



**How to Make Coffee**

Allow one heaping tablespoonful of Seal Brand Coffee to each cup. Pour fresh, boiling water over the coffee. Simmer 7 minutes. Let stand a few minutes. Then serve. Be sure you use rich, full-bodied

**SEAL BRAND COFFEE**

Whole, ground—fine-ground for Tricollectors and ordinary percolators. In 1/4, 1 and 2-lb. tins—at all good dealers; Write for "Perfect Coffee—Perfectly Made". Mailed free on request.

**CHASE & SANBORN, MONTREAL.**

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DWELLING, BARN AND ONE ACRE OF LAND

at city limits . . . . . \$2,600

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**NEWBORO ELECTIONS**

Mrs. Lottie Flemming Defeated For School Trustee.

Newboro, Jan. 4.—The following were elected by acclamation: Reeve, J. F. Graana; Councilors, Wm. Gorslin, Eli Wittze, Fred Graham; D. Houghton.

Elected for trustees: W. H. Warren, George E. Foster, W. H. Whaley. The defeated candidates were Watson Kelsey and Mrs. Lottie Flemming. Mrs. Flemming is the first lady of Newboro to aspire for an elective office. In the Leeds County Hockey League series Newboro defeated Portland at Newboro on Saturday last, by 4 to 3. Referee: Isaac Freeman; judge of play, Lawrence Leggett.

Elgin and Lynhurst played a tie game. Sealey's Bay defeated Phillipsville 6 to 3. The Westport-Crosby game was not played owing to lack of ice on Crosby rink.

**Events At Harrowsmith.**

Harrowsmith, Jan. 4.—A public meeting of the U.F.O. club was held in the hall on Thursday evening, Dec. 30th, at which a detailed report of the convention in Toronto was given by Charles Shibley, B. S. A., one of the delegates. Arrangements were made for a banquet to be held in January. The Masonic lodge held an oyster supper, following the installation of officers, on Monday evening, Dec. 27th.

Danford Buck is quite ill. Mr. and Mrs. Walter Carpenter, Joyceville, also Mrs. Babcock, Belleville, spent New Year's at J.W. Campsall's.

Master Ferguson Stewart entertained a number of his young friends at a birthday party on New Year's night. A baby girl has arrived at the home of Mr. and Mrs. James Wallace.

If a man has no eye for beauty and no ear for music he doesn't get all that is coming to him in this world.

You will never make a mistake by talking to a man about himself.

Kisses are the real thing when backed up by the heart.

Say fellers, there's two things I like with my

**POST TOASTIES**

—lots of room and no competition!

—says Bobby

**Superior Corn Flakes**



**From The Countryside**

**FRONTENAC**

**GLENDOWER.**

Dec. 29.—Mr. and Mrs. Pearl Barber, after spending Christmas with her parents, Mr. and Mrs. W. Able, have returned to their home in Carthage, N.Y.

**WOLFE ISLAND.**

Dec. 21.—Capt. George Niles has moved into the village for the winter. Eighty couples attended the dance in the C.M.H.A. hall on Monday evening. Miss Clara Hogan and brother, Sanford, spent Christmas with their sister, Mrs. F. Tracey, Tweed. The euchre party at Edward Payne's was much enjoyed. John McLaren, Cleveland, is visiting his parents, Mr. and Mrs. S. McLaren.

**SANGSTER.**

Dec. 22.—A few of the young people attended the Christmas tree at Glendower on Dec. 23rd. Mr. and Mrs. O'Brien and children, Kingston, spent Christmas at U. Murphy's. W. Ryan is in Kingston. James and Cuss Barrett, Syracuse, N.Y., are visiting at T. Barrett's. Mr. and Mrs. James Murphy and Miss O'Hara are at M. J. Corcoran's. Mr. and Mrs. T. Barrett and children at T. Hickey's, Bob's Lake. Thomas P. Young and sister, Rose, Syracuse, N.Y., at J. Jennings'. Glendower, Joseph O'Connor and James Babcock at T. Young's.

**HARTINGTON NOTES.**

Hartington, Dec. 30.—The entertainment given by the Sunday school was a success. Stanley Woodman, wife and daughter, Wolfe Island, are at Benjamin Campbell's. C. Warrington, Toronto, is with his family here. A daughter arrived at Hawley Grant's, and one at James Wallace's. Miss Meta Campbell and sisters entertained the young people on Wednesday evening. Thomas Sigsworth is ill. Miss Ruth Clement is at Sydenham. Mrs. Alex Smyth, Kepler, is at John Moore's. Mrs. Ryan is home from Wolfe Island. Miss Elsie Craig, Verona, has been engaged as public school teacher for the coming year.

