

ON ACCOUNT OF THE GAS BEING SO HIGH, IT PAYS TO HAVE YOUR HOUSE WIRED FOR ELECTRICITY.

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you must regard Nature's laws; and one of the first of her laws is "Avoid Constipation". Nujol works on an entirely new principle. Without forcing or irritating, it softens the food waste. This enables the many tiny muscles in the intestines, contracting and expanding in their normal way, to squeeze the food waste along and out of the system. It is absolutely harmless and pleasant to take. Try it.

"Regular as Clockwork"



IN NEW PARASOLS

Sunshades Made of Calico, Pongee, Cretonne, Glazed Paper.

Brown Color for Umbrellas, but Riot of Bright Hues for the Summer Convenience.

Gaily painted paper is used in summer parasols. Taffeta and cretonne, always prominent in these, are used probably more than any other materials, although for the country there are sunshades of calico, pongee and even glazed paper painted in gay designs, observes a writer of fashion articles. Brown is still the fashionable color for umbrellas, but in sunshades we see



Cretonne Parasol in Bright Rose, Blue, Yellow and Green.

a riot of bright hues. Seen in shops is a bell-shaped, coral-colored taffeta parasol that looks, when open, like a huge flower, as it is composed entirely of plect-edged scallops that give the appearance of petals. It has a slender ivory handle treated in such a way, as to indicate age and carved with tiny Egyptian figures.

Another, in the shape of a bell, consists of rows of old blue taffeta—a real French blue. It is bordered with Dresden ribbon in an old tapestry design. The top of this sunshade is rather flat, but the sides curve like a real bell. In order to be in keeping with the new wraps a tiny box-plated ruffle of metre ribbon goes about the edge. It has a plain wood handle with a pierced amber tip.

One has the top made of white satin brocaded in velvet in shades of brown, red and blue, with narrow ruffles of old blue taffeta around the edge. Half-way up the parasol is a large plaited ruffle of the taffeta caught to each rib in the effect of a sunburst.

All the lovely, old-fashioned checked and flowered taffetas in light colored patterns seen in the dresses for mid-summer are duplicated in parasols. One of checked taffeta—wistaria with white—has four narrow plaited ruffles at the edge and a rosette of the same silk on a light wooden handle.

It is not surprising to see striped awning cloth in country parasols. In fact, it is such a logical material for these that we wonder why nobody appears to have thought of it before, for, after all, an awning is a sunshade on a huge scale. These awning parasols are like the short, heavy, English umbrellas.

PEACOCK TINSEL RIBBON BAG

Decoration is Embroidered on Plain Background—No Trimming, but Handsome Frame Needed.

There is a peacock tinsel ribbon which is extremely effective for a bag. As the name indicates, the ribbon has a huge peacock, with the tail exaggeratedly spread, embroidered in tinsel on a plain background. A bag made of this needs no trimming, but should be attached to a handsome frame.

If you have any superstition regarding peacocks and wish to use one of these beautiful ribbons for a bag, the one embroidered in sprays of paradise may be substituted. As this design is not so definite, the sprays being placed in a somewhat conventional way, one may have more latitude in designing the bag. The plain silk part may be plaited, gathered, shirred or arranged in almost any form.

There are innumerable things for the bonnet. There are the new Turkish caps of ribbons and lace. A cap of lace wound into a shape reminiscent of Bluebeard's turban has little ornaments of twisted ribbon sticking up in the front.

Then there are ribbon lamp shades and powder boxes covered with ribbon, as well as big, puffy pillows, composed entirely of ribbon petals, that look like huge flowers.

An Elaborate Bag. Quite an elaborate bag may be made by cutting a panel, either round or square, from one of the ribbons woven with Egyptian figures, and inserting it into the main section of a bag made of plain ribbon. Any of the new frames may be selected for the mounting.

Novelties Made of Ribbons. Now that ribbons have become so prominent we see an almost endless number of novelties fashioned from them. For several years lingerie and negligees appeared to have almost the exclusive right to ribbons.

A dam with adjustable metal wings that are claimed to fit lateral ditches of any size and form has been invented for checking the flow of water in irrigated land.

Experiments in rice cultivation in Porto Rico give promise of the island becoming an important producer of that grain.

Why do People Wake up only Half Rested



© Simmons Limited, 1920

ALL day long you are drawing on nervous force stored up during sleep.

Then you go to bed, and Nature begins storing up fresh energy for tomorrow.

When you wake up only half-rested, you haven't had the right kind of sleep.

If you have any trouble in sleeping soundly—probably your sleeping equipment is at fault.

Wooden beds are apt to creak. Ordinary metal beds often rattle slightly—just enough to set your sleeping nerves on edge.

Or perhaps your bedspring sags or humps—keeps your muscles tense instead of relaxed.

