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If you know the nerve-racking agonies of Neuralgia you will bless the day that

Templeton's Rheumatic Capsules

were discovered. This famous remedy is absolutely guaranteed to give relief to sufferers from Neuralgia.

Send for free sample to Templeton, 146 King St. W., Toronto.

Doctors recommend them, and reliable druggists everywhere sell them for \$1.04 a box.

OAK LUMBER WANTED

From 1 to 4 inches thick. Also other Carriage and Sleigh lumber.

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OVER-ACIDITY

of the stomach has upset many a night's rest. If your stomach is acid-disturbed, dissolve two or three

KI-MOIDS

on the tongue before retiring and enjoy refreshing sleep. The purity and goodness of Ki-moids guaranteed by

SCOTT & BOWNE
MAKERS OF SCOTT'S EMULSION

DON'T DESPAIR

If you are troubled with pains or aches; feel tired; have headache, indigestion, insomnia; painful passage of urine, you will find relief in

GOLD MEDAL HARLEM OIL

The world's standard remedy for kidney, liver, bladder and uric acid troubles and National Remedy of Holland since 1895. All druggists, 50c. a box. Guaranteed.

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She cannot afford to be sick and neglect her household duties. At the first symptoms she prepares the way for quick recovery by the immediate use of Gray's as Syrup—a household preparation of sixty years standing.

GRAY'S SYRUP OF RED SPRUCE GUM

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An illustrated booklet, telling in an interesting way the real facts about Ontario's great gold producing district, will be sent free on request.

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TORONTO

FREE SITE AND EXEMPTION FOR LARGE INDUSTRIES TO LOCATE IN KINGSTON.

City Council Adopts This Policy—Awards Contracts for Road Material—Decides on Ward Changes.

The City Council last night adopted a recommendation of the industries committee that the policy of offering a free site and exemption from taxation for a period of years to worthy concerns looking for industrial locations be sanctioned.

Ald. Steacy, chairman of the committee, explained that in order to get industries that would employ over a hundred men, Kingston had to do something out of the usual in order to make up for the present unfavorable power conditions that exist in eastern Ontario. Representatives of industrial concerns went through the country and considered carefully where each city or town had to offer, and accepted the most favorable offer. Kingston had to compete with other places, and if factories were to be secured it could not continue in the old way of waiting for industrial concerns to ring its doorbell.

Ald. T. Angrove said he believed that if Kingston was to grow to any extent it must be through factories, for after all the working classes were the backbone of any community.

Discussion on Tenders.

There was a good deal of discussion upon the Board of Works report recommending the award of contracts for sand, asphalt, cement, road oil and stone. All the board's resolutions were passed except that relating to the sand. The penalty clause in the specification was waived. This company was the only tenderer and its figure was \$2 a cubic yard, with no penalty.

The council by a vote of 11 to 9 decided that the clause must remain.

Ald. Graham and Couper wanted the Board of Works recommendation to award the tender for road oil to the Dominion Tar and Chemical Company Limited referred back, but the council voted 16 to 4 in favor of the award at 1 1/2 cents a gallon.

City Engineer McClelland reported that the company's product fulfilled the specifications.

With regard to the stone tenders,

Ald. Angrove said that Roddy and Monk's tenders were found to be the lowest at only six per cent. of the stone used last year. One of the small varieties. Ald. Smith favored giving the contract to Roddy and Monk because they had lost money in supplying the city with stone in their last contract, owing to the conditions set in the contract which had a plan in operation whereby the other tenderers had no plan as yet. The contract was awarded to Roddy and Monk as recommended.

There was some discussion about awarding a contract for 800 bushels of oats at \$1.10 a bushel to Charles Waddington, some of the aldermen being in favor of buying only half that amount and depending upon a drop in price with the coming of the new crop next fall, but Ald. Chown stated that there was little hope of oats being cheaper. The committee had been asked to buy the fire corn. The committee was also given permission to purchase a new team of horses at a cost not to exceed \$500, and to sell an old team.

\$20,000 to Fair Grounds.

The council adopted the recommendation of the property committee to expend \$20,000 on the fair grounds this year, provided the fair association expends a similar amount.

