

In the Realm of Women---Some Interesting Features

Contains more flesh forming matter than beef.

Baker's Cocoa is for robust men

and all who must have a great deal of tissue building material to repair the waste caused by physical and mental labor. It is delicious, pure and wholesome, and is made by a perfect mechanical process, without the use of chemicals, so preserving the exquisite flavor, aroma and color of the high grade cocoa beans.

Walter Baker & Co. Ltd.

MONTRÉAL, CANADA. DORCHESTER, MASS. BOOKLET OF CHOICE RECIPES SENT FREE

Told in Twilight

(Continued From Page 3.) Principal and Mrs. Bruce Taylor gave their monthly reception to the staff of the university and their wives, on Wednesday afternoon of this week, at the principal's residence. During the evening, Professor and Mrs. Keith Hicks and Miss Doris Browne, Kingston's clever amateur, played "Suppressed Desires," a delightful farce by Susan Gauppell. Miss Lois Taylor, who is a clever young pianist, gave great pleasure to her parents' guests by her piano number, "Prelude in G Minor, by Rachmaninoff." Carl Sandberg, Chicago, recited some of his own poems, and sang several quaint old Indian folk songs, to his own accompaniment on the guitar.

The Yacht Club was the scene of a jolly dance on Tuesday night, arranged by the "Right Honorable Bolsheviks," a club composed of some of the young men of the town and a number of Queen's students. Skull and cross-bones and a gallows were the cheerful (?) decorations used, but they in no wise detracted from the fun of the evening. An orchestra played a fine programme of dance music, much enjoyed by the one hundred and fifty guests.

Mrs. T. S. Scott, King street, entertained at luncheon on Thursday, for Mrs. Cox, Ottawa, and Miss Kaye, who has lately come out from England.

Capt. Keane Hemming, Toronto, spent a few days in town, with Mrs. T. R. D. Hemming, King street. Mrs. W. F. Jackson, Brockville, is still in town, and it at Miss Mowat's home on Johnson street, for the present.

Mrs. W. T. G. Brown, Sydenham street church parsonage, has gone up to Pembroke for a visit, accompanied by Miss Deacon.

Miss Margaret Taylor, Principal's Residence, Queen's University, has returned to Burlington, where she is a dietitian at the Grand hospital.

Col. and Mrs. Francis Constantine and their children sail for England on the eighth of this month. Mr. and Mrs. Sandford Calvin went up to Toronto this week.

Carl Sandberg, Chicago, is the guest of Principal and Mrs. Bruce Taylor.

Mr. and Mrs. Hugh Fleming, Ottawa, are visiting Mr. and Mrs. Walter Fleming, Sydenham street.

Miss Phyllis Devlin is home from Ottawa.

Mrs. R. J. Higgins is visiting Mrs. James Dunlop, 134 Rideau street.

Mr. and Mrs. Stewart M. Robertson, Sydenham street, went to Montreal on Friday, to visit Mrs. D. Stewart Robertson and Miss Johnson, who are leaving on a trip to the Mediterranean, on voyage.

Mrs. George Graham, Belleville, was in town on Thursday, with Major and Mrs. James Hamilton, Brock street.

Mrs. Cox, who has been visiting Mrs. Beswick, O'Kill street, has returned to Ottawa.

Mrs. G. Prager has returned home from Belleville, where she attended the funeral of her aunt, Mrs. R. B. Wiseman.

Dr. C. K. Whitelock, who has been in town for some months with Mrs. Whitelock and her parents, Mr. and Mrs. J. M. Reid, University avenue, left this week for Parry Sound, and will go on to Depot Harbor, where he will practice the profession of medicine. Mrs. Whitelock will join him later.

Miss Hamilton came down from Peterboro today to visit Mrs. W. B. Carey, Albert street.

Mrs. D. J. Young, Kingston, visited her sister, Mrs. G. W. New, Horton.

Miss Helen Grant, Ottawa, is to spend the week-end in Kingston with Miss Elizabeth Smith, attending Queen's University.

Mrs. T. W. McGarry, Miss Nora, her daughter, and Miss M. A. Devine

Dye It Right! "Diamond Dyes"

Don't Risk Materials in Poor Dyes that Fade or Run



Each package of "Diamond Dyes" contains directions so simple that any woman can diamond-dye a new, rich, fadeless color into worn, shabby garments, draperies, coverings, everything, whether wool, silk, linen, cotton or mixed goods.

