

# In the Realm of Women---Some Interesting Features

## Tea-time joy



That afternoon cup of Lanka! Refreshing, stimulating, every sip a pleasure! Blended from the choicest Ceylon growths from British hill gardens—the supreme tea for British tastes. Order today.

WM. BRAID & CO., Vancouver, Canada



## The Serbian Relief Committee

# Appeals To You To Pay Your Tribute To-Day

To the memory of the many thousands of heroic Serbian men who died that Liberty Might Live. They have left behind them

# 600,000 HELPLESS, STARVING LITTLE ONES

For humanity's sake will you not answer the call from these destitute Orphans and give what you can to-day?

### Removal Notice

**PATTON'S DYE WORKS**  
Formerly known as Montgomerie Dye Works  
Has now moved to  
**349 Princess Street**  
Now ready for business.  
All kinds of Cleaning and Dyeing will be carried on as formerly.  
M. F. PATTON, Proprietor.  
Phone 214.

### SPRING CLOTHES

We are making to your measure Suits of all varieties, from \$45.00 up. We also have a special price for those who have their own material.

**M. YAMPOLSKY**  
253 PRINCESS STREET  
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### Kingston Co-operative Society, Ltd.

—Dairy Butter.  
—Fresh Maple Syrup.  
—All kinds of Oleomargarine  
Telephone 469. Delivers daily. Closes at 1 p.m. Wednesdays.  
B. O. SMITH, Manager.

### NOW

is the time to get your lawn mower ready. Don't wait until the grass is ahead of YOU. All makes repaired and sharpened promptly.

**J. M. PATRICK**  
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### AN OLD TYRE

With a blow out fitted with an  
**INSYDE TYRE**  
Ran 3,000 miles. Cost less than \$2.00.

Have you tried one?  
**J. R. C. Dobbs & Co.**  
Tel. 819. 41 Clarence St.

### WOOD

Sawed in Stove Lengths  
**BOOTH & CO.,**  
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Phone 133



**Appear At Your Best—Instantly**  
If you receive a sudden caller or an unexpected invitation you can feel confident of always appearing at your best. In but a few moments it renders to your skin a wonderfully pure, soft complexion that is beyond comparison.

**Gouraud's Oriental Cream**  
FERD. HUPPES & SON, Montreal

### Half a Pineapple For One Dessert

In Jiffy-Jell desserts the fruit flavors are abundant. For instance, half a pineapple is crushed to make the flavor for one pint dessert. This is done in Hawaii from fruit too ripe to ship.  
All Jiffy-Jell fruit flavors are made from condensed fruit juice. They come in liquid form—in vials—a bottle in each package. That is true of no other quick gelatine dessert. A few cents will serve a real-fruit dessert for six people. No artificial flavor, no saccharine. It is the most delicious fruit dessert available, and it comes in ten choice flavors.

### FRIGHTFUL SIGHT WITH PIMPLES

On Face. Large, Red, Inflamed, Lost Sleep. Cuticura Heals.

"Pimples began to appear on my face. They were scattered all over it, and they became large and red. I could not help scratching them, and I was a frightful sight. I was ashamed to go among people. At night my face was so inflamed that I scratched and lost of sleep resulted."  
"I used Cuticura Soap and Ointment, and after using four cakes of Cuticura Soap and two boxes of Ointment I was healed." (Signed) Isaac Benveniste, 705 3d Ave., Seattle, Wash., Jan. 28, 1919.

Prevent further trouble by using Cuticura for all toilet purposes.  
Sole U.S. Distributors, Canadian Dept. of Health, 100 St. Paul St., Montreal.  
Cuticura Soap always without msg.

## LOVE and MARRIED LIFE by the noted author Idah McGione Gibson

**THE OLD STRUGGLE**  
"I'm tired," I said. I felt that I could not quarrel with John and notwithstanding his good resolution his temper was fast nearing the breaking point. The nurse, hearing my remark, came toward the bed.  
"I think Mrs. Gordon should sleep awhile," she said.  
"All right," said John and he started toward the door with the baby's check in his hand.  
"John, I would like to give that check to Charles, with the request that he invest it for Mary," I said, holding out my hand.  
"You will do nothing of the kind," he answered roughly. "I am the father of Mary (if you are going to call her Mary), and as such I am her guardian. According to the laws of this state, as long as I live and she is under age—"  
"John Gordon, do you mean to say that I shall have no voice in the guardianship of my child as long as you live?"  
"Exactly."  
"And you think this is right?"

