

IS GLAD SHE TOOK FRIEND'S ADVICE

Toronto Woman Restored to Health by Taking Tanlac—Delighted to Recommend It.

Although it is more than a year now since Mrs. Elsie Mavor, of 11 Mallon avenue, Toronto, Ont., Canada, realized the wonderful powers of Tanlac, she still finds pleasure in praising it, for she says it was the means of restoring her to health when she was in an extremely weak and run down condition.

Tanlac is sold in Kingston by A. P. Chown and by the leading druggists in every town.

Neuralgic Pains

Give Way to Soothing Hamlin's Wizard Oil. Hamlin's Wizard Oil is a safe and effective treatment for headache and neuralgia. Rubbed in where the pain is, it acts as a tonic to the tortured nerves and almost invariably brings quick relief.

SAGE TEA TURNS GRAY HAIR DARK

It's Grandmother's Recipe to Bring Back Color and Lustre to Hair. That beautiful, even shade of dark, glossy hair can only be had by brewing a mixture of Sage Tea and Sulphur. Your hair is your charm. It makes or mars the face. When it fades, turns gray or streaks, just an application of Sage and Sulphur enhances its appearance a hundredfold.

A SORE MOUTH

Or Pyorrhea Quickly Relieved By "ABSORBINE JR." Are your gums sore and tender? Do they smart or bleed when you brush them? Are they slipping away from the teeth? When your gums get in this condition, they need something to kill all germs in the mouth—something to change the spongy, bleeding flesh into firm, healthy tissue.

OAK LUMBER WANTED

From 1 to 4 inches thick. Also other Cavings and Sligh lumber. McNamee & Slack 34 QUEEN STREET PHONE 1217.

Woodcraft For Outdoor Boys and Girls

"Thought It Wasn't Loaded" Poorest Excuse Ever Invented. Father woke up very angry. Tommy had got up early to try out father's new gun.

A good soldier is the most careful person on earth in handling his gun. From the moment he is enlisted he is trained that a gun is a dangerous thing and that it is up to him to handle his gun so that it will not injure his comrades.



arms every man must pull out the bolt of his gun so as to throw out any shell that might be in it—the done this even though he knows it is not loaded. Then when the company comes back to camp, each man must again go through the motions of unloading his gun before the company is dismissed.

One for Dad. Did you ever think that the money which your city spends for teachers' salaries is an investment? You know there are two kinds of public expenditures—those for current expenses and those for capital investments.

Teachers' salaries are usually looked upon as current expenses. They should be considered as a capital investment. Money used to pay a teacher is money invested in the future citizens of the city—it is money invested in the future of the city itself.

Examination Papers Don't Give Warmth. (Daily Paragraph for Teachers) Teachers can not eat chalk dust for breakfast food and keep their homes warm burning examination papers in the furnace. You can not buy seed corn at the price of chaff and yet you expect to get teachers for less money than a colored waiter gets in a half-way decent hotel.

MAPLE SYRUP APPEARS.

It is Selling at \$2.50 a Gallon at Northbrook. Northbrook, March 22.—Many are making the last rush finishing winter hauling. The Ore Chimney Mining Company is unloading a car of cement for the dam at the Scottamata river, where operations will recommence on April 1st.

The Addition Flour and Feed Company, under the management of J. M. Dufour, of Plinton, is being organized. Local market prices vary little, with butter 55c lb; eggs, 50c a doz.; potatoes, \$3 a bag; maple syrup, \$2.50 a gallon; peas, \$3 a bushel; beans, \$4.50 a bushel; cabbage, 3c a lb.; and other vegetables 2c a pound. Hay seems to be plentiful and sells at \$20 a ton.

Ex-Sniper Ervin Woodcock is home for a few days from Kingston military hospital. Great preparations are being made for maple syrup season, which is a harvest for the vicinity. C. C. Thompson is hauling a large cut of logs to the mill at Plinton.

At Pleasant View. Pleasant View, March 22.—Loading pigs is the order of the day. Mrs. Stone is very ill. Roy Nodden and Earl Peters are ill with measles. The funeral of the late Mrs. Neal Thompson was largely attended at the Methodist church on the 17th. She leaves a husband and one child. John Tompson is driving from the lower paper mill to Camden East mill. There is not much snow on the roads at present. F. Breeze is doing a rushing business with his saw mill.

Victoria School.

Victoria Gazette. The School Editor wishes to acknowledge receipt of the Second Edition of the Victoria Gazette, a little weekly paper published by the girls of the Victoria Club, with assistance and co-operation of the school. This is indeed a worthy school publication, and the children are to be commended on the success of their efforts. The paper includes several bright and helpful editorials, several short pieces of poetry, and a number of longer stories, including a serial, entitled, "The Ghost of the 'Go' Class," written by Mabel Oakes.

