

WATTS FLOWER GIRL
Say it with Flowers

Fresh Cut Flowers and Plants Daily Ferns, etc.

WATTS FLORIST
119 WELLINGTON ST. KINGSTON, ONT.
PHONE 1765

STOP that COUGH

Pepp will end it. Dissolves Pepsin your mouth when the cough is troublesome, and the medicinal vapor that is liberated is breathed to the remotest parts of the air passages and lungs. It soothes and heals the inflamed membranes, thus ending the irritation and stopping the cough.

Peps are equally good for bronchitis, sore throat and laryngitis. All dealers, 50c. box, or Peps Co., Toronto.

PEPS

HELPING TO MAKE NATION

The Navy League is Doing Its Share in This Important Work.

The greatness of a nation depends upon the individual effort of its people. No nation can become great if its people lack the vision of national greatness. A great nation means a prosperous nation, and the Navy League of Canada in their campaign for \$760,000 is endeavouring to make Canada a great nation. Not only does the league look to the future, but in pensioning the widows and orphans of merchant sailors who lost their lives during the war are living up to "British fair play" and the tradition of the "British Navy."

History shows that the great and wealthy nations of the past achieved power and worth through a system of international trade. Their vast fleets of merchantmen sailed known seas of the world and brought to home ports the riches of civilization. The same principles apply to the twentieth century as they did to antiquity.

If Canada is to be the great nation of our hopes and aspirations we must develop a great export trade. This must be borne up on the keels of a vast fleet of ocean merchantmen, officered and manned by Canadian sailors, and protected by a Canadian navy adequate to guard our trade channels.

In its campaign to promote maritime expansion, and to educate the people to the vital necessity of sea power, the Navy League of Canada is laying the foundation for the future greatness and prosperity of the nation. This work is concentrated effort to promote a wider spirit of Canadianism. A spirit that will send Canadian ships ploughing across the seven seas carrying Canadian goods and commodities to the great markets of the world.

It must be remembered that sea-power decides the fate of nations. A country unable to keep its lines of sea communications intact at all times is sure to suffer defeat at the hands of an enemy.

CANADA TO CHALLENGE.

A. C. Ross, of Nova Scotia, has a Plan to Capture the Cup.

To capture the America's Cup by a Canadian yacht, designed by a Britisher, built by Canadians, skippered by Commodore Aemilius Jarvis of Toronto, and manned by Nova Scotia fishermen, is the ambitious plan of Mr. A. C. Ross, former M.P. for Sydney, who has sent a challenge to the New York Yacht Club in view of Sir Thomas Lipton's decision not to challenge in 1922.

The wire Mr. Ross sent reads as follows:

"Commodore, New York Yacht Club. Understanding that Sir Thomas Lipton does not intend competing for the America's Cup in 1922, I, as a life member of the Royal Cape Breton Yacht Club and a member of the Nova Scotia Yacht Squadron, and on their behalf, respectfully challenge to compete for the cup in the summer of 1922. We will abide by your fair rules as to measurement and course, and will submit our bona fides by letter after receiving an answer from you."

The estimated cost for the new challenger, which will be christened "The Maple Leaf," will be over one million dollars, and the cost of building it to be made the object of a popular subscription. Several British Columbia skippers expressed their willingness to finance the project, but Mr. Ross intends to make the challenging a matter of national interest, and subscriptions will be received from a dollar upward.

"There is enough sportmen in this country to carry this thing through," said Mr. Ross. "And I have the utmost confidence in our Nova Scotia fishermen," he continued. They are familiar with the kind of yacht that is to be sailed, for the fishery boats on the Cape Breton coast are similar in design to the Resolute and Shamrock."

Better Fish for Markets.

Amendments to the Fish Inspection Act of 1914, which were passed at the last session of Parliament must have an important influence upon the future of the fishing industry. The new law, which applies to pickled herring, alewives, mackerel and salmon, is more than a mild cure, provides that fish not so packed and graded according to regulations laid down and must be put up in standard containers, the specific dimension of which are also set forth by regulation. This fish is liable to inspection and infringement of the law means liability to a penalty. On the west coast the act becomes operative November 1 and on the east coast on April 1 next.

