Effective Sunday, October 3rd, train now leaving Montreal daily at 7.30 p.m., in addition to carrying through sleeping cars to Toronto and Stratford, will carry a sleeping car from Montreal daily except Saturday, arriving Kingston Junction, 12.43 a.m. and Trenton 8.16 a.m., daily except Sunday. Passengers for Kingston may remain in sleeper until 6.15 a.m. Returning this car will leave Trenton 9.10 p.m. daily except Sunday, arriving Kingston Junc-tion 11.15 p.m., leaving Kingston Junction 1.55 a.m., arriving Montreal 7.00 a.m. daily except Monday. Car will be open to receive passengers at King-ston Junction from time of arrival at that point.

For rail and Sleeping car tickets apply to J. P. Hanley, C. P. & T. A., G. T. Ry., Kingston, Ont.

CUNARD ANCHOR ANCHOR-DONALDSON

MONTREAL—GLASGOW

PORTLAND-GLASGOW (CHRISTMAS SAILING) N. Y., GLASGOW, (via Moville) 200v. 6|Dec. 11|Jan. 15Columbia NEW YORK-LIVERPOOL Oct. 22 Nov. 20 Dec. 18 Carmania Nov. 6 Dec. 4 Jan. 1 K. Aug. Vict.

N. Y., PLY., and CHER. Oct. 21 Nov. 25 Jan. 1 Caronia N.Y., CHERBOURG & SOUTHAMP'N N. Y., PLY., CHER., HAMBURG N. Y., Patras, Dubrovnik and Trieste

For rates of passage, freight and further particulars apply to local agents or THE ROBERT REFORD CO., LTD. General Agents

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An excellent farm of 150 acres, good building, splendid land. Another farm of 100 acres, seven miles from the city -\$4,500.

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One 1915 McLaughlin Tour-ing car for sale cheap for a quick buyer. 298 BAGOT STREET Phone 1894w.

Welding is not a side-line with us. We guarantee our workmanship. All broken parts made as strong as new. Water Jackets and Crank Cases weld-

ed without heating. 43 PRINCESS STREET.

DID YOU EVER TRY

Wagninff's Ginger Marmainde. Wagstaff's l'incappie Marmaiade, Wagstaff's Bramble Jellly.

We also have . full line of other reliable makes of Marma-lades, Jam and Jellies for sais

Bon Marche Grocery Cor. King and Earl Streets License No. 5-27149

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71 PINE ST. Phone 1583 and Get Prompt Delivery

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Kingston Cement Products Factory Makers of Hollow Damp-Proof Cement Blocks, Bricks.

Sills, Lintles, and Drain Tile, also Grave Vaults. And all kinds of Ornamental Cement work. Factory: cor. of Charles and Patrick streets. PHONE 730W.

Mgr., H. F. NORMAN

REMOVAL NOTICE Robinson & Wiltshire

BE MARTIN'S GARAGE 110 CLERGY STREET All kinds of work promptly attended to.

PHONE 1192w.

You have a cold, or your child has a cold; a cough; a tight feeling across the chest; a soreness in the breathing tubes.

In the past how have you treated such? You have bought some cough mixture, and swallowed this down into your stomach. Now, why? Your stomach was not ailing; and there is no direct connection between your chest (where the trouble is) and your stemach! Then why swallow into your stomach any mixture when the trouble is in your lungs and bronchial tubes?

It's a mistake; and Peps is the remedy provided to correct this un-commonsense treatment. Peps are little tablets, which contain highly beneficial Pine essences. combined with other medicinal extracts. These healing extracts are so prepared that as soon as you put a Pep into your mouth they are liberated in the form of healing vapors. You breathe these vapors down to the throat and lungs, and thus treat the organs that are inflamed, direct. In a way, it is like breathing from a vaporizer or brenchitis kettle, except that there is no apparatus needed, the little Peps providing everything needful for the treatment! The very small portion of Peps which you swallow hac a slightly tonic effect upon the stomach and does you good, but the use of Peps is not for stomach troubles, but for lung, throat and brenchial troubles. Peps relieve these

as no ordinary treatment can. Children like Peps and they are best for the little ones because Peps contain no morphine, laudanum or other poison found in so many of the old cough mixtures.

Druggists and stores everywhere sell Peps 50c. box or from Peps Co., Toronto, for price. Remember the name—four letters only:-

She Mixed Sulphur With It To Restore Color, Gloss, Youthfulness.

a heavy tea with sulphur added, will tion if your hair is fading, streaked fore the people of Canada, and more tion of other ingredients.