This arrangement was made at the request of the association which wishes to secure proper accommodation for live stock exhibits.

Another property committee clause that carried was one requesting the finance committee to refuse all applications for rebate for rental of the city and Ontario halls, excepting where the halls are used for charitable purposes or for civic welfare.

The recommendation of the finance committee that the ward boundaries be changed so as to make the Board of Works more equal was adopted. By the new arrangement the population and assessment of the wards will be as follows:

Ward	Population	Assessment
Sydenham	2,732	\$2,258,706
Ontario	2,890	1,923,065
St. Lawrence	3,437	2,469,780
Cataract	3,470	1,396,628
Frontenac	4,164	819,003
Rideau	4,034	1,385,620
Victoria	2,934	1,557,415
Totals	23,261	\$11,800,950

Ald. T. Angrove remarked that Central ward did not mind having some of its present electorate transferred to St. Lawrence ward. "We'll soon make up the difference," he said, "for the people down there are very prolific."

Public Library By-law.

The finance committee gave some information with regard to the public library by-law which is to be voted upon by the people next week. It was explained that every elector who votes for mayor had the right to vote on this by-law, which is not termed a money by-law.

"Perhaps it may not be called a money by-law now," remarked Ald. Armstrong, "but we may find that it is a money by-law before we are through with it."

All that the by-law asks is whether the electors are in favor of establishing a free public library. If the majority vote yes, the council will put the by-law into effect. The board of the free library would consist of the mayor, three members appointed by the City Council, three by the Board of Education and two by the Separate School Board, making nine in all.

The Finance Report.

These recommendations by the finance committee were adopted:

The following accounts be paid: Capt. Donnelly and James Richardson, \$2.05 each, for traveling expenses; St. Mary's-on-the-Lake, \$161, for maintenance Helen and Dorothy Wehman.

That the boundary lines for the wards of this city be made in con-

ABOUT THE SEED DRILL

What is Considered to be the Most Efficient Type.

The Feeding Device is the Heart of the Drill—Seed Should be Dropped Directly Under the Axle of the Disc—Give the Bearings Careful Inspection.

(Contributed by Ontario Department of Agriculture, Toronto.)

As the drill sows, so shall the farmer reap, is no fallacy. It is as true in its content as the maxim "As a man sows so shall he reap." Given the right kind of a grain drill, the seed is all planted at a uniform depth, evenly covered; the earth compacted just enough to retain the moisture around it. These conditions mean that the young plants will all come up at the same time, that the roots will be well protected, and that the grain will ripen uniformly. As the grain is planted, so will it grow and ripen. If some of the seed is planted too shallow, and some too deep, the seed that comes up first, ripens first. Thus it is that some of the grain is ready to harvest while other patches are still in the milk stage.

The feeding device is the heart of the grain drill. Upon its reliability depends the accuracy of sowing the seed. The drill scale is computed for the average sized seeds, and therefore cannot always be depended upon when the size of them varies from the normal. If the grain is oversized or undersized the required amount per acre may be sown by setting the feed lever at a point slightly greater or slightly less than shown on the indicator. There are, in common use, two different forms of feeding devices. The suted-cylinder-force feed, and the double-run-force feed. The amount of seed sown by the suted-cylinder-force feed may be regulated by a lever which changes the size of the outlet, but it does not always handle all classes of seed without breaking them, as can be done with the double-run-force feed, which necessarily requires for driving it a heavy wheel, or a cog wheel with from nine to twelve sets of cogs that make as many speeds or feeds.

Communications Read.

These communications were referred to committees:

Board of Education submitting estimates for 1920.

City of London suggesting amendment to the Municipal Act to hold municipal elections on the first Monday in December.

Cities of Hamilton and Lindsay regarding fines, fees, etc., going to the Government.

S. G. Turpin asking to have Cherry street opened to Thomas street and Cowdy and Patrick streets opened from Stephen to Thomas street.

W. Clifford and S. G. Moyle asking for a drain on Macdonell street.

Public Utilities Commission notifying council that in future any hydrants installed will be at the expense of the city.

