

**FOR SALE.**

174 Barrie Street ..... Brick; Hot Water.  
 377 Alfred Street ..... Brick; Hot Water.  
 413 Johnson Street ..... Brick; Hot Water.  
 230 Alfred Street ..... New Brick; Hot Water.  
 556 Princess Street ..... New Brick; Hot Water.  
 25 Wellington Street ..... Stone; Hot Air.  
 488 Albert Street ..... Frame; no furnace.  
 84 1/2 Collingwood Street ..... Frame; large barns.  
 King Street ..... Large store and dwelling.  
 Also three houses under construction on Edgchill street, and a bungalow on Mack Street. Buy now and have finished to suit your taste.  
 Insurance of all kinds. Victory Bonds bought, sold and exchanged. Apply to—

**J.O. HUTTON** 67 CLARENCE STREET Phone 702.

Stand No. 47 Kingston Industrial Exhibition

**"VETCRAFT"**

THE HANDWORK OF DISABLED SOLDIERS

**E. WARBURTON,**  
Sole Distributor  
Wholesale and Retail  
Phone 2277 79 Princess Street, Kingston.

**Choice Chocolates and Candies**

When you want good things to eat, see us.  
 Chocolates in fancy boxes ..... 90c. to \$1.50  
 Home-made Taffy and Candy of all kinds.  
 Choice domestic and imported fruits always on hand.

**FRUITLAND**  
ALLAN MASO UD, PROP. Phone 904  
848 Princess Street.

**Collections For Business Houses**

The satisfactory service which The Merchants Bank renders to Business Houses, in the matter of collecting Notes, Drafts and other financial paper, is due to the number and strategic location of its branches throughout Canada, and the efficient system in force.

Special attention is given to collections; returns are promptly made and credited; losses are often prevented by the care and thoroughness with which we do this part of our work.

**THE MERCHANTS BANK** Established 1864.  
 Head Office: Montreal, OF CANADA  
 KINGSTON BRANCH, FARHAM, VERONA AND ARDEN BRANCHES.  
 H. A. TOFIELD, Manager. J. W. McCLYMONT, Manager.  
 Sub-Agency at Mountain Grove open Fridays.  
 Safety Deposit Boxes to rent at Kingston Branch.

**SERVICE and STYLE**

are combined in our newest shoes for men. They have that smart, handsome appearance so essential to good dressing. Being made of tested leathers these shoes will give far more than ordinary wear. We extend an invitation to men in need of new footwear to take a look at these shoes. They are the real thing.

**The Victory Shoe Store**  
Corner Princess and Clergy. Phone 490.

**HORSE SENSE in horse feeding.**

It is almost common sense to feed a horse a balanced food, which will develop every part of its body. Analysis of Purina O-Molene Feed shows that it contains in proper proportion all the elements for muscle, blood, hair and hide making, as well as a large percentage of Nitrogen free extract, which supplies heat and energy. There is no 15 to 18 per cent waste as in feeding the whole oats, due to swelling whole.

**PURINA O-MOLENE FEED**

Wholesale and Retail Distributors.  
**W. P. PETERS**  
 Wholesale ..... Foot of Princess Street  
 Retail ..... 117 Brock Street

Lud K. Cameron, formerly King's Printer for Ontario for many years, was associated with his brother, John, who died at Santa Monica, Cal., where he had gone for his health, on Friday, October 1st. The late Mr. Cameron was associated with his brother, John, on the London Advertiser for a number of years.

**PRESERVATION OF FOOD**

**How to Keep Fruit and Vegetables From Spoiling.**

All Bacteria Present Must Be Destroyed—Hints on Canning and Sealing, and Also on Drying in Special Ovens—Storing Fruits.

(Contributed by Ontario Department of Agriculture, Toronto.)

It is a universally known fact that foods not properly preserved will spoil. They will ferment, decay, purify or become moldy. These changes are brought about by the development of bacteria, yeasts and molds on or in the food. If these micro-organisms can be prevented from growing on or in the food it will not spoil. Therefore, the question of food preservation resolves itself into the problem of preventing these bacteria, yeasts and molds from growing or multiplying on or in the foods. This is done in various ways according to the nature of the food to be preserved.

Overheating or freezing will usually kill the living tissue of which the roots are composed, after which they will readily decay as a result of the rapid multiplication of bacteria and molds in the dead tissue.

In the preservation of such vegetables as green peas, beans, asparagus and green corn, different measures are necessary. These are green and juicy and if stored in the fresh condition they will either wilt or ferment and rot. This fermentation and rotting is due to the development of the bacteria which are present on the vegetables. There will be sufficient moisture present in the vegetable to enable the bacteria to multiply and feed on the material and thus induce the rot.

