

"ASTONISHING," SAYS MRS. ALAIN

Rid of Long Standing Troubles By Tanlac She Wants to Help Others.

"I am more than satisfied with the results I have obtained from Tanlac, and feel justified in giving you a good recommendation, for the medicine that relieves anyone of all the troubles that I had, cannot be praised too highly, said Mrs. Appoline Alain, of 190 Durocher street, Quebec, recently.

Tanlac is sold in Kingston by A. P. Chown and by the leading druggists in every town.

How I Got into Big Baseball

First Baseman, Cincinnati Reds

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"I had tried so many medicines without getting any relief that it was a long while before I could be persuaded to try Tanlac, but I am so thankful now that at last I consented to do so. It's effect was nothing short of astonishing. It quickly gave me a splendid appetite, and I soon found that I could digest anything that I fancied to eat, without fear of any trouble afterwards. The gas has stopped forming on my stomach, and I no longer have palpitation of the heart. My nerves have quietened down and I sleep well every night now. When I got up in the mornings I just feel that it is good to be alive. Tanlac has made a wonderful change in my health, and I hope this statement will help some one else back to strength and happiness."

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The Unfilial Lion

And the Memory-Man said:

"I do not wish it any longer," answered Flint. "Then," said Steel, "we shall both be thrown into the ditch as useless. So long as we are designed for rough work, we must do it, or find in the reason for our existence."

"Irene, you seem especially fond of tight shoes and tight gloves." "Why, yes, Aunt Lily, I suppose I am. You see, nature did not give me very small hands and feet."

The Clan of North America

XL The Water Supply

"I voted against the Big Woods site," suddenly broke out Lars at the same Council meeting when the Camp Gardener had received his authorization to go ahead and prepare the land for a crop.

"Three springs on the place," put in Will, hotly. "Springs, yes? But do they run the year round?" asked Lars. "But there's enough water, don't you think, Lars?" asked Barton. "In those springs? No."

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Red Nose

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Puffy Eyes

"How do you feel this morning, Bebie?" "Very well, Mother. Why?" "Your eyes look so puffy and red, the last few days. You've been reading in bed again! Don't do that. That is bad for anybody, but much worse when you are young. There are changes in a growing girl's life and all the nervous organism is affected, the eyes especially. From fourteen to eighteen years of age, eyes must be carefully looked after. Next time you go to the drug-store, buy some camomile leaves and I will read a few of them to you. Baths with the warm camomile tea and they will feel better. But, if you read if bed, at your age, you will not only spoil your sight, but also spoil your looks. Promise me?"

One on the Parson.

"It is not always safe even for a clergyman to quote scripture," remarked Bishop Weldon the other day.

John E. Haubert

(Tomorrow: Says the Circus Clown—Over the Peg.)

A single musk ox will flee from dogs, but a herd will give battle. Ancient Greek music had melody but no harmony.

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to the Toledo American Association.

I did not play very good ball with this team, so in June I was sold to Memphis in the Southern League, and was very good with that team. Brooklyn bought me in 1909 and I went South with them and made good from the start. I played with Brooklyn for nine years, and was traded to Cincinnati in 1919, and, of course, am still with them.

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MODERN EABLES OF KINGSTON

ROBERT THE LANDLORD.

And it came to pass that in the days when the great war had ended, the lived in the city of the King, which stands on the shores of the lake where it joins the mighty river in its grand rush to the ocean, one who was known to all the people as Robert the landlord, for truly his possessions were great in houses and lands. And strange to say, like his good friend John the Master-builder, he was one who afore time had taken part in the councils of the city, and had even reached the great chair of honor in which only the chief councillor may sit. In divers ways he had served his city, and his name was high and honourable, among men.