On motion of Ald. Couper and Smith the council endorsed the petitions of the Hamilton and Lindsay councils to the Ontario Legislature, asking that all fines imposed in police court go to the municipality.

On motion of Ald. T. Angrove, council decided to ask the Provincial Board of Health to send an engineer to Kingston to consult with the city engineer as to securing drainage for thirty houses which Ald. Cohen proposes erecting on Montreal street. The sewage would have to empty into the river and the permission of the provincial board is required.

By-laws were passed for the purchase of asphalt cement and road oil, and for the widening of Toronto street.

In attendance were Mayor Nickle and Ald. T. B. Angrove, J. B. Angrove, Chown, Clow, Cohen, Couper, Craig, Graham, Kent, O'Connor, Patterson, Pense, Phillips, Robertson, Sargent, Smith, Steacy and Twigg.

Made Her Feel Like A Different Person

WHY MRS. MILES WOOD RECOMMENDS DODD'S KIDNEY PILLS.

She had kidney troubles and her feet swelled but she states she found the relief she looks for in Dodd's Kidney Pills.

Arden, Ont., March 15th.—(Special.)—"Dodd's Kidney Pills made me feel like a new person." That is the statement of Mrs. Miles Wood, a well known and highly respected resident of this place.

"I was troubled with my kidneys," Mrs. Wood continues, "and my feet swelled. I tried Dodd's Kidney Pills with the result that the swelling is nearly all gone and I feel better in every way.

"To any person who is bothered with kidney trouble or with their feet and legs swelling I would say use Dodd's Kidney Pills."

The women of Canada have come to look on Dodd's Kidney Pills as a standard remedy for their kidney ills. They act directly on the kidneys. They are purely and simply kidney remedy. By putting the kidneys in good condition to strain all the impurities, all the seeds of disease, out of the blood they carry good health to every part of the body. Ask your neighbors if Dodd's Kidney Pills do not help all kidney ills.

NOSE CLOGGED FROM A COLD OR CATARRH

Apply Cream in Nostrils To Open Air Passages.

Ah! What relief! Your clogged nostrils open right up, the air passages of your head are clear and you can breathe freely. No more hawking, snuffling, mucous discharge, headache, dryness—no struggling for breath at night your cold or catarrh is gone.

Don't stay stuffed up! Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of the fragrant antiseptic cream in your nostrils, let it penetrate through every air passage of the head, soothe and heal the swollen, inflamed mucous membrane, giving you instant relief. Ely's Cream Balm is just what every cold and catarrh sufferer has been seeking. It's just splendid.

SHILOH

30 DROPS COUGHS

SINCE 1870

LIGHTING THE OCEAN.

How Certain Marine Creatures Illuminate the Water.

On still nights in tropical waters the sea oftentimes is illuminated as if by fire of its own. Every breaking wave-crest looks like a flame. An ear disturbing the surface seems to dip into molten metal. Swimming fishes leave wakes of brilliant brightness.

The phenomenon is due to the presence in the water of innumerable multitudes of minute animals, each of which holds up its tiny torch, so to speak, to contribute to the illumination.

Marine creatures of many tribes—crustaceans, jelly fishes, cephalopods, fishes of various species, etc.—carry offensively glowing organs—carry lights. Some fishes have luminous disks on their heads; other have luminous spots along their sides, and yet others are covered with a luminous slime.

The "angler" fish has a regular torch for its back fin, enabling it to see while looking out for its victim which its light is expected to attract. Another funny species, found only at great depths, carries on the end of its nose what looks like an electric light bulb, and which serves an equivalent purpose.

It is in the depths of the ocean that the really remarkable light-bearing fishes dwell. There is a realm of inky darkness, into which no ray of daylight penetrates. If they are to have light, they must furnish it themselves. To catch every possible glimmer, most of them are provided with huge eyes.

Most remarkable in this respect of all known deep sea fishes is the "argyropelagic," which carries a couple of dozen lanterns of large size—two on each side, in front of the eye, and the others along the belly in a double row. These are veritable bull's-eye lamps, each of them with a double-convex lens of crystal-clear substances and a reflector behind.

