

NERVES ALL GONE TO PIECES

"Fruit-a-tives" Conquered Nervous Prostration

R. R. No. 4, GILBERT PLAINS, MAN.
 "In the year 1910, I had Nervous Prostration in its worst form dropping from 170 to 115 pounds.
 The doctors had no hope of my recovery, and every medicine I tried proved useless until a friend induced me to take "Fruit-a-tives".
 I began to mend almost at once, and never had such good health as I have enjoyed the past eight years. I am never without "Fruit-a-tives" in the house". JAS. S. DELGATY.
 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

From The Countryside

FRONTENAC

BUNKER'S HILL.
 Aug. 19.—Rain is greatly needed here. Pastures are drying up. There are no blackberries on account of the dry, hot weather. H. Arket, Wellington, attended a meeting here Sunday last. Mrs. J. W. Babcock, Mrs. A. McGowan and Miss Ruth, also Mrs. Guy Timmerman and son Percy, are visiting friends at Smith's Falls. Stella McGowan called on Mabel Hoppins Sunday last. Leta Babcock, Verona, is at T. Babcock's. The people of this place are not very well pleased with the mail service.

PARHAM.
 Aug. 18.—Mr. and Mrs. E. Walker, Calabogie, and Mr. and Mrs. T. Mc-

Cumber, Verona, at W. L. Goodfellow's; Mr. and Mrs. Morgan and Claude Percy at Verona; George Card, Cobalt, is at home; Miss Hazel Wagar at home for her holidays; Mrs. Bain and baby, Crow Lake, at the parsonage visiting Miss Brown; Miss Mildred Adair at A. B. Howe's; Mr. and Mrs. Kirkham, M. Cronk's; Ella Card at home; Mrs. S. McColla at Elmer McCulla's. Quite a number from here attended the celebration at Tichborne on the 12th. Miss Luella Smith at G. A. Smith's. Ladies Aid was held at Mrs. Frank Wagar's on Wednesday.

LAKE OPINICON.
 Aug. 18.—Rain is badly needed in this vicinity as everything is getting very dry. A number of people in this neighborhood are having wells drilled. A few from here attended the picnic at Blair's Settlement on Thursday last. Mrs. Taylor, Mrs. Robinson, Mrs. Snyder and little son have returned to their home in New York after spending the past two weeks among relatives here. Mr. and Mrs. H. Buck and Mr. and Mrs. E. Ennis are recent visitors at C. C. Thompson's. Mabel Darling left last Tuesday for Leveck where she has secured a position. W. and R. Gamble called on friends here Sunday. Mr. and Mrs. J. Best and family spent Sunday at F. Best's.

FOREST.
 Aug. 20.—The farmers are nearly through harvesting. They report the grain crop good. Jack Ellerbeck and Owen Fitzgerald started for the Northwest on Monday. Miss Jennie Fitzgerald has gone to Wood as nurse-trainer. Mildred Moreland is improving very much after her operation. The stork left a baby girl, at Norman Curl's. Visitors: Mr. and Mrs. R. J. McLean spent the weekend at C. Ellerbeck's, as also did Mrs. Dr. Lockhart and family. Mr. and Mrs. Ellerbeck spent a day recently, visiting friends at Wilton. Mr. and Mrs. William Vandoughant at Mr. Moore's. T. J. Offered, Cobourg, at C. O'Connor's; Mr. and Mrs. M. Cummings, at B. Harrington's; Miss Lemon at Mr. Cummings'.

LELAND.
 Aug. 19.—The weather of the past week has been extremely hot, the thermometer registering as high as 94 degrees in the shade. Thomas Teepell and son and A. Cameron motored from Syracuse, N.Y., and spent the week-end with friends here. Mrs. Fobster and daughter Gladys, Kingston, are at H. Kellar's. Miss Wilhemina Lake, Battersea, is visiting friends here. Floyd Smith and Clifford Kellon have gone to Saskatchewan on the harvest excursion. Walter Kellar, who has been laid up with quinsy, is able to be out again. Elwood Korush has the measles. Mr. and Mrs. J. Young and children are at E. Johnson's. W. Young has purchased the Glass property and has moved in. Mr. and Mrs. J. Walter, Kingston, are visiting here this week.

