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Vinol is Guaranteed to Make Rich, Red Blood, and Build You Up

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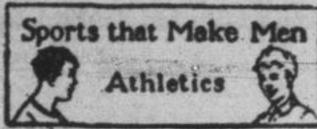
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THURSDAY, MARCH 25, 1920.

borne House, her winter residence Notre Dame Convent.



FIRST YEAR

Boys Learn Real Trick Beppo Teaches Head-Spring

"I'm going to give you a regular clown trick today," said Beppo, "but before I show it you must learn the head spring. That will be easy for it follows right after the hand-spring and is really more simple. You start as in the hand-spring—a quick run of three or four steps—touch hands and head to the mat—give a hard push as your feet come up—and you land on your feet like this," as he did it.

The boys tried it and found that their practice on the hand-spring had given them the training that made this

trick easy. When the clown saw that the boys had learned the head-spring, he took an old derby hat from a nail and placed it on his head. With comical steps he walked toward the mat and tripped. As he fell the hat flew from his head. He looked at it gravely and bent to pick it up—as he reached for the hat his foot got there an instant ahead of his hand and the hat rolled out of reach. The clown looked puz-zled and tried again, but the result was the same. Each time the hat rolled out of reach. Beppo scratched his head—and walked all around the hat, and then on tip-toe as though

afraid that he might scare the hat, he sneaked up to it and cautiously reached for it, but again it rolled out of reach. The hat was still on the floor and after some thought Beppo looked as though he had a bright idea. He walked toward the hat as though he



flash, he took two steps-bent over quickly-stuck his head into the hatand with a firm push from head and hands, turned a head spring and came to his feet with it perched on his

He tossed the hat to the boys and began to practice. They found that it was a little more difficult to do a head spring when a definite object had to be hit each time but, after a number of failures, both succeeded in picking up the hat and completing the head spring. (Tomorrow Dad tells why you uld retard the spark.)

Kid Brother, Hero of Home.

is more successful than anyone else married at the castle.—Genevieve "You know a great deal for a horse." in extracting a nickel from sister's Pelow, Form I.

Who is always willing to run errands for anybody in the family-for a piece of candy?

ried on about the house? shoes all muddy?

Just be glad that one of these real Your Kid Brother !- Halifax Her-

Not Enough Breakfast. School boys and girls don't eat enough breakfast, says Mrs. Fannie M. Perkins, a principal in the Toledo chools. They are not hnugry for hen. She says the grades are better. ry her plan.

Spain is the sunniest country in

ATHENS NEWS BUDGET.

as rented his farm, Delta road, to

David Young, Hard Island. Archi-

ald Mulvena and family have moved

nto town, leasing Mrs. A. L. Fisher's entral street property. Allie

Thornhilf, feturned from military

duty, has purchased the Wellington

street property of Mrs. George Evans,

Greenbush. C. Chant, another re-

urned soldier, has purchased the

David Kavanagh, Glen Elbe, has

been engaged as assistant at the Far-

mers' Club, and has purchased the

larke Wiltse house, Wilste street. ord Wiltse, who recently sold his arm on the Addison road and moved

ato town, leasing the Church street

roperty of Miss Emma Hayes.

mith's Falls, has now become owner.

s he purchased the residence last

John Biglow and family have

goved to the Mooney house, Delta

oad. J. J. Hone, Winchester, the

ew barber, has moved his family to

he Parish house, next the public

chool. The former tenant, Mrs.

lara Chant, has gone to Boston, ith her three little daughters, to

egin housekeeping with her brother, lugene Robinson, whose wife, for-

serly Miss Jessie Arnold-a native

this place—was a recent victim of

James Ronan, Henry street, has

Shea. Charles Greenkam has pur-

ased from D. Perry, Glen Elbe, the

Bratney property, Sarah street.

inton Stewart, Addison, has pur-

ld his farm, a few miles out, to E.

fluenza-pneumonia.

Arden Lillie farm, Plum Hollow.

Athens, March 23 .- John Mulvena Wiltse and Elgin streets.