Buy "Diamond Dyes"—no other kind—then perfect results are guaranteed even if you have never dyed before. Druggist has color card, showing 14 rich colors.

left Renfrew for Florida where they will spend the winter. Mrs. W. C. Gorsline, Picton, has left for Kingston where she will spend the winter.

Mr. and Mrs. Hamly have arrived in Toronto from Pitt Lake and will spend the winter at 55 Leuty avenue, Kew Beach.

TO-DAYS FASHION

By Vera Winston.



A Gaily Embroidered Scarf and Tam For a Little Girl.

Nothing is more comfortable in cold weather than a good woolly scarf. This model is made long enough so that when it is very chilly the child may tuck it herself well up in it.

It is made of camel's hair in the soft brown shade that is so becoming. An interesting feature is the decoration on the ends of the scarf. This is a small chicken of the Brahmin breed and it is cleverly worked out in white, black, green, red and yellow wool.

The little tam that accompanies the scarf is also made of camel's hair and shows a similarly embroidered motif in the front. It is pretty and warm.

SUCCESSFUL BAZAAR

The Proceeds Were in the Neighborhood of \$400.

Harrowsmith, Dec. 2.—A most successful bazaar was held in the hall on Wednesday, Dec. 1st, under the auspices of the Ladies' Aid Society and Y.P.S. of the Methodist church. There was a large attendance in spite of the unfavorable weather, the proceeds amounting to nearly \$400. A concert was held in the evening. Musical and vocal numbers were given by Miss Helen Babcock, Holleford, Mrs. J. D. Shibley and E. E. Day, Harrowsmith, and the C.O.E.P. orchestra of Kingston; readings by Miss Muriel Stewart; and an address by Rev. J. A. Waddell, Kingston, a former pastor. Rev. A. W. Stewart acted as chairman.

Mrs. A. Gallagher, Portland, is visiting her sister, Mrs. J. S. Gallagher. Mrs. (Rev.) J. Ferguson has returned from Kingston. Mrs. Thomas Cowdy is home from Kingston General Hospital, and is improving nicely.

ECZEMA

You are not the only one suffering from this skin disease. It is a common ailment, and is very distressing. It is caused by an irritation of the skin, and is often accompanied by itching and burning. The soft, refined, pearl white complexion it renders instantly, is always the source of flattering comment.

Oriental Cream

Beautiful Women of Society, during the past seventy years have relied upon it for their distinguished appearance. The soft, refined, pearl white complexion it renders instantly, is always the source of flattering comment.



THE "LIFTUP" (Patented) ALL BLAS FILLED CORSETS are designed in conformity with the science of anatomy. They are a patented invention with non-stretch elastic bands, gently supporting the abdomen, and is very beneficial for use after an operation, lowering a substantial incision. Also effective in relieving those chronic ailments from which many women suffer.

KITCHEN ECONOMIES

By ISOBEL BRANDS Of the Appliance Experiment Station

Here Are Some Pleasing Sunday Supper Hints.

If a hot dish is desired for the Sunday supper let it be something that must be served from fire to table. There are many dishes of this type—souffles, Welsh rarebit, creamed or toasted dishes that lend themselves to the Sunday night supper for just this reason. Only ten or fifteen minutes' work is needed for their preparation, and for the Sunday night supper there should be no complicated cookery. Electric cooking devices that can be used at the table make the Sunday evening meal pleasant, and permit the serving of hot foods quickly and informally. Rarebits can be made at table in the electric chafing dish; waffles on the electric waffle iron, and if hot, crisp toast is served immediately from toaster to plate only a dish of sardines or cheese and jam are needed to make a satisfying supper.

- Meats Including One Hot Dish. Welsh rarebit. Tomato salad. Baked apples and cream. Ginger cookies. Tuna fish salad. Hot toasted biscuits or muffins. Sliced oranges and bananas. Sponge cake. Sliced cold tongue. Waffles with maple syrup. Lemon gelatine. Cheese souffle. Water crackers. Asparagus salad. Apricot whip. Scalloped oysters. Brown bread. Coffee custard. All-Cold Menus. Jellyed-veal. Potato chips. Cucumber pickle. Apple pie. Egg and sardine salad. Baked bananas. Gingerbread. Sliced cold meat. Tomato aspic. Watercress. Stewed pears. Sponge cake. Grapefruit. Chicken salad. Corn muffins. Chocolate pie. Eggs stuffed with chopped ham. Celery and apple salad. Cheese and crackers.

In the case of the cold dishes, all of the food can be prepared beforehand—even a day before if desired—so that there is nothing to do but to serve it without heating.