**BATH ROAD.**

Dec. 28.—The concert given by the pupils of the Palace school on Wednesday afternoon last was a success. An interesting programme of choruses, dialogues and recitations was given. Much credit is due the teacher, Miss R. Babcock, for the training of her pupils. S. Greer has returned from visiting friends in Alberta and other western points. Mr. Greer had been absent several months, and his many friends are pleased to welcome him home again.

**MYERS CAVE.**

Dec. 29.—Mr. and Mrs. Donald MacGregor spent Christmas at her father's, George Hamilton, Ardoch. Mr. and Mrs. Joe Perry and wife Edward spent Christmas at Charles MacGregor's. Monday was nomination and all the old council members were re-elected: Reeve, Chas. MacGregor; councilors, Richard Bauder, Thomas D. Perry, William Head, and Walter Cuddy. Jessie Deives spent a few days at home. Mrs. Fuller has returned to her home after spending the summer and fall at the Cave. Mrs. Perry and son, George, made a trip to Northbrook on Tuesday. Mr. and Mrs. Thomas Perry and son spent Christmas at J. Perry's. Miss Zena MacGregor is at her sister's, Mrs. Clarence Menor's, Odessa.

**ST. LAWRENCE.**

Dec. 30.—A Christmas concert was held at the Methodist church on Tuesday evening. Miss Brown entertained at a Christmas concert, for her pupils. D. Bamford has installed a new furnace in his home. G. Gillespie spent two weeks visiting his daughter, Mrs. S. Kennedy, Tamworth. Miss Margaret Murphy, teacher at No. 8, spent Christmas with her parents in Tamworth. George Bolton, North Bay, spent a few days at W. Gillespie's. Mrs. R. Bullis spent Sunday with her parents, Mr. and Mrs. W. Gillespie. Miss L. Horne spent a few days visiting her brother, R. Horne, Marysville. Miss Hamer spent Christmas in Toronto. Robert Horne Dick Kessler and Roy Rattray spent a day in St. Lawrence, N.Y., visiting Mr. Horne's sister, Mrs. G. Craft. A card party and dance was held at J. O'Brien's, on Friday evening.

**ARDEN.**

Dec. 31.—The Christmas tree on Friday evening, Dec. 24th, was very largely attended. Much credit is due Miss Frances Alexander and Mrs. Stocker for the good programme. Mr. and Mrs. B. Doney and family spent Christmas with her mother, Mrs. S. Alexander. Miss Laura Greene is spending the holiday at her home here. Mr. and Mrs. H. Stule, Water-

**BOILS SO BAD HAD TO GIVE UP WORK**

From the days of Job, up to the present time, boils have been one of the afflictions of the human race. All the poulticing and lancing you may do will not prevent them from breaking out again.

Boils are simply caused by the bad blood circulating in the system, and the bad blood must be made pure before the boils will disappear.

Burdock Blood Bitters, which has been on the market for over forty years, is well known as the greatest blood medicine procurable.

It purifies the blood by removing every particle of foul matter from the system, and when this is done the boils vanish, and you should never be troubled again.

Mr. James Fabry, Newport Island, Que., writes: "I was troubled with boils on my back and neck, so bad that I was obliged to give up work. I tried several remedies, but got no relief. Finally I went to a doctor, and he treated me for several weeks, and all without benefit. At last a friend told me of Burdock Blood Bitters, so I decided to give it a trial. I got three bottles, but before I had taken two the boils were all gone. It is eight months now, and I have had no return of the old trouble, and have never felt so well."

B.B.B. is put up only by The T. Milburn Co., Limited, Toronto, Ont.

**FLORIDA.**

Jan. 1.—The recent snow has improved the roads, and a number are taking advantage of it by getting up their supply of wood. Norman Toner is spending the holiday with her parents at Strathcona. J. Graham is at Damon Martin's. Mr. and Mrs. C. W. Jeffrey spent Christmas with the former's sister, Mrs. H. Timmerman, Sydenham. Mrs. Gordon, Clarke visited at Edward Martin's recently. Mr. and Mrs. Geo. Redden and son, Durwood, spent Christmas at Sydenham. Miss Winito and Hazel Snider have returned after spending a few days at Belleville, the guests of Lord Knox. Miss Lottie Martin and J. Graham are spending a few days with the former's sister, Mrs. Earle Lucas, Maple avenue.