The Falcon of Ser Federigo. Ser Federigo was sitting in his cottage door, lost in a sad reverie, He was thinking as he gazed at the lofty castle, not far distant, of the days when he was master of it, but, through misfortune his possessions are now few. The only one treasure of former days is his falcon, who al-

so seems in deep thought The sad reverie was of Monna Giovanna, This was the lady Ser Federigo loved, and, had misfortune not visited he would have made her his bride. To his, surprise a boy with golden hair, bright blue eyes and about the age of ten came to him. The child's face resembled that of the lady whom he was thinking of. The child asked to be allowed to play with the falcon. He said that he had often seen the bird fluttering around the cottage, and, as he was very fond of birds determined to make friends with it.

"Who is your mother." Ser Federigo asked. "Monna Giovanna," answered the

Ser Federigo made no reply to this but sad thoughts of former days again came back to him. This was Monna Giovanna's son, she was a widow and was spending the sum-

mer very near the cottage. The boy made daily visits to the cottage to play with the falcon. Each day Ser Federigo became more attached to him. For some days the boy did not visit the cottage. He was very ill at the castle, nothing could be done for him. His mother, nearly distracted with grief, begged him to ask for anything that she could get ers. that would amuse him. He only asked for Ser Federigo's falcon. This above all things was very hard as she, too, remembered former days. The falcon, also, was renowned and she knew that it would be very hard for Ser Federigo to part with it. One bright morning Monna Giovanna with a companion entered the woods, knows how to behave when he wears

na Giovanna said, "Putting all pride tle ones who make mud pies when aside I am a self invited guest. I have they have on their best clothes. come to test your generous nature, Bowser never does. but, first I am going to breakfast Bowser drags a cart on week days; with you." Ser Federigo went into on Sunday he goes to church with his cottage and searched all his cup- a buggy. When John puts the heavy boards for food, but could find noth- harness upon Bowser the horse goes ing but bread and wine. At once an to the cart and backs in. When he intense longing for the goods of for- is dressed in nice buggy harness he mer days took possession of him. steps off proudly and gets into the Asking his one maid for some meat, shafts of the buggy. He does this all she told him that there was none in alone. He never makes a mistake.

Monna Giovanna asked for the fal- this cart." con. "Alas dear lady the falcon made They reached home, and John our repast. Had you only spoken took off Bowser's harness.

ly. The lady soon departed. In a few days as Ser Federigo sat smith. Who's the little dickens who is a bell tolling very slowly. He guess- smith. The poor horse said nothing, always around when you don't want ed rightly, the boy was dead. Again but he walked up to the man and held him and never on deck when you at Christmas time the chapel bell out his aching foot. Then the black-Who's the wise little fellow who derigo and Monna Giovanna were he patted Bowser kindly and said,

Queen Victoria. court life, although her whole train- eight or ten feet in height. The As the year advances, the clover

had a very good education and was got the shrub broken off and took it name in travelling. Bobolinks no highly accomplished. Three years to my brother. After his examining longer, he is the reed-bird now. cousin, Prince Albert. The people it was the witch-hazel shrub, which, gorging among the rice fields, comes were well satisfied with her mar- he said, was a real winter plant. I under the influence of that migratory riage, but some feared that the Prince got back into the cutter again much instinct which had impelled him to if you are afraid of flunking, better would interfere with the laws of the absorbed in thought, for the reason fly southward. This time the call is Victoria reigned for sixty-four years, middle of December-Ola Payne, happy bobolink,-Virginia Doran. She died in January, 1901, at Os- form I.

