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Kingston and Vicinity

Caught A Monster Pike.
Mrs. Gus. Beecher, King street, caught a twenty-two pound pike while trolling off the La Salle Bridge Thursday night. The fish measured 46 inches in length and 14 1/2 inches in girth.

Closing for the Season.
The theatrical company, "Little Red Riding Hood," which made such a hit at the Grand recently, closed for the season at London, Ont., Friday night. The company had a most successful season.

Want More Rain.
Farmers in the city Friday, stated that they would like to see a lot more rain. The country will stand a good deal of it. If the rain comes right away, there is every indication of good crops.

Kiddies Were Glad.
Chairman Mills and some of his colleagues on the Board of Education arranged to have the classes dismissed early on Thursday, so that the children could view the circus parade, and the children were greatly pleased over this action.

Now for a Change.
Warm weather is here, and now is the time to secure men's lightweight underwear in haborigan or natural wool, at \$1.50 to \$2.50 per suit; also union suits in white or cream at above prices. Prevost clothing house, Brock street.

Rebuilding Blue Garage.
The debris caused by the fire at the Blue Garage is being rapidly cleared away and the work is already repairing the elevator. The owners intend building the side walls of the third storey higher and putting on a flat roof.

Sweet Peas in Law Office.
In J. B. Walkem's office on Clarence Street sweet peas are growing in a large box at the front window and have attained quite a height. Possibly the veteran lawyer has a potato patch somewhere in the rear of his office in the interests of greater production.

Awarded Scholarship.
At a meeting of the School of Fine Arts at Yale University, New Haven, Conn., to judge of the work of the year, Sterling H. Reid, of Gananoque was awarded a scholarship.

SECRETS OF HEALTH
By DR. L. K. HIRSHBERG
A.B., M.A., M.D. (Johns Hopkins University)

Does Sucking Its Thumb Really Harm Your Baby?
There is a widespread impression unsupported by facts, that a baby must by all means be made to stop sucking its thumb. Observations just made by Prof. David Fairchild and published in the Journal of Heredity come with pleasant shock to those parents whose children are thumb-suckers.

Is thumb-sucking, baby's "first bad habit" to be abolished willy nilly as soon as possible? Here is what Prof. Fairchild says:
"How," asks he, "is it to be explained that these (thumb-sucking babies) when still too young to imitate what is going on around them and without proper dental instruction, what many doctors and dentists declare to be a very bad habit. By mud-wasps, which hatch after their mother and fathers are dead, know how to build their complicated mud nests without being taught. Are we sure that this human habit thumb-sucking, which has appeared successfully in every generation after generation in very young babies, is not of similar instinctive or hereditary character?"

"If it is hereditary, it is beyond question, injurious, and does it certainly produce protruding teeth and flattened thumbs, and does it arch the roof of the mouth, or are these changes merely coincidental with the habit? Are we confident by employing forcible means to cure the habit we do not run the risk of affecting the child's emotional or moral nature—of making it secretive or even untruthful? Should not the habit be cured by the ridicule of a child's peers on the playground—by its own self-control?"

"If this habit is hereditary, are not others of the same nature, which should we not, in our discipline of children, differentiate between the habits of imitation and those which are inherited?"

According to Dr. Alexander Graham Bell, the mere acts of suction could produce no such effect as the protrusion of the teeth. On the contrary, with a partial vacuum in the mouth, the atmospheric pressure from outside would tend to push the teeth in, not out.

Sucking the thumb is such an instinctive action with very young children that it is probable that most babies, if not all, indulge in the habit during the first year of life. Some people have protruding teeth in adult life, and if you examine their past history it is probable that most of them sucked their thumb in infancy. Here we are apt to jump to the conclusion that the sucking of the thumb was the cause of the protrusion of the teeth, in spite of the fact that will be at once perceived by those who know anything about atmospheric pressure that the act of suction could not possibly produce any such effect.

The idea that suction could produce a protruding action in the mouth is as ridiculous as the very common notion that sucking the thumb causes a child to become cross-eyed.