So in order to preserve such vegetables in the fresh condition the bacteria present have to be all killed and all other bacteria prevented from getting on the material until it is to be used. In order to accomplish this the process of canning is resorted to. To get satisfactory results from canning vegetables it is necessary to have:

- 1st. Good sound healthy vegetables.
- 2nd. Good clean sealers with tight-fitting tops and good rubbers.
- 3rd. Wash the vegetables and fill into the sealers.
- 4th. Cover with water salted to taste.
- 5th. Put on the tops and leave slightly loose.
- 6th. Place sealers in a steamer or boiler half filled with cold water and heat to the boiling point for half an hour.
- 7th. Remove sealers from boiler or steamer and tighten down the tops.
- 8th. After 24 hours loosen the tops and return to the boiler or steamer and give another half hour's boiling.
- 9th. Repeat this process after another 24 hours. Then tighten down the tops and place away.

This treatment should destroy all micro-organisms present and if the top is hermetically sealed no others can get in until it is opened.

Another method of sterilizing is to give one boiling to the filled sealers for 3-4 hours. This, however, cannot be depended on to give as satisfactory results as the above.

Another method is to heat in steam under 15 lb. pressure for thirty minutes. This is the commercial way for which special strong steamers (autoclaves), that can withstand internal pressure, are necessary. A small vessel of this type suitable for household use is now on the market.

Another method of preserving vegetables is by drying. This process extracts sufficient moisture from the vegetables to prevent the bacteria present from having the power to multiply unless the materials should get moist before being used. Sufficient moisture is not extracted or should the dried materials get moist during storage, then decay or rot will rapidly develop, as the bacteria are not killed in the drying process and only require moisture to enable them to develop.

In the storing of fruits as apples and pears it is essential:

1. To have only sound specimens.
2. To pack carefully without bruising.
3. To store in a cool, well-ventilated place where they will neither be overheated or frozen.

Such fruits as strawberries, raspberries, plums, peaches, currants, blueberries, etc., which are soft, cannot be kept any length of time without fermenting or molding unless they are canned.

The canning process is simply for the purpose of killing all mold spores and yeast cells that are on the fruit and preventing others getting on until the material is to be used.

Canning fruits is not so difficult as canning vegetables because it is easier to kill yeasts and molds which affect fruits than it is to kill bacteria that affect vegetables.

These fruits may be cooked in a fruit kettle, sugar added to taste, and filled hot direct from the kettle into sterilized sealers removed direct from scalding water.

Another way to preserve such fruits is by the cold pack method. In this method the fruits are not cooked before putting into the sealer. Sound fruit not overripe should be used. This is picked over and filled directly into clean sealers. Stone fruit should be pitted.

A syrup of sugar and water sweetened to taste is then filled into sealers so as to completely cover the fruit. The tops, rubbers and rings are put on but not screwed down tightly. The sealers are then placed in a boiler containing cold water sufficient to reach three-fourths up the sealers, and this is brought to a boil and kept boiling for half an hour. The sealers are then removed and the tops screwed down tightly at once. When cooled, store away.—Prof. D. H. Jones, O. A. College, Guelph.

**THOSE SEVEN SEAS.**

Are No Better Known Than Nine Points of Law.

Which are the Seven Seas? This is an expression as old as Shakespeare, yet even to-day nobody is quite sure about the seventh. Anybody can name six—the Atlantic, Pacific, Arctic, Antarctic, and Indian Oceans, and the Mediterranean Sea—but there has always been a doubt whether the seventh was the Baltic or the North Sea. The expression "the Seven Seas" is really another way of saying all the world.

What were the Seven Wonders of the World? This question can be answered in rhyme—  
 The Pyramids first, which in Egypt were laid;  
 Next Babylon's garden, for Amytis made;  
 Then Mausolus's tomb of affection and guilt;  
 Fourth, the Temple of Diana, in Ephesus built;  
 The Colossus of Rhodes, cast in brass, to the Sun;  
 Sixth, Jupiter's statue, by Phidias  
 The Pharos of Egypt, last wonder of old.  
 Or the Palace of Cyprus, cemented with gold.

It appears that, as in the case of the Seven Seas, only six wonders were agreed upon universally, opinion being divided as to which constituted the seventh.

What are the Nine Points of the Law? It has been said that success in litigation requires a good deal of patience, a good deal of money, a good counsel, good witnesses, a good jury, a good judge, and, last, a part of the proverb which says that "possession is nine points of the law," and that anybody is welcome to the tenth if they can get anything out of it.

When you have answered these number-puzzles it will be a little change to attempt to recite the Twelve Apostles, the Four Evangelists, and the Twelve Minor Prophets.—Tit-Bits.

**England's First Elephant.**

The first instance of an elephant being brought to the west was in the year 807, when the Caliph Haroun al Rashid presented one to Charlemagne, says Answers.