HOLLEFORD.
 Aug. 17.—The farmers are about through harvesting. The threshing outfit operated by H. Campbell and J. Carleton is at work. Fred Reid and family have moved to Harrowsmith. The Farmers' Co-operative, Harrowsmith, sent another car load of cattle to Toronto, by F. G. Babcock of this place. A. Clark and family, Sydenham, have moved into one of G. T. Babcock's houses, formerly occupied by J. Deline. Mrs. T. Trousdale, Sterling, spent a week with friends here. E. Reid and family Murvale, and Mrs. Huntley, Watertown, N.Y., spent Sunday at G. H. Reid. Fred Martin, ill for some time, is improving. Mrs. D. Shay and children, Watertown, N.Y., after visiting at G. Shay's, have gone to visit relatives at Perth Road, before returning to their home. They were accompanied to Perth Road by Mr. and Mrs. G. Shay and daughter Nina. Mrs. E. Smith, and son Clifford Belleville, formerly of this place, are renewing acquaintances here. Rain is very much needed.

Lennox & Addington

MILLHAVEN.
 Aug. 18.—The Misses Etta May, Sterling and Thelma Lillian Sterling spent a pleasant birthday on Friday August 13th, their natal day coming on the same day and month. Both received many pretty presents and wishes for many more birthdays. Among those present were Mr. and Mrs. Chase, Watertown, N.Y., Miss Genevieve Chase, Oswego, N.Y., Mr. and Mrs. Petman, Guelph, Ont., Mr. and Mrs. Petman have returned home to Guelph after spending a few days with relatives at Millhaven. The people are very sorry to hear that Benah Sunday school has closed. Many of the farmers have commenced threshing.

LEEDS

AT JONES' FALLS.
 Jones' Falls, Aug. 17.—The farmers are well pleased with the favorable weather that they have been getting through harvesting, and threshing machines will soon be making their appearance. Spencer Baxter has been engaged as helper with John Moran for the rest of the season. Mrs. Gordon Dier and Miss Florence Hutchings attended the mammoth picnic held at Redford Mills under the auspices of the P.A.F.B. on Thursday last. Arman Baxter, Keslerville, has moved to this vicinity where he has purchased his father's farm. Mr. and Mrs. William Hutchings spent Sunday with Mr. and Mrs. William Dean, Portland. Miss Susie Nicholson has returned home after spending a few days with the Miss Edith and Charlotte Hutchings. Mr. Christy New York, has returned home after camping a few weeks at Crow Lake.

LANARA

MCDONALD'S CORNER.
 Aug. 19.—Mrs. W. D. ...

Player's

NAVY CUT CIGARETTES

QUALITY

In England you will find men everywhere smoking Player's Navy Cut Cigarettes with the same keen enjoyment as they do here!

Over in Australia, the sailor in the lifebuoy is a very familiar character, and there, too, PLAYER'S are universally enjoyed.

There can be only one reason—quality!

That is why men prefer PLAYER'S

18¢ per package
Two for 35¢

Maxim Storage Battery
 Heavy Duty—Longest Life—Least Trouble—Wonderful Endurance
 MADE IN CANADA.
PALMER
 COL. BAGOT AND SUEEN.
 All makes tested, charged and repaired.

EVERYBODY IS TALKING ABOUT THE GREAT BARGAINS AT J. B. ABRAMSON'S

I will offer pure White Table Linens at sacrifice price.
 Table Linen, worth \$1.35 for 70c.
 Also \$2.50 a yard for \$1.49
 At \$5.00 a yard for \$3.49
 I give number of yards of Bleached Sheet Cotton; 9-4 yds., heavy weight. Price reg. \$2.00 a yard. Sale Price \$1.25
 Towelling—1 piece only. Price 45c. Sale 32c. a yard.
 Bleached Cotton, small amount; regular price 55c. a yard and 45c. a yard. Sale Price 42c. yd.
 Ladies' Panama Hats—regular price \$1.25 to \$7.00; Sale Price 50c. to \$2.00
 Men's Underwear—a large stock of Men's Summer Underwear—regular \$1.00. Sale Price 40c.

JOS. B. ABRAMSON
 Men's, Boys' and Ladies' Wear Store
 257 PRINCESS STREET. PHONE 1487.

Farmer-Banker Alliance

You go to your lawyer for legal advice; to the doctor for medical advice; why not to The Merchants Bank for financial advice?

If you want a loan to buy cattle, hogs or equipment—if you want information as to how to invest money—come to those who make a business of financial matters, and are in a position to give you sound and impartial advice.