The provisions of the old act made standard packing and grading, and inspection, optional, and as is common in such instances, optional legislation has not been proved effective. Herebefore Canada has not had reason to be proud of her pickled fish, but present legislation, which is heartily welcomed by the thinking men in the industry, should speedily correct the situation.

The indiscriminate prodding of fish with forks is another feature which has militated to some extent against a better class of finished product. The Fisheries Branch has had prepared a large poster drawing attention in a vivid way to the folly of such carelessness and negligence, which has been posted every place where it has been the custom to handle fish in this way. There is no law against the use of the fork, but it would be to the interest of producers to abolish it.

Might Get a Mouthful.

Since her husband had become a Government contractor, Mrs. Newton has put on no end of style. Recently she gave an "at home" and thought to entertain her guests by having the gardener in to hand round the food.

He managed fairly well, except for spilling tea on the frock of the doctor's lady and treading on the vicar's pet corn.

But he got tired of offering the thin bread and thinner butter to one old lady who seemed like making a meal of it. At the seventh trip he bent down and advised her to husky tones, which rang through the room:

"If ye was to slap two or three pieces together, ma'am, mebbe you'd get a mouthful!"

More Schoolboy "Howlers."

Here are some of the definitions given by the pupils at a school examination: Stability is taking care of a stable. A mosquito is the child of black and white parents. Monastery is the place for monsters. Tossing is something to do with getting drunk. Expostulation is to have the small-pox. Cassibal is two brothers who kill each other in the Bible. Anatomy is the human body, which consists of three parts: the head, the chest, and the stomach; the head contains the eye and brain, if any; the chest contains the lungs and a piece of liver.

Wheat Is Wanted.

Greece and Egypt are in the market for wheat and flour. The former wants 150,000 tons, and Egypt a maximum of 300,000 tons. Greece seeks a Canadian credit to finance her purchase. Egypt has also asked quotations from Australia, and has been advised that one will be given only in a couple of months. As there is no longer wheat control, the inquiries have been referred to the grain dealers. There is no longer provision for financial credits, which expired automatically last December.

The Photograph in Politics.

Everything seemed to be going smoothly, but still the candidate was worried. "If they put my campaign speeches on the photograph," he remarked, "what's to prevent some of my constituents from saving them up and comparing them with my performance after election?" The justice of this position was admitted by his campaign manager, who then went out and shot himself.

The economy wave is causing a theatrical slump. Twenty-eight road. United States shows closed last week and producers' losses were \$1,200,000.

The former kaiserin of Germany is again seriously ill, and the kaiser is apprehensive.

General Booth of the Salvation Army is sailing for Canada by the Mauretania.

C. B. Kabelin, a leading Welland merchant, was fined \$100 for disregarding requests for reports on his diary business to the Statistics Bureau.

Spanish troops have entered She-shun, the Holy City of Morocco.

William Huckle, Cedar Springs, near Chatham, Ont., while driving on Saturday, was instantly killed by a train.

Miss Ethel Wigmore, St. John, N.B., is going to an important position in the Imperial Library at Peking.



Why Teeth Stain
You leave a film-coat on them

Most teeth are dimmed more or less by a film. Smokers' teeth often become darkly coated.

That film makes teeth look dingy, and most tooth troubles are now traced to it.

Millions now combat that film in a new, scientific way. This is to offer a test to you, to show the unique results.

You must end film

The film is viscous—you can feel it with your tongue. It clings to teeth, enters crevices and stays.

Ordinary brushing methods leave much of this film intact. So millions find that well-brushed teeth discolor and decay. You must attack film in a better way, else you will suffer from it.

It is the film-coat that discolors, not the teeth. Film is the basis of tartar. It holds food substance which ferments and forms acid. It holds the acid in contact with the teeth to cause decay.