A very long time ago the northern parts of Europe and North America

on the Isle of Wight .- Cecila Burke,

were covered by a great mass of ice similar to that now found covering the most of Greenland. This great mass is known as a glacier. The ice of glaciers is formed by the accumulation of snow, which, for

many pears, has been packed into a

solid mass by its own weight. Glaciers are not stationary, but move slowly over the land, scraping and scratching it as they go. Large rocks are picked up and carried away, while small rocks are rubbed together and ground into pieces. The hilltops have been rounded by the glaciers, and as the ice melted it left deposits scattered irregularly over the land, particularly in the river

melting at one place for a considerable time. Great masses of detritus of all kinds were left. This formed an irregular ridge known as a terminal moraine. A band of old moraines are still to be seen in Central

Lakes and waterfalls are also due to the work of glaciers. As the glaciers ware away the rivers began to flow. These gradually deepened their channels, cutting down in many places to hard rocks lying below a thin accumulation of glacial deposit. At such points waterfalls were form-

The detritus left by glaciers as it melted formed very rich soil, because t is made up of so many kinds of rocks. In places the glaciers moved over very hard rocks, forming bold-

Glaciers have done much important and necessary work. These points show only a few of the many wonderful things they have done.

-Mary Walsh, Form I.

Bowser is only a horse, but he which led to Ser Federigo's cottage, his Sunday suit. That is more than After a very cordial greeting, Mon- some children know. There are lit-

the house. The falcon at once tingled One day Bowser had a set of new the tiny silver bell, which hung on shoes. When the blacksmith put his neck, as much as to say, "I am them on, he drove a nail into one of Bowser's feet. ' John did not notice Ser Federigo looked at the bird. It it until they were almost home. was to kill his one treasure, to pro- When he saw that Bowser limped a vide a dainty repast for the lady. He little he said, "I must lead the poor did so. Breakfast was soon over and fellow back, when I get him out of

sooner the falcon would have been. As soon as he was free, he turned yours and the boy would have been about and trotted off. When John saved," said Ser Federigo sorrowful- called him, he did not mind. He went straight back to the black-

thinking of his last guests he heard "Hello, Bowser !" cried the blackrang, not sadly, but joyfully. Ser Fe- smith put the shoe on all right, and

The Witch-Hazel. When Victoria was only a little One cold December morning as I Now is the chosen season of rivelry that she should see very little of it was I found it to be a shrub about fich, tinkling notes.

out that she was the one who would I looked at it very closely but and chants so melodiously. victoria was only eighteen years not think of any plant blooming in the his kind, banqueting on the reed

The All Round Girl Red Cheeks and Pep

Planning, Judgment, Taste Make Old Rooms Like New BY MOLLIE PRICE COOK

"Mother," said Lucile, "I'm dead tired of this paper in my bedroom and all the furniture and trimmings. I wish I could throw everything out of

"It isn't what you have in the room that makes it tiresome, Lucile," laugh-ingly answered her mother, "it's the unattractive way you have it arranged Whoever chose your wall paper used poor judgment. The furniture of course, is not new, but, if it is done over properly, it can be made to look very artistic. Why don't you make a study of the room and plan the decora-Moraines were formed by the ice tions yourself? The paper-hanger will be here next week. You ma choose the paper and the furniture can be painted or stained in whateve style, you wish. You need nothin, The fun will be in using to th

best advantage the things you have.
"Just let me give you a suggestion A beautiful room must combine teste simplicity, harmony of colors, and, ver important, a judicious use of the un usual. Think these things over an olan accordingly."

Then followed for Lucile one of the most exciting times of her life Sh studied her bedroom carefully. room is small so I must make it appea larger," she said, "therefore I'll no have a moulding on the wall and I'choose plain light paper with a pa stripe running up and down. The cu tains and dresser cover will be pla white, without trimmings. Perha mother will let me buy that whi striped dimity I saw at Benson's." Lucile drew many plans of the roo



showing the furniture in different places, and finally decided upon the arrangement she wished. The bedstead and furniture were painted to match. All the pictures except two, and all unnecessary things were wrapped and packed away. And those two pictures were rearranged twenty times before they suited! The bedspread was white, the rag rug washed, and the floor freshly waxed. (Tomorrow: Making money from