But when the great war had ended, and those valiant knights who had borne their country's colours in many battles returned to their native shores, they were sorely disappointed. While they had been in these many battles, the city of the King, and grown in the number of its inhabitants. And as all its men were employed in divers forms of war labour, there had been no building of dwellings in which the warriors could find shelter on their return. This was a truly a grievous condition, and the warriors waxed loud and eloquently on the many grievances with which they met.

Strange to say, many of their grievances were levelled at the head of Robert the landlord, he who had in times past been the city's benefactor. Little by little the fire smouldered until on one morning in the first days of the year of 1920, it became known why Robert the landlord had fallen from grace.

It so happened that one of the warriors did reside in an humble dwelling which was owned by the wealthy Robert. By dint of energetic labour he had secured the privilege of staying there in for the privilege of staying therein he paid to his landlord in coin of the realm each month twenty greenbacks. But alas, the great war had made food and raiment more expensive, and furthermore the growing into manhood, and perchance they reduced him to sore straits by their demands on his coffers. So one day a message came to the humble tenant from Robert the landlord, couched in eloquent language which read:

"May it hereby be known to you that on the 1st day of February, the sum which thou payest me for the privilege of staying in this, my mansion, shall no longer be the sum of twenty pieces of silver, which are called dollars, but shall henceforth be thirty pieces of silver. This is the decree of Robert the landlord."

And when he received this message the warrior was wroth indeed, and took council with certain of his comrades, who also dwell in some of the many houses owned by Robert the landlord. Strange to say all had the same story. To some the increase was five pieces of silver, to some ten, to some fifteen, and to some who earned their livelihood, by dispensing merchandise in stores owned by Robert, even twenty, thirty and forty pieces of silver for each moon. And lo and behold, when they had set one before the other the amount

Even the collar band and cuff edges need only a light rubbing between your hands



WHAT hard rubbing the old way of washing meant! Even though you boiled the clothes, used cake soap and washing powder, the bad spots simply would not budge without a long session with the washboard. Now—with Rinsol—you do next to no rubbing at all. RINSOL is a cake soap—not a washing powder—but a new form of soap in granules, with power to cleanse the grimeiest dirt. Yet it harms nothing—safe as pure water itself. Here is what you do:

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The dirt runs away. You've done a week's wash without rubbing, without boiling, without heat. Easy, yes. Very easy on the clothes. Sounds almost too good to be true—does it? Just prove it.

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WE OFFER SUBJECT PROVINCE OF ONTARIO 6% 10-YEAR-GOLD BONDS Dated June 15th, 1920. Due June 15th, 1930. Payable Toronto and Montreal PRINCIPAL and Half Yearly Interest (15th June & December) PRICE .100 and Interest—YIELD 6%. BONGARD, RYERSON & CO. "The Home of Good Investments" Phone 1728. 237 Bagot St. H. J. Bongard, Manager.

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SCIENCE PROVES THE DANGER OF BLEEDING GUMS Medical science proves that unhealthy gums cause serious ailments. People suffering from Pyorrhoea (a disease of the gums) often suffer from other ills, such as rheumatism, anaemia, nervous disorders, or weakened vital organs. These ills have been traced in many cases to the Pyorrhoea germs which breed in pockets about the teeth. Four out of five people over forty have Pyorrhoea. It begins with tender and bleeding gums. Then the gums recede, the teeth decay, loosen and fall out, or must be extracted to rid the system of the infecting Pyorrhoea germs. Guard your health and your teeth. Keep Pyorrhoea away. Visit your dentist often for tooth and gum inspection, and make daily use of Forhan's For the Gums. Forhan's For the Gums will prevent Pyorrhoea—or check its progress—if used in time, and used consistently. Ordinary dentifrices cannot do this. Forhan's will keep the gums firm and healthy, the teeth white and clean. 35c and 60c tubes in Canada and U.S. If your druggist cannot supply you, send price to us direct and we will mail tube postpaid. FORHAN'S, LTD., Montreal Forhan's FOR THE GUMS Everybody wants to see that all gas burners and jets are turned off the last thing Saturday night.