While wispy, gray, faded hair is come after them. not sinful, we all desire to retain our jouthful appearance and attractive- portance of navigation on the St. ness. By darkening your hair with Lawrence river must always be kept Wyeth's Sage and Sulphur Coa clearly in view, it is the particular pound, no one can tell, because it duty of the people of this province does it so nata ally, so evenly. You to see that the interests of power are just dan pen a sponge or soft brush not sacrificed. It must always be with it and draw this through you" kept in mind that the sacrifice of one hair, taking one small strand at a foot of head on the upper St. Lawrtime; by norning all gray hairs have ence means that the people of Ontdisappeared, and after another ap. ario must for all time purchase 400,plication or two, your hair becomes | 000 tons of coal per annum to take inautifully dark, glossy, soft and the place of the power thereby wasted luxuriant.

CUT THIS OUT

OLD ENGLISH RECIPE FOR CA-TARRH, CATARRHAL DEAF-NESS AND HEAD NOISES

If you know of some one who is troubled with Catarrhal Deafness, head noises or ordinary catarrh, cut of saving some poor sufferer perhaps follows: es constitutional treatment.

passages and force the disease into waters flowing over the said lands through Omaha. the middle ear, which frequently limited only by such use as may re- "Cleveland has won again," the means total deafness, or else the di- quire to be made of these waters for reporter informed the singer during sease may be driven down the air navigation purposes.

able climate conditions. ged nostrils should open, breathing paid to coal coar the United become easy and hearing improve as the inflammation in the eustachian tubes is reduced. Parmint used in this way acts directly upon the blood and mucous surfaces of the system and has a tonic action that helps to obtain the desired results. The preparation is easy to make, costs little and is pleasant to take. Every person who has catarrh or head noises

EXCESSIVE ACIDITY is at the bottom of most digestive ills.

this treatment a trial .- Advt.

KI-MOIDS III TIMING

for indigestion afford pleasing and prompt relief from the distress of acid-dyspepsia. MADE BY SCOTT & BOWNE MAKERS OF SCOTT'S EMULSION

BECK'S VIEWS

(Continued from Page 9.)

While the engineering investigations are not yet sufficiently complete for the laying out of a definite scheme, it is certain that the economical and efficient use of the waters of the St. Lawrence river in the interests of both countries will involve first, the creation of a waterway to the sea having the same navigable capacity as the new Welland ship canal; and second, the conservation of the last inch of available head between lake Ontario and Montreal, so that the potential power of the waters may be developed to the full as occasion requires.

Regulating Waters. There is also the extremely important matter of the possibility of regulating the waters of lake Ontario. If the immense storage capacity of lake Ontario can be so utilized as to permanently increase the low water flow of the St. Lawrence river, such increase will be of inestimable value not only to the navigation and power interests in the upper St. Lawrence, but to the tide-water ship channel at and below Montreal. While international and federal co-

operation is necessary in connection with the development of the St. Lawrence water-powers, on account of navigation interests, and the fact that the St. Lawrence is a boundary stream, it should nevertheless be the aim of the people of Ontario to retain the most effective control possible over their development and subsequent utilization. Apart altogether from any question of ownership, such control is necessary in order to regulate the sale and cost of power. and to properly and efficiently coordinate the resulting transmission systems with the constantly expanding transmission systems which now serve the municipalities of eastern, central and western Ontario. Such control will furthermore be vitally necessary in order to preserve an equitable balance between the amounts of power disposed to large power consuming industries, and the amount of power required at present and in the future for general distribution throughout the province. As a general rule the industrial centers immediately adjacent to the developed power sites will be the first to benefit, but the inevitable result of healthy industrial expansion will be to include more and more of the surrounding territory within the zone of influence of these water-powers, and it is supremely important that this zone should expand freely along economic lines and not be distorted by private interests or by the absorption of too large a share of the avail-

Common garden sage brewed into able power by large local industries. The developments of the St. Lawturn gray, streaked and faded hair rence river in the joint interests of beautifully dark and luxuriant. Just navigation and power is one of the a few applications will prove a revela- outstanding economic problems beor gray. Mixit & the Sage les and particularly the people of Ontario at Sulphur recipe at home, though, is the present time. It is necessary that troublesome. An easier way is to they should have a full and complete get a bottle of Wyeth's Sage and Sul- understanding of the issues involved phur Compound at any drug store in order that they may insist upon a all ready for use. This is the old- solution, satisfactory not only to time recipe improved by the addi- themselves, but one which will prove in the best interests of those who

While, therefore, the immense imand that the maximum possible development of these powers alone will be the fuel equivalent of a mine permanently producing approximately 20,000,000 tons of coal per annum for the people of Ontario.

. The above ideas were incorporate ed in a resolution passed by a convention of the eastern municipalities held in Brockville in May, 1919.