The Bobolink. The happiest bird of our spring is the bobolink. He arrives when Nature is in all freshness and fragrance. The rains are over, the flowers have appeared on the earth. and the time of the singing of birds

girl, it was almost certain that she was driving along the edge of the of the bobolink. His life seems all for most of the merriment that is car- would become Queen of Great Brit- woods to school I noticed a yellow enjoyment. All songs and sunshine. ain. Her father, the Duke of Kent, shrub. I persuaded my brother to He perches on the topmost twig of Who comes trailing through a per- died when she was only a few months stop the horse till I went over to see a tree, or on some long flaunting fectly clean front room with his old, and her mother was determined what it was. When I got to where weed, and pours forth a succession of

ing was conducted with the object of leaves had fallen off it, and nothing blossoms disappear, and the spring fitting her for the position she would was left but the leafless stems cover- fades away into summer. He gradued with tiny yellow flowers. The ally gives up his habits and doffs his One day Queen Victoria was study- flowers themselves were rather poetical suit of black. His note is ing her history. She came to William starved and stunted looking, as if no longer vibrant on the ear. He is IV. and wondered who would succeed they had mistrusted the December stuffing himself with the seeds of the that she was the one who would blocked at it weeds on which he swings

old when William IV. died, but she the words in December. At last I of Delaware. He has changed his

after her accession, she married her it very closely, he inform "I me that Times wear on. The rice bird country. On the contrary, he prov- toat I had never known that any from the north. Once more he sets ed a great/help to the Queen. Queen plant b'oomed in the wood; in the out and arrives again with us the old

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two-party line is a single circuit, shared in common by two subscribers. It is not reserved for a single user and should be used on the share-and-share-alike basis.

On a two-party line, it is possible for both users to try to talk out on the same circuit at the same time. There is also the liability of both being wanted at the same time to receive incoming calls.

Therefore, there are special considerations which we urge a party-line user to keep in mind:

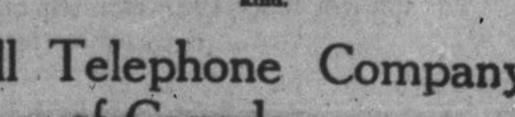
1. Long conversations prevent the use of the line by the other subscriber; therefore party-line talks should be as brief as possible.

2. Whenever another party-line subscriber requests the use of the line for an emergency, courtesy should prompt the first user temporarily to give up the use of

3. Whenever a party-line subscriber takes the receiver from the book and finds the line in use, the receiver should be replaced at once in a careful manner.

4. At the end of a convergation the receiver should be replaced upon the hook immediately, otherwise the other subscriber cannot signal the central office.

5. Be sure always to give the operator the letters W. or J. in calling a party-line subscriber. Co-operation is required to ensure good service of





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chased the house formerly owned by Mrs. Benjamin Livingston, corner Grace, who have been spending the Number of Property Transfers and family are now installed in their leased her farm near quideboard Cor- Gordon Foley house, Wellington recently-acquired property, corner of mers, to Mr. and Mrs. Ernest Bogart, street. Sidney Duclon, Addison, has Plum Hollow. Mrs. Rappell and Miss purchased the Wiltse street property occupied for some time by Charles Gifford and family. Mrs. S. Godkin has rented the Palmer property, Mill

George Lee has stored his household effects in a part of the Scott house, near the C.N.R. station, and with Mrs. Lee has gone on a visit to their sons at Ottawa and Adams, N.Y. Frank Emmons, Plum Hollow, having leased his farm, has stored his furniture in William Hawkins' house, near the C.N.R. station.

Held a Memorial Service. Charleston, March 22 .- The snow is fast disappearing, and wagons and buggles are taking the place of cutters and sleighs. The influenza patients are all able to be out again, there are no new cases. memorial service was heldthe Baptist church, Athens, on Sunday, March 14th, for the late Mrs. Lawrence Botsford. A number of relatives of deceased from Vernon were present. Some of the farmers have tapped their trees out not much sap weather yet. Whaley, Glen Morris, sawed wood for W. Halliday on Friday. The W A. of Trinity church met at Mrs. J A. Flood's on Thursday afternoon. Henry Cox, Maseena, N.Y., was a recent visitor in this section. Mr. an Mrs. T. Heffernan and Mr. and Mrs. W B. Beale attended the funeral c their aunt, Mrs. M. A. Kavanagh, a. Athens, on Monday, March 8th, Miss Ciella Spence, Addison, was a weekand visitor at her home here.