

TORPID LIVER FOR OVER 4 MONTHS.

The duty of the liver is to prepare and secrete bile and serve as a filter to the blood, cleansing it of all impurities and poisons.

When the liver becomes lazy, slow or torpid it is not working properly, and does not supply sufficient bile to thoroughly act on the bowels and carry off the waste products of the system.

Milburn's Laxa-Liver Pills quickly remove the secretions, clear away the waste and effete matter by acting directly on the liver, and making the bile pass through the bowels instead of allowing it to get into the blood, and cause so many troubles.

Milburn's Laxa-Liver Pills are 25c. a trial at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

SAGE TEA BEAUTIFIES AND DARKENS HAIR

Don't Stay Gray! It Darkens So Naturally That Nobody Can Tell.

You can turn gray, faded hair beautifully dark and lustrous almost overnight if you'll get a bottle of Wyeth's Sage and Sulphur Compound.

This is the age of youth. Gray-haired, unattractive folks aren't wanted around, so get busy with Wyeth's Sage and Sulphur Compound to-night and you'll be delighted with your dark, handsome hair and your youthful appearance within a few days.

Firewood.

Large quantity of sound Railway Ties for sale cheap. All tents reduced to clear. We need the room.

I. Cohen & Co. 275 Ontario St. Phone 837.

GRANDMOTHER KNEW

There Was Nothing So Good for Congestion and Colds as Mustard

But the old-fashioned mustard-plaster burned and blistered while it acted. Get the relief and help that mustard plasters gave, without the blister and without the blister.

Musterole does it. It is a clean, white ointment, made with oil of mustard. It is scientifically prepared, so that it works wonders, and yet does not blister the tenderest skin.

Gently massage Musterole in with the finger-tips. See how quickly it brings relief—how speedily the pain disappears. The Musterole for sore throat, bronchitis, tonsillitis, croup, stiff neck, asthma, neuralgia, headache, congestion, pleurisy, rheumatism, lumbago, pains and aches of the back or joints, sprains, sore muscles, bruises, chilblains, frost-bites, colds of the chest (it often prevents pneumonia).



STOMACH TROUBLES ARE DUE TO ACIDITY

Tells Safe, Certain, Speedy, Relief For Acid Indigestion

So-called stomach troubles, such as indigestion, gas, sourness, stomach-ache and inability to retain food are in probably nine cases out of ten, simply evidence that excessive secretion of acid is taking place in the stomach causing the formation of gas and acid indigestion.

Gas distends the stomach and causes that full oppressive burning feeling sometimes known as heart-burn, while the acid irritates and inflames the delicate lining of the stomach. The trouble lies entirely in the excessive development or secretion of acid.

To stop or prevent this souring of the food contents of the stomach and to neutralize the acid, and make it bland and harmless, a teaspoonful of Bismarck Magnesia, a good and effective corrector of acid stomach, should be taken in a quarter of a glass of hot or cold water after eating or whenever gas, sourness or acidity is felt. This sweetens the stomach and neutralizes the acidity in a few moments and is a perfectly harmless and inexpensive remedy to use.

An antacid, such as Bismarck Magnesia which can be obtained from any drugist in either powder or tablet form enables the stomach to do its work properly without the aid of artificial digestants. Magnesia comes in several forms, so be certain to ask for and take only Bismarck Magnesia, which is especially prepared for the above purpose.

From the Countryside

FRONTENAC

BUNKER'S HILL. Feb. 9.—T. Babcock is engaged in drawing hay. There is good travelling on the lake now. A number of teams are engaged in drawing rock. Some of the mines are in operation.

BELLEROCK. Feb. 7.—Messrs. Edward and Coats have spoken from Toronto and are opening their fold-up mine, purchased from John Timmons. Frank Clark has returned here after spending some months at Canoto. Sydney Grant has gone to visit his son, Harold, at Westbrook. B. F. Revell was in the city on Saturday. Clarence Revell is receiving the congratulations of friends, having successfully passed his marine examinations at Queen's University.

SNOW ROAD. Feb. 8.—The annual meeting of the congregation of the Presbyterian church was held on Tuesday evening. John Fair, Niagara, is visiting his sister, Mrs. D. Gemmill. Miss Hazel Duncan has returned to her home at McDonald's Corners, after spending a week at A. Woods'. Messrs. Wilbert Tromblay and Ernie Miller have gone to Matheson. Mr. and Mrs. Robert McConnel have returned from Flower Station. Misses Marjorie Johnson and Bessie Kennedy spent Saturday at Sharbot Lake. C. Kennedy is spending a few days at his home here, owing to ill-health. Mrs. Wright, Ottawa, is visiting her daughter, Mrs. James Duncan.

