

SCHOOL BRITISH WHIG

FIRST YEAR

THURSDAY, MAY 13, 1920.

NO. 117

The one and only

H.P. sauce

is different—quite different from any other kind of sauce.

Get a bottle to-day.

All Stores sell H.P. sauce.

Special For Saturday

200 lbs. Choice Stewing Beef 15c. to 20c. per lb.
Choice Steak, Pork, Lamb and Veal
Choice Headcheese, Sausage 20c. per lb.
Quantity of Choice Corned Beef, etc.

QUICK'S WESTERN MEAT MARKET
112 CLERGY STREET
Phone 3011.

RED PIMPLES ITCHED TERRIBLY

On Chest, Face, Arms, Burned Badly, Cuticura Heals.

"Ever since I can remember my chest, face, and arms were filled with dry, red pimples. They were scattered all over me, and itched terribly at times, and I scratched them, causing them to fester and get worse. Sometimes they would dry away and form scales which burned badly.

"Then I used Cuticura Soap and Ointment. I had used them two or three times when I felt better and I was healed with one box of Cuticura Ointment together with the Cuticura Soap." (Signed) Miss Bertha Kass, Russell, Manitoba, February 19, 1919.

Use Cuticura Soap and Ointment for all toilet purposes. Soap to cleanse, Ointment to heal.

30c. 25c. 20c. Sold throughout the Dominion, Canadian Depot: Cuticura, Limited, 55, Peel St., Montreal.

Lake Ontario Trout and Whitefish, Fresh Sea Salmon, Haddock, Halibut and Cod.

Dominion Fish Co.
Canada Food Board License No. 9-3246

Parol The Human Body Lubricant

Constipation should not exist

In a body oiled regularly with Parol. Parol doesn't force matter violently through the bowels. It softens it, and causes it to move out naturally.

Parol doesn't cure constipation. It prevents it. You do not cure constipation. You must prevent it by removing the cause. Nature will then do the rest.

Get a \$1.00 bottle of Parol and start using it to-day. In less than a week you will notice an improvement in your condition. Moderate doses thereafter will be a great help in keeping you fit.

Parol is a highly refined petroleum oil of unvarying purity. It has a specific gravity of .865 to .870 at 15° Centigrade.

Most druggists sell it, \$1.00 a bottle. Don't accept a substitute—you'll be disappointed. Parol—that's the name.

Parol The Human Body Lubricant

\$1.00 a bottle

The Parol Company
2, G. WEST & CO., Distributors
89 George Street
Toronto Ontario

Sports that Make Men

Athletics

Get the Hook!

FRANCIS ROLT-WHEELER

Not all playgrounds, or yards, or vacant lots are big enough for real baseball. It isn't always easy to get eight or ten fellows together. Neither does every group of fellows have all the necessary outfit for baseball.

But here's a variation of an old military game, which can be played by only a few fellows on a space as narrow as a sidewalk, and long enough for a decent run, say twenty paces or so.

But here's a variation of an old military game, which can be played by only a few fellows on a space as narrow as a sidewalk, and long enough for a decent run, say twenty paces or so.

Chalk or scratch a square about 18 inches square on the ground. That's the box for the hooker to stand in. Then chalk or mark a straight line, running parallel to one of the sides of the square, about thirty paces in length, and about fifty inches away from the box. Again, mark a third line 15 inches away from the second line, on the opposite side of the square and for the same length. This is a lane for the



Letter From Uncle St.

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Dere Childers in yistiday, she's all rite to hev yur branes in yur feet so long ez you hev them. That shure is the main thing. I once noted a feller what wuzent sposed to hev any branes at all. He wuzent go round with a innercent look on his countenance jist like ez ef he dident nothin. Wal, they wuz a commershal traveler what cum to the village bout once a month an he thot he wuz bout the smartest thing livin since old Juyus X Soezer, died yu a stomach overloided with them there short carvin knives the Romans carried round fer pickin their teeth. This traveler sold the feller what wuz kweer in the nut a gold brick one day. He charged him fifty cents fer it an told him he wuz gettin a bargain. Wal, the simple feller cum along bout a week later an sold the traveler sum fish all innercent like. The traveler cum down to the post office and showed them to us yain he only paid a dollar fer them. Rite then we began to suspect thot the other feller wuzent ez krazy ez he looked. Them fish mite uv looked fine but they wuz nothin but carp. Which shows that look is deceyvin an a dollar is a dollar to a fool ez well ez to a wise man.