It is estimated that industrial alcohol can be manufactured from waste sulphite liquors of pulp mills in Canada at a cost of not more than forty cents a gallon. Production of sulphite pulp in Canada amounts to over 1000 tons a day and is increasing steadily.

The sulphur-dioxide fumes escaping from the dumps of waste round the nickel mines in the Sudbury region of Ontario are said to amount to 1600 tons a day. No satisfactory method of saving this sulphur has yet been devised.

Body Identified.
The body of the man found on the shore of the river near Brockville one week ago has been identified by Thomas Comstock, of Gananoque, as that of his adopted son, Joseph Comstock, who was drowned on the night of May 15, near Grenadier Island, by falling from the tug Wyonoke. Since then he had not been heard of. The victim of the accident was 24 years of age.

Portland Store Entered.
The general store of Albert Gallagher at Portland was entered by burglars one night last week and goods to the value of from \$600 to \$700 removed. The thieves entered through a window off the street and did not appear to be in search of money, as two or three unlocked drawers containing several hundred dollars were untouched. There is no clue to the burglars.

A Queen's Graduate.
The Brockville Recorder says Dr. Stanley F. Levine, of Elgin, joined the medical staff of the Ontario hospital here as an assistant physician. Dr. Levine was recently graduated from Queen's University, Kingston, and for some time past has been an interne in the Kingston General Hospital. During the war he served in the ranks of the Canadian Army Medical Corps.

To Be Inducted.
Rev. V. O. Boyle, M.A., formerly of St. George's cathedral, will be inducted as rector of the parish of Lansdowne Rear at Christ church, Athens on Wednesday, June 16th. Archdeacon O. G. Dobbs, of Kingston, will act as the bishop's commissary and the Rev. A. F. C. Whalley, M.A., B.D., rector of St. Peter's church, Brockville, will preach the inductio sermon. Canon J. W. Jones, secretary of synod, and Canon W. F. Fitzgerald, M.A., rector of St. Paul's church, Kingston, will also be present to assist in the ceremony. After the service the congregation are having a reception in the basement for Rev. and Mrs. V. O. Boyle and the visiting clergy.

Report Without Foundation.
The Whig is in receipt of a letter from the Montreal Transportation

A Race at Clayton.
An interesting motor skill race was run at Clayton between boats equipped with 4-cylinder Ford engines of 20 horse power. Six skiffs entered. The course started at Clayton park bay, then up to Cummings Point, back to the dock again going over the course twice. John Webber went over the course first, winning first prize, a handsome silver loving cup given by Earl W. Davendorf, of Watertown. Charles Church was second to come in, winning the fire extinguisher given by the Clayton Motor Boat Company; Mr. Zaring of Gananoque, came in third; Orin Percy, fourth; Nelson Longton, fifth; E. J. Wright's boat became disabled during the race and did not finish going around the course.

TREATMENT IS ANTIQUE.
Dr. C. K. Clarke Speaks of Insane in Canada.
That the people of Canada have so far been criminally remiss in their treatment of the mentally diseased through prejudice and apathy, is one of the serious charges made by Dr. C. K. Clarke, president of the National Committee of Mental Hygiene and Dean of the Faculty of Medicine of the University of Toronto. Dr. Clarke has been in nearly every asylum for the insane in Canada and expressed the opinion that the condition of the public asylums was not anything to be proud of. He gave the opinion that as in the educational system the individual had been overlooked, patients were herded together, and staffs were not properly qualified.

"Hospitals for the insane should not be built with any other end in view than that of the betterment of the individual patient," he said. "Many provinces have apparently proceeded along the line that when they have built highly ornamental and extravagantly constructed institutions, they have done their duty. I am firmly of the belief that if more money were lavished on building up staffs of proper size and ability, more efficient administration would be secured."

Anyone familiar with the requirements of even a custodial institution at the present time, knows that the model staff should have at least one well trained physician for each one hundred patients, an ample staff of trained women nurses, a staff of occupational therapy experts, a social service department, proper segregation of different types of disease, well-equipped hydro-therapeutic and physio-therapeutic departments, work shops, gymnasiums, and other outlets for the purpose of winning back the diseased to health. These are only a few of the things required, and yet how many of the so-called hospitals for the insane have them?