Millions of germs breed in it. They, with tartar, are the chief cause of pyorrhea.



Pepsodent
The New-Day Dentifrice

A scientific film combatant, combined with two other modern requisites. Now advised for daily use by leading dentists everywhere. Supplied by druggists in large tubes.

Efficient ways

Dental science, after painstaking research, has developed effective ways to fight film. The world's highest authorities now approve them, after careful tests.

These ways are combined in a dentifrice called Pepsodent. And leading dentists everywhere now advise its daily use. A ten-day tube is being sent to everyone who asks.

Watch these new effects

One ingredient is pepsin. One multiplies the starch digestant in the saliva to dissolve the starch deposits that cling. One multiplies the alkalinity of the saliva to neutralize mouth acids as they form.

Two factors directly attack the film. One keeps the teeth so highly polished that film cannot easily cling.

Pepsodent has brought a new era in teeth cleaning. It fights the tooth destroyers as was never done before.

Send the coupon for a 10-Day Tube. Note how clean the teeth feel after using. Mark the absence of the silmy film. See how teeth whiten as the film-coat disappears.

You will always brush teeth in this new way when you watch the results for a week. Cut out the coupon now.

10-Day Tube Free

THE PEPSODENT COMPANY
Dept. B, 1100 S. Wabash Ave., Chicago, Ill.
Mail 10-day tube of Pepsodent to

Name

Address

ONLY ONE TUBE TO A FAMILY

Watches and Clocks Repaired

—by—
G. W. LYONS

are guaranteed for one year. Call or phone and your order will be promptly attended to.

Note change of address:
Phone 1866. 267 Princess St.

DAVID SCOTT Plumber

Plumbing and Gas Work a specialty. All work guaranteed. Address 145 Frontenac street. Phone 1277.

Do You Need

your Furnace overhauled for the cold weather? We have a competent staff of workmen who are, at your service.

Give us a call and you will get prompt attention.

We are agents for the Celebrated HECLA FURNACE and would be glad to quote you on installation.

LEMMON & SONS
187 PRINCESS STREET KINGSTON

Velie Model 48

Compare this car with any Light Six, similarly or more highly priced, and be convinced of the superior value of the VELIE.

- CONTINENTAL ENGINE.
- TIMKEN AXLES AND BEARINGS.
- FOUR-BEARING CRANK SHAFT.
- BIJUR STARTING AND LIGHTING.
- BOBG & BECK CLUTCH.

Other details to correspond.

KENDRICK & VANLUVEN
DISTRIBUTORS
Phones 1888 and 81.

NOTICE

Cleveland, Hyslop and Humphrey Bicycles
—At Reduced Prices—

Bicycle Tires and Auto Traction Tread Covers. Special prices. See window display.

Carpet Cleaning and Laying.

H. MILNE
272 BAGOT STREET

WANTED

Oats, Barley, Wheat, Rye, Buckwheat, Hay, Timothy, Red Clover, Alsike Seed. Write, phone or call for prices, advising what you have and your nearest shipping point.

W. P. PETERS
Office and Elevator foot of Princess Street.
Phone 51 or 217 - - - Kingston, Ont.

Neuralgic Pains

Give Way to Soothing Hamlin's Wizard Oil

Hamlin's Wizard Oil is a safe, simple and effective treatment for both headache and neuralgia. Rubbed in where the pain is, it eases the tortured nerves and almost invariably brings quick relief. Keep a supply on hand.

Wizard Oil is a good dependable preparation to have in the medicine chest for first aid when the doctor may be far away. Its healing, anti-septic qualities can always be relied upon as a preventive against infection, or other serious results, from sprains, bruises, cuts, burns, bites and stings. Just as good, too, for sore feet, stiff neck, frost bites, cold sores and canker sores.

Give one bottle to a friend with a headache and you will be sure to get a complimentary bottle. Just please send little pink pills at druggists for 50c.

Safe, Swift & Sure.

Directly Zam-Buk is applied to a Wound or Sore, Pain is Soothed, Inflammation Disappears, and Healing Starts.