Scientist Favors Raw Foodstuffs

Paris, Dec. 4.—"If one lived on cooked food alone, he would die within a year," stated Professor Lamiere, of the Academy of Sciences, reporting the results of experiments.

Professor Lamiere has concluded from his researches that the healthiest diet consists of raw vegetables, grain and fruits, asserting that cooking is the root of all diseases, since it destroys the vitamins, thus inducing inanition.

Gave Birth To Four Children. Salt Lake City, Utah, Dec. 4.—Mrs. Vina T. Knight, wife of a farmer at Plain City, gave birth to four children, three boys and a girl, last night. Dr. George Baker, of Ogden, reported that the mother and children are progressing favorably.

Two of the quadruplets died a few hours after birth. The attending physician says he thinks the other two will live. The babies weighed about four and a half pounds.

How to Read Tea Cups. Learn how to tell fortunes with tea leaves in a few hours. TEA CUP READING, a new book, makes the subject also for the amateur. With directions of all symbols and explanatory illustrations of cups and their readings. See Postpaid. Write Lindsay Association, 121 Princess St., Toronto, Ont.

Davie & Barrett PLUMBING and TINSMITHING. Now is the time to have your furnace repaired before the cold weather sets in. See us for prices. 202 WELLINGTON STREET Phone 688.

Firewood. Large quantity of sound Railway Ties for sale cheap. All tents reduced to clear. We need the room. L. Cohen & Co. 275 Ontario St. Phone 837.

WOOD. Sawed in Stove Lengths. BOOTH & CO., Foot West Street Phone 133.

G. W. V. A. (Incorporated) Next General Meeting Monday, December 6th, 1920.

Use Old Dutch Cleanser. For Spick-and-span Floors. It's the quality in Old Dutch that makes the floors look spick-and-span.

It's economical and thorough; for use on wood, linoleum, tile stone, walls, furnishings.

Made in Canada. Image of Old Dutch Cleanser can.

BARGAINS. In Women's Boots. Women's Gray Laced Boots; Louis Heel; reduced to \$5.95. Women's Brown Calf and Dongola Kid—high or low heels; all sizes in the lot. Reduced to \$5.00. H. JENNINGS KING STREET.

TO BE DYSPEPTIC IS TO BE MISERABLE.

The poor dyspeptic suffers untold agony after every meal, and any one who has dyspepsia knows what joy it would give to eat three square meals a day and not be punished for it after. Nearly everything that enters the weak stomach acts as an irritant, and even the little that is eaten causes such torture and is digested so imperfectly that it does little good.

Before you can eat heartily, and not pick and choose your food, you must put your stomach into such a condition that it will manufacture its own digestive ferments.

For over forty years Burdock Blood Bitters has been toning up and restoring weak stomachs to a normal healthy condition, so that the food no longer causes distress, but is thoroughly digested and assimilated, and enables one to partake of all the wholesome food required without fear of any unpleasant after effects.

OXO CUBES. Before going out in cold, wet weather—have a cup of hot OXO. It gives warmth and energy and lessens the risk of a chill. Tins of 4 and 10 cubes.

PRIMUS TEA. THE BEST TEA. Strong, rich in aroma and flavor. L. Chaput, Fils & Cie Limitée MONTREAL. Image of Primus tea tin.

Rideau Hall Coffee. Coffee is the important breakfast essential of thousands of workers. In their early morning hurry to work they may overlook other foods but they never omit that steaming cup of Rideau Hall Coffee. The beverage that serves both as food and drink. No better coffee can be obtained anywhere than Rideau Hall Coffee. It is a man's drink that appeals to a natural taste rather than an acquired appetite. Packed in special air-tight cans it retains its right-from-the-roaster freshness. GORMAN, ECKERT & CO., LIMITED LONDON AND WINNIPEG.

Your Kitchen Wants. are best served by using ALUMINUM COOKING UTENSILS. We have a very large stock of Aluminum ware, and our prices are right. Let us show them to you. LEMMON & SONS 187 PRINCESS ST.

Q.R.S. Player Rolls. Will Put New Life in Your Player-Piano. Q. R. S. Autograph Rolls reproduce exactly the individuality and expression of the artist. Late Popular Numbers Now Ready. Let the Rest of the World Go By. Q. R. S. Autograph Rolls reproduce exactly the individuality and expression of the artist. Write for LINDSAY Player-Piano Catalogue. LINDSAY'S 121 PRINCESS STREET KINGSTON.