## OF ILL-HEALTH

Three Years of Suffering Quickly Relieved by "FRUIT-A-TIVES"



MR. GASPARD DUBORD

159 Avenue Pius IX, Montreal.

"For three years, I was a serrible referer from Dyspepsia and my general health was very bad. I consulted a Athfully carried out his instructions; but I did not improve and finally the doctor told me I could not be cured. At this time, a friend advised me

to try 'Fruit-o-tives' and I did so. After taking two boxes of Fruit-ames, I was greatly relieved; and gradually this marvelous fruit medicine made me completely well. My digestion and general health are splendid-all of which I owe to

GASPARD DUBORD.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit a-tives Limited, Ottawa, Ont.

"Fruit-a-tives".



## Cut Your Clothes Expense

It is economical to buy GOOD Clothes in which honest fabric. honest lining, bonest workman-ship are combined to make

Honest Tailoring Values

BRAND

land-tailored-to-measure Clother Furthermore, our special 109 discount on extra trousers is a double economy. It saves money and makes one suit do the service of two. See the values we offer and be convinced that we can CUT YOUR CLOTHES EX-PENSE.

H. A. Buck General Merchant. SYDENHAM, ONTARIO.



On Face and Hands. Itched and Burned. Cuticura Heals.

My baby was only a month old n her face and hands started to get red and scaly. The eczema started in the form of water bilsters and itched and burned. She was so cross and fretful she could A not sleep. "This lasted nine

the when I tried Cuticura Scap and Ointment, and I used three cakes of Soap with two boxes of Ointmest when she was healed." (Signed) Mrs. Oscar Pillon, Amberstburg. Ontario, May 7, 1918.
Cuticura Soap, Ointment and Talcura are all you need for all toilet
uses. Bathe with Soap, soothe with
Ointment, dust with Talcum.

Soap 25c, Ointment 25 and 50c, Sold

## Books And Their Authors

NATIONALITY AND ITS PROBLEMS.

By Sydney Herbert. Methuen & Co.

London and Toronto. In eight chapters and 170 pages, comments of famous literary men of workers made very poor attempts.

nation-making forces, taking great quis and his grandmother a fullhis idea lucid in this regard he pearance and in the child-like conquotes the famous words of Fletcher | ceit which was one of his outstanding physician and took his medicine and of Saltoun, "Let me make the peo- characteristics. His own father was ple's songs and I care not who makes one of the famous generals of Natheir laws." In other words, the poleon the First. His mother was law is but a clumsy embodiment of the daughter of an inn-keeper. ary work is something larger and dramatist, and one of his plays was deeper, something which breathes the successfully produced in Paris when personality of the people. Literary he was twenty-six. He himself was the study of English literature shows making of a play was "four trestles, tion of the maps and how to hold author traces the growth of constructat a glance. Chaucer gives out the four boards, two actors and a pas- them when sailing by them. The live forces and ideals within the variidea of jovial good humor, while sion." He soon deserted the theatre, buoys of various shapes together ous labor groups and points the way Langland, in "Piers the Plowman," however, for the splendidly spirited with the other aids to navigation a- to a better and more universal spirit shows more of the serious, steadfast historical novels which have made long the route are carefully describ- of co-operation between labor and morals of the people. Thus he pro- him famous the world over. In one ed. There is also a table showing the capital and the public at large. ceeds to prove that nationality is not year he wrote his two great master- location of the locks, their number Mr. Brooks shows how the real the government nor the laws of the pieces, "Monte Cristo," and "The and lift; and a miniature map of the strength within these various labor people, but rather the tastes and Three Musketeers." Although in whole route shows the relation and groups may be directed to social concharacteristics which set them apart many parts of his writings one may succession of the various lakes and servation. Not the least of the reme-

shows in the remaining chapters how this is made up for many times by tail, a section of a few miles at a In this connection the author refers swift mind, and warm heart. Now traces her ancestry in a direct line to the idea of nationality has grown, its his command of delicious and cut- time being mapped out, to give suf- to the work of Albert Grey, who de- reflection, another book which he who Governor William Bradford of Mayeffect on politics, domestic and for- ting French humour. eign, its effect on the Great Society Dumas is said to have lived every point and island close to the channel the practical development of co-on- wise to read." The Graphic editor young womanhood she showed much or the Brotherhood of Man, and the second of his life. He was once exil- may be recognized when reached, and erative plans. Years later, as presi- concludes his survey with these words, musical talent, and all her education future before it. His idea for the ed to Belgium for some time. He future of Nationality is that it be fought with Garibaldi in Italy, made ed. The sailing tourist is not left to he spoke with deeper confidence of Owen Wister to England as American spent a number of years in special kept out of politics where it is abused fortunes in an hour and threw them and made a cause of trouble. He sug- away in half that time. When in right opposite to it (without turn- carrying with it the surest hope of legs that it be preserved in the 1870 he left Paris for the last time ing a leaf) are minute sailing direct industrial fellowship which man had schools and in the press, in art and and repaired to the residence of his in literature, as in these places it son to die, he had exactly two louis will be fortified and made more rich in his pocket, his whole fortune. in splendor and content.

