HOW TO GAIN FLESH

Remarkable Statement of - Woman Who Was Nothing but Skin and Bones

You have heard the old adage. "Laugh and Grow Fat", but this woman tells of a more reliable method. She says: "I was nothing but skin and bones - was weak, nervous, rundown-could not sleep, and was unfit for work. Three doctors had failed to help me. One day I saw VINOL advertised and commenced to take it, and I really believe it saved my life. I have regained my strength, flesh and health, and everyone is so surprised to see such a change in me in such

a short time." The reason VINOL was so successful in this case is because it contains the tissue building and medicinal elements of cods' livers, aided by the blood making, strength creating properties of tonic iron, beef peptone and hypophosphites.

Thus in a natural manner it inerriches the blood with thousands of red corpuscles, and imparts strength, health and vitality to every organ, muscle and tissue of

Physicians recommend it and druggists guarantee it.

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Sold everywhere in Canada. In boxes, 25c., 50c.

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SCHOOL BRITISH WHIG

SATURDAY, MAY, 29, 1920.

Dere Childern:

LETTER FROM UNCLE SI.

what hits the long trail wen they

an then wen you gets sik they tell

you its yer own falt fer bein so keer-

enuff bout thet there dyin stunt.

rekkons, tho, ef Mirandy that you

sees it, but i dont go out uv mi way

Yurs trooly,

Heard on the Football Field.

Humpty Dumpty sat on the wall,

prices must fall;"

Shrieking and shouting, "High

Cullerton: A red-hot poker .- "The

T.F.: In 1776 Washington threw a

Jim: Do you know, Mortimer?

Alice: Oh, yes, he's a bookkeeper.

She: How is Myrtle getting along

Do you know what they do with

Dock 'em, of course.-"The Hab-

UNCLE SI.

lookin fer sich things.

Pageant."



Farm Tractor Expert

FRANCIS ROLT-WHEELER One of the most important developments in farming nowadays is the use of the tractor. Progressive farmers realize that one man with a tractor can do as much work as two men with four horses, and the cost of the gasoline is much lower than the labor of the extra man and the feed and care of the four horses.

That tractors are not more widely used is largely due to the fact that the farmer is not a machinist, and tractors, like any other machinery, need to be kept in order. Withal, their mechanism is simple, and any boy who can learn the ins and outs of a motor car can soon make himself well posted on tractor types.



Many a farmer will pay well to have dollar across the Potomac. some valuable piece of machinery A.R.: And now he could not make put into repair, and while some agri- a five dollar gold piece go half that gultural implement firms send repair far .- "The Tech,"

men, not all of them do. A young fellow can make a connection with an agricultural implement firm and-either on pay, or on his own-can make an arrangement mine for over three years.-"The with all the farmers in the district to Round Table." keep their machinery in repair. Many a man who has refrained from buying tractor machinery because he "Mary, don't play on the piano is not a machinist would be glad to with your dirty hands." invest if he knew the machine would "It's all right, auntie," said Mary. be kept in order. A young fellow "I'm playing on the black keys."who was a tractor expert, therefore. "Schurzone." could not only get pay for his work, but, probably could sell a large number of machines, securing a big com-

mission on his sales. with her knitting? As the increase in agricultural pro- Jacky: About ten knots an hour .duction is one of the valuable things "Westport Crier." States and Canada, a tractor expert. Clarence J.: What's the difference would not only be getting a com-fortable living out of his job, and be Tom W.; I lend you five dollars; out of doors most of the time, but that's capital. If I try to get it back, he would also have the feeling that that's labor .- "Commerce." he was helping along the good of

his country. (Monday-A Square Yard of

with a two-for-a-cent.

flood That

Billy Bumble Bee Loses Some of His

Conceit.

tion his right, no matter what they

thought down deep in their hearts.

Billy Bumble Bee was Billy Bumble

Bee, and the sooner folks knew it

Doesn't hurt at all and costs

only few cents

Freezone on that touchy corn, in-

stantly it stops aching, then you

lift the corn off with the fingers.

noted Cincinnati genius.

CORNS LIFT OFF

drop a little

Some men put on perfecto style it."

the better off they were, so Billy fore sundown. Can't you see the Bumble Bee gave them all to under- sign, 'Open from sunset to sunrise.' stand. He buzzed around the flow- But there, of course, you didn't see er castles as if he owned the very it. One never dees things they

ferry-boats when they're late?

No. what?

ground they stood on. "My voice is louder than any and Busy Ant started down the blade others 'of the bee family, so why of grass when Billy Bumble Bee stopshouldn't I be boss!" buzzed Billy ped her. Bumble Bee. And if he happened "I admit I was too angry to see to stop at a castle door and found the sign," buzzed Billy Bumble Bee. another bee there he always made a "but can you tell me why the keeper terrible fuss about it.