WOLFE ISLAND. Feb. 8.—A grand assembly was held on Monday evening in the C.M.B.A. hall, under the management of Mrs. Edward Payne, president of the ladies' auxiliary of the Sacred Heart church. There were about one hundred and seventy couples in attendance. Music was furnished by Salsbury's five-piece orchestra. Several violin selections were given during the evening by Miss Minnie Hogan and Peter Hogan.

Mrs. Leo Spoor and brothers, Edward, Hugh and John McLaren, Buffalo, N.Y., are visiting their mother, Mrs. E. McLaren, who has been ill. Sixty-five couples were present at the dance on Saturday evening in the C.M.B.A. hall.

COLE LAKE. Feb. 7.—The sawing machines of Thomas Butterill and Harvey Babcock, which have been operating in this vicinity, are finished. Ray, second son of Mr. and Mrs. Edward Kennedy, who has been ill, is on the road to recovery. William Lee, who had the misfortune of spraining his ankle last week, is slowly improving. Gerald Bull and A. Pearson, Moscow, spent Sunday at C. W. Ball's. Miss Eva Moon, Godfrey, is visiting at George Kennedy's. Miss Bessie Kennedy and Miss Eliza Judge attended the "At Home" given by the Sydney high school on Friday evening. Wesley Shillington, who is attending Wydenham high school, spent the week-end with his parents. Roy Butterill is sawing wood at Moscow. Mrs. Butterill has recovered from her recent illness.

PARHAM. Feb. 7.—Howard Bertram, Toronto, is at J. A. Goodfellow's. Mrs. A. Kennedy at W. D. Bertram's. Mrs. F. Wagar and Mrs. T. E. Wagar at Don Wagar's. Mrs. D. Goodfellow and children at Thos. Howe's. Miss H. Goodfellow at Tichborne. Mrs. A. Slingerland at J. Hannah's. Tichborne. B. Corwall has purchased the farm of Angus McLeod. Mr. and Mrs. McLeod are going to Tamworth to reside, and Mr. and Mrs. Slingerland will return to Winnipeg. Mrs. Allen and Mrs. T. Swerbrick, Tichborne, at M. Crook's. Mr. and Mrs. W. Loucks are at G. R. Howe's. Wagarville. W. Goodfellow and family at Wm. McCumber's. Wagarville. Mr. and Mrs. T. E. Wagar and A. Babcock at T. Wagar's, Wagarville. Fred Barr, Oshawa, home for the week-end.

ZEALAND. Feb. 6.—The farmers are busy drawing pulp-wood to Ungava siding. The many friends of O. H. Garrett are pleased to see him around again after a severe attack of tonsillitis. Mrs. William H. Garrett and little son, Roscoe Lyie, have arrived home after spending a week with friends near Kingston. Mrs. T. Garrett and daughter, Myrtle, also Gracie McVeigh, are on the sick list. T. E. Garrett, who has been working at Bethel, spent Sunday at home. William Rutherford, J. R. Ferguson and sister Letta, Pine Shade, spent Thursday evening at a skating party at Lake View farm. S.S. No. 3 has secured Miss White, Prescott, for teacher. Mr. and Mrs. F. Gliddings spent Sunday at D. Buchanan's. Thomas Garrett made a flying visit to D. Riddell's, Hagersville, one day this week. Chandler & Jones Co. have secured the team they want. Visitors: John White, Victor English, The Misses Maria and Ella Warrington, H. McChaffie, Marcell S. Cabbage at T. Garrett's.

WASHBURN'S CORNERS. Feb. 7.—Ideal weather prevails for the lumbermen in this vicinity. Mr. and Mrs. Lafayette Washburn were called to Merrickville owing to the death of the latter's mother. Samuel Hollingsworth is attending Ottawa ice races, he being successful at Portland and Westport. Eulalie Whaley visited friends here recently. Samuel Barnes, who has been ser-

lonely ill is recovering. Mrs. William Webster left today for a visit with friends at Lake Elvida. George Moulton had the misfortune to injure his foot while at work in the bush. Mrs. Thomas Patterson is gaining at the Brockville hospital. Stephen Knowlton has sold his farm to Robt. Kearney. We regret his departure from our midst. Candiana day, as the old people tell us was an ideal one here and most people predict an early spring. Richard Wells had the mishap to fall on a lantern while doing chores at his buildings and sustained bad cuts about the hands. The annual milk meeting was held Saturday evening at Athens. A number from here attended the party held at Addison, Friday night.

