

In the Realm of Women---Some Interesting Features

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To those suffering with Indigestion, Torpid Liver, Constipation, Sick or Nervous Headaches, Neuritis, Kidney Trouble, Rheumatism, Pain in the Back, Eczema and other skin affections, "Fruit-a-tives" gives prompt relief and assures a speedy recovery when the treatment is faithfully followed.

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WILSON'S FLY PADS



Kill them all, and the germs too. 10c a packet at Druggists, Grocers and General Stores.

Solon wrote his laws on wooden tablets.

WHICH IS SHE ?

By Juanita Hamel



It's no easy matter, sometimes, to tell just what she is—this little maid of many moods. As she sits 'mongst the flowers in the little garden, peeping through the fluttering leaves, she's like the fairy we used to read about in the story books.

But sometimes she's like a kitten, for mischief lights her big blue eyes as she "fascinates" us. And then, at times, in her quiet beauty she's a rose—the fairest flower that grows—an American Beauty rose, a true American beauty!

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Use it on any floor—whether varnished hard wood, painted, oiled or stained soft wood—also on oilcloth and linoleum. Use it, too, for dusting and polishing wood-work and stairs—thus you may avoid much stooping, bending and reaching.

O-Cedar Polish Mop (round or triangle) Price \$1.50. The handle—34 inches long—is 25c extra. O-Cedar Polish 25c to \$3.00 sizes. Both at your Hardware or Grocery shop.

CHANNELL CHEMICAL COMPANY LIMITED Toronto

O-Cedar Polish

LOVE and MARRIED LIFE by the noted author Idah M. Gibson

Monday—Love and Married Life John's Child.

I have often wondered if it were some trick of fate that always made John and me touch upon some subject that was taboo the moment we were together.

In an instant all the sweetness of John's greeting all his seeming regard for me and my feelings were dissipated in his assumption that whatever he chose to name the baby would be accepted by me with equanimity if not enthusiasm.

I was sure that John was not trying to name the baby Elizabeth just because it was his mother's name. Intuitively I felt that Elizabeth Moreland, with diabolical cleverness, had suggested that the baby be named after his mother and at the same time smilingly remarked: "You know, John, it is my name, too. And I am quite sure you care for me a little and I shall be glad to know that some child of yours bears my name."

John with his masculine egotism would be unconsciously soothed and spurred by her flattery, never realizing for a moment that in tacking on the "Elizabeth" to my child's name his wife might be clever enough to see through it all and resent it most thoroughly. Why is it that however brilliant a man may think his sweet heart, the moment he marries her he discredits any brain power he may have. I do not think it entered John's mind that I would connect the name of "Elizabeth" with Elizabeth Moreland.

Even at that he should never have asked me to name my baby after Mrs. Gordon because he knew that one of the greatest trials of our early married life was caused by our having to live in the house with his mother and put up with her dominating and selfish ways.

As I informed him that his daughter "Mary" (ignoring the Elizabeth) was asleep in the basket, that grey look so often seen and so dreaded, came into his face. But he seemed determined not to quarrel with me under the circumstances and he strolled over to the little pink silk and lace nest and bent over our child.

I have often wondered what his feeling was. I could not see his face as he leaned over the cradle. I knew, of course, that he would

rather the baby had been a boy, but I am sure that no father ever looks upon his first born, even though it be of the feminine sex when he has wished for a man child, who has not had some tightening of the cords of love and interest about his heart. John is quite emotional, although he tries not to show it. It is because he has so much temperament that he becomes a willing slave to the wiles of Elizabeth Moreland when he is with her.

The baby must have affected him queerly, for he stood quite a long while bending over it. And when he turned to me his face was strangely eloquent. John is not a bad man—he is a creature of impulses, but when the impulse for evil leads him astray he is never willing to acknowledge himself at fault. It is only his absolute selfishness, which is inborn and a heritage from his mother, and his masculine egotism which has been cultivated to the nth degree that makes it hard for him to live with any woman who insists or even aspires to be his equal in mind and heart.

His impulse as he left the baby's side was an impulse of love of me. The baby seemed to have given him a thrill of surprise and affection. I do not think that until the moment he bent down over the little form he had ever thought of this life that had come into the world because we had called it. And I do not think that, consciously, even now he knew that it was a natural emotion that sent his heart beating faster with the realization that all down through the ages our children and children's children might live and love and work as we had done.

I do not know whether he consciously thought this or not, but I did as he came toward me.

"O, girl, girl," he said, "this is a wonderful thing—this little life ('and soul' I whispered) that belongs to us. It makes me feel humble; it makes me feel almost unworthy." I put my arms around his neck, for it was the first time I had ever heard John Gordon admit that he had ever done aught except that which was perfectly right and good. He always seemed to act under the supposition that if he were accused of anything the wrong was in the mind of the accuser.