Yurs trooly,
UNCLE ST.

Catarqui School.

A Narrow Escape.

It was a bright morning near the

Good Night Stories

By Blanche Stone

Polly Tastes a New Kind of Drink.

"Oh, dear," exclaimed Polly crossly, for Polly was always cross when she wanted something she couldn't have. Right now Polly wanted a drink so badly her throat was parched. She was a long way from home, and not a pump nor a well was in sight. "I'm certainly thirsty. Dear, I wish—"

"You and your wishes!" laughed a merry voice, and Gocomeback, the travel elfin, hopped out from behind a tree beside Polly. "What are you wanting this morning? A soda water tree or maybe a lemonade tree?"

"Well," laughed Polly, shaking Gocomeback's hand, "I don't care what it is so long as it will quench my thirst. My throat's almost parched."

"Of course, if you don't care what your drink is, suppose you come along with me and I'll let you taste something that's mighty fine," and before Polly knew what was happening she was whisked off her feet, sailed through the air, and set down under a great, tall tree.

Its straight, smooth trunk ran up into the air about seventy or eighty feet before a single limb grew out. Then the wide branches spread out on every side until the very tip-top limb rose more than a hundred feet from the ground.

"My, what a tall tree!" exclaimed



Polly Caught the Mag Fall.

hooker to run in.

The outfit for playing is simplicity itself. Get an ordinary walking stick with a crook handle, and a small hoop such as those around a nail-peg.

The hooker must stand in the box, both feet inside the lines of the square, holding the stick. The rider comes sailing down the lane at full speed, the hoop in his hand nearest to the hooker. As he passes, he can jerk the hoop up—though not above his head, or down as far as the ground, but always keeping it perpendicular. He can crook his elbow or not, as he chooses, go fast or slow, as he chooses, but the hoop must always be outside the line of his body.

If the hooker catches the hoop it counts two, but if he is pulled out of his box, only one. If he catches the hoop and pulls the rider from the lane it counts three. If the rider is forced to go up the hoop it counts four. If the rider makes the hoop dodge the hooker entirely it counts two, but if the hooker catches the hoop but does not catch it, the count is only one. A hooker who misses three times is out. This is a fast and exciting game.

(Tomorrow—A Touring Grindstone.)



Letter From Uncle St.

last of April and the dew was still on the grass.

A robin flew down from the branches of a tree overhead where he had been singing his song to the rising sun and commenced his morning feast on the fat dew-worms which he loved so much to make his breakfast upon.

A sly young cat who thought he was a lot smarter than he really was, thought it would be easy to catch the robin for his breakfast, so he started to creep slowly towards the robin. But the robin was a wise one and had chosen a wide open space for his feeding ground. When the cat had reached the last clump of high grass behind where it could hide, it gathered its muscles for a spring. The robin had just picked up a fine large worm and was starting to eat it when the cat sprang at it, but was not quite quick enough. Just as it rose in the air the cat grabbed at it and just caught a couple of its tail feathers. The robin was so scared it flew a long way before it resumed its interrupted meal.—Lyford Johnson, age 12 years.

Boys' Naval Brigade.

The Boys' Naval Brigade has two sections, No. 1 and No. 2 section. We have squad drill on Tuesday night from seven to eight o'clock. And on Thursday night we have instruction in wireless telephony at the same time. And on Wednesday night we have a club meeting from seven to eight o'clock. There are twenty-six that have suits and there are thirty-one more suits to be given out yet. We have a band with twenty-one in it. On Sunday, May 23rd we are going to have a church parade and on Monday, May 24th, is the official

A Blood-food Discovered That Entirely Overcomes Anemic Weakness

CAREFULLY INVESTIGATED REPORTS ESTABLISH TRULY WONDERFUL RESULTS

Heretofore it has often been a hopeless task for a thin-blooded person to gain either strength or weight. Neither food or medicine in many instances has beneficial effect.