**PLEASANT VALLEY.**

Jan. 3.—The rain on New Year's day has taken off the snow which leaves the roads very slippery. The many friends here of Mrs. D. Youmans were sorry to learn of her sudden death at her home, Mountain Grove, on Christmas Eve. Deceased was a daughter of the late Robert Kerr, Petworth. Schools fortunate enough to have teachers will open to-day. Drawing wood is the chief employment now, and all are hoping for more snow. Mrs. E. Hughes has gone to Mountain Grove to spend some time with relatives. Mr. and Mrs. Frank Armstrong are visiting with her parents, Mr. and Mrs. T. A. Manson. Messrs. Russell and John Barr are spending the holidays at their home here. Miss Leslie Barr spent the week-end at her home here. Master Harold Kerr is spending the holiday with his uncle, E. Hughes.

**MISSISSIPPI.**

Jan. 3.—Quite a number of parties were given in honor of Christmas visitors. James Fair has a number of men working in his lumber camp at Watson's Corners. Mrs. Daniel Bushell, who had the misfortune to fall down stairs, is recovering. Miss Brown, Wolfe Island, has been engaged as teacher for the year.

Recent visitors: Mr. and Mrs. Eber Walworth, Sharbot Lake, at Mr. and Mrs. J. H. Fair's. John Erwin and his sister, Lizzie, Toronto, visited their parents, Mr. and Mrs. Thomas Erwin. Miss Margaret Bushell, Toronto, with her parents, Mr. and Mrs. Daniel Bushell, John Barr and wife, Toronto, and Byron Revells and family, Kingston. Mr. and Mrs. Daniel Bushell's; Miss Hannah and Maggie Simms, Renfrew, at Mr. and Mrs. William Geddes'; Miss Annie Olmstead and brother, Thomas, Kingston, with their parents, Mr. and Mrs. David Olmstead; Archie Campbell, Nipigon, visited his mother and friends around Clarendon; John Riddell visited his uncle and aunt, Mr. and Mrs. Albert Cassell, Robeboy; Mrs. D. Olmstead visited her sister, Mrs. James Campbell, Clarendon.

**PARHAM.**

Dec. 30.—The Christmas party held in the hall was a success. Harry Clow and Mr. Powell are at William Clow's. Mr. and Mrs. Slingland have returned from Tamworth accompanied by Mrs. F. Close and son, Florence Howes and Elsie Bertram are at Mrs. J. E. Howes, Wagarville. Mrs. Howes and family at Ross Howes. Mr. and Mrs. M. Cronk have returned from Point Anne. A few of the young people were at the party on Tuesday evening at J. Steele's, Tichborne. Guy Wagar at F. Wagar's. Mrs. A. C. Wagar is on the sick list. C. Godfrey and family at W. D. Black's. Claude Percy and George Reynolds spent Christmas in Verona. Clara Howes at G. A. Smith's. Edward Blair and family, visiting near Ottawa, have returned home, accompanied by Miss Grace Weese. Miss F. Griffith is at W. D. Black's. Miss Ila Barr and Fred Barr at home; Miss L. Black and Master Keith Black at G. R. Howes'; Miss Iva Smith at J. E. Howes'; Wagarville; Ford Goodfellow and Mrs. George Goodfellow and sons at L. B. Bateman's; T. Bertram and wife at A. C. Wagar's. The school is being improved inside by a coat of paint.

Jan. 3.—The English church held a very successful party on Thursday evening. Mr. and Mrs. Minorgan and children, and Mr. and Mrs. J. E. Davidson, are at Verona. Mrs. Frank Wagar at Mrs. Collin's, Tichborne. Mr. and Mrs. F. Collins and children, Kingston, at William Clow's. Miss L.

Black attended the ball at Godfrey Smith's; Mrs. Snyder and Mr. and Mrs. Revel, Verona, at J. A. Goodfellow's; Mr. and Mrs. T. E. Wagar and Miss Iva Smith at Ross Howes'; G. R. Howes and family, Wagarville, at W. D. Black's; B. Asseltine at F. E. Wagar's; Miss Ira and Jamie Smith at R. Wagar's, Long Lake; George Smith at the Flats. Mr. and Mrs. T. E. Wagar at Wagarville. Jimmie Howes at W. A. Wagar's, Wagarville. School re-opens to-day.

**The Constable's Perks.**

Many were the perquisites which fell formerly to the lot of the Constable of the Tower of London.