One day as' he sailed over the close her doors against us daylight Billy Bumble Bee certainly was meadows Billy Bumble Bee spied a folks?" conceited old fellow, In Billy tiny bee trying to make the keeper Bumble Bee's estimation Bill Bumble Bee was the mainstay of the meadow. beautiful yellow doors. Billy Bumthe Primrose Castle open his the sun," replied Busy Ant promptly. ble Bee roughly pushed the little castle everbody else went about their own business. None stopped to ques-



"I'll See Whether They Defy Me Or

fellow aside and buzzing loudly rapped three times on the castle wall. Not a sound came from behind the closed doors. Tiny bee snickered, and Billy Bumble Bee grew se angry that he almost shook the eastle walls down. He made so much noise Busy Ant stopped her work and ran up a blade of grass to see what the trouble was.

"For shame!" she cried when she saw Billy Bumble Bee shake the doors of the Primrose Castle with the situation in which one finds himhis great, heavy feelers. "Don't you know you're not wanted if they fail to answer your first knock." "How dare any one close their gate to Billy Bumble Bee!" exclaim-ed the angry bee. "Castlekeepers Lord Jesus, giving thanks to God the

ed the angry bee. 'Castlekeepers Lord Jesus, giving thanks to God the or any one else! I want to enter Father through Him.—Col. III. 17. this castle, and I'll get in if I have Here Busy Ant laughed so merrily that Billy Bumble Bee shut his mouth real tightly and gave the Primrose Castle doors another wild

"I'll see whether they defy me or temptation, and do not weaken and not!" buzzed Billy Bumble Bee. distract yourself by looking forward "My dear, great, big, foolish fel- to things which you cannot see, and low!" laughed Busy Ant. "Is it could not understand if you saw them. Try Freezone! Your druggist sells really to get a sip of honey that you a tiny bottie for a few cents, suffi- insist they open the closed doors, cient to rid your feet of every hard or is it just to show your authority?"

corn, soft corn, or corn between the "Both!" buzzed Billy Bumble Bee, toes, and callouses, without one shaking the castle doors once more. unto m-me-" and then after a long. particle of pain, soreness or irrita- "Then," laughed Busy Ant merrily thoughtful pause, he added triumphtion. Freezone is the discovery of a "better save your strength, for Prim- antly, and don't you big folks stop rose Castle never opens her doors be- 'em.

The teacher was explaining the tenses in English. "Now, Willie, sup-Ez i wuz sayin yistiday, sum uv pose I have a million dollars. What them there fellers what are always tense would that be?" advisin you bout your health an try- "That would be 'pretense." in all sorts uv things to pervent "The Scoop." themselves from dyin is the ones

Yank-Over in America we've got aint haiff growed yet. On the other a lilac bush fifty feet high hand there are others what says Tommy-I wish I could lilac (lie thet everythin will talk care uv itself like) that .- "The Tech Prep."

The Tiger. less. Mirandy is in a class by her- Tabby says I am her cousin,

self. She always is perdictin that the Jealous little cat! end uv yer days is neer an thet ef re a coat that's bright and tawny, you wuz to die then nobuddy cood Shiny as a new silk hat! blaim her ez she hed warned ye often Grace have I in every muscle, Folks don't dare tell me "Go,

wuz agoin to die, then there wood Ever gleaming are my eyes. be a fite start then an there tween Keen with hunting 'neath midher an the old man with the hay night skiessithe hooked in his whiskers. Ez fer Rather makes me want to shake the me, i believe in swattin a fly wen you

hussy That claims Tiger's kin to common pussy!

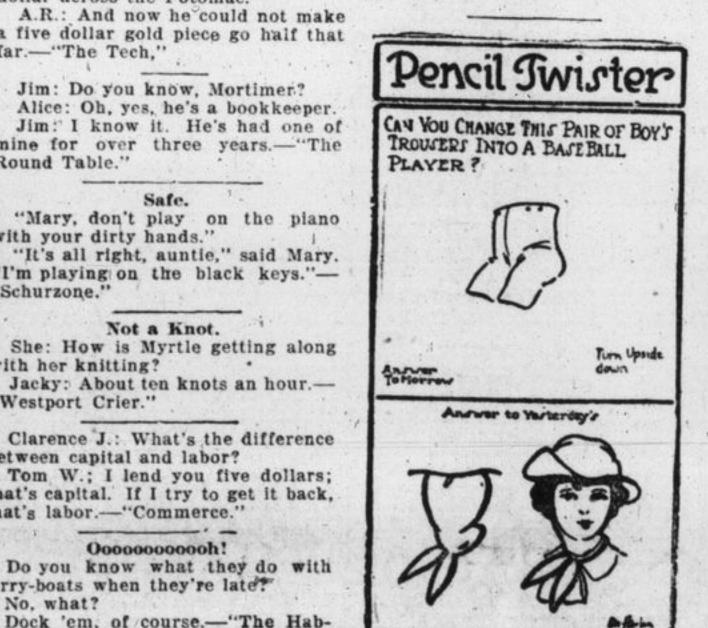
The Old Education. The children were telling a visitor what they studied at school. "I," said the eldest, "get reading, Dresden: Look at them hug the spelling and definitions."

