In the Automobile World

ADJUST THE BRAKE TO INSURE SAFETY

Proper Braking Devices Are Quite Essential at All

Brakes are the only safety device on the motor car and when it is considered that faulty or improperly adusted brakes can be quickly correct- showing real team work in and made to function properly it s ofttimes criminal negligence to allow them to go unattended to.

In case brakes are not working roperly, it is very likely that they have become coated with oil grease, which acts as a lubricant. This condition is dangerous, for it. may cause the brakes to slip when applied. At the earliest opportunity + tricts without sacrificing valuthe lining and brake drum should able business hours. be wiped clean with kerosene.

come worn so that insufficient pres- + garden and laugh at the soaring + sure is brought to bear against the | + prices of food products. Recrea- + revolving metal drum and the car cannot be stopped quickly. A few + ing, fresh air are provided for adjustments which any mechanic + himself and the whole family. can make while you wait, will often + The farmer, who formerly compensate for the reduced thickness | had to plan his trips to town in + of the worn lining.

to take no chances, but to have the + needed supplies or for a bit + brakes relined. In the selection of + of recreation. Instead of being + hew brake lining, the motorist should to hours from town, he is now but to be guided by the experience of the leading automotive engineers, who to good as moving closer made numerous analyses and tests of various kinds of brake lining materials. The wise motorist is satisfied not alone in being able to drive a car, but thankful that he can stop paratively large quantity of water ft. He values a smooth, short stop | gradually accumulates in the crank no less than he appreciatesa quick, case, mixing with the oil and formeasy getaway. Watch your brakes- ing an emulsion, which has imenjoy great comfort and safety.

safe operation of a car, they should nounced in winter than in summer, not be used any more than necessary. and is found to a greater extent as The best way to avoid brake troubles | the number of cylinders increases. is to use the motor as much as pos- This brings out the importance of sible as a brake on the hills. If you changing the oil every 1,000 miles, are going down a steep hill, put the and for the best lubricating results car in second and let the motor hold every 500 miles, in which case the it back. If the hill is very steep, get old oil may be run through a chaminto low and slide down. If you have ois skin to remove the water, after mever tried this you do not realize which it may be used again.

the best wear.

what power there is in the motor to hold the car back. It is safer and greatly prolongs the life of your

* MOTOR NOW CLASSED AS AN "ECONOMY"

One combination which is slashing at the high cost of liv-4 ing is the automobile and the + improved condition of high-+ ways. Years ago an automobile * was purely a luxury, later it be- * + came a necessity, and now it is + a real economy. By means of it + * the city dweller is enabled to * · live outside of the high-rent dis-

· Furthermore, he can now The brake lining may have be- 1 live where he can have his own + to tion and clean, pure, health-giv-

• order not to interrupt his sche-If the lining has become worn be- duled work, can now run into Fond the margin of safety, it is best + town on a minute's notice to get +

Water in Crankcase Oil.

Few motorists realize that a compaired lubricating qualities. This And while brakes are vital in the accumulation of water is more pro-



Dependable Spark Plugs

The unfailing dependability of Champion quality construction has justified every claim made for it, even under the most adverse motor conditions.

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The best indication of the satisfactory, efficient service of Champions is contained in the fact that they are regular factory equipment in over 300 different makes of motors and engines in Canada and the U.S.

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JAS-43, 1/2-inch, 18, Price \$1.00 For use in heavy service motor cars, trucks, tractors

Automobile Activities Throughout the World.

Belgium has 12,000 motor vehic-, 275,000 running on solid tires.

The average motorist consumes 300 gallons of gasoline a year.

East Side. Motor "invalid chairs" are designed in England for disabled soldiers. In Sydney, Australia, a large mocountry districts throughout the tor show will be held in the early Unitde States, motor trucks and part of 1921.

France and England surpass the factor on farms. United States in the operation of vices for headlights tested by the Motor car license fees in British New Jersey Motor Vehicle Depart-

Guiana range from \$10 to \$48, ac- ment, only 60 have been passed by cording to the horsepower. Automobiles are doing no less than twice as much passengers trafrecently attended a motor tractor fic as the railroads in the United demonstration at Knoxville, a little

Out of approximately 7,000,000 motor vehicles in the United States, ing. 6,500,000 are used for commercial

A motor hospital, which visits re- Department of Philadelphia will

with their orders.

mote districts to treat patients, is have 33 auto patrols and three pooperated by the Health Department lice motor cars. The department is to be 90 per cent. motorized. It is estimated that it will take New York States has a "Health-

the commissioner.

no less than six years for automobile mobile," a large motor truck demanufacturers in France to catch up signed to carry educational health campaigns into isolated rural dis-There are no less than 375,000 tricts. The car carries an electric motor trucks in the United States storage battery equipment and a

A pushcart garage is a new kind of institution established in New

York City, through the growth of

the pushcart markets on the lower

On account of labor shortage in

tractors are becoming a necessary

Of the 700 different dimming de-

Between 1,500 and 2,000 farmers

town in Iowa. Fifteen tractors were

entered and 13 completed the plow-

With the completion of the sup-

ply of motor apparatus, the Public

DOES THE MOTOR CAR BENEFIT ONE'S HEALTH?