What is practically a perfect blood-food, containing such elements as iron, has at last been produced, and when taken after meals will put new life and vigor into people that have despaired of ever being strong again.

This truly wonder-working treatment consists of taking two small chocolate-coated Ferronose Tablets at the close of every meal.

This wonderful blood-food supplies nourishment, vim, energy—sends a stream of vigorous, strength-making blood to every nook and corner of the body, makes every muscle and fibre sing with new found life and vigor.

That gnawing tiredness leaves you—Ferronose drives it away. Sleepless nights are turned into periods of rest, and you pick up fast. Day by day your appetite improves—this means more food is transformed in nutriment that will build and energize weak organs. The inclination to worry passes away because Ferronose imparts nerve—tone and bodily strength that prevents depression.

Think it over—Ferronose is a wonderful tonic, in fact, it is more than a tonic, because it establishes health that lasts. Thousands use it and thereby cleanse and restore the entire system to a perfect condition. You'll feel the uplifting power of Ferronose in a week—it's bound to help you if you only give it the chance. Sold by all dealers, 50c a box or six boxes for \$2.50; be sure of the name Ferronose.

SCHOOL REFORMS URGED

UPON THE LEGISLATURE BY MEMBER FOR LINCOLN.

Would Abolish All Public Written Examinations, Establish Township Or County Boards of Trustees, Reduce Home Work to Minimum.

Toronto, May 13.—Sweeping reforms in Ontario's educational system were urged by Thomas Marshall, Liberal member for Lincoln, in a speech in the legislature. Briefly, the suggestions made by Mr. Marshall in his speech are as follows:

The abolition of all public written examinations.

The establishment of township or county boards of trustees.

The reduction to a minimum of the pressure of compulsory home work in public schools.

More freedom be granted local educational authorities in determining the details of the curriculum.

A reformation of the present inspection system, that county inspectors be made county public school principals, upon whose shoulders shall rest the responsibility of an intimate and accurate knowledge of the progress of each school.

That the present system of high school inspectors be abolished, and that this work devolve upon an enlarged teaching staff in the facilities of education.

The present system of educational government by departmental regulation be largely modified.

A much larger contribution from the provincial government toward the cost of education, with special reference to teachers' salaries.

That more attention be directed to the professional training of teachers, with the view to elevating the professional status of teachers, and an improvement in the quality of the teaching done in the schools.

That in view of the fact that the county councils are not elected for educational purposes, the appointment of county public school principals be placed in the hands of the county board of trustees.

PILES

Do not suffer another day with Piles. Freedom from Piles is yours. No more pain, no more itching, no more bleeding. Do not let your Piles ruin your life. Do not let your Piles ruin your life. Do not let your Piles ruin your life.

The All Round Girl

Red Cheeks and Pep

What Betty Started

MOLLIE PRICE COOK

"Betty" said her father, "spring is here and the town is already over-run with flies. A little preventive work now will be worth twice as much as if done a month later. You know all about the disease-carrying habits of flies, but maybe you don't know how fast they breed. Each wintered-over fly lays several batches of eggs, about 120 each time, which hatch into baby flies, who, before a month is over, begin laying eggs, too. At the end of five months, one wintered-over fly has a progeny of 5,598,720,000,000 disease-carrying flies."

"Mercy!" Betty exclaimed. "I'll get the girls to organize a fly campaign. Just watch me!"

Some of the girls were called together for a meeting and groups of ten were formed. The teachers in high school helped and gave advice. The newspapers gave space. Each group of girls had a definite piece of work assigned. One group looked after publicity, another made posters and signs, another arranged for the manual training classes to make fly traps, others, with the aid of the Board of Health, organized the cleaning up of back yards, another group taught how garbage cans should be used and kept

St. Vincent's Academy.

English Poets as They Have Been Shown.

Young—His mantle gomed with stars and the radiance of "Night Thoughts" on his brow.

Dryden—With his matchless flow of language, hastening to the "Feast of Alexander," as "St. Cecilia" hovers near.

