

In the Realm of Women--Some Interesting Features

A HAPPY NEW YEAR
With the New Year we are pleased to supply you with the best of everything in Groceries, Provisions, Meats, Fruits and Vegetables, and our prices are right. Order early for prompt delivery.

C. H. PICKERING, Prop.
490 and 492 Princess Street.
Phone 5303.

W. H. STEVENSON
HORSE SHOE and BLACKSMITH.
Wagon and Trucks Repaired.
Prices moderate.
TEMPERANCE HOTEL YARD
QUEEN STREET

Princess Meat Market
338 Princess Street
The shop to go for your
VEAL
BEEF
PORK
Ask Anybody

KENNEDY'S
Cash Grocery
CANNED GOODS SPECIAL
Lombard Plums20c. tin
Green Gage, Plums20c. tin
Peaches and Pears35c.
(2 lb. tin)
EXTRA SPECIAL!
One tin Tomatoes, one tin Corn, one tin Peas—all
Three for40c.
6 lbs. Rolled Oats35c.
8 lbs. of that good Black Tea \$1.00
Goods delivered to all parts of the city.
Montreal and Charles Street.
Phone 669

25 p.c. OFF TEA
BUY
CHARM BLACK TEA
BY THE POUND--YOU GET QUARTER POUND FREE.
Guaranteed equal to any.
Geo. Robertson & Son, Limited

VITAL MUSIC.
Music is of a plain with life. It is not an ear filling dainty, nor a couch for tired minds, nor the language of Superman. Music is born of living, in travail and with prodigious exertions it is breathed into being. No man who has never suffered, drunk bitter drugs, can hope to interpret life to his silent fellows. Such a man cannot hope to create, and indeed, never has created, great music.
What our composers are undergoing is what the composers of every country have undergone. Every experience, sad or gay, enriches their spiritual vocabulary by just so much. The strong emerge stronger and the weak are broken in the drab test of everyday. If our composers can meet life and conquer it, they will write vital music. Not otherwise. If they write music because it is in them and must out they write vital music, and not otherwise. If they need baits

and prizes to jog an unwilling muse, they have nothing to say that need be said.
WHAT U.S. CITIES ARE DOING FOR MUSIC.
The people of Chicago subscribed over \$700,000 to build a hall for its symphony orchestra.
Detroit is finishing an \$800,000 auditorium for its orchestra.
Business clubs in St. Louis have bought up the tickets for the entire music season of its orchestra.
The citizens of Philadelphia have given a million dollars as an endowment fund for its orchestra.
Seattle has financed its orchestra on a three-years' basis.
New York business men subscribe \$100,000 per year to each of two symphony orchestras.
Boston is endeavoring to raise a five-year fund to rehabilitate its orchestra.

Made Instantly and without a bit of waste
INSTANT POSTUM
the table drink so many prefer to tea or coffee because of rich uniform flavor, moderate cost and superior health value.
— at grocers

MRS. NANCY SHARP, of Los Angeles, who says she received one of the greatest surprises of her life when Tanlac completely restored her health after she had almost lost hope of ever getting well. Declares she suffered for twelve long years.



"After seeing the wonderful results my husband obtained from Tanlac I began taking the medicine myself, and now we both agree that it is the greatest medicine on earth," said Mrs. Nancy Sharp, a prominent and highly esteemed resident of Los Angeles, Calif., living at 921 Camulus street, whose husband is proprietor of the Merchants' Express Co.
"During the twelve years that I suffered with indigestion and stomach trouble I tried nearly every medicine I heard about, but nothing helped me and I lost faith in everything. So, my wonderful restoration to health has been one of the greatest surprises of my life."
"I began to feel an improvement on finishing my second bottle of Tanlac, and now after taking six bottles I am like a new woman. I have a splendid appetite, eat three hearty meals a day, enjoy them thoroughly and am never troubled in the least with indigestion or any other disagreeable after effects."
"Before taking Tanlac most everything I ate caused my stomach to rebel and I would suffer for hours afterward. I was so dreadfully nervous that many nights I never closed my eyes in sleep, but now I am not the least nervous, and I sleep like a child. My strength has been wonderfully increased, and I have much more energy."
"I just wish it was so everybody troubled like I was knew about this wonderful medicine."
Tanlac is sold in Kingston by A. P. Chown, in Mountain Grove by James Macdonald, and by the leading druggists in every town.—Adv.

Ladies Keep Your Skin Clear, Sweet, Healthy With Cuticura Soap and Cuticura Talcum

Music in the Home

STUDY PIANO CLASSES.

How The Boys and Girls Appreciate The Piano Instruction.