ine and go thoroughly into the origin increasing steadily in popularity. An and the nature of nationality, to investigation through the libraries of study its influence as a potent factor | England showed that he was by far in the affairs of the world, to analyze the most read author of the last its influence as a political force and century. to discuss its probable future in the light of modern social developments. The author uses some personal experiences to illustrate his points which make the book very readable.

THE STATE DEBT AND THE NATIONAL CAPITAL

to get Great Britain out of debt. We leading automobile clubs of the provsay that it is not entirely original, ince. The maps are very complete main plan many of the suggestions ed with a great deal of up-to-date inwhich have been prevalent for some formation. An invaluable feature time in regard to this matter. This they contain is the little guides to book adds to them, makes them more important cities, showing the main daring and gives them definite shape. streets and where they lead to.

loan" be placed on each citizen as the tion regarding railroads and electric first security that he may hold. In lines from these guides, as well as other words, anyone who may have information respecting every village money to invest must take his quota and hamlet not shown on the usual of this loan before any other invest- postal map. For the benefit of automent is made. The rate of interest | mobilists there is published a list of is set very low in order to facilitate both Canadian and United States custhe speedy paying off of the national toms regulations, international regu-

That is the plan, and the un- vehicle laws, licenses, etc. objections to it, the points in its leville, to Pembroke and Montreal,

except that one side won't win.

as for the idea of deporting him.

taken up in winding up the affairs of

(a) if a man does well in one busi-

the Central Force.

declaration in their hands.

fect of such a levy.

THE ELDER ALEXANDRE DUMAS. Probably no known writer has Mr. Herbert discusses this problem achieved so much in such a short A Very Valuable Booklet By Dr. E. J. given to John Ferguson has caused or topic which might well necessi- time as Alexandre Dumas, the elder. tate a whole series of books to do it This wise old rogue has written enjustice. The first chapter deals with ough books to fill the shelves of an the probability of giving a definition ordinary library. During his eventto the term "nationality." The au- ful life he had no fewer than ninetythor defines it as " a manifestation | nine collaborators, so that one hardof that consciousness of kind in ly knows how much of the work which all forms of social organiza- which bears his name he should be tion have their origin." From that given credit for. It is safe to say standpoint he discusses the nature | that most of the color and originalof nationality and continues so until ity was given to these joint works by the end of the second chapter, giv- Dumas, however, because when writing some very interesting views and ing alone the majority of his co-

Dumas was born in the year 1803. Developing his topic, he analyses His grandfather was a French marpains to distinguish clearly between blooded Haytian negress. Dumas the nation and the state. To make showed his nubian blood both in ap-

the popular will, while a great liter- He began his literary career as a radition works an important part in the originator of the much-quoted asthe formation of national tradition as sertion that all he needed for the through. There is a general explana- social and political questions. The pick out the evidence of the low and rivers for general references, Follow- dies for industrial unrest is the de-

During the course of the last cent-The object of the book is to exam- ury the novels of Dumas have been

APPLETON'S ROAD GUIDES

Ltd., Toronto. Price 50c. Volumes 1 and 2 of these handy pocket edition Automobile Road Anonymous. Methuen & Co., London | are absolutely new maps compiled from recent government surveys Without any name signed under showing every road. The main travel the tile comes this daring though not | roads are indicated in color, and are entirely original outline of a scheme based on information supplied by the because it contains embodied in its and dependable, and are supplement-The central idea is that a "forced Travellers can get complete informalations, ferries and bridges,

known author discusses its feasibil- Volumes 3 and 4, which include ity as compared with other plans, the the district between Tweed and Bel-

motives they half sympathize.

that provokes a plaster saint.