Why the staffs are generally appointed with the idea that the physicians will attempt to do the impossible, and to give these amiable gentlemen justice they make the effort with a pertinacity that does them credit.

"Public institutions, such as asylums, are peculiarly the stamping grounds of the needy politicians," says Dr. Clarke, "and the staffs are ordinarily appointees of politicians who have not only uneducated, but practiced the dictum that 'to the victors belong the spoils.'" Superintendents have rarely been selected, because they were accomplished psychiatrists, but rather because their political applications demanded and received recognition. Now to be quite frank, many of these superintendents have been admirable men, full of the best instincts, but it is not possible to acquire a knowledge of psychiatry and institutional management by divine inspiration.

Dr. Clarke instanced the military hospital at Cobourg, as an institution where, due to methods of treatment a patient who had a chance would get it, and proceeded:

"What are the requirements, then, for the model treatment of the insane? (1) The recognition of the fact by provincial governments that while the care of the insane is their responsibility in a sense, yet the management and control of the institutions should be in the hands of commissioners whose reputations are beyond reproach. The Board of Commissioners should have an accomplished psychiatrist, a well-qualified lawyer, and an astute business man as their chief members, all of the type not to be influenced by political considerations. (2) Psychopathic hospitals should be erected in cities in close proximity if possible to the universities and large general hospitals. They should be as well equipped as a surgical hospital. They should provide facilities

for medical students to become acquainted thoroughly with the knowledge of psychiatry. Thus they are able to take advantage of the laboratory service of the hospital, of the X-ray department, and afford mental facilities for the training of special nurses. The fact, too, that acute cases can receive immediate and thorough treatment, and that suffering the stigma attached to going to an asylum, is one that has no end of therapeutic value. (3) Hospitals for the insane should be built with no other end in view than the betterment of the individual patient. The reaction against extravagant asylum building is founded on common sense."

Dr. Clarke says that some of the Ontario Hospitals for the Insane are a credit to the province, and Whitby as an institution is admirably equipped, as is Rockwood Hospital at Kingston and the Eastern Hospital at Brockville. His chief point is that prevention is not regarded as the "sine qua non," and early treatment in psychopathic hospitals is not provided for acute cases. Until this is done, regardless of the responsibility of the municipality which has ordinarily been made the scapegoat by wily politicians, reforms will not come. He insists that the Government should boldly face its responsibility and show that it is really what we all hope for, a Government of action rather than promise.

"If there are particular provinces that should be commended, these are British Columbia and Manitoba. Winnipeg has taken the lead, while Ontario has fallen out. All through the West psychopathic hospitals of the latest type are being built. I have always believed in the virility and constructive ability of the great West," said Dr. Clarke, "and when asked to assume the directorship of the Canadian National Committee on Mental Hygiene, frankly said that if our work was to succeed we must get the co-operation of the West. The people there are unhampered by a host of traditions that keep back the East."

A Difference.
"How many servants does your mother keep?" asked the young man who had just moved into the neighborhood. "None," replied little Janet; "but we engage lots."

Mr. Asquith's Lost Distinction.
It is rather curious that Mr. Asquith, like Mr. Balfour, has lost his chance of becoming the "Father" of the House of Commons. There are still a few seniors of the new member for Paisley at Westminster, men who were elected prior to 1886, when Mr. Asquith entered Parliament, but in course of time he may become the oldest M. P.

However, the fourteen months during which he has been out of the House have deprived Mr. Asquith of the prospect of holding this honorable title, just as the few months between Mr. Balfour's defeat in East Manchester and his election for the City of London took the distinction from the present Lord President.

Undeniable Evidence.
Charlie and his three sisters had been to visit a relative in the country. "Well," asked the father, upon the return of his offspring, "was your uncle glad to see you?" Charlie's face lit up with delight at the question.

"Glad!" he echoed. "Uncle glad! Why, dad, he wanted to know why we didn't bring you, mother, the maid, the cat, the canary and the goldfish!"

Japan's trade with the Philippines is increasing rapidly. The total amount of Japanese exports to the islands in 1918 is said to have been \$10,000,000.

Roofing

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