**Where It Is Necessary.**  
"Oh, well, you know," said John easily, "a man doesn't often exercise these powers except in a case like this, where it is necessary."  
"It is not necessary," I said vehemently, "and unless you give me that check immediately, I shall ask Charles to stop payment on it."  
"That would be a nice thing for you to do. I congratulate you, Mrs. Gordon, on the regard and respect you have for your husband's feelings."  
"I have quite as much regard for my husband's feelings as he has for mine. Oh, John, don't let us quarrel. I am too tired; I am too weak."  
"I don't want to quarrel with you—I didn't begin this. In fact, I had made up my mind that I wouldn't quarrel with you while you were in bed, but it seems impossible not to do so whether you are sick or well."  
"Do you know why, John? It is simply because I am not one of those weak and adoring creatures who allow their husbands to go their own way and do just as they please, and whether they think it all right or

not, let them rest under the idea that they, as a darling little wife should, acquiesce with meekness."  
"Why, I never asked you to do anything that isn't absolutely the best thing for you to do. If you cared for me very much you would certainly do as I ask."  
"All right, John, let's turn that rule around. You know it's a poor one that won't work both ways. I never asked you to do anything that isn't absolutely the best thing for you to do. If you cared for me very much you would certainly do as I ask."  
"No woman has any judgment in matters of this kind," he remarked impatiently.

**Refuses to Flatter.**  
"John I know you and I are constantly quarrelling. It is because I will not stoop to gain my ends by flatterer you into thinking that I always agree with your opinions, while in reality I am leading you by devious ways into accepting mine. Of course, I understand that this is the age-old method of feminine strategy, but there is something within me that makes it repellant to me. If you and other men could understand that if you would meet women on a footing of perfect equality of mind you would be much happier."  
"Oh, no, no, no, you are mistaken. You remind me of Alice now, Katharine," smiled John, some of his good humor coming back. "But I see the nurse looking in at the door again, and I will leave you."  
"But, John, you haven't given me the check," I insisted.  
"And I'm not going to," he answered. "But if it will do you any good I will give in to you this far and tell you I will turn the check over to Charles and ask him to invest it for the baby."  
I understood that I had gained my point, but, notwithstanding all my fighting, I had gained it in the old way in which women must always fight. John was going to turn the check over to Charles, making Charles think that the thought had been his and that I acquiesced. I was too tired, however, to fuss any more, and I turned over and went to sleep.  
Tomorrow—Dessing My Baby.

### TO-DAYS FASHION By MMF. FRANCES



This Charming Outing Dress Is Developed Blue Linen and White Braid.

In this attractive dress of blue linen an interesting use of white braid is shown. It makes a novel decoration because instead of being stitched flat it is attached by the edge, even to the very short sleeves. The front is cut with a deep U, outlined with the braid that follows the same style as shown on the skirt and sleeves. While blue and white make an excellent combination this dress might also be duplicated in the fashionable copper. Then black braid would prove most effective. The small hat of the blue horse-hair has an upturned brim and large flower at the left side.

### KITCHEN ECONOMIE By ISOBEL BRANDS Of the Appliance Experiment Station

**Seven Ways to Serve Cucumbers Raw and Cooked**  
Like tomatoes, cucumbers can be fried, stewed and baked as well as eaten in the raw. Cucumbers are a vegetable, not merely a salad, and when fried or stuffed they rival eggplant in the delicacy of their flavor.

**Cucumber Sauté.**  
2 cucumbers  
Flour, salt, pepper.  
Peel two large cucumbers and cut in half crosswise, then slice about one-third-inch thick. Soak in salted water for an hour, then drain, but do not dry. Dip in flour, sprinkle with salt and pepper and sauté in hot fat

## Another Royal Suggestion COOKIES and SMALL CAKES

From the NEW ROYAL COOK BOOK

**WHEN** the children romp in hungry as young bears, here are some wholesome, economical delights that will not only be received with glee, but will satisfy the most ravenous appetite in a most wholesome manner.

**Cookies**  
1/2 cup shortening  
1 cup sugar  
1 egg  
1/2 cup milk  
1/2 cup flour  
1/2 teaspoon vanilla extract or grated rind of 1 lemon  
1/2 cup flour  
3 teaspoons Royal Baking Powder  
Cream shortening and sugar together; add milk to beaten eggs and beat again; add slowly to creamed shortening and sugar; add nutmeg and flavoring; add 2 cups flour sifted with baking powder; add enough more flour to make stiff dough. Roll out very thin on floured board; cut with cookie cutter, sprinkle with sugar, or put a raisin or a piece of English walnut in the center of each. Bake about 15 minutes in hot oven.