NIBBLES FROM IAN HAMILTON

There is nothing certain about war | ion the word "aeroplane" to K.

it is grofesque. They might have An answer has come to my prayer

shot him in the back; they could for 18-pr. stuff: not the answer that sever have faced him with a war of turns away wrath, but the answer

would have dared to enrage K., and is a barbaric method.

polsoned by two enormous fallacies: is on the phone."

favor. He gives estimates and an and the Quebec Road Guide, are now outline of the probable general ef- on the press and will be ready for distribution in a couple of weeks.

THE RIDEAU LAKES

ceists and tourists. The first and se-cord editions of the work, printed by I should feel proud and happy, and the British Whig in the spring of my play would have a merit in my 1907 and 1911 having been greatly mind surpassing any other merit it appreciated and highly commended | may possess.' by many, who because of it had enjoyed the delights of this entrancing Voices in the Modern World "Labor's waterway, the doctor was encouraged to prepare a third edition. The same general plan has been followed world has there been greater interest as in the other editions, yet improve- in labor problems than at the present ments may be noticed everywhere, day. The adjustment of labor to and the information and directions the social and economic conditions of are much more full. The first part the twentieth century is perhaps the of the work is devoted to general in-formation, some interesting history it is this question that John Graham of this waterway, general directions Brooks takes up in his new volume, and a section devoted to the equip- Labor's Challenge to the Social Order. ment necessary for the trip. The book is based on notes taken government requirements as to signal lights to be carried are given in and consequently has a background full. The locks are described and di- and perspective which renders it par- of the subjects of popular discussion.

particular part of the way. illustrations of the aids to navigation on that part of the route so that no doubt will be found very accurate | That's my farewell to the world." to the scale. On each of these maps

est difficulty in following the way Besides the Rideau Lakes route, the beautiful canoe route between Morton, on the Rideau, and Gananoque, on the St. Lawrence, is shown and described, thus making the book of great value to down-river canceists going up the Rideau Lakes. There is also a map of the north channel between Kingston and Gan-

anoque made to scale and another map to indicate the way between Kingston and Gananoque both sides of Howe Island and also both ways around Wolfe Island to Cape Vincent.

On the various camping spots, for the camping tourists, springs and wells of water, dams, bridges and lighthouses, are indicated, while the descriptive notes tell where the various supplies needed may be obtained. Very exact detail is given and studled brevity is mainfested, no doubt to avoid bulk and make it a safe and handy pocket guide to this delightful route. There are no folding maps to get torn, nothing larger than the From "Gallipoli Diary," by Sir Ian Hamilton. This Book is the Story of the Gallipoli Tragedy, Written by a Soldier Who is Also a Man of Letters.

A large number of beautiful half tones are scattered through the book, adding to its value and illustrating the different experiences and scenes The men are not fighting blindly of a Rideau trip. The book is cer-The winner is asked no questions as in South Africa; they are not tainly complete in every way and the loser has no answer for every- fighting against forces with whose should prove of very great value to motor boat owners, canoe enthus-With K. (Kitchener) as Ambas- A blow which merely destroys a route by steamer, making it possible iasts and tourists travelling over the sador at Constantinople, he would proportion of men and material with- for such to enjoy to the full one of have prevented Turkey coming into out paralysing the resources of the the most beautiful water ways in the the war. There is no doubt of it. enemy is a blow in the air. War can- world. Neither Enver Pasha nor Talaat not be waged by tactics alone. That

Some June Publications

A New Edition of "John Ferguson My Staff still bear the bewildered look of men who have hurriedly been a Western scale of ammunition, guns, necessary the publication of a new snatched from desks to do some ex- and howitzers. They cable sympa- edition of the book, including a retraordinary turn of some unheard-of thetically, but say simply they can't. cently written preface which did not appear in the earlier edition. In this uniform for the first time in their Again I say the Press must win. preface Mr. Ervine urges with great lives an hour ago. Leggings awry, On no subject is there more hypo- clearness and persuasiveness the spurs upside down, belts over crisy amongst big men in England. shoulder-straps! I haven't a notion of who they all are: nine-tenths of the Press, and sub rosa they try all they are worth to work it. discourage real merit and will accept Whenever anyone ostentatiously only the cheaper and less desirable

washes his hands of the Press in my type of plays. Although the Turks and British hearing, I chuckle over the memory In the course of his argument the are so fond of fighting, they are of the administrator who was ad- author says, "I am not a prophet and never ready for it; in that respect, also, the resemblance between our of a public servant having a journal-istic acquaintance, when, suddenly, that there is a public which will supthe door opened; the parlour-maid port intelligent and sincere drams and The British public services are entered and said, "Lord Northcliffe is not unwilling to see the work of the master-dramatist decently done." ness, he will do equally well, or better, in another; (b) if a man does badly in one business, he will do equally badly, or worse, in another.