Tomorrow a Surprise.

SOME RECENT RECIPES

From May Good Housekeeping.

How to Poach Eggs. After struggling for years to poach eggs the hotel way, I was told by the chef to put a teaspoonful of vinegar in the water and cover the pan. The vinegar keeps the white of the egg from spreading, and the covered pan makes the white cook over the yolk. Try it and see.

A New Chocolate Icing. I found this chocolate icing so delicious and different that I hasten to pass it on to others. Use the following proportions: To one-half cupful of confectioners' sugar add six tablespoonfuls of cocoa, three drops of olive oil with a pinch of salt, and one-quarter teaspoonful of vanilla. Add sufficient boiling water to make a thick, smooth paste and spread on the cake. Try this recipe and see if it has not a new taste for you.

Delicious Meat Flavor. Garlic vinegar makes meat rich and tender and gives a flavor hard to

define. Pour into the pores of the meat as much of the vinegar as it will absorb. Then brush over with olive oil. It is more economical to make one's own garlic vinegar. Place in a quart bottle a small clove of garlic. Fill the bottle with vinegar. After about ten days it is ready for use.

Baked Muskmelon. When you cut a muskmelon and find that it is too green to eat, put into each half, one-half tablespoonful of butter and a sprinkling of salt and pepper. Bake as if it were a small squash, and you will find that it tastes somewhat like one. Or you can cut the melon into thin slices, dip them in batter, and fry like eggplant.

Thomas Fennessy, of Cedar Knolls, Bronxville, values a single tonnell at \$1,500. He has entered suit in the White Plains county court against Edward Brettel for injuries he alleges he received when the latter's taxicab collided with one he was driving. Fennessy claims he lost a tonnell.

Perth has been allotted the following trophies: 77 m. field gun No. 5094; 195 m. field gun, No. 3335, captured by the 3rd Battalion.

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Nothing else will do

No other can compare with Seal Brand. Made only from the finest mountain-grown beans, which have developed slowly, absorbing goodness from the air, the sun and the luxurious soil of the cool wonderful Tropic Uplands.

Perfectly Blended and Roasted, the rich aroma and rare flavour sealed into the Tins.

In 1/2, 1 and 2-1/2 sizes. Whole, ground, and fine-ground. At all good grocers. Write for "Perfect Coffee—Perfectly Made", Mailed free on request.

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Sunlight Soap is absolutely pure—no fillers or adulterants of any kind: \$5000 guarantee of this.

Sunlight Soap

washes clothes beautifully clean—fresh as now—without the wear and tear of the wash board.

Insist on getting the Soap you ask for—SUNLIGHT SOAP LEVER BROTHERS LIMITED TORONTO



Has Returned to Kingston. Nursing sister Janet Williamson, Sydenham hospital, and her sister, Mabel, have been down the Saguenay for a trip, returning to Ottawa. Nursing sister Williamson returned to Kingston on Saturday.

Samuel Vauclair, president of the Baldwin Locomotive Works, has just returned from Europe with orders sufficient to keep the big Philadelphia plant busy for five years. Bankers wondered how he was to finance the orders.

The engagement is announced of

Stella Maude Cordick, daughter of Mr. and Mrs. S. Cordick, Perth, to Morley H. Armstrong, Perth. The marriage will take place the latter part of June.

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Ladies' Dongola Oxfords, with long vamps, Louis or Cuban heels and vanity plate. Sizes 2 1/2 to 7. \$3.85

"ELSIE JANIS" OXFORDS—

Black Kid, with white welt \$5.95
Brown Kid, with white welt \$6.95

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Style 836

The patented under-flap of the "Goddess" allows of looser lacing and protects absolutely from pinching.

The exclusive French "Goddess" boning gives but does not break—confines and supports but yields easily and is absolutely comfortable. As Anita Stewart writes: "Without undue compression it adds to the grace of the figure."

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Removal Notice

FATTON'S DYE WORKS Formerly known as Montgomery Dye Works Has now moved to 349 Princess Street Now ready for business. All kinds of Cleaning and Dyeing will be carried on as formerly. M. F. FATTON, Proprietor. Phone 214.

Kingston C-operative Society, Ltd.

—Dairy Butter. —Fresh Maple Syrup. —All kinds of Oleomargarine Telephone 469. Deliveries daily. Closes at 1 p.m. Wednesdays. B. O. SMITH, Manager.

Webster's GROCERY

TABLE DELICACIES Just received a large shipment of NIAGARA GRAPE JUICE Extra good quality. A very refreshing drink during the hot weather. Whipping Cream always in stock.

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