THE MERCHANTS BANK OF CANADA Established 1864.
 Head Office: Montreal.
 KINGSTON BRANCH, FARHAM, VERONA AND ARDEN BRANCHES.
 H. A. TOFIELD, Manager.
 J. W. McCLEMMONT, Manager.
 Sub-Agency at Mountain Grove open Fridays.
 Safety Deposit Boxes to rent at Kingston Branch.

WRIGLEY'S

Good looks, sound teeth, eager appetite and digestion are

WRIGLEY'S DOUBLEMINT CHewing GUM
 WRIGLEY'S SPEARMINT CHewing GUM
 WRIGLEY'S FRUIT CHewing GUM

SEALED TIGHT—KEPT RIGHT

The Flavour LASTS After every meal

children, Perth, are spending a few weeks with Mrs. J. Duncan, Dalhousie, Lake. Miss M. Duncan, nurse-in-training, Kingston, returned to the city after a couple of weeks holidays here and in Drummondville. Miss Sheppard, Kingston, is visiting at P. Griffin's, the lake. Miss Jessie McLaren, Elphin, spent last week with her friend, Miss Lena Harper. J. Jackman, Perth, with a party of friends are spending a few days at J. Leary's. The boys who took in the excursion Monday for the west were J. and Lindsay Duncan, J. McKinnon M. and Lorne McLelland, P. McDougal, E. McDonald, W. Fair, R. and J. Krings.

FALLBROOK
 Aug. 19.—The grain is almost completely gathered in and the farmers report a splendid yield. Rain is much needed as the gardens and pastures are drying up. Quite a large class of women and girls are attending the lectures given by Miss Port in the Institute Hall. Miss Myrtle Munro, Maberly, has returned home after visiting friends in Fallbrook. Mrs. Bruce, Montreal, is visiting at her brother's F. Gallagher's. Mr. and Mrs. J. Carnegie, Pilot Mound, are visiting their many friends in this vicinity.

BROKE HIS ARM

Accident Met By Clayton Cole at Northbrook.
 Northbrook, Aug. 20.—Beautiful weather prevails and farmers are fast finishing their harvest. Mr. and Mrs. Oris Cole and family had a sale of all stock, machinery, furniture, etc., and have gone west for a few months.
 Mrs. C. C. Thompson is home from Kingston General Hospital where she was seriously ill with inflammation. Mrs. Thompson is gaining nicely. A wee baby boy came to stay at the home of Mr. and Mrs. Edward Bosley's. J. L. Lloyd sold a car to Joseph Miller and another to Fred Wood this week. Mrs. Steve Sedore

Bunion Tortured Feet Quickly Made Well
 Try this wrinkle—it's a good one thousands say you can't beat it. Soak the feet well to-night in hot water—a long hot soaking helps. Then paint on a thin coat of that old reliable "Putnam's Extractor." Next morning the pain is gone, you feel a whole heap better. Keep up the treatment—simply follow the special directions given and off will come the bunion, away will go the corn, you'll feel like a tango artist. For foot comfort there's nothing to beat Putnam's Corn Extractor, 25c at dealers everywhere.

Internal and External Pains are promptly relieved by DR THOMAS' ELECTRIC OIL

THAT IT HAS BEEN SOLD FOR NEARLY FIFTY YEARS AND IS TO-DAY A GREATER SELLER THAN EVER BEFORE IS A TESTIMONIAL THAT SPEAKS FOR ITS NUMEROUS CURATIVE QUALITIES.

GIVE YOUR POULTRY OUR SPECIAL FEED

and get results in the egg basket and in thriving chicks. This feed is one of our specialties and those who use it are its enthusiastic admirers. Try some and note the improvement in laying hens and growing chicks.

W. F. McBroom
 42-44 Princess Street. Phone 1688.

TIRES, TUBES and ACCESSORIES. PAINTING and VARNISHING.

MOST UP-TO-DATE REPAIR SHOP in Kingston

RELIABLE USED CARS ON HAND.

—Studebaker Big Six. —Overland 83B.
 —McLaughlin K49 Special —Reo Roadster.
 —McLaughlin E63 Special —Overland Sedan.

Easy terms for reliable purchasers on both new and used cars during August

Blue Garages, Limited
 Phone 567. H. M. FAIR, Manager