Dead Turks are better than barbed does an injustice to the play-going bullic when he assumes that nothing is too silly or valgar for them; the buried, I find myself forced to say my play in America will induce the commercial manager of my life is that the success of my play in America will induce the commercial manager to give the America will induce the commercial manager. Some 25c. Oletheset 25 and 50c. Sold throughout the Domicion. Considerable of the Manager of the

only to his countrymen but to the world with that degree of intimacy and understanding that I find in the books of Mr. Winston Churchill, 'O Henry,' Mrs. Edith Wharton, and Mr. Ernest Poole. There must be in America many dramatists who can write plays that are on a level of Mr. Poole's great novel, The Harbor. Why will the commercial manager not let these dramatists prove that they exist and have the power and the skill to do what Vaugn Moody did in The Great Divide, what the novelists I have named have done in fiction? People tell me that the reception the commercial manager to recon-There has just been printed by the sider his theory, and even as I write, press of the Kingston Whig for Dr. I hear the praises of Mr. Eugene E. J. Lake, of Kingston, who is the O'Neill's play, 'Beyond the Horizon.' author and publisher, a unique book- If I could feel that I had cleared the let entitled, "Chart of the Rideau way for that young American drama-Lakes Route," between Kingston and tist whom I imagine in a remote vil-Ottawa, for motor boat owners, can- lage or in some college hall striving

Challenge to the Social Order." At no time in the history of the

Clearly and concisely, the author sordid passion of the quadroon, yet ing this, the route is taken up in de- velopment of the co-operative idea. ficiently large outline so that each voted much of his time and energy to runs in England or America would be flower fame. During her youth and the boat channel confidently follow- | dent of the co-operative congress, follow the may only, however, for co-operation as a world movement, ambassador?" tions and descriptive notes for that yet achieved.

> Just before his death it was in this On each of these maps there are spirit that he sent out his final message:

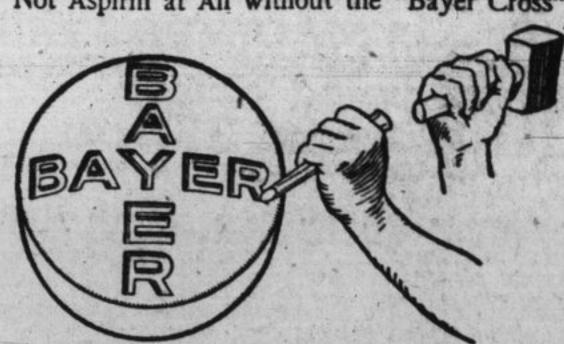
"You know the idea of those words one may know exactly what to look -he being dead yet speaketh? A for. The canoe portages are shown voice from the dead often gets a hearon each map in an enlarged section if ing. That's what I'm after. I want His Pride," and numerous necessary. There is an elaborate you to make my voice sound from the books, is making her first visit to Mass., where she recently bought one. table of distance so arranged that grave. I want to say to the people this country since the war. She was of that city's historic estates. one may instantly find the distance | there is a real way out of this mess one of the organizers of the Amerifrom any one place or locking to materialism has get us into. I've been can Ambulance Corps, and among her any other place; and if the distance trying to tell them for thirty years. varied activities for the war founded to any intervening spot or camping It's Christ's way. Mazzini saw it. two war workshops in Rome, one for place is desired, the mile scale on We've got to give up quarreling. wounded soldiers and the other for Published by the Musson Book Co., each map will enable one to estimate We've got to come together. We've making surgical dressings. She also that also correctly. These distances, got to realize we're all members of adopted a three-year-old refugee war we understand, were carefully meas- one family. There's nothing can help orphan. ured by the doctor himself; and the humanity-I'm perfectly sure there Guides have just been issued, and are intervals between points, islands, isn't—perfectly sure—except love, now on sale at all book-sellers. These buoys, etc., lengthwise of the route Love's the way out and the way up. stranger should not have the slight- the great industrial problems of the 27th. age. It is not too much to say that upon the solution of all these all im-

> prosperity of future ages. "A Straight Deal" In England It is interesting to see England's

> portant questions rests the peace and

ONLY TABLETS MARKED ARE **ASPIRIN** 

Not Aspirin at All without the "Bayer Cross"



The name "Bayer" identifies the only genuine Aspirin,—the Aspirin prescribed by physicians for over nimeteen years and now made in Canada.