It was not until 1255, however, that this well known and sagacious animal came to England, and it was in fact the first of the King of France made King Henry III. a gift of some ten years of age. It arrived at Sandwich, and was then taken to the Tower of London, where, by the king's command, a house had been built for it. Its feet high to the top of its back were forty-one years. Its keeper was John Goad.

An elephant's skin is generally of a deep ash-brown, but sometimes is white or cream-colored. The latter variety is very valuable and highly prized, being one of the attributes of royalty in Siam. One of the titles of the King of Siam, by the way, is "Lord of the White Elephant."

Whilst on the subject, it is interesting to find that in many parts of India elephants have been appointed official executioners of justice. They will break the neck of a criminal, trample him to death, or pierce him with their tusks, according to their master's instructions.

**"Ring Meteorite."**

The so-called "ring meteorite" is unique; none other at all like it has ever been known.

It is four feet in diameter, weighs 1,400 pounds and has the shape of a complete ring. The ring is of iron, with a percentage of nickel.

Nobody knows how long ago it fell from the sky; but it was found in Santa Catarina mountains by a Mexican. For a long time it was in use as an anvil at Tucson.

There an army surgeon happened to see it, owing to the accident of needing a shoe for his horse. A Mexican blacksmith put the shoe on for this curious anvil.

The Mexican did not know that his anvil was a meteorite, and so was willing to sell it for a few dollars. The surgeon took it to Washington and gave it to the Smithsonian Institution. If it is now on exhibition in the National Museum.

Originally this meteorite must have been composed mainly of stony stuff, but the latter was doubtless shattered to bits when the big projectile from the sky struck the earth; or, if not, it soon disintegrated. The ring is left.

**Spinsters Wear Labels.**

In some districts in Siam, a girl who reaches a certain age without finding a husband is required to wear a label, and thenceforth is a more or less privileged person, under the special care of the king, who is bound by ancient custom to find a husband for her. The royal matrimonial bureau has less difficulty in arranging matches than might be expected, for it works on a very simple system. A prisoner in any jail in the kingdom may gain freedom and pardon by marrying one of the king's charges, and as many eagerly take advantage of the right as there are available freedom-bringing maids. Whether or not the man is already married is of no consequence, as one wife is not the legal limit.

**Japs Plan to Build Planes.**

Nagoya is destined to become the centre of Japanese aviation, according to a translation from the Osaka Mainichi Shimbun. The army machine works, now under construction at Chikusa, a suburb of Nagoya, will be partially completed and in operation, it is expected, by the beginning of this month, at which time the Aviate airplane factory will be removed to the same place. In this factory seven powerful motors of the Salmson type are under construction, which, while nominally of 150 h.p., actually develop 250 h.p. The material used is wholly Japanese, and the results of tests are reported to be most satisfactory.

**Duke Has Severe Cold.**

Victoria, B.C., Oct. 6.—It is official announced that, owing to a severe cold, the Duke of Devonshire has been obliged to cancel all his engagements. He will remain in Victoria for a few days.

**Milk is Reduced to Twelve Cents at Tillsonburg.**

In Woodstock one man sells at eight cents.

**ARE TAKING COURSES**

In First Aid and Home Nursing at Sydenham.

Sydenham, Oct. 6.—A series of lectures on First Aid and Home Nursing is being given in the town-ship hall this week under the direction of the local Women's Institute. Mrs. M. Lowe, Toronto, is the lecturer. Ten lessons comprise the course, and a small fee is asked for the privilege of taking it. Every evening a proving helpful and informative.

Mr. Alexander, manager of the Union bank, is moving his household goods into the house formerly occupied by Mrs. A. Scott, just west of the high school. Mrs. MacMillan has returned home from visiting relatives in the United States. The death occurred on Monday morning last of Mrs. Harriet Hawley, widow of the late William J. Hawley, at the home of her sister, Mrs. Storms. Deceased had been ill for several months at her sister's home near the Anglican church. Her husband died some years ago in the western States, whether they had removed from Sydenham, and where the children still live. The late Mrs. Hawley returned here a year ago. The funeral took place from the house on Tuesday afternoon and was conducted by Rev. G. Stafford. Remains were placed in the vault in Sydenham cemetery. Deceased lady was eighty years of age.

Mrs. Steinburger, Bloomfield, has been spending some time here with her daughter, Miss Steinburger. Inspector S. A. Truscott visited the local public school on Tuesday afternoon. Mrs. William Nichols has been brought back from the Kingston General Hospital and is gaining her health again. Withrow Reid, who has been working in this vicinity for some months, returned to Ottawa on Tuesday to attend the funeral of the late J. Howard Halpeny, who was killed last Monday.