It may be your mattress is lumpy or uneven, or your pillow does not conform to your head and neck.

The Simmons Metal Bed is noiseless. Just as the sleep-inducing Spring is a

Simmons "Waldorf," of specially tempered spring coils. Fine Springs that fit the contour of the body and support the spine in a straight line, insuring perfect circulation and restoring the energy used up in the fatigue of the day.

Simmons Felt Mattresses are the result of twenty-five years' study of equipment for sound, natural sleep. Made of pure, new cotton in clean, sun-lit factories. Used in thousands of fastidious Canadian homes.

And Simmons Pillows, which rest the head and neck exactly as they need to be rested.

Simmons Limited is specializing in Twin Beds. One sleeper does not disturb the other or communicate colds and other infections.

Simmons Metal Beds, Brass Beds, Springs, Day Beds and Children's Cribs are the most popular sleeping equipment in Canada today—in the stores of leading merchants right here in town—at prices little if any higher than the ordinary.

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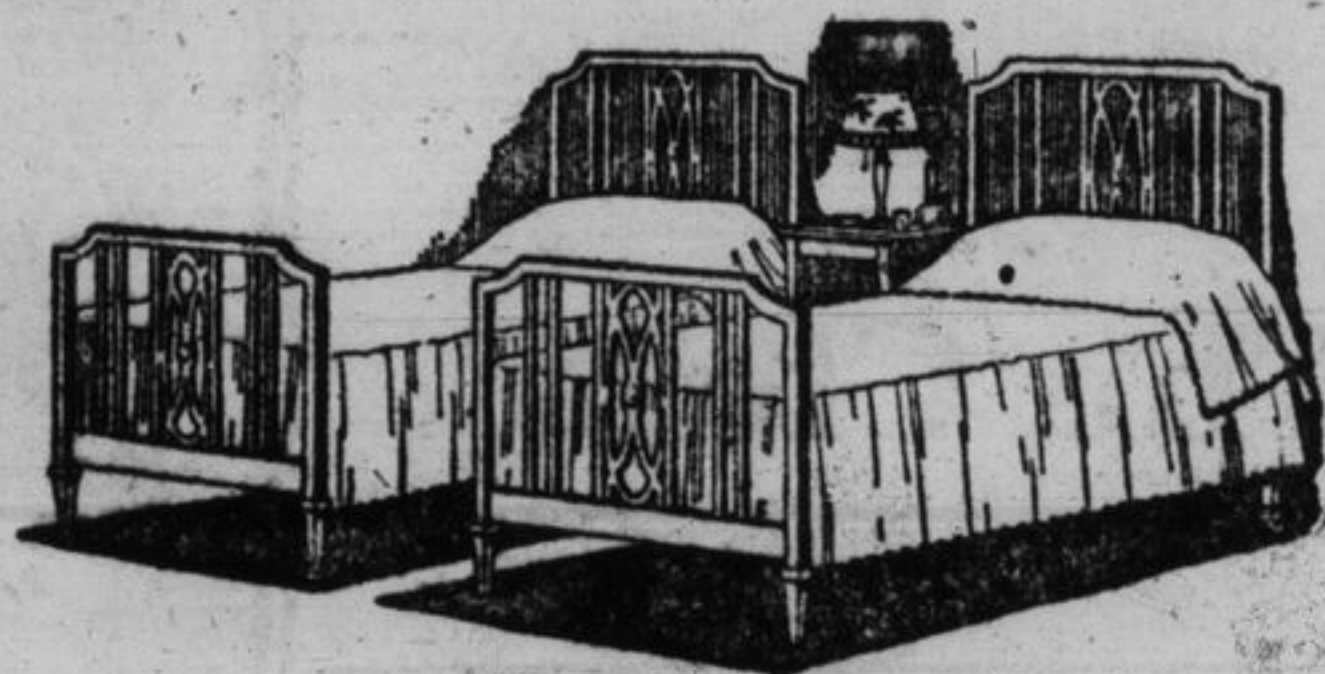
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SMILES



VILLAIN
"You know her late husband, eh?"
"I should say so. I was usually the one she blamed for his being late."



THE PLACE FOR THE RING
"There's a true ring in his voice that I simply love!"
"Don't trust it, however, till you have it on your finger, my dear."

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FURNITURE dealers, who give their customers the best possible value and service, sell furniture upholstered in Fabrikoid. These men know that Fabrikoid not only wears longer than leather, but that it costs less and looks better after long use. They realize that they can give Fabrikoid a 100 per cent guarantee, because Fabrikoid is built exclusively for such service.

And Fabrikoid cannot be told from leather in appearance—it's color, the grain, the texture and other details are such that it is often mistaken for leather, but there the comparison ends. Fabrikoid is a fabric with a coating that is impervious to grease or water, is more durable than leather, yet is soft and pliable, is sanitary, and above all more economical.

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