Collins—With the "Passions," developing, beneath his gifted pen.

Gray—Mourning, stately and wise.

Burns—Singing his songs of perennial freshness in the sweetest of dialects, his songs—

"Which gushed from his heart, As showers from the clouds of summer, Or as tears from the eyelids start."

Cowper—The dear bard of the hearthstone, his morbid sensitiveness shrinking from the very fame, that is the poet's heart so dear.

Pope—The brilliant, witty satirist.

Adison—The pure and exquisite.

Johnson—The mighty wielder of stentorian words.

Scott—Great in poetry, great in prose, great in character and in misfortune.

Coleridge—Deep thinker and skillful talker.

De Quincy—"Unfortunate optimum eater" of wonderful genius and learning.

Lamb—With the peculiar charm and subtle beauty of style.

Macaulay—With his magnificently rounded periods.

Moore—Magis song-singer whose notes thrill every heart.

Keats—Of sweet promise and death too early.

Wordsworth—Who tells us that—"The meekest flower that blooms can give Thoughts that do often lie too deep for tears."

Tennyson—Who has embellished all that he has touched.

Southwell—"The martyr poet."

Shakespeare—The king of dramatists, ruler in a world sublimely intellectual.

Milton—With sightless eyes and a face like one of his own archangels.

Byron—Often illumined by the lurid lightnings of sentiment and violent passion, yet sweetest music flows from his magic pen.

Shelley—The embodiment of the spirit of poetry, an ungrateful man, using the gifts of God against God Himself.

Mrs. Browning—The greatest woman poet that England has produced.

Robert Browning—The philosopher and poet, whose optimism sees the good in man despite what is evil.

—Marie Conneeley, Form II.

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Beaver Board

Red or White Cedar Shingles.

It will pay you to see our stock of Shingles before buying elsewhere. Always a good stock of Rough and Dressed Lumber

Allan Lumber Co.

Phone 1042. : : : Victoria Street

JUTE BAGS WANTED

We will pay highest prices for all kinds of Jute Bags. Get in touch with us.

A. SPEIZMAN

60 QUEEN ST., KINGSTON

HIGH GRADE BONDS

BOUGHT—SOLD—OR EXCHANGED

Owing to the favorable exchange it is a good time to sell your Anglo-French, United Kingdom or any bond, payable in New York funds.

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J. O. HUTTON

67 Clarence Street, Kingston

KINGSTON MILLING COMPANY, Ltd.

Foot of Brock Street, Kingston

Our mill is equipped with modern machinery, driven by electric motors with current generated at Kingston Mills.

WE MANUFACTURE:— HUNGARIAN PATENT AND WHITE ROSE FLOUR, BUCK-WHEAT FLOUR, GRANULATED CORN MEAL, GROUND CORN, GROUND OATS, CRACKED CORN, GROUND FEED, BRAN, SHORTS, FEED, FLOUR.

Our Products are good and freshly made

FOR SALE BY ALL GROCERS

A. C. Knapp, Boat Builder

AT LASALLE CAUSEWAY.

Greatest little Motor Boat afloat. The many distinct advantages of the Disappearing Propeller Device has made Motor Boating a greater delight for man, woman and youth. Catalogue tells of fifteen features that make these craft most desirable.

MATHIEU'S SYRUP OF TAR & COD-LIVER OIL

CURES

Coughs, Colds, Grippe, Bronchitis, Whooping Cough, Asthma, Etc.

MATHIEU'S SYRUP is a sovereign tonic combining the curative properties of TAR and the strengthening virtues of COD LIVER OIL.

Colds, when neglected or badly treated give rise to consequences of such a grave character that you should not risk using inferior preparations.

MATHIEU'S SYRUP is the only genuine remedy whose reputation has ceased to crop up many imitations of doubtful value.

ON SALE EVERYWHERE

SPRING CLOTHES

OF THE FINER QUALITY

For Men And Young Men

SMART NEW MODELS IN SPRING SUITS AND TOP COATS

\$25.00 to \$50.00

(All prices between)

BEST WEARING CLOTHES VALUES

—at—

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One Door Below Randolph Hotel.