Autos Will Be Means of Adding Years of Life, Says Physician.

Dr. Henry William Smith, writer on scientific subjects, classifies the benefit of motoring under three heads-physical, mental and voli-

"It is the muscles of the arms together with those of the chest and abdomen, that pre-eminently and habitually suffer. Here we find undevelopment, softness, flabbiness and accumulation of unwholesome fat. And it is precisely here that the steering wheel of the car may come to the rescue. It is true that the handling of this wheel, particularly if the caris small, is not a very strenuous form of exercise, but that instead of being a defect, is on esssential merit.

It is not desirable that the little muscles should be called upon to make a powerful effort. Their best interests are met by precisely the kind of efforts that the steering wheel, supplemented by the handling of the gear and brake levers, calls for: mild, but persistent action."

Dry Williams points out that, in addition to the exercise, the motorist has been in the open air, buffeting the winds inhaling ample quantities of oxygen to meet the increased needs of the accelerated currents of blood corpuscies ,and that digestion and assimilation are thereby facilitated and the toxic products accumugressively, are in increased measure oxidized and eliminated.

MANIA FOR SPEED WEARS OUT TIRES

Not Only Dangerous to Others, **But Costly to Owners**

seeds than those of possible disaster when he "lets her out". He is also speeding up his tire expenditure, for Is Your Tongue Furred? ing, according to a local tire expert. If the speed mania is so strongly entrenched that the victim cannot the year? The whole system needs desist from the dangerous sport, he house cleaning; the blood is impure; should obey two rules if he would it needs enriching. Nothing will do

perature of rubber to a dangerous of appetite or constipation, Dr. Ham-

equipped with uneumatic tires, and large motion picture machine.

speed over a rough road that they

do over a boulevard, and they won-

der why it is that their tires wear away so rapidly. Watch the speeder negotiate a rough road just about as fast as his car can travel and notice the rear wheels as they strike an obstacle. The shock comes so abruptly and so forcibly that they are usually raised off the ground. Perhaps only an inch or so, but during that fraction of a second when the wheels are off the ground the tension is released on the engine and the wheels spin much

Consequently when they strike the road the ground itself must do some break work, having the same effect on the tire thread as that of a rasp being run over its surface. An average speed of twenty-five miles per hour gets the most mile-

age out of the average tire. Active steps have been taken toward the construction of a pipe line from Havre to Paris to permit Am-erican fuel oil to be discharged at the

************* * CANADA'S PROSPERITY LIES IN GOOD ROADS

port and pumped to the capital.

Good roads bring all parts of . the community together; they * make a more united people. Produce can be hauled to market: merchants will do a better business if persons are enabled to + reach their headquarters, and 4 + thus the entire community is

No community can afford to · let its roads deteriorate. It is well known that no highway is + better than its poorest part. A uniform program is needed in
each town, county and province,
with which federal officials can + co-operate. If this is done there will be an improvement in the of Cars.

country's highways and the re
sult will be better health, com
sult will be better health, com
merce and living conditions.

Have You Headache? How-few feel well this time of

avoid the prodigal purchase of tires: the work more effectively than Dr. No. 1 is to ride slowly over rough Hamilton's Pfils. Take them at roads and take turns cautiously. No. night and you feel better next mornroads and take turns cautiously. No.

2 is to increase the pressure in his tires from two to six pounds above normal.

Specially built tires, such as used by racing drivers are required for speeding. The faster a tire is driven the more heat it generates internally Normal speed will not raise the temporal of rubber to a degree of the special pour feel better next morning. They work wonders in the body while you sleep. Being composed of pure vegetable extracts and juices, Dr. Hamilton's Pills are safe for the young and old alike. Try this wonderful family medicine to-day, it will do you a world of good. When they not safe the temporal properties or constination. Dr. Hamilton's Pills are safe for the young and old alike. Try this wonderful family medicine to-day, it will do you a world of good. When they not safe the temporal properties or constination. ilton's Pills will quickly cure, 25c Some motorists drive at the same per box at all dealers.





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