**Cocoa Drop Cakes**  
4 tablespoons shortening  
1 cup sugar  
1 egg  
1/2 cup milk  
1/2 cup flour  
1/2 cup cocoa  
3 teaspoons Royal Baking Powder  
1/2 cup vanilla  
1 teaspoon salt  
1 teaspoon vanilla extract

**Cocoa Drop Cakes**  
In the cucumber cavities. Bake in a buttered baking dish, or place in a pan containing a little stock, cover and simmer until tender.

**Cucumber Fritters**  
4 large cucumbers  
4 eggs  
1 teaspoonful of butter  
1 cupful of flour  
1 teaspoonful of baking powder  
Salt, pepper.  
Peel and grate the cucumbers and strain off the juice. Mix with beaten egg, seasonings, butter and flour. Beat well and drop by tablespoonfuls in deep, hot fat and cook until brown. Drain on soft paper.

**Cucumber Sauce (for Fish).**  
1 cucumber  
1/2 cupful of butter  
1 tablespoonful of flour  
1/2 cupful of milk.  
1 teaspoonful of cold water

**Stuffed Cucumbers.**  
Scoop out the centres of halved cucumbers. Chop this pulp and mix with finely chopped meat, rice or tomatoes with breadcrumbs or any other stuffing preferred. Season with salt and pepper and a few drops of onion juice. Replace the mixture

**Cucumber and Tomato Jelly.**  
1 pound of tomatoes  
1 pound of cucumbers  
1 tablespoonful of gelatine  
Slice of onion  
1 teaspoonful of vinegar  
Salt, pepper.  
Stew the tomatoes and cucumbers until tender and force through a sieve. Cook this pulp with seasonings, add the softened gelatine, and stir until dissolved. Pour into a mould and serve garnished with slices of cucumber and tomatoes.

**Cucumber Salad.**  
Peel a cucumber and cut into inch lengths. Remove the pulp and chop, adding seasoning, onion juice and some cooked peas. Refill the cucumber centres and serve as a salad on lettuce leaves, or as an accompaniment to a fish. Use French dressing.

## ROYAL BAKING POWDER Absolutely Pure

**ROYAL BAKING POWDER**  
Absolutely Pure  
MADE IN CANADA

**Orange Cakes**  
4 tablespoons shortening  
1 cup sugar  
1 egg  
1/2 cup flour  
3 teaspoons Royal Baking Powder  
1/2 teaspoon salt  
1 teaspoon orange extract  
grated rind of 1 orange  
Cream shortening; add sugar slowly, beating well; add milk a little at a time; then add well-beaten egg; sift flour, baking powder and salt together and add to mixture; add flavoring and grated orange rind; mix well. Bake in greased shallow tin, or individual cake tins, in hot oven 15 to 20 minutes. When cool cover with orange icing.

**COOK BOOK FREE**  
Just off the press and finer than ever before. This new Royal Cook Book containing 100 delightful recipes, will be sent to you free if you will send your name and address to:  
**ROYAL BAKING POWDER CO.**  
8 St. Lawrence St., Montreal

"Bake with Royal and be Sure"

Not a cake soap—  
Not a washing powder—  
A new form of pure soap  
in granules.

No boiling  
No rubbing  
No toil  
No wear

## Harmless to everything but dirt

The pure Rinso granules are made of finer quality ingredients than you get in ordinary laundry soap. They are so mild, your tubful of clothes is as safe with them as with pure water alone. Yet the way they cleanse! The rich, bubbly suds that Rinso instantly makes is so rich in cleansing value that it loosens all the dirt. Even in the grimeiest things! Simply soak the clothes for a few hours with Rinso. Then rinse them out. The dirt just streams away.

No standing over a steamy boiler. No wearisome and clothes-hurting rub, rub at the wash-board. No need to boil the clothes, unless you wish to sterilize them. No rubbing, unless perhaps a cuff edge, between your fingers, as you rinse it. Everything gleaming clean, snowy pure—without labor.

AT NIGHT—Soak the clothes with Rinso.  
MORNING—Rinse them out—that's all.

# Rinso

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