mud! How will they ever get clean? "And what do you get, my little Admiral: Huh! What do you sup- man?" said the visitor, addressing pose the scrub team is for?-"The the littlest one, who had listened in a bored way while the others recited "Oh, I dets readin', spellin' and

spankin .- Minneapolis Tribune

He Cleared It Up .. But kiddies found wher'er they went. The vicar was addressing the All day suckers were still one for a children at the village school. "This morning, children, I propose to offer you an epitome of the life of St. Paul. Now, children, can Teacher: An abstract noun is the name of something you can think of anyone tell me what an an epitome but cannot touch. Give me an ex-

There was an awed silence. The word had paralyzed the youngsters. So the good man went on: "Epitome, children, is in its signification synonymous with synop-



should see when they are angry,"

of the Primrose Castle sees fit to

castles for you meadow folks."

"Certainly — certainly," buzzed Billy Bumble Bee, and without an-

other buzz he flew away from the Primrose Castle, feeling terribly

ashamed of himself. It not only belittled him in Busy Ant's and Tiny

Bee's mind, but it took away a good portion of Billy Bumble Bee's conceit, of which the meadow folks were

Seven Sentence Sermon

The only way to reach a man is to

get near to him with your love .-

A man has only as much religion as

he can command in the time of

The scientific spirit means the

straight, to report exactly and to give

an absolutely honest reaction upon

And whatsoever ye do, in word, or

Joy is a partnership,

Grief weeps alone;

Many guests had Cana,

Gethsemane had none.

Do today's duty, fight today's

"S-S-suffer little children to c-come

-Frederick Lawrence Knowles.

-Sam Walter Foss.

Never set your tired feet

On the by-path of retreat.

very glad.

Cortland Myers.

trouble.-Andrew Fuller.

nabitual determination

self.—H. C. King.

"Because of the intense heat of

What Shall I Be? Answered for Boys Insurance Saleswoman CAROLINE M. WEIRICH

NO. 130.

The changed conditions brought

about by the vote and the war will enable girls to enter the insurance business on more equal terms with men. The greatest opportunities are with life underwriting companies.

There is not much experience or training necessary. A notebook and the company's financial statement. together with an understanding of the different policies sold by the company are all that is necessary for an agent.

Personality is what counts. The biggest thing is to be able to get the confidence of the prospect. After



personality, come initiative, tact and

There are more uninsured women than men. It is true that a woman agent can approach women and sell insurance more easily than a man. Married women usually advise their husbands as to the amount of insurance they should carry. They are, therefore, in a position greatly to aid an agent in placing insurance on the lives of their husbands and sons. A mother is an ideal person to see when trying to place insurance on a minor. Here again, it is easy

for a woman to approach a woman. A few of the large insurance companies have opened women's departments, in charge of girls. The heads of these departments are those who have begun at the bottom and have worked their way up by hard work and perseverance. Any position through which one gains a knowl-

edge of insurance terms and principles may serve as a stepping stone. The occupation is a healthy one, not confined within four walls. An insurance agent is her own mistress, and her time is her own. No salary is offered. The pay comes from commissions on policies written. Returns from the first few months may be meager, but if successful, they tre cumulative. An efficient saleswoman can, eventually, make several thousands of dollars a year (Monday-All Sorts of Fingers.)

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"Her walls are of so delicate a For information and rates apply to shade she fears they might fade in J. P. Hauley, C. P. & T. A., G. T. Railthe sun's glare, so she keeps open house for the night folks. It's no way, Kingston, Ontarie. more than right that she should. There are plenty of daylight flower



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N. Y., Ply., Cher. and Southampton
June 24 July 29 Sept. 2 Caronia
N. Y., Ply., Cher., and Southampton
June 23 July 28 Sept. 1 .. Royal George N.Y., CHERBOURG & SOUTHAMP'N June 19 July 17 Aug. 14 Imperator July 31 Aug. 28 Sept. 25 ... Aquitania N. Y., PATRAS, DUBROVNIK, TRIESTE

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What money would she have left after she has paid doctor's bills and funeral expenses? Could she meet the mortgages and taxes? Or give your children the comfort and education

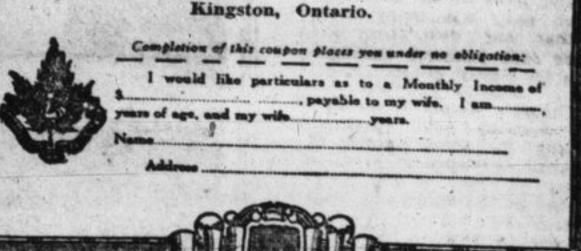
you have planned for them? Would the money left bring in enough income, if invested? Would she know how to invest it safely? Or must she be haunted by the knowledge that her small capital is

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