The Resolution Passed. This resolution, which was passed out this formula and hand it to them unanimously, and forwarded to every and you may have been the means cabinet minister at Ottawa, read as

the province of Ontario.

passages towards the lungs which is And whereas the economic and "Won what?" asked Caruso. equally as dangerous. The follow- efficient use of these waters for power don't understand. ing formula which is used extensive- purposes will result in the production ly in the damp English climate is a of power, which will rival Niagara a game in the world series." constitutional treatment and should quantity and cheapness, and which ers here who live under more favor- one of the most important industrial know Cleveland was playing."

districts in the world. Secure from your druggist 1 ounce | And whereas the development of of Parmint (Double strength). Take Ontario's share of the St. Lawrence this home and add to it % pint of river power above St. Francis will sing," he answered. hot water and a little granulated be the fuel equivalent of a mine pro-sugar; stir until dissolved. Take ducing not less than 15,000,000 tons one tablespoonful four times a day of coal per annum for all time and at This will often bring quick relief an annual saving of at least \$75,from distressing head noises. Clog- 000,000 which would otherwise be

ment may in the near future take will not succeed by distortion and over the Grand Trunk railway as falsehood in obscuring the issues at part of its national system, and may stake. The root of the issue is "Irein the not distant future require large land's claim to national independquantities of cheap power for elec- ence, right or wrong." If wrong let trification of the trunk lines of the England attempt to disprove it, not Canadian National railway system, by murdering Irish civilians, sacking or is hard of hearing should give the only adequate source of power for towns, burning homesteads, factories the electrification of the trunk lines imprisoning citizens and torturing of the Canadian National railway sys- captives, but by arguments before tem, the only adequate source of courts of the civilized world. In power for the electrification of the December, 1918, electors of Ireland

an adequate supply of power.

And whereas the enormous de- fice as Premier of England velopment in the use of hydro-electric power during the war has now demonstrated that a market for many months, Mrs. Margaret Allen, power can be secured in eastern Ont- relict of Paul Allen, passed away. ario, the extent of which is so far in Oct, 3rd, at the home of her niece, excess of the possibilities of the New Mrs. Agnes Signett, Athens, with fork and Ontario power company whom she had resided for several cheme that the development of the years past. Deceased was about 70 St. Lawrence river as a whole is now | years of age.

within the range of commercial pos-

And whereas the Dominion power board is preparing to undertake an exhaustive investigation of the technical and economic features of the St. Lawrence river problem, and with which body the Hydro-Electric Power Commission is in close co-operation, insofar as the investigations in the international portion of the river

above Lake St. Francis are concerned.

Be it therefore resolved: 1. That the strongest possible representations be made to the government of Canada, pointing out the vital and immediate need of solving the economic and technical problems involved in making the best use of the waters of the St. Lawrence in the joint interests of navigation and power, and the need of facilitating and promoting the activities of the Dominion power board to this end by every possible means, with the assurance that the results of the investigation now being made by the Hydro-Electric Power Commission in the upper St. Lawrence will be wholly available for the information and assistance of the said board.

2. That in view of the successful power development and transmission policy of the Hydro-Electric Power Commission, as applied to the situation at Niagara and elsewhere in western and northern Ontario, the said commission should be entrusted with the construction and operation of power plants in the St. Lawrence river above Lake St. Francis, such construction and operation to be made in accordance with a general scheme to be worked out for the mutual benefit and protection of federal, provincial and international interests. and for the benefit of eastern muni-

3. That subsequent to the completion of any power development in the upper St. Lawrence, the Dominion government and the Hydro-Electric Power Commission shall enter into an agreement whereby the commission will pay a fair annual rental for the use of such navigation works as are necessary in connection with the development of power, and whereby the Dominion government will pay the commission a fair annual rental for the use of such portions of the power development works as are necessary for navigation purposes.

4. That the Dominion government co-operate with the province, the Hydro-Electric Power Commission and the municipalities to the fullest possible extent in connection with all matters above referred to, and particularly in connection with the securing of national and international co-operation and the facilitating of negotiations with the various interests involved, whether public or pri-

In conclusion, I wish to respectfully submit certain specific views relative to the navigation problem which appear to me to be justifiable on the basis of ordinary common

(a) That notwithstanding the representations of certain interests, no policy involving the beneficial utilization of the waters of the St. Lawrence river can possibly be considered without giving full weight to the question of deep-draft navigation.

(b) That even if deep-draft navigation between Lake Ontario and Montreal were not an economic necessity, ordinary forethought would make it obligatory at least to go so far as to construct locks in connection with power dams which would have no less depth and capacity than those on the new Welland ship canal. (c) That subsequent to the construction of such locks, the connecting reaches and channels could be deepened at will to meet the require-

ments of commerce. (d) That the provision of such a waterway is apparently justified in the interests of fresh water navigation alone, and that any future possible development of sait water commerce on the great lakes, will add proportionately to the value of the project, and to the benefits which would accrue to Canada and the United States.