The Boves Milk Product condenser is receiving milk only once a day now, in the morning. The trucks are only required to make one trip a day. Harry MacNamara has been appointed chairman of the Loughborough township, following the resignation of R. G. Guess. Mr. and Mrs. B. McCrory are spending more time at the home of Mr. and Mrs. H. B. McCrory. The following from here are attending Queen's University in Kingston this year: Glen McCrory, Arthur Walker, Hugh Blake, Clayton Lindsay, Ralph Tovell, Glee McCrory, John Rutledge. Extensive erection of telephone poles and wires has been going on for some time. Changes have been made so that there are more lines with fewer parties on each line.

On Thursday and Friday of next week the teachers' convention for South Frontenac will be held here. A public gathering will be held in Wesley hall, Thursday evening, when a short programme will be presented.

To Join Mackenzie King.

Brockville, Ont., Oct. 7.—A. C. Hardy, chairman of the Ontario Liberal executive, has received an invitation to join Hon. W. L. Mackenzie King's party in Western Canada, and has left for Calgary.

A doctor who visited the Cork lord mayor in prison Thursday morning says he finds the mayor's body in a shocking state of emaciation and is unable to state how long he will live.

**ECZEMA**

You are not experimenting when you use Dr. Chase's Ointment for Eczema and Skin Irritations. It relieves at once and gradually. Sample box Dr. Chase's Ointment free if you mention this paper and send 2c. stamp for postage. 60c. a box. Dealers or Edman, Bates & Co., Limited, Toronto.

**A Complexion Worth Having**

A Velvety Skin and Crystal Clear Complexion—Pimples and Such Blemishes Gone—This is the Story of Stuart's Calcium Wafers.

If you will look closely at a wonderfully beautiful skin, and observe



its soft, delicate texture, you will see the pink capillary blood tinting the cheeks. And there you see what is produced when your skin has been cleansed with Stuart's Calcium Wafers.

You will be delighted to see the wonderful change that so often takes place after using these wafers. Pimples, blotches, liver spots, blackheads, mucky complexion and such kinds of impurities gather in the skin because it is one of the natural outlets of the body. But if you supply it with the proper materials it will convert the poisons into a harmless substance and pass off in the natural perspiration instead of ugly accumulations.

Get a 60-cent box to-day of Stuart's Calcium Wafers at any drug store and then you may count on a complexion worth having.

**Restores Hair to Its Natural Color**

Delmay's "Vitalens" French Hair Tonic, is the latest Paris invention. Atresses and ladies of society have gone wild over this preparation. It gives such life and lustre to the hair, dead, lifeless hair is brought to life, it is not a dye, nor is it sticky, a most beautiful preparation, every drop contains hair-growing, life-giving properties. Price in Canada, \$1.00 per bottle, get it, you too will be highly pleased. Sold by Sargent's Drug Store.

**KEEP in tune with the bright new morn by drinking from the well of health that lies in ENO'S FRUIT SALT**

Now is the time to begin taking ENO's—the simplest and pleasantest way to maintain those clean and orderly conditions which are inseparable from perfect health.

Take ENO every morning and you will win the sense of well-being and happiness that ENO has brought to millions of folk during the past fifty years.

The words "Fruit Salt" are our registered Trade Mark, and have been known for half-a-century to mean the preparation of J. C. ENO, LTD., and no other.

Prepared only by: J. C. ENO, Ltd., "Fruit Salt" Works, London, E.C. 4.

Sole Agents: HAROLD F. RITCHIE & CO., Ltd. New York TORONTO Sydney 312

**MILLER'S WORM POWDERS**

BELIEVE THE RESTLESS CONDITION BROUGHT ON BY THE PRESENCE OF WORMS AND RESTORE THE CHILD TO NORMAL HEALTH.

**NO NARCOTICS—PLEASANT AS SUGAR**

**FORD PRICES EFFECTIVE SEPTEMBER, 22, 1920**

ROADSTER, without starter . . . \$730.00  
 ROADSTER, with starter . . . 845.00  
 TOURING, without starter . . . 805.00  
 TOURING, with starter . . . 920.00  
 COUPE . . . 1,290.00  
 SEDAN . . . 1,405.00  
 STANDARD CHASSIS, without starter . . . 595.00  
 STANDARD CHASSIS, with starter . . . 695.00  
 TRUCK CHASSIS, without starter 795.00  
 TRUCK CHASSIS, with starter . 900.00  
 FORDSON TRACTOR . . . 790.00

Plus freight from Dearborn and exchange  
 These prices are F.O.B. Kingston, including freight and Government taxes:

**VanLovenBros.**  
 Ford Sales and Service 34-38 Princess St.

See Our Assortment of

**TIRES**

Before Purchasing

Dominion, Dunlop, Hercules, K. & S., Firestones, Lee Puncture Proof

**Restores Hair to Its Natural Color**

**KINGSTON AUTO SALES CO. Limited**  
 CORNER BROCK and MONTREAL STS. Telephone 600.