll see." Joe yawned again, Joe helped him to the car, and stretched out a hand to clasp Joe's "Won't be my mistakes," Gibbs blinking at the sun. "By the way, there was an anxious look in Ellen's fingers.

strange thing, young George Lath- smoothness of the couch, and a ter-

would rather have been a rich wid- Tommy, in a glorious splashing to be heard. Joe had to bend near little ahead of time!" ow, you know—at all events, she and spattering, was profusely water- to catch some of the words. did deliberately try to get out of it." ing the garden, and Joe came over "You see, old man, she's going to

"But, Joe, I don't see why she to the couch, and sat down at Gibb's need you soon. And that is why I am glad you really are interested in establishing yourself in Los Antonios. She'll go away, for awhile, but she loves this place—and if you and Lizzie and a troop of children are

> Tommy was directing a strong stream from his hose straight into the low, spreading branches of an oak, the water surged and dripped among the stiff, thick leaves. From the soaking garden came a wave of scent. Joe, thinking of this talk afterward, always heard through it the subdued rush and tumble of the sea, and saw lines of sunset stream ing through oaks and pepper trees eross a California garden.

"You and Lizzie will look out for her," Gibbs added, after silence. "And the baby will do more than any one! And I think of her, with books, and her garden, and Tommy,

"But, Joe-there'd be no money in could have a little jitney, and go Joe assured her, rolling over for a this way has been a good deal of a his mistakes won't be the ordinary mistakes-"

He smiled at Joe, and somehow

Ellen," he added, more animatedly. eyes until she had him established "Always welcome, at any time, for me. It was always plain sailing, "You knew that Lillian has remar- in the spacious, pleasant order of dear boy," he said kindly. "But and that's not-not exactly discipthe porch again, and was personally more than ordinary welcome now. linary, you know. I never cared "Just that, through George. superintending his slow drinking of I had thought of sending for you- much about the other fellow's trou-Have you heard anything more? It a glass of milk. Her keen eyes saw but one puts things off-and there's bles-Ellen's the one for that-and was Lindsay Pepper, of course." | the relief with which he lowered his always the danger of alarming Ellen | now, lying here. Joe, for the past few months, it's come to me as a sort Never had Joe felt the other man's of revelation that even in this I'm extraordinary charm as he felt it having it easy. If I've never had But he seemed to recover rapidly. now, when Gibbs Josselyn, at the any particular pity for the fellows "She lost some money by it, un- Presently he was smiling and listen- end of a perfect September day, con- who haven't enough money, or had ing again in his usual way, and fided to his care the things he loved sick wives, or had to sit in on an "Yes, but not only that. She and Ellen went off with Lizzie, to share best in life. It seemed to Joe that office stool eight hours a day-I certhe old lady don't hit it off at all well, the delight of preparing the baby for all the world listened to the rich tainly can't expect the world to and all his money comes from his bed, and to talk over little Ellen's echo of Gibbs's old voice, for he was stand still with sympathy because speaking softly, and making no effort one man happens to be going out a