Daylight Saving. The school children are all anxious to have daylight saving, especially the senior IV. classes, who will have more time to study for the entrance exam. The teachers are in favor of it, too.—Contributed.

Victoria Girls' Club. The regular meeting of the Girls' Club was held in Miss Conley's room on Thursday, March 18th, 1920. The meeting was opened by singing "I'm Forever Blowing Bubbles." An interesting debate was given, and it was resolved that birds gave more pleasure than flowers. We then sang the girls of Miss McDonald's class. The meeting was brought to a close by singing the National Anthem. After the close of the meeting, the girls danced for a while.—Edith Wood, senior IV. class, Victoria school.

The Crimean War. Centuries ago the Mohammedan Turks captured Constantinople and gained a strong foothold in Europe. For many years they were a constant menace to the peace of the continent, but for a century before the performance their power had gradually been declining and they were no longer feared by other nations. Indeed, it became a question as to what should be done with the territory of the Turks in the expected falling of pieces of the nation. Russia was very anxious to extend her dominion to the Mediterranean, but this was strongly opposed by Great Britain.

Good and Bad Habits of Crows and Blackbirds. A crow can speak for himself, and is well known to Canadian children. It is about twenty inches long and black all over. The farmer is well acquainted with the crow pulling habits, and even the scarecrow does not frighten him. He is a vegetarian to the extent of two thirds of his diet and one-half of this vegetable matter consists of grain chiefly Indian corn. Sometimes he is guilty of destroying the eggs and young of small birds. On the other hand he does much good by destroying injurious insects, mice and other rodents and germs, especially as a scavenger. He is valuable occasionally as a scavenger. He knows no fear of man and attempts to entrap him. For many years he has been his sworn enemy. Yet he holds his own and chatters loudly as ever in his harsh scolding tones.

The Ghost in the Garden. Helena had disobeyed her mother three times that day, and as a punishment she had been locked in her bedroom till the next morning. Any other time (but this) Helena would have been delighted to be locked in her room for the day as her bookcase contained many nice books which she so loved to read. This was not the case today however, as she was to go on a picnic with some girl friends, and they had all planned to have such a good time. Helena watched with very angry eyes her friends start out on their picnic, and she quickly made up her mind she would not stay in her home another day, she would run away. She waited until her parents had gone to bed, then she collected together the things she most needed, put them in a bag and dropped them from her window to the ground. As she reached the ground herself, the clock in the village struck the hour of twelve and like most girls she shuddered as she crept along the cold ground in this unearthly hour.

Death at Lavant Station. Lavant Station, March 22.—The death occurred here on March 17th of Anton Alexander Gregg, aged seventeen years, as a result of pneumonia and heart trouble. Deceased was born near Vennachar, and resided with his brother, Stanley. He was a son of the late Alexander Gregg. Deceased had been spending the winter with his cousin, John Flake, in the lumber woods near Lavant Station, and was taken ill on March 7th. The funeral took place on March 20th from Stanley Gregg's home to the Free Methodist church, and thence to Vennachar cemetery. Rev. N. H. Ferry, of Fernleigh, officiated. The pallbearers were Everett Flake, Herbert Ball, Frank Grant, Archie Gregg, Archie Jackson and Orval Jackson, all cousins of the deceased. Among those who attended were Mr. and Mrs. Charles Goodrich and Levi Hannah, of Kingston.

The Plague of Pimples

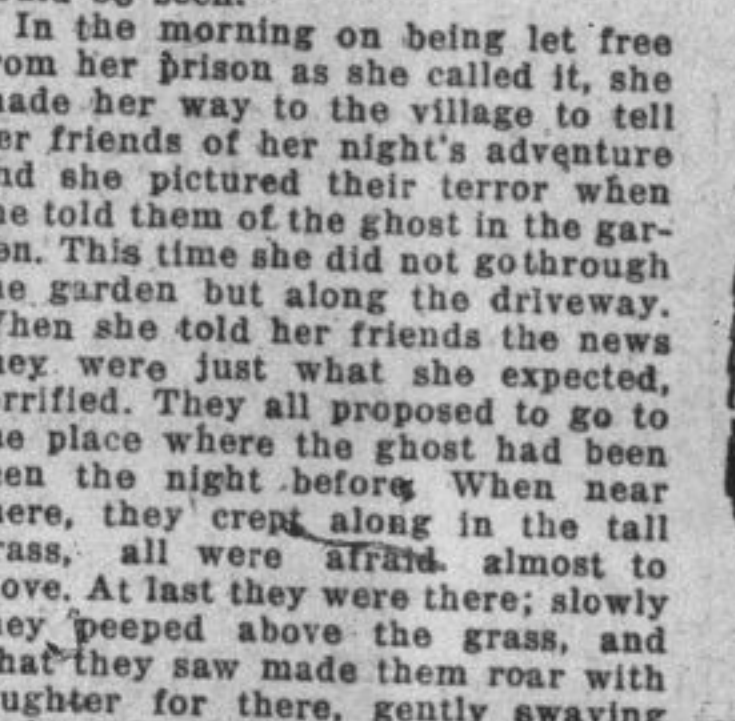
BODY COVERED WITH THEM. The primary cause of pimples arises from the blood not being in a good condition. When the blood becomes impure you will find that pimples will break out all over the body, but more particularly on the forehead, nose and chin, and although they are not a dangerous trouble they are very unsightly. What you need when pimples or boils break out is a real good blood purifying medicine such as Burdock Blood Bitters.

