

SLIP CATARRH! OPEN NOSTRILS AND HEAD

Says Cream Applied in Nostrils Relieves Head-Colds at Once.

If your nostrils are clogged and your head is stuffed and you can't breathe freely because of a cold or catarrh, just get a small bottle of Ely's Cream Balm at any drug store.

Ah! how good it feels. Your nostrils are open, your head is clear, no more hawking, snuffling, blowing; no more headache, dryness or struggling for breath.

MECHANICS!

A man who is a mechanic should always feel well, his nerves must be strong, his brains must be working well, his whole make-up must be in the pink of condition.

Antiques A Specialty

We are sure we have just what you were looking for in Antique Furniture whether

- PIANO
TABLE
CHAIR
BUFFET
BED
SOFA, etc.

We buy and sell all kinds of new and used Furniture.

LESSES Antique Shop

507 PRINCESS STREET Corner Chatham Street

REMOVAL NOTICE

Robinson & Wiltshire

Auto Repair Shop is now located at MARTIN'S GARAGE 119 CLEGG STREET

Angrove's Repairs

Seals, Talking Machines, Bicycles, Baby Carriages, Lawn Mowers, etc.

The Advantage

of our Patent Coupling on Bob-nights is a surprise to all drivers.

McNAMEE & SLACK HORSESHOEING AND GENERAL REPAIRING

If a man empties his purse into his head he can take it from him.

NO ONE IS SURE

How Safe His Tires Are Unless MAXOTINED THE HOME OF THE MAXOTINER 284 ONTARIO ST. Phone 2066

Ordering Suits

to-day requires the most careful consideration. You may also require expert advice as to the wearing qualities of certain Cloths.

CRAWFORD & WALSH Tailors

Bagot and Brock Streets.

THE BIG IDEA FOR THE NEW TIMES

The International Sunday School Lesson for Nov. 7th is, Principles of Christian Living.—Matthew 6:19:33.

By William T. Ellis.

Little children all over the world sing, in many languages,

"I think when I read that sweet story of old, When Jesus was here among men, How He took little children, like lambs to His fold, I should like to have been with Him then."

Age does not outgrow the longing thus expressed in childhood's hymn. To have seen Jesus, to have heard His voice, and to have touched His hand—what supreme privilege that would have been!

"At last the very land whose breath He breathed, The very hills His bruised feet did climb, This is His Olivet; on this Mount He stood, As I do now, and with this same

Biliousness

Means too much bile left in the blood by a deranged liver. Dr. Chase's Kidney-Liver Pills set the liver right and biliousness and headaches disappear.

Dr. Chase's Kidney-Liver Pills

A Kidney Remedy

Kidney troubles are frequently caused by badly digested food which overtaxes these organs to eliminate the irritant acids formed.

IF YOUR EARS RING WITH HEAD NOISES

If you have roaring, buzzing noises in your ears, are getting hard of hearing and fear Catarrhal Deafness, go to your druggist and get 1 ounce of Parmitin (double strength), and add to 1/4 pint of hot water and a little granulated sugar.

SANTAL MIDY CATARRH OF THE BLADDER relieved in 24 HOURS

W. H. STEVENSON HORSE SHOEING and BLACKSMITH. Wagons and Trucks Repaired.

surprise Straight down into the startling blue He gazed Of the fair, turquoise mid-sea of the plain.

About these feet the flowers He knew so well, Back where the city's shadow slowly climbs

I tell you when I looked upon these fields And stony valleys—through the purple veil

This picture once was mirrored in His eyes; This sky, that lake, those hills, this lowly way

To Bethany; the red anemones Along yon wandering path mark the steep road

These leprous outcasts pleading piteously; This troubled country,—troubled then as now.

On, yonder mount, spotted with crimson blooms, He closed His eyes, in that dark tragedy

Which mortal spirit never dared to sound, O God! I saw those Eyes in every throng."

All study of Christ's teachings is a struggle to get through the conventionalized, familiar language back to the reality of the Person and the message.

The Vine on the House-top. Upon the occasion of one of my visits to the Church of the Holy Sepulchre in Jerusalem last year, I was of a specially honored party

Walking on the high roof of the Church of the Holy Sepulchre I was interested to observe an old and huge grapevine, furnishing an arbor for the monks and bearing its fruit in season.

That extraordinary persistence of plant life amid adverse conditions is a notable horticultural incident, even apart from the sacred association of the plant.

Golden Fetters Gail. A few days ago I walked down a busy city street, and it seemed as if every pair of men I met or passed were talking money.

"They WORK while you sleep"



Do you feel bilious, constipated, headachy, upset, full of cold? Take one or two Cascarets to-night for your liver and bowels.

CASCARETS FOR THE BOWELS

Do you feel bilious, constipated, headachy, upset, full of cold? Take one or two Cascarets to-night for your liver and bowels.

spirit are still far in advance of our most radical and reasonable and righteous utterance for our times.

