



MILBURN'S
Heart and Nerve Pills

Are you rushing on to disaster?

TRAIN, marine, street car—in fact, all disasters are on the decrease, largely due to educational propaganda preventing carelessness. The toll of human life through ill health and disease is also on the decrease. People of the 20th century are realising more and more the necessity of keeping themselves fit and well, for without health they can never attain their ambitions.

There are still some, however, who ignore a vital factor in preserving their health and strength. They ignore medical scientists who tell us the necessity of repairing the ravishes on the heart and nerve centres. These are the people who fail to wake up one morning; the people who drop dead in the street, in the car or train, and just at a critical time when they are specially needed by friends and dependents.

ARE YOU IN THESE RANKS, inviting disaster? Do you ever feel that your work is proving a slight strain upon you? Would you be able to fill a bigger position to-morrow, make the rapid, clever decisions which bring success? Would your employer choose YOU? You can rest assured he won't if you're not in robust health. He can't take chances with ailing people. But you can obtain the health that will MAKE him choose you by restoring the heart and nerve centres, the vital organs of the entire system. Thousands of people have accomplished this by the use of Milburn's Heart & Nerve Pills.

One simple step. Go to your nearest druggist. He sells and recommends Milburn's Heart & Nerve Pills, and will be pleased to hand you a box; or send 50c. and they will be mailed direct by The T. Milburn Co., Limited, Toronto, Ontario.

JUST FUN

The Wise Politician.
"I think I'll give up making speeches, and hereafter conduct my campaigns for office silently."
"What's the idea?"
"I've grown tired of furnishing the opposition ammunition to use against me by shooting off my mouth too rapidly and discovering afterwards that I have said something I shouldn't have said."

Licensing Fights.
Redd—When professional pugilists are to fight do they have to get a license?
Greene—Why, certainly.
"And when a couple are to be married they have to get a license, don't they?"
"Certainly. When there's to be any kind of fighting a license is required, I believe."

Drawing the Line.
"Pop!"
"Yes, my son."
"When a man talks a good deal what is he called?"
"An orator, my boy."
"And when a woman talks a good deal what is she called, pop?"
"A nuisance, my son."

"Bill" Never Saw a Locomotive.
Critic—You have written a fine play. There is one scene in particular that even Shakespeare could not have produced.
Author—You flatter me. Which scene do you refer to?
Critic—The railroad accident in the last act.

No Necessity.
"It is a pity your husband's temper will not allow him to get along well with the servants. I hope he will not have an explosion with your new cook."
"He couldn't. She lit the fire this morning and then poured on gasoline."

His Brutality.
"So she is going to apply for divorce on the ground of mental cruelty. Did her husband treat her so badly?"
"My dear, a man couldn't have treated a woman worse. He never gave her any good reason for finding fault with him."

PUT ONE OVER.
"Bobbie, what are you laughing at?"
"Teacher looked me today 'cause I whispered, but she didn't see me throw a spit-ball."

Postpone It.
Today is the accepted time. If money you would borrow, But if you're called upon to lend Postpone it till tomorrow.

Usual Thing at the Opera.
Myles—And you saw Mrs. Styles at the opera?
Fyles—Yes; she sat just in front of me.
"Covered with diamonds, as usual, I suppose?"
"No; her back was quite bare."

An Old Story.
"Here's a fine scenario about a girl who sent a letter of forgiveness to her lover and receiving, so reply, married his rival out of spite."
"It won't do," answered the movie director. "We're not criticizing the postal system."

Not Particular.
Mrs. Myles—Is that so about your husband?
Mrs. Styles—What's that?
"I heard today he had bowed to the inevitable."
"Oh, I guess so. He'd bow to anything."

Sardonic Rejoinder.
"How many hours a day ought a musician to practice?"
"To what do you refer, inquired the applicant for increased compensation; "music or economy?"

The One Retort.
"They have no use for children whatever."
"Hum, too bad their parents didn't feel the same way about it."

Magnanimous.
"Dearest, you don't want to marry me for my money, do you?"
"No, darling, but I don't hold it against you."

His Specialty.
"That big sailor over there is boasting that he had a record in boxing."
"So he had; he boxed the compass."

A novel towel rack is made of spring metal and holds each towel separately between flexible leaves so that withdrawing one does not disturb the others.
Paris rubbish will be heated and chemically treated until it forms a pulp which will be mixed with chalk found near the city and converted into building brick.

Free
A 10-Day Tube of Pepsodent
See Below



Now Brush Teeth

In the new way—Remove the film

Try this new way of teeth cleaning. The test is free. It has brought to millions whiter, safer teeth. Leading dentists everywhere advise it. See the results, then learn what they mean to you.

Millions of germs breed in it. They, with tartar, are the chief cause of pyorrhea. Brushed in the usual way, much of that film is left. And very few people have escaped the troubles that it causes.

What ruins teeth

Teeth are ruined by a film. You can feel it—that viscous coat. It clings to teeth, gets between the teeth and stays. And most tooth troubles are now traced to it.
It is this film-coat that discolors—not the teeth. Film is the basis of tartar. It holds food substance which ferments and forms acid. It holds the acid in contact with the teeth to cause decay.