At one time it was to his interest to have as many prisoners as possible. A duke had to pay him £20 an entrance fee, an earl £13, a baron £10, and a knight £5.

The constable had the right to stop all ships that passed up the Thames from the sea and to take toll from them, and another very valuable perquisite was the exclusive fishing rights between London Bridge and the Tower.

London Bridge was as crowded as ever, but in those days there was only a frail wooden paling, and frightened cattle often fell through into the water.

"All such cattle," says Maj.-Gen. Sir George Youngblood, "became the perquisite of the constable. "Sealandmorgers of the day went so far as to surmise that when the constable was short of meat, and had a banquet in view, he would send varlets to London Bridge at the busiest time, there to create the necessary block and confusion, which would cause a few fat kine to fall into the river."

**First Musical Instrument.**

The pipe is the earliest musical instrument on record. It appears upon sculptures dating from 4,000 B.C. The bagpipe itself is referred to by Chrysostom in 100 A.D. Its appearance in the British Isles seems to have been due to the Picts, but upon this point there are no definite historical records. The Irish troops who fought in Gascony in 1286 included pipers, and by the end of the fifteenth century three town pipers accompanied the town surgeson that Edinburgh on his round of the city morning and evening. The tunes then played have come down from father to son, and the Scottish battalions in the Great War marched into broken French villages with the same strains that their forbears heard when they fought for the Lilies of France in 1422. Whether the Bruce marched to pipes at Bannockburn or not appears uncertain; but his son David certainly led his men to their strain, and ever since then every Scottish regiment has had its own bagpipes. In the Great War it was at Neuve Chapelle in March, 1915, that the company piper had his first chance of showing his quality.

**Like Any Other Leg.**

The bluntness of Gen. Sir William Robertson is admirably illustrated by a couple of stories told by Col. Repton in his reminiscences, "The First World War."

After an exhibition of classical dancing by Lady Constance Stewart-Richardson with bare feet and a Mand Alha costume, he was asked if he did not think she had a very fine leg.

"It's just like any other leg," was the reply.

On another occasion he paid a visit to a small type of submarine, in which he could hardly stand or move.

"Do you like the life?" he asked the commander. "Yes," was the reply. Sir William gave a grunt, and said, "Umph! You're easily pleased."

**Calm Admonition.**

"Guard, are you positive this train will stop at London?" Quite half a dozen times the old lady had asked this question, and the guard began to lose patience. "Look 'ere, ma'am," he said, "this is an express to London, and if we don't stop there, then you'll be in the biggest smash-up you ever heard of!"

In the bright lexicon of youth there is no such word as "fall," but there are a lot of synonyms.

Ambition is the thing that boosts a man up the ladder.

Take one or two Cascarets occasionally to keep your liver and bowels active. When bilious, constipated, headachy, unstrung or for a cold, upset stomach, or bad breath, nothing acts so nicely as Cascarets. Children love them too: 10, 25, 50 cents.

# An Open Letter

## To The People Of Kingston

OUR representatives are out calling upon the citizens of Kingston to invest in the "Allen's Kingston Theatre" Limited, enterprise.

THEY are offering 8% Cumulative Preferred Stock at \$100.00 per share, with a bonus of 25% on Common Stock.

OUR decision to offer this investment to the people of Kingston, was not made without consideration. We felt as did Messrs. Jule and Jay J. Allen that it was greatly to the interest of the Theatre to have the capital investment in it held locally.

ALL Allen Theatre enterprises have been very successful.

THEY have not only paid the Dividends upon their Preferred stock, but the majority of them have shown earnings that would permit of paying substantial Dividends upon the Common Stock, in some cases as high as 12%.

THE day is not far distant when money interest rates will go lower. When that time comes, it is reasonable to expect that the price of these Preferred shares will go higher. If that is so, not only will your Preferred Share investment in Allen's Kingston Theatre be very desirable and worth more than you now pay for it, but your common stock may eventually become worth an amount equal to the Preferred stock—if not in excess of it.

THERE is nothing to hide in this enterprise—the Theatre itself, its capacity and its attractions are there for all to see and to pass judgment upon.

WE hope therefore that when our representative calls upon you, you will give the matter your careful consideration and if you have the funds available, invest.

AS it is quite possible we may not call upon all of the prospective investors in Kingston, we respectfully suggest, therefore, that if you have not already been called upon, you telephone for one of our representatives to come and see you, or better still, call in at the office and talk the matter over.

### Ontario Securities Company

Bank of Toronto Building - KINGSTON  
Telephone 2212.

Head Office: Kent Building, Toronto