All of which is respectively submitted on behalf of the province of Ontario, the interested municipalities and the Hydro-Electric Power Commission of Ontario.

Babe Ruth a Singer? Asked by Caruso

Omaha, Neb., Oct. 11.-Enrico Caruso, famous tenor, never heard of Babe Ruth and his bat, thought from total deafness. In England Whereas the sub-equeous lands in Babe was an opera singer of the scientists for a long time past have the St. Lawrence river above lake feminine gender, didn't know Cleverecognized that catarrh is a constitu- St. Francis and north on the interna- land had won the American league tional disease and necessarily requir- tional boundary, are the property of pennant and was not even aware that a world series was in progress Sprays, inhalers and nose douches And whereas the province has an when questioned by a reporter this are liable to irritate the delicate air exclusive right in the use of the afternoon as he was passing

the conversation.

"Why Cleveland won another prove especially efficacious to suffer-ers here who live under more favor. Will ultimately make eastern Ontario ball?" asked Caruso. "I didn't "Well, what do you think of Ruth?" the reporter asked. "I will have to admit I never heard her

REPLY BY GRIFFTTH

Issues Cannot Be Obscured by Distortion, He Says. Dublin, Oct. 12 .- Arthur Griffith, interviewed on Premier Lloyd And whereas the Dominion govern- George's speech, said Lloyd George eastern lines being the St. Lawrence constitutionally, in strict accordance with the principles of self-deter-And whereas the industrial wel- mination, voted an independent fare of the eastern municipalities has status for their country by a mabeen disastrously affected for want of jority twice as great as that by virtue of which Lloyd George holds of-

Following a lingering illness of

FEEIS LOST

We had never used Zam-Buk before but would feel lost without it now," writes a grateful Ontario mother, Mrs. T. G. Miller, of Winona.

"Whilst at play," she says, "my little two-year-old laddieran up against a crossout saw and gasked his forehead badly. "As we happened to have a box of Zam-Buk in the house I got it down and applied a dressing to the injury. It speedily soothed away the pain.

"After treating the wound with Zam-Buk twice daily for these days, it healed so well that I was able to leave off the bandages. There's not even a scar now, thanks to Zam-Buk."

Our files hold thousands of similar letters confirming the wendrous coething and healing power of Zam Buk in Cets. Burns. and Scalds, and for ending obstinate attacks of Ecsema, Poisoned Serus Ringworm Ulcers, and Piles.

There is need of a thoroughly reliable anticeptic healer like Zam-Buk in every home. It encures another the Zam-Buk in every home. It encures another the Zam-Buk in every home. It encures another from festering and blood-poison; prevents little serus from developing into obsticute and chronic chief disease. Zam-Buk has medicinal properties never associated with any ordinary cintment or salve, and it's purely herbal. Get this unique healer to-day! Of Druggiets and Stores, Se., or Zam-Buk Coy., Terento.

If you are nervous, if your nerves

30 PRICOUGHS

are weak, if you are run down, no life, just try Vital Tablets, the French Remedy, your nerves will be made strong, and all nervousness will disappear. Price 50c. a box, 6 for \$2.50. at all drug stores. The Scobel Drug Company, Montreal, Que. Sold in Kingston by Mahood's Drug Store.

Storm Sash

Don't wait until January, give us your measurements now.

Allan Lumber Co.

Phone 1042. : : : Victoria Street

TIRES COMING DOWN

Put a MAXOTIRE in that old casing and get the balance of

the season out of it. "THE HOME OF THE MAXOTIRE"

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Cleveland, Hyslop and Humphrey Bicycles ----At Reduced Prices----

Bicycle Tires and Auto Traction Tread Covers. Special prices. See window display. Carpet Cleaning and Laying.

H. MILNE

272 BAGOT STREET





A thousand rumors do not make one single fact

LL of us ment to believe the rumors regarding further reduction in foot-wear prices. If they were founded would have been shead of Rumer in announcing the good news.

BUT remor, as usual, ignores the er are governed by the cost of raw

High prices are not of our making or seeking. They have been imposed upon us and you by the tremendously intreased cost of every single thing that enters into the making of shoet.

And those high material costs, to-gether with to-day's wage scale, which govern and distant our shoe prices, show no immediate tenney to permanently sook lower

THAT is why we cannot make any definite promise to you that our prices to the retailer will be any lower this season than those in effect for Spring, 1921, styles.

Irresponsible Rumor ignores these facts-delights in "sensations news"- and, as is so often the case, hurts everybody indiscriminstely until its falsences and vicio ness become apparent.

We appreciate our responsibility to you; we want to help towards heaper hving and we are earnestly striving to improve matters. We ask your confidence and belief to encourage us towards that end