The executive council at Esen announced the entire industrial region in the hands of revolutionary workmen. It is estimated that 50,000 men are advancing on Wesel. Over 300 have been killed in that neighborhood. An oil tank containing 50,000 gallons took fire and exploded at Camden, N.J. The loss is \$300,000.

Young Citizens' Adventures

Boy from North Woods Interviews City Manager. "Here, boy, what are you sneaking into this office for? Beat it out of here, said a young man, grabbing Hunting Eye roughly by the arm and starting to shove him out of the room. The Indian Boy had entered the building to get out of the cold and after wandering about over it had at last come to this office and slipped in while the young man's back was turned.

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black all over. About the neck throat and upper breast, the male is a brilliant metallic purple, bluish green. The Rusty Blackbird is smaller and the plumage of the male is a uniform of glossy bluish black. The female is slate colored in spring and rusty brown in fall and winter. The red winged blackbird is distinguished by a patch of red and cream on the shoulders of the male. The female is smaller, grayish brown and heavily streaked with brown or black.

LIFT OFF CORNS! Doesn't hurt at all and costs only a few cents. Magic! Just drop a little Freese on that touchy corn, instantly it tops aching, then you lift the corn off with the fingers. Truly! No humbug! Try Freese! Your druggist sells a tiny bottle for a few cents, sufficient to rid your feet of every hard corn, soft corn, or corn between the toes, and callouses, without one particle of pain, soreness or irritation. Freese is the discovery of a noted Cincinnati genius.

Young Citizens' Adventures

How do the people pick such a man? "In most cities having this plan, the people elect a commission. Then this

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Lumber-- We have on hand a well Assorted Stock of Spruce, Pine & Hemlock Allan Lumber Co. Phone 1042. : : : : Victoria Street

You Need Not Tolerate the inconvenience of a cough, when a few doses of NADRUCO Syrup of Tar with Cod Liver Oil Compound will give you almost instant relief. It heals the rawness of the bronchial tubes; stops the annoying tickling that leads to spasms of coughing; and soon restores the throat to its normal condition. On account of its pleasant taste, children take it readily. Keep a bottle always in the house. Note—The package is Red and bears the "No-Dru-Co" trademark. Manufactured by National Drug and Chemical Company of Canada, Limited.

CROWN DIAMOND PAINT IS GUARANTEED TO BE FIRST CLASS IN EVERY RESPECT and to be composed only of materials, properly combined, which produce a paint that works smoothly and possesses durability, permanency of color, handsome appearance and covering capacity in the highest degree. We have a full stock of all shades. LEMMON & SONS 187 PRINCESS STREET KINGSTON

To Get up in the morning tired and unrefreshed, with a dull, heavy head, often amounting to headache, to feel low-spirited and "blue"—are symptoms of self-poisoning by food poisons, not neutralized or eliminated by bowels, liver and kidneys acting in harmony. Beecham's Pills help to remove the cause of this trouble. They act gently and safely, but also very efficiently. Worth a Guinea a box. Sold everywhere in Canada. In boxes, 25c., 50c.

VICTORY LOAN—All Issues, to Yield as High as 6.10%. BONGARD, RYERSON & CO. "The Home of Good Investments" Phone 1728. - - - - 237 Bagot St. H. J. Bongard, Manager.

IT'S PAINT UP TIME MAPLE LEAF QUALITY PAINTS & VARNISHES STEVENSON & HUNTER, Plumbers and Tinsmiths Phone 58 85 and 87 Princess street. Charles Easton of Burlington, a Hamilton Radial Ry. motorman, was almost instantly killed when, on looking out to see something that had gone wrong, his head struck a pole.