Always buy an unbroken package of "Bayer Tablets of Aspirin" which of "Bayer Tablets of Aspirin" which a few cents. Larger "Bayer" packages. There is only one Aspirin-"Bayer"-You must say "Bayer"

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mono-aceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

the Graphic explains, "Mr. Wister which all such workers can benef wrote a little volume, The Pentecost | themselves and aid in the task of the of Calamity, which did much to bring reorganization of America through America into it. Then some while there comes along, as the plot of that visit, of earlier visits and of much to the Allies, Mr. Wister was here novel, "Mary Marie," has just been before the black curtain rang down published by Houghton, Mifflin Comseeing things with his own clear eyes, rany, is of New England birth and "Why doesn't some President send was planned for its development. She

Notes of Interest to Booklovers.

Marie Van Vorst, now the Countess Cagrati, author of "Fairfax and

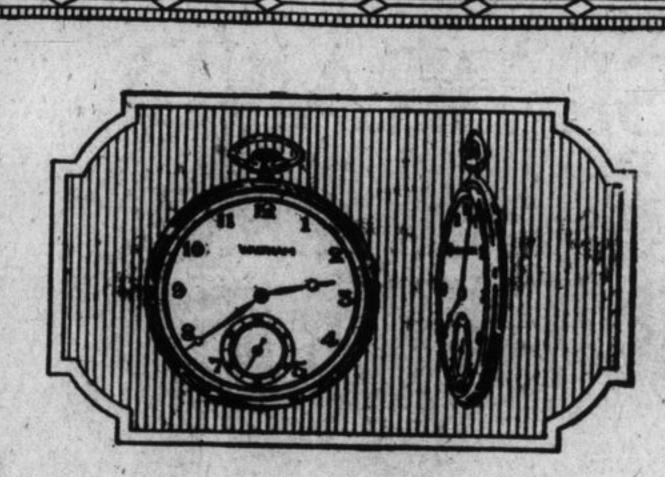
Western life have been very popular for a dozen years or more, has writ-The above quotation gives an idea ten a new novel, "The Quirt," dealnorth and south is adicated so that of the sympathetic and constructive ing with ranch life in Idaho, which with the exact detail given the entire way in which the author deals with Little, Brown & Co., will publish May by Catherine Carswell, a novel which

reaction to Owen Wister's latest book, league, although its subscription list A Straight Deal, or, the Ancient | is open to the public. The league is The London Graphic devotes an en- lines to find their professional foottire page, for example, to a consider- ing, to unify and consolidate the aims ation of the volume, commending it and ambitions of all workers with the pen, pencil and brush, and to make the organization a medium through education and higher ideals.

Mrs. Eleanor H. Porter, whose new studies of music and sang in concerts and church choirs. She did not begin to write, except bits of verse for private occasions, until after her marriage, when she began with short rtories. Her first book, "Cross Currents," appeared in 1907, and since then she has published more than a dozen books of fiction. The advance cales of her new novel reached 120,other | 000. Mrs. Porter lives in Cambridge

> Maurice Francis Egan's account of his ten years' experience as American Minister to Denmark, "Ten Years Near the German Frontier," has been translated into Danish and is being published in Copenhagen. It has been very successful in England, where a large edition was brought out by Hodder & Stoughton.

Early in June, Harcourt, Brace & Howe will publish "Open the Door," has just won in London the first prize, £250, of the Melrose fiction The League of American Pen- contest. It deals with the career of women, whose national headquarters a young woman brought up in a deare at 1722 H Street, N.W., Wash- vout family of Glasgow and her efington, D.C., has launched a new forts, conventional and otherwise, to magazine, "The Penwoman," written attain her own freedom through conand edited entirely by members of the | tact with life.



COLONIAL "A"

good watch is always asset

> N the contrary an inferior watch is always a liability.

The repair bills that will accumulate in a few years, trying to make such a watch keep good time, will equal the cost of a Waltham. It's much more economical to buy a Waltham in the first place.

Waltham Grandfather Hall Clocks, Mantel and Leather (all colors) Desk Clocks for homes of refinement. Ask your jeweler.

Every Waltham is flawlessly constructed - built for complete, enduring accuracy in time-measurement. It is the product of more than sixty-five years of specialized experience in watch-making. Its quality is due to the perfection with which each of the many tiny screws, jewels, plates, wheels and springs are made, assembled and tested. If you want long, dependable service, ask your jeweler for a Waltham.

VALTHAM WORLD'S WATCH OVER TIME

WALTHAM WATCH COMPANY, LIMITED MONTREAL Makers and Distributors of Waltham Products