An Old Message For New Times. Has anything been written within the past five years upon our present problems that is more pertinent and searching and up-to-the-minute than the following extract from the inaugural Address of Christ, which is the present, Sunday School Lesson?

"Do not lay up stores of wealth for yourselves on earth, where the moth and wear-and-tear destroy, and where thieves break in and steal.

"No man can be the bondservant of two masters; for either he will dislike one and like the other, or he will attach himself to one and think slightly of the other.

charge you not to be over-anxious about your lives, inquiring what you are to eat or what you are to drink, not yet about your bodies, inquiring what clothes you are to put on.

There is more powder than peace on the faces of the women one meets upon city streets.

"What's the Use of Worrying?" There is more powder than peace on the faces of the women one meets upon city streets.

Far be it from us, in these troubled times, to advocate what Carlyle called "a diet of broad grins."

When the kingdom era comes, it brings a better sense of relative values. All the martyrs and heroes and saints of the ages bore testimony to what was really worth while.

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Another Royal Suggestion. COOKIES and SMALL CAKES From the NEW ROYAL COOK BOOK

WHEN the children romp in hungry as young bears, here are some wholesome, economical delights that will not only be received with glee, but will satisfy the most ravenous appetite in a most-wholesome manner.

Cookies 1/2 cup shortening 1 cup sugar 1 egg 1/2 cup milk 1/2 cup flour

Cream shortening and sugar together; add milk to beaten eggs and beat again; add slowly to creamed shortening and sugar; add nutmeg and flavoring; add 3 cups flour sifted with baking powder; add enough more flour to make stiff dough.

Cocoa Drop Cakes 1/2 cup shortening 1/2 cup sugar 1 egg 1/2 cup milk 1/2 cup flour 1/2 cup cocoa 1/2 teaspoon salt 1/2 teaspoon vanilla extract

ROYAL BAKING POWDER Absolutely Pure

MADE IN CANADA

Cream shortening; add sugar and well-beaten egg; beat well and add milk slowly; sift flour, baking powder, salt and cocoa into mixture; stir until smooth, add vanilla. Put one tablespoon of batter into each greased muffin tin and bake in moderate oven about 20 minutes. Cover with boiled icing.

Orange Cakes 1/2 cup shortening 1/2 cup sugar 1 egg 1/2 cup milk 1/2 cup flour 1/2 cup Royal Baking Powder 1/2 teaspoon salt 1/2 teaspoon orange extract 1/2 teaspoon orange rind of 1 orange

Cream shortening; add sugar and well-beaten egg; beat well and add milk slowly; sift flour, baking powder and salt together; add vanilla and orange rind; mix well. Bake in greased shallow tin, or individual cake tins, in hot oven 15 to 20 minutes. When cool cover with orange icing.

COOK BOOK FREE Just off the press and finer than ever before. This new Royal Cook Book containing 600 delightful recipes, will be sent to you free if you will send your name and address.

"Bake with Royal and be Sure"

virtues. "Love of money," says the inspired word, "is the root of all evil."

are such in spite of the Bible. Christ pleased for aggressive, militant disciples, who would act as first the kingdom of God and His rightness.

Given an enthusiasm for the Cause of Christ, with devoted followers serving it by tongue and pen and personality, there can be only one result: the inauguration of that era of brotherhood among men which our world so sorely needs, and which, to be effective must have Jesus for its King and Redeemer.

New Cancer Cure Claimed in Berlin Berlin, Nov. 4.—The German press reports two cases of cancer cured by the injection of children's blood into the veins of the cancer patients.

Port Hope Fires. Port Hope, Nov. 4.—A large barn and ice house, the property of Mrs. Montzambert of Toronto, and situated just off our main street, were destroyed by fire last evening.

Men Say They're Czech-Slovaks Who Were Pressed Into Service.

Ottawa, Nov. 4.—Charges that there had been laxity on the part of the immigration department officials in allowing foreign unskilled workers to enter Canada, which were voiced in the latest issue of The Veteran, are denied by officials of the department.

One of the statements made was to the effect that at a Nova Scotia mine a number of recently imported miners appeared at the work "in the grey uniforms and field caps of Hun soldiers," thereby nearly precipitating a riot.

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Italian artists have held a one-day strike as a protest against Lord Leverhulme's decapitation of his portrait by Augustus St. John, and burned Leverhulme in effigy in Florence.



MILBURN'S heart and nerve pills Lessening the Life Toll

THE value of the lighthouse is especially appreciated by seafaring folks. Many fascinating stories of averted disasters originate from these structures the world over.

People to-day are using Milburn's Heart & Nerve Pills as their "Lighthouse" on which to steer a course for good health.

Price 50c. a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co. Limited, Toronto, Ontario.