LEEDS

MORTON. Feb. 7.—Mr. and Mrs. Fred Quinsey, Cananogue, and Mr. and Mrs. Byron, Lansdowne, were recent visitors at B. N. Henderson's. The buzz of the sawing machine is heard in this locality. A number of the villagers are putting in ice. Miss Ellen Smith and Miss Diet, Athens, were Sunday visitors at J. N. Somerville's. George Wheeler, Sweet's Corners, was calling on friends on Sunday. Mr. and Mrs. Eugene Edgers, Leeds, spent Sunday at B. N. Henderson's. Mr. and Mrs. Alex. Bruce spent Sunday at W. G. Earl's, Seely's Bay. A number from here attended the hockey match at Westport on Saturday. Mr. and Mrs. Sherman Norris, Keelerville, called on friends in the village on Saturday. Miss Jennie York is spending a few days with friends at Jones' Falls.

LANARK

FALLBROOK. Feb. 8.—The weather is very mild and spring-like. Rev. Mr. Ferguson, Lanark, took the service in Playfairville, on Sunday for Rev. Mr. Matthews. Mr. McConnell is in this locality in the interests of mines; it is expected that some of them will open up in the spring. Bert Kerr and R. Anderson are attending the agriculture course in Lanark. A number from here attended the band concert in Perth last night. The people have been busy hauling ice. R. Munro, Maberly, spent a few days the guest of Ralph Walworth.

Lennox & Addington

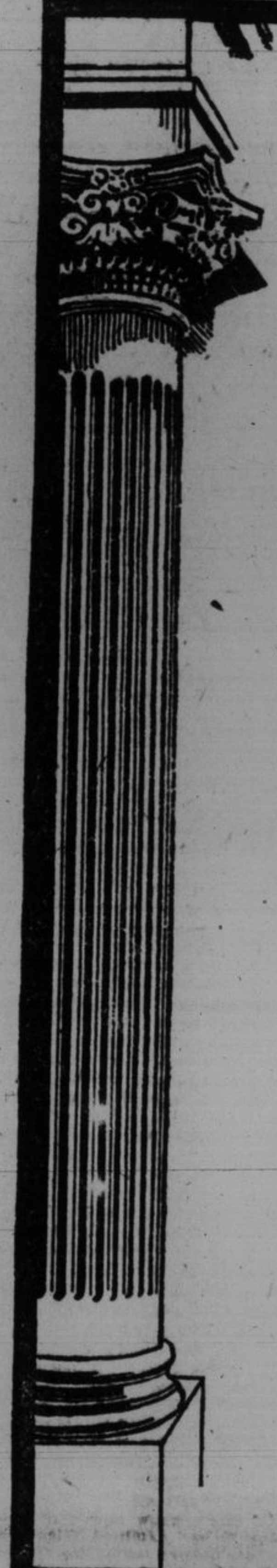
MOSCOW. Feb. 8.—J. Green, Petworth, has moved on the place vacated by H. A. Martin. Miss Nellie Allen is visiting friends at Newburgh. Week-end visitors were: Mrs. R. E. Asselstine, Mrs. F. Cline and Gerald at Nanjane. The auxiliary for this month meets at the home of Mrs. A. Benn J. Paterson was in Peterboro last week owing to the death of E. Wagar. Harry Vanlueven and family and Mrs. G. Neely, of Napanee, spent Sunday at E. Vanlueven's. On Feb. 5th a hockey match was played at Moscow between Yarker and Moscow. The score was 9 to 2 in favor of Moscow.

CAMDEN EAST. Feb. 9.—R. W. Longmore and Miss McCaughey visited her sister at Deseronto recently. George Riley spent a day in Napanee. The patrons of the cheese factory met in the hall on Thursday last to arrange matters for the coming year. The oyster supper and dance given by the Orange-men of this vicinity was well attended. Mr. and Mrs. A. Farrott, Switzer-ville, at L. H. Stover's on Sunday. W. J. Loucks spent a few days at Parham. Mr. Hannah, assessor for Camden, visited this village on Monday and Tuesday. Several from here attended the quarterly board at Violet, in the Methodist church. Sad news came to this village on Tuesday when we heard of the death of a returned soldier in the person of Harry Salisbury. He was gassed and never recovered from the shock. Much sympathy is felt for his parents, brothers and sisters. We are glad to hear that Harry Robinson is better again.

Prince Edward

BLOOMFIELD. Feb. 7.—The many friends of Ar-

Eat it Anytime - Day or Night and its ease of digestion and sound food value will give you - Contented Nourishment The food is Grape-Nuts "There's a Reason"



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HALF a century has elapsed since the Sun Life Assurance Company of Canada issued its first policy in 1871. The figures submitted herewith indicate the size, strength and outstanding position to which the company has attained among the life assurance institutions of the world, as a result of its operations during those first fifty years.

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