Now we combat it

Dental science has in late years found a way to fight film, day by day. High authorities have proved it by many careful tests.
Millions of people have adopted it, largely by dental advice. To careful people it is bringing a new era in teeth cleaning.
These new methods are all embodied in a dentifrice called Pepsodent. And you are urged to prove it by a pleasant ten-day test.

Five important effects

Pepsodent has five effects, all of them essential to cleaner, safer teeth. One ingredient is pepsin. One multiplies the starch digestant in the saliva to combat starch deposits that cling. One multiplies the alkalinity of the saliva to neutralise mouth acids.
In two ways it attacks the films directly. Then it keeps the teeth so highly polished that film cannot easily cling.

It differs vastly from the old-time tooth pastes, which dentists now know were wrong.
Send the coupon for a 10-Day Tube. Note how clean the teeth feel after using. Mark the absence of the viscous film. See how teeth whiten as the film-coat disappears.
Within a week you will know that your teeth are protected as they never were before. And you will always want your teeth to look and feel like that. Cut out the coupon now.

PEPSODENT CANADA
REG. IN
The New-Day Dentifrice

A scientific film combatant combined with two other modern requisites. Now advised by leading dentists everywhere and supplied by all druggists in large tubes.

Ten-Day Tube Free
THE PEPSODENT COMPANY,
Dept. B, 1104 S. Wabash Ave.,
Chicago, Ill.
Mail 10-Day Tube of Pepsodent to

Children Cry for Fletcher's
CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS
Bears the Signature of
Chas. H. Fletcher
In Use For Over 30 Years
THE CENTAUR COMPANY, NEW YORK CITY

SMILES

IN THE PARK
"Those lovers seem stuck on that tree."
"Don't you see it's a gum!"

STRENUOUS WORK
He: Do you consider dancing good exercise?
She: Indeed I do! I never get so much exercise in fifteen minutes before.

NO SUCH ANIMILE
The Son: I've got to write a theme in English on the women of the Middle Ages. What do you know about 'em, dad?
The (Sire): There aren't any. They're all girls, young matrons, and dear old ladies.

LINDSAY

A Good Player in addition to a good Piano

Many people still think the Player-Piano is some kind of mechanical device that grinds out tunes somewhat like the street-piano or hand-organ. If you think THAT you are in error. The Player-Piano is two perfect musical instruments combined, each of which is distinct and complete in itself. In the Lindsay Player-Piano, for instance, there is the Lindsay Piano—mechanism of touch and responsiveness of action is the equal of any other straight player-action. In addition there is a high-grade player-action, player mechanism which, through the means of a perforated music-roll gives you (the operator) the technical ability to play the piano as though you were an accomplished pianist.

WHY NOT A LINDSAY PLAYER-PIANO FOR CHRISTMAS?

LINDSAY'S
121 PRINCESS STREET
KINGSTON

Headquarters in Kingston for Q.R.R. Perforated Music Rolls.

PLAYER PIANOS

Only a Ray of Hope.
"Of course," says the Boston Glob's "the anthracite miners are not drawing any pay during their vacation." But there's no consolation for the consumers in that fact.

DANDERINE

Stops Hair Coming Out; Doubles Its Beauty.

A few cents buys "Danderine." After an application of "Danderine" you can not find a fallen hair or any dandruff, besides every hair shows new life, vigor, brightness, more color and thickness.

Lawrence Wilson Company
87 St. James Street
Montreal

ALL ENQUIRIES
RECEIVE PROMPT ATTENTION

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Since Thirty Years

The Telgmann School of Music
Piano, violin and other stringed instruments; elocution and dramatic art. Pupils may begin at any date. Terms on application. Engagements for concerts accepted.

216 Frontenac Street.
Phone 1325j.

REMOVAL NOTICE
Robinson & Wiltshire
Auto Repair Shop is now located at MARTIN'S GARAGE 110 CLEGGY STREET All kinds of work promptly attended to. PHONE 1102W.

SCOTT'S GARAGE
Repairs, Washing and Storage. One 1815 McLaughlin Touring car for sale cheap for a quick buyer. 226 BAGOT STREET Phone 1804W.

To overcome delays in wire communication Paraguay has arranged for radio service to outside countries. An Illinois man is the inventor of a device that prints the names and addresses of subscribers on newspapers as they leave the presses.

\$6.65
Special lot Men's Shoes—Vici Kid; black calf and brown calf.

\$8.95
Men's Black Calf, Brown Calf and Mahogany; wide and narrow toes.

\$10.15
Men's high grade new Fall Shoes—\$12.00, \$14.00 and \$15.00. Extra value

\$8.95
Women's new Fall style Brogue Oxfords in Brown Calf; splendid value.

\$3.95
Special lot Women's Vici Kid and Brown Calf Lace Boots. Sizes 2½, 3, 3½.

\$1.59
WOMEN'S GREY SPATS
Light and dark shades

J. H. Sutherland & Bro.
HOME OF GOOD SHOES