The last word in teaching public school children in classes has not been said, but the first word undoubtedly has, for already the fruitage begins to appear. This is the statement of a school music supervisor who has had an experience of over four years in teaching piano classes. "From time to time during the year," says this supervisor, "the piano classes give little recital programmes in their respective schools, and at the end of the year a 'big one' in the High School Auditorium. On these occasions the diminutive players come to the front stage and announce the names of the pieces which they are about to play, the name of the composer, the meaning of terms of expression and tempo, the key—or in which the composition is written, and with both hands, four octaves up and down the keyboard, before playing the piece. All this in accord with our belief that musicianship should be taught instead of mere keyboard dexterity. Digits and two-piano numbers are considered in 'good form,' particularly when the players all belong to the same family. If a brother or sister of the pianist plays some other instrument or sings, the pianist member of the family may appear in the role of accompanist. The reason for everything done in this work may be found in the affirmative answer to the question, 'Can the child use it in the home?'

Nine Nationalities Represented.

In one school forty children are studying the piano in classes. In this group nine nationalities are represented. To six of the homes represented, Santa brought pianos at Christmas time as rewards for work well done in the classes. Three children from one Hungarian family have been in class from the beginning. All their practice is done under the close supervision of their father. A little Italian girl was wont to have washing the floors as her Saturday morning task. In order that she may now take her piano lesson on Saturday morning, she washes the floors after the family has retired on Friday night. She had no piano, but begged so hard that she was taken into the class. It was found that her father had torn a strip off a red checked table cloth, and tacked it onto the edge of the table for a practice board. The piano classes have seemed to exist for two classes of people—those who are too poor to buy a private teacher's fee, especially those of cases Mary does "do something with it" and goes on to a private teacher. This coming and going lends a lack of stability to the classes, which is amply compensated for in the knowledge that one more youngster has been helped to find himself, and that the children of lesser financial resources, are, to some extent at least, having their "chance."
The attitude of the piano teacher I have found to be one of approval; that of the parents, gratitude; a blind man could read it in their kind faces when they come to our little recital programme to hear their children play.

Music Stimulates Sales.

There is a stationery store in Springfield, Ill., that is making a practical, successful, every use of music in its store to stimulate and encourage business. But the music is selected according to the manager's taste that he thinks suitable to the particular customer. In his store, as he finds that "just music" is not enough. A man who is inclined toward the classical may resent the jarring noise of jazz and likewise young devotee of terpsichora may fall to linger longer if she has to listen to the "Miserere." So Mr. Foster, that's the manager's name, watches the crowd, and the appearance of the crowd decides the nature of the music.
A high-class phonograph with a varied assortment of records, easy of access, is advantageously situated, and, as a rule, the music is toned down to a softness, which keeps it from intruding on the general business of the store. It is heard just sufficiently to register its subtle influence. It is not intended that the music in the phonograph shall distract the attention of those who are concentrating on purchases, therefore, no voice records are used.
"I watch the store," says Mr. Foster, "and if there is a purchase of mourning cards, no music is allowed. If, however, a group of young people is buying, we turn on some of the catchy, popular music with a dance swing to it. If there is a preponderance of older people in the store, we use orchestra or violin records or rather a classical nature, and for special days or seasons, such as Christmas, St. Patrick's Day, Easter, and patriotic occasions, appropriate records invariably make a desired impression."
"I have found," continued the Springfield man, "that music, if intelligently used, does much to overcome the tendency of the man who always hustles in and hustles out. Under the soothing influence of the strains of some selection with which he is, perhaps, familiar, he lingers, and the more time he spends in our store, the more he sees that he is likely to purchase."
It will be observed that Mr. Foster's success with music is based primarily on the fact that he uses his power of observation and governs the selection of his records by the kind of people to whom they most appeal. Of course, there are doubtless many retail establishments where a phonograph would find itself in strange and inappropriate surroundings. In fact, the question of the use of music

must be one governed by common sense.

Average Singer Is No Musician.

The younger a student begins musical study, the better—most young people can begin singing at the age of sixteen or seventeen. In regard to practice the length of time must be limited according to the capacity of the pupil, but ordinarily, two hours of technical study a day is enough for the average student. There should also be at least two hours a day spent on the study of music, either theoretical or in the learning of new repertoire. Then two hours a day should be spent on the study of languages and a certain period each day in studying acting grace, bodily poise, and so on. The art of singing well is much more mental than physical. The singer should become a thorough musician and should read much of musical history and biography. The average singer is no musician, many of them hardly know how to count time, and bother the conductors with whom they sing.

TO-DAYS FASHION

By Vera Winston.



Summer Ermine Makes an Effective Trimming on This Coat of Hudson Seal.

Admirable for cold weather is the jaunty fur coat. This model in box style is quite short and would be particularly becoming to a woman of youthful figure.
It is made of Hudson seal. The collar, however, shows a union of summer ermine with the seal which is most effective. The cuffs, too, are made of the summer ermine and it is successfully used to decorate the pockets.
Should its wearer prefer to have a low collar, all she need do is to unfasten the fur-covered buttons and drape the collar about her shoulders.
The gray velvet hat that accompanies this suit is elaborated with ribbon bows.

LINDSAY'S

121 Princess Street, Kingston

FUN FOR WOMEN TO DIAMOND DYE

Old, Faded Garments, Draperies, Everything Made New for Few Cents.