The light is emitted by a mass of cells in the rear part, while the purpose of a reflector is served by a porous sheet of white fibrous tissue. Each lantern has a muscular arrangement for turning it this way or that, and is connected by a nerve (entering at the back) with the central nervous system, by which its mechanism is minutely controlled. Thus in all likelihood the fish is able to turn its lights on or out at will.

Another species has on each side of its head a double lamp, with reflectors, the two pointing different ways. This is to say, one of each pair of lanterns points upward and ahead, while the other is directed downward. While throwing a beam forward and in the direction in which it is going, the fish is able to illuminate the bottom over which it passes in search of food.

It is interesting to observe that the bull's-eye lanterns here described are constructed on the same principle as the best and most modern ones of human manufacture. Nature thought out the problem and produced the invention long ages ago.

The light of the marine torch-bearers and lantern-carriers (silvery, golden, or some of the most beautiful gold light—illumination without heat. It represents the solution of a

WHY IS IT

that chronic skin diseases which have defied all other treatments yield to Zam-Buk?

It is because Zam-Buk is germicidal, and also has such power of penetration that it reaches disease in the underlying tissues and cures from the "root" up. That is the only way a permanent cure can be effected.

Mr. H. C. Buckley, of 461 E. Broadway, Portland, Oregon, says: "For chronic skin diseases there is nothing like Zam-Buk. For fifteen years I had eczema, and I tried an endless number of so-called 'cures,' but nothing was capable of curing me permanently until I used Zam-Buk. Ten months' use of Zam-Buk has effected a complete 'cure.'"

For ulcers, abscesses, boils, ringworm, blood-poisoning, piles, burns, scalds and cuts, Zam-Buk is equally good. All dealers or Zam-Buk Co., Toronto. 50c. box, \$ for \$1.25.

Zam-Buk

WHENEVER PUBLISHER has a complete and efficient system of records and knows positively the facts regarding the circulation of his paper—

And when every publisher is willing to give these facts to advertisers without dissimulation—

It will be because every publisher is a member of the Audit Bureau of Circulations.

But all publishers have not an efficient system of records and all are not guileless.

To protect themselves against unfair competition and to inform advertisers in regard to their business methods "above board" publishers join the Audit Bureau of Circulations. Advertisers know that no unfair publication can qualify for membership.

Every straightforward paper may belong to the A.B.C. Most of them do belong.

The British Whig is one of them, and the only one in Kingston.

DISRUPTIVE MEASURE.

The Guardian Despondent Regarding Home Rule Bill.

London, March 14.—The Manchester Guardian is very despondent regarding the probable effect of the Home Rule Bill. It accepts the fact of Asquith having made a motion for its rejection as proof of his having reached the conclusion that the bill is only calculated to make bad worse, as it not only agrees with him, but declares it opens up a prospect of conflict by the side of which the present sporadic disorders will seem trivial. The fundamental difficulty in Ireland is due to religious and political divisions, and the bill is not a uniting, but a disruptive measure. The paper declares that the Sinn Feiners wish nothing better than that the bill should pass.

Fortunes await the inventor of a lifeboat that will float on a sea of trouble.

DON'T LET YOUR COLD DEVELOP INTO LA GRIFFE OR INFLUENZA

Don't give it a chance to lay you in bed for several weeks with a bad attack of Grippe or make you fight for your life to escape the clutches of Pneumonia. "A simple little cold" is a very dangerous malady to belittle.

Stop the cold as soon as it appears. Drive it out of your system with DOMINION C. B. Q.

These Tablets of Cascara, Bromide and Quinine break up a cold in a few hours—clear the head—relieve the Headache and Neuralgia. They are specific for colds and may be relied upon to give quick relief.

Have you a C. B. Q. Red Box in your house? If not, get one to-day at your druggist's so that if you do feel a cold coming on, you can get rid of it with a few doses of DOMINION C. B. Q. in the red box. National Drug and Chemical Co. of Canada, Limited.

DOMINION C. B. Q.

The Tablets
The Red Box
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RELIEVE
Colds, Coughs
Grippe, Headache
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The Candy Cathartic

"Really DELICIOUS"

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FOR CONSTIPATION
THEY WORK WHILE YOU SLEEP