Zam-Buk is so penetrative and so powerfully antiseptic and germicidal that nothing else has ever been known like it. This result is attained by the unique character of Zam-Buk's rare herbal ingredients and the scientific way in which they are refined and blended together.

Zam-Buk first cleanses the flesh, is medicinally cleansed before healing begins. For instance the cut, scab, burn or wound that is dressed immediately with Zam-Buk never festers.

Likewise, Zam-Buk speedily gets to the root of Skin Disease. There are no "breakings-out" when Ulcers, Eczema, Poisoned Wounds, Boils, Bad Legs, Ringworm, and Scap Disease have been treated and cured by the Zam-Buk method.

Of all Druggists and Stores, 50c. a box, \$ for \$1.25. If you have never tested Zam-Buk, a 1c. stamp (for return postage) to Zam-Buk Co., Toronto, will bring FREE TRIAL SAMPLE.

Zam-Buk

A DANGER SIGNAL— TENDER AND BLEEDING GUMS

Healthy teeth cannot live in diseased tissue. Gums tainted with Pyorrhea are dangerously diseased. For not only the teeth are affected, but Pyorrhea germs seep into the body, lower its vitality and cause many ills.

Pyorrhea begins with tender and bleeding gums. Then the gums recede, the teeth decay, loosen and fall out, or must be extracted to rid the system of the poisonous germs that breed in pockets about them.

Four out of five people over forty have this disease. But you need not have it. Visit your dentist often for tooth and gum inspection. And keep Pyorrhea away by using Forhan's For The Gums.

Forhan's For The Gums will prevent Pyorrhea—or check its progress—if used in time and used consistently. Ordinary dentifrices cannot do this. Forhan's keeps the gums hard and healthy, the teeth white and clean. If you have tender or bleeding gums, start using it today. If gum-shrinkage has already set in, use Forhan's accordingly to directions, and consult a dentist immediately for special treatment.

50c and 60c tubes in Canada and U.S. If your druggist cannot supply you, send price to us direct and we will mail tube postpaid.

FORHAN'S, LTD., Montreal

Forhan's FOR THE GUMS

Children Cry for Fletcher's

CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are, specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proved.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

Evening Footwear

Fashion's latest styles in Ladies' Evening Footwear.

Handsome Slippers and Sandals, full of style and elegance.

Many new and exclusive things to interest young women.

Young women can find here Dainty Evening Footwear of genuine distinction that will give their heart's desire.

\$6.00 up to \$12.00.

J. H. Sutherland & Bro.
THE HOME OF GOOD SHOES

GET YOUR SLEIGHS REPAIRED NOW

Try one of our Patent Bob-sleigh Couplings. It will please you. Our make of Bobs all have them.

McNAMEE & SLACK
The Repair Shop.
Phone 1217v. 54 Queen St.

DID YOU EVER TRY

WAGSTON'S Ginger Marmalade, WAGSTON'S Pineapple Marmalade, WAGSTON'S Bramble Jelly. We also have a full line of other reliable makes of Marmalades, Jam and Jellies for sale at:

Bon Marche Grocery
Cor. King and Earl Streets
Licence No. 5-27140
Phone 1844.

G. Hunter Ogilvie Offers For Sale

a new issue of \$4,000,000 5% Cumulative Participating Preference Shares of the Three Rivers Pulp and Paper Co., Ltd.

This is a particularly attractive offer for those subscribing before the 20th of October, 1920.

\$100.00 for each preferred share, with a bonus of one of Common.

20% to accompany application, remainder in 4 equal instalments, quarterly.

251 KING STREET
Phones :: 568j & 1087

Maxim Batteries give Maxim Service and are Made-in-Canada. They are guaranteed. Also all our repairs. Try our Free Testing Service

Kingston Battery Service Co.
Cor. Queen and Bagot Streets.

Dorothy Buchanan, ten years old, was strangled to death by some unknown miscreant in a park at Point Edward, Saturday evening.