Kingston women can do wonders with a package of Diamond Dyes. An old, worn coat, skirt, waist, sweater, kimono, dress, or faded stockings, gloves, draperies, portieres, chair covers—anything, whether wool, silk, linen, cotton or mixed goods, can be diamond-dyed to look like new. Easy directions in each package guarantee perfect results. Druggist has Color Card showing actual materials diamond-dyed in a wondrous range of rich, fadeless colors. Don't risk your material in a poor dye.

Neuralgic Pains

Give Way to Soothing Hamlin's Wizard Oil
Hamlin's Wizard Oil is a safe, simple and effective treatment for both headache and neuralgia. Rubbed in where the pain is, it eases the tortured nerves and almost invariably brings quick relief. Keep a supply on hand.
Wizard Oil is a good dependable preparation to have in the medicine chest for first aid when the doctor may be far away. Its healing, antiseptic qualities can always be relied upon as a preventive against infection, or other serious results, from sprains, bruises, cuts, burns, bites and stings. Just as good, too, for sore feet, stiff neck, frost bites, cold sores and canker sores.
If you are troubled with constipation, headache, try Hamlin's Wizard Liver Wafers. Just pleasant little pink pills at druggists for 50c.

PEPS

THE BREATHEABLE REMEDY
ALWAYS keep a box of Peps on hand, and immediately you feel a tickling in your throat and want to cough, put a Peps tablet in your mouth.
The medicinal fumes given off by the dissolving Peps mingle with their vapor, breathe, and like the Pine Forest air of Switzerland, reach every nook and corner of the throat and lungs, where the danger lies.
Peps bathe the breathing tubes with a germ-destroying vapor, which is a sure safeguard against infectious coughs and colds. When a Peps tablet is in the mouth every breath taken strengthens your defence against throat and chest troubles.
50c. box, 3 for \$1.25. All dealers or Peps Co., Toronto. FREE trial package sent upon receipt of this advertisement and 1c. stamp for postage.

For **WINTER COUGHS, COLDS & BRONCHITIS.**

What You Missed When You Were a Kid

Bring in the little folks and ask us to show you how this wonderful instrument appeals to them. Kiddies enjoy most everything for a while, but they'll love the Columbia Gramofona all their lives. Just as you will, after you hear it played. It's a beautiful instrument—a musical gem that will please and delight every member of your family. Equipped with its exclusive No. 8 Automatic Stop, the Columbia Gramofona plays and stops itself. Nothing to move or set or measure. Be sure to ask us to demonstrate the stop that needs no setting.

LINDSAY'S
C. W. LINDSAY LIMITED
121 Princess Street, Kingston

Men and Boy's KNEE RUBBER BOOTS

Men's Grey or White \$6.00
Men's Grey or Black with white soles \$5.00

Men's Black, with red sole and heel . . \$4.50
Boys' Black, with red sole \$3.50
Boys' Black Sole \$2.50

H. JENNINGS
KING STREET

GRAND TRUNK RAILWAY SYSTEM
AGENCY
FOR ALL STEAMSHIP LINES
Special attention given your family or friends going to or returning from the Old Country.
For information and rates apply to J. P. HASTLEY, C.P. and 3 A. G. T. Ry. Kingston, Ontario. Open day and night.

SCOTT'S GARAGE
Repairs, Washing and Storage.
1913 McLaughlin Touring car for sale cheap for a quick buyer.
208 BAYVIEW STREET Phone 10454.

Mattresses
Don't throw away your old Mattresses.
We renovate all kinds and make them as good as new. Get our prices.
Frontenac Mattress Co.
17 BALACLAVA STREET
Phone 2106w.

Firewood
Large quantity of sound Railway Ties for sale cheap. All tents reduced to clear. We need the room.
I. Cohen & Co.
275 Ontario St. Phone 837.

Xmas Photographs
Opens Tuesday and Saturday nights until after Christmas, to take Photographs.
Hours 7.30 to 10 p.m.
THE MARRISON STUDIO
Phone 1318w. 92 Princess Street.

FOR SALE
DWELLING, BARN AND ONE ACRE OF LAND
at city limits \$2,000
W. H. GODWIN & SON
Real Estate and Insurance
89 Brock Street. Phone 424.

WOOD
Sawed in Stove Lengths
BOOTH & CO.
Foot West Street
Phone 133.

The Telgmann School of Music
Piano, violin and other stringed instruments; elocution and dramatic art. Pupils may begin at any date. Terms on application. Engagements for concerts accepted.
216 Frontenac Street.
Phone 1325j.

Old Antiques Furniture
If you don't buy our Antiques they are worth while looking at. We buy and sell every kind of Furniture or exchange it will pay you to give us a call.
CABINET MAKERS, AT YOUR SERVICE
Mr. Frank Summerville, who remodels repairs, etc., on the premises.
LESSES, Antique Shop